

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

Tradition

			1	2	3	4
			10 Coffee Chats (1st) 1 Catholic Communion (L) 2 Scrabble & Skip-Bo (L) 3 Mid-Week Stretch (CR)  <i>Shopping has been rescheduled for Monday, November 6th</i>	10 Exercise Class (CR) <b>11 Who, What &amp; Where (CR)</b> <b>2 Resident Meeting (DR)</b> 3 Card Bingo \$2 (CR)	10 Coffee Chats (1st) 10 Painting (CR) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR)	10 Rosary (L) 1:30 Bingo \$2 (CR) 2:30 Skip-Bo (L) 3 Chair Yoga (CR)
5	6	7	8	9	10	11
10 Church (CR) 1 Scrabble & Skibo (L) 3 Chair Yoga (CR)	<b>8 Breakfast at Fat Nats (Sign Up)</b> 10 Coffee Chat and Weekly Check In (1st) 11 Art (CR) 2 Shopping Bus ( <i>Sign up</i> ) 3 ZUMBA Seated Dance (CR)	10 Exercise Class (CR) 11 Trivia (CR) 2 Popcorn Tuesday (1st) 2 Bingo \$2 (CR)	10 Coffee Chats (1st) 1 Catholic Communion (L) <b>1 - 3 Janey Beyer - Local Glass Artist (1st)</b> <b>1:30 Cooking Demo (AP)</b> 2 Scrabble & Skip-Bo (L) 3 Mid-Week Stretch (CR)	10 Exercise Class (CR) <b>11 Jeopardy (CR)</b> 3 Cookie Thursday (1st) 3 Card Bingo \$2 (CR)	9-2 Massages (Hair Salon) 10 Coffee Chats (1st) 10 Nancy's Bible Study (CR) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR)	10 Rosary (L) 1:30 Bingo \$2 (CR) 2:30 Skip-Bo (L) 3 Chair Yoga (CR)  Veterans Day
12	13	14	15	16	17	18
<b>10 Audrey Hepburn Biography (CR)</b> 1 Scrabble & Skibo (L) 3 Chair Yoga (CR)  Diwali (Hindi)	10 Coffee Chat and Weekly Check In (1st) 11 Art (CR) <b>1 - 3 Thelma - Quilts and More (1st)</b> 2 Cooking (AP) 3 ZUMBA Seated Dance (CR)	10 Exercise Class (CR) 11 Blood Pressure Check (L) <b>1:30 All About Food - Dining Room Update(CR)</b> 2 Popcorn Tuesday (1st) 2 Bingo \$2 (CR)	10 Coffee Chats (1st) 9 Shopping Bus ( <i>Sign up</i> ) 1 Catholic Communion (L) 2 Scrabble & Skip-Bo (L) <b>2 Scott Fraser Music (DR)</b> 3 Mid-Week Stretch (CR)	10 Exercise Class (CR) <b>11 Who, What &amp; Where (CR)</b> <b>1:30 Arm Chair Travel Vietnam(CR)</b> 3 Card Bingo \$2 (CR)	10 Coffee Chats (1st) 10 Nancy's Bible Study (CR) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR)	10 Rosary (L) 1:30 Bingo \$2 (CR) 2:30 Skip-Bo (L) 3 Chair Yoga (CR)
19	20	21	22	23	24	25
10 Church (CR) 1 Scrabble & Skibo (L) 3 Chair Yoga (CR)	10 Coffee Chat and Weekly Check In (1st) 11 Art (CR) <b>12 Catered Lunch - PANERA (Sign up) (CR)</b> 3 ZUMBA Seated Dance (CR)	10 Exercise Class (CR) 11 Trivia (CR) 1-2:30 Audiologist (AP) 2 Popcorn Tuesday (1st) 2 Bingo \$2 (CR)	10 Coffee Chats (1st) 1 Catholic Communion (L) 2 Shopping Bus ( <i>Sign up</i> ) 2 Scrabble & Skip-Bo (L) 3 Mid-Week Stretch (CR) 3 COOKIES! (CR) ***note day change***	 <b>11 A Family Thanksgiving Hallmark Movie (CR)</b>  3 Thanksgiving Dinner (DR)  Thanksgiving Day (US)	9-2 Massages (Hair Salon) 10 Coffee Chats (1st) 10 Nancy's Bible Study (CR) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Birthday Social (CR)	10 Rosary (L) 1:30 Bingo \$2 (CR) 2:30 Skip-Bo (L) 3 Chair Yoga (CR)
26	27	28	29	30	<p><i>Check the back side of this calendar for more details about <b>BOLDED</b> programs.</i></p> <p><u>Key.</u> CR - Community Room AP-Activity Parlor L- Library DR -Dining Room 1st - Lobby</p> 	
<b>10 Andrew Carnegie Biography (CR)</b> 1 Scrabble & Skibo (L) 3 Chair Yoga (CR)	10 Coffee Chat and Weekly Check In (CR) 11 Art (CR) <b>11 Restaurant Outing - 3 Squares (Sign Up)</b> 2 Cooking (AP) 3 ZUMBA Seated Dance (CR)	10 Exercise Class (CR) 11 Trivia (CR) 2 Popcorn Tuesday (1st) 2 Bingo \$2 (CR) 3 Men's Group (CR)	10 Coffee Chats (1st) 9 Shopping Bus ( <i>Sign up</i> ) 1 Catholic Communion (L) 2 Shopping Bus ( <i>Sign up</i> ) 2 Scrabble & Skipbo (L) 3 Mid-Week Stretch (CR)	10 Exercise Class (CR) <b>11 Jeopardy (CR)</b> 3 Cookie Thursday (1st) 3 Card Bingo \$2 (CR)		

**Activities Subject to Change**