








# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> National Postal Worker Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	<b>2</b> Made in the USA Day 7:30 am - 10:30 am Continental Breakfast in GR 9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise 1:00 pm Shopping Outing 2:00 pm <b>Horse Racing - GR</b> 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	<b>3</b> Superman Day 7:30 am - 10:30 am Continental Breakfast in GR 12:00 pm Mahjong Class - GR 1:00 pm Mahjong - GR 4:00 pm <b>Oak St. Chair Yoga</b> 6:30 pm Poker Group - CGR		<b>5</b> Big Tech Day 7:30 am - 10:30 am Continental Breakfast in GR No Tai Chi Today 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	<b>6</b> Play Outside Day 6:30 pm Rummikub - GR
	<b>7</b> Global Forgiveness Day 	<b>8</b> Coca Cola Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	<b>9</b> National Dimples Day 7:30 am - 10:30 am Continental Breakfast 10:30 am <b>Power Back Rehab Balance Class-GR</b> 1:00 pm Shopping Outing 2:00 pm <b>Bingo - GR</b> 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR		<b>10</b> Don't Step on a Bee Day 7:30 am - 10:30 am Continental Breakfast in GR 12:00 pm Mahjong Class - GR 1:00 pm Mahjong - GR 4:00 pm <b>Oak St. Chair Yoga</b> 6:30 pm Poker Group - CGR	<b>11</b> Free Slurpee Day (at 7/11) 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 4:00 pm <b>Amada Happy Hour</b> 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR
<b>14</b> Bastille Day 	<b>15</b> Give Something Away Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	<b>16</b> World Snake Day 7:30 am - 10:30 am Continental Breakfast in GR 9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise 1:00 pm Shopping Outing 2:00 pm <b>Birthday Party</b> 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	<b>17</b> National Hot Dog Day 7:30 am - 10:30 am Continental Breakfast in GR 12:00 pm Mahjong Class - GR 1:00 pm Mahjong - GR 4:00 pm <b>Oak St. Chair Yoga</b> 6:30 pm Poker Group - CGR	<b>18</b> National Caviar Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	<b>19</b> National Pajama Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 1:00 pm <b>Resident BBQ Lunch - GR</b> 3:30 pm Bridge Group - LFT	<b>20</b> World Chess Day 6:30 pm Rummikub - GR
	<b>21</b> National Ice Cream Day 	<b>22</b> National Hammock Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	<b>23</b> Gorgeous Grandma Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am <b>Power Back Rehab Balance Class-GR</b> 1:00 pm Shopping Outing 2:00 pm <b>Bingo - GR</b> 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	<b>24</b> Self Care Day 7:30 am - 10:30 am Continental Breakfast in GR 12:00 pm Mahjong Class - GR 1:00 pm Mahjong - GR 4:00 pm <b>Oak St. Chair Yoga</b> 6:30 pm Poker Group - CGR	<b>25</b> Merry-Go-Round Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 1:30 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	<b>26</b> Lumberjack Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 1:00 pm Book Club Mtg - GR No Movie - due to book club 3:30 pm Bridge Group - LFT
<b>28</b> National Milk Chocolate Day 	<b>29</b> National Lipstick Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	<b>30</b> Share a Hug Day 7:30 am - 10:30 am Continental Breakfast in GR (No Exercise Today - 5th Tuesday of the Month) 1:00 pm Shopping Outing 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	<b>31</b> National Avocado Day 7:30 am - 10:30 am Continental Breakfast in GR 12:00 pm Mahjong Class - GR 1:00 pm Mahjong - GR 4:00 pm <b>Oak St. Chair Yoga</b> 6:30 pm Poker Group - CGR	<p> <b>CC - Computer Center 2nd Flr</b>  <b>CGR - Card &amp; Game Room</b>  <b>LB - Library in Front Lobby</b>  <b>LFT - Loft on 2nd Flr</b>  <b>FL - Florida Room beside GR</b>  <b>GR - Great Room</b>  <b>PDR - Private Dining Room</b>  <b>WC - Wellness Center - Lower Level</b> </p>  <p> <b>THE HOMESTEAD</b>                      AT MORTON GROVE                      A TRANSFORMING AGE COMMUNITY                 </p>		

\* Did you know, that if you have a balcony that faces the train side of our building you should be able to see the fireworks at Harrer Park? You can also bring folding chairs out to sit in front of that side of the building to watch!