

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <p><i>Activities Subject to Change</i></p>	<p>1 10 Coffee Chats (1st) 11 Word Games (CR) 2 Rick Steves ROME (CR) 2 Fireworks Crafts (AP) 3 Technology Hour (AP) 3 Chair Exercise (CR)</p> <p>Canada Day</p>	<p>2 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 11:30 - Trivia Time 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)</p>	<p>3 10 Donuts and Coffee (1st) 11 Exploding with Laughter Jokes and Riddles (CR) 1 Catholic Communion (L) 2 Shopping Bus - TARGET 3 Mid-Week Stretch (CR) 3:30 Activities Committee Meeting (CR)</p>	<p>4 10 Coffee Chats (1st) 11 Chair Exercise (CR) 2 Travel Documentary (CR) <i>Fiji Islands</i></p> 	<p>5 10 Coffee Chats (1st) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 2 Outing Committee Meeting (CR) 3 Beer and Wine Social (CR)</p>	<p>6 10 Rosary (L) 10 Farkle (AP) 1 Skip-Bo (L) 1:30 Bingo \$2 (CR) 3 Chair Yoga (CR)</p>
<p>7 10 Hymn Sing and Devotional (CR) 1 Skip-Bo and Scrabble (L) 1 Documentary - <i>Great American Eclipse</i> (CR) 3 Chair Yoga (CR)</p>	<p>8 10 Coffee Chats (1st) 11 Garden Stroll with Lemonade (CR) 11 Painting and Music (AP) 2 Let's Talk Cooking - Demo and Samples (AP) 3 ZUMBA (CR) 3:30 Craft Committee Meeting (CR)</p>	<p>9 9 - 12 Podiatrist Beauty Salon 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 11 Blood Pressure Check (L) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>10 10 Donuts and Coffee (1st) 10 Shopping Bus - Festival/Dollar Store 1 Catholic Communion (L) 2 Who, What & Where (CR) 2 Shopping Bus - Brooklyn Park Farmer's Market 3 Mid-Week Stretch (CR)</p>	<p>11 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 10-2 Wheelchair and Walker Wash (Outside) 1 Blanket Tying (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>12 9-2 Massages (Apt. 209) 10 Bible Study (L) 11 Fun with Fitness (CR) 12 Catered Lunch - McDonalds 1:30 Reminisce (L) 3 Social (CR)</p>	<p>13 10 Rosary (L) 10 Farkle (AP) 1 Skip-Bo (L) 1:30 Bingo \$2 (CR) 3 Chair Yoga (CR)</p>
<p>14 10 Biography - <i>Conrad Hiltons' Rise to Fame</i> (CR) 1 Skip-Bo and Scrabble (L) 1:30 Movie: <i>Pretty Woman</i> (CR) 3:30 Chair Yoga (CR)</p>	<p>15 10 Coffee Chats (1st) 11 Word Games (CR) 11 Card Making (AP) 2 Russell Schmidt Music with Refreshments (DR) 3:30 Chair Exercise (CR)</p>	<p>16 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1-2:30 Audiologist (AP) 1:30 State Services for the Blind Program (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>17 10 Coffee and Donuts (1st) 11 Jeopardy (CR) 11 Restaurant Outing - Texas Roadhouse 1 Catholic Communion (L) 2 Shopping Bus - Walmart 3 Mid-Week Stretch (CR)</p>	<p>18 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 1 Mel's Tickle Your Mind - It's an Adventure! (CR) 2 Fresh Baked Cookies (AP) 3 Card Bingo (CR) 6:30 Scrabble (L)</p>	<p>19 10 Coffee Chats (1st) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR)</p>	<p>20 10 Rosary (L) 10 Farkle (AP) 1 Skip-Bo (L) 1:30 Bingo \$2 (CR) 3 Chair Yoga (CR)</p>
<p>21 10 Hymn Sing and Devotional (CR) 1 Skip-Bo and Scrabble (L) 1 Documentary - <i>Ancient Maya Metropolis</i> (CR) 3 Chair Yoga (CR)</p>	<p>22 10 Coffee Chats (1st) 11 History and Lemonade (PATIO) 11 Painting with Nancy (AP) 1:30 Movie with Popcorn <i>Mrs. Doubtfire</i> (CR) 3:30 Chair Cardio (CR)</p>	<p>23 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1 Star of the Month Tom Cruise (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>24 10 Donuts and Coffee (1st) 10 Shopping Bus - CUB 11 Easy Plastic Bag Flower Painting (AP) 1 Catholic Communion (L) 2 Who, What & Where (CR) 3 Mid-Week Stretch (CR)</p>	<p>25 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 1:30 Armchair Travel-Summer in Paris w/ refreshments (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>26 9- 2 Massages (Apt 209) 10 Coffee Chats (1st) 10 Bible Study (L) 11 Fun with Fitness (CR) 12:30 Opening Ceremonies for Summer Olympics (CR) 1:30 Reminisce (L) 3 Birthday Social (CR)</p>	<p>27 10 Rosary (L) 10 Farkle (AP) 1 Skip-Bo (L) 1:30 Bingo \$2 (CR) 3 Chair Yoga (CR)</p>
<p>28 10 Biography - ABBA (CR) 1 Skip-Bo and Scrabble (L) 1:30 Movie - <i>Serendipity</i> (CR) 3:30 Chair Yoga (CR)</p>	<p>29 10 Coffee Chats (1st) 11 Word Games (CR) 11 Paint by Number (AP) 1 Life Long Learning the History of Drive Ins (CR) 2 Rick Steve's ROME (CR) 3:30 Chair ZUMBA (CR)</p>	<p>30 10 Coffee Chats (1st) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 11 Mixed Media Coloring (AP) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>31 10 Coffee and Donuts (1st) 11 Monthly Ladies Tea (CR) 1 Catholic Communion (L) 2 Shopping Bus - Walmart 3 Mid-Week Stretch (CR) 3 Men's Group (AP)</p>	 <p>JULY 2024</p> <p>ACTIVITIES IN RED REQUIRE SIGN UP</p>		