Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 Washington National Cathedral Worship Service All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: McClintock (CR)	11 Lawrence Welk- All Time Favorites (CR) 2 Johnny Cash - Live from Wembley 1981(CR) 3 Chair Exercise (CR) Labor Day	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)	10 Donuts and Coffee (CN) 11 Jeopardy (CR) 1 Catholic Communion (L) 2 Shopping Bus - TARGET 3 Mid-Week Stretch (CR) 3:30 Activities Committee Meeting (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 11:30 Jokes and Riddles (CR) 2 Resident Meeting (DR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	9-2 Massages (Apt. 209) 10 Coffee Chats (CN) 11 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 2 Fall Centerpiece Creations (AP) 3 Beer and Wine Social (CR)	7 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR)
11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: On Golden Pond (CR) Grandparents Day	10 Coffee Chats (CN) 11 Word Games (CR) 11 Memory Garden Rock Painting (AP) 12:30 Let's Go Fishing 2 Outing Committee Meeting (CR) 3 Chair Exercise (CR)	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 11 Free Blood Pressure Check (L) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Donuts and Coffee (CN) 10 Shopping Bus - Festival/Dollar Store 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Let's Talk Cooking (AP) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 2 Fraud Prevention with Brooklyn Park Police Department (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	10 Coffee Chats (CN) 11 Bible Study (L) 11 Fun with Fitness (CR) 11:30 Craft Committee	14 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Mixed Media Colorin (AP) National Coloring Day
10 Washington National Cathedral Worship Service All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee - Oklahoma (CR)	10 Coffee Chats (CN) 11 Word Games (CR) 11 Painting (AP) 1 Life Long Learning (CR) 2 Aquatennial Singers (DR) with Refreshments 3:30 Chair Exercise (CR)	17 10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1-2:30 Audiologist (AP) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Donuts and Coffee (CN) 11 Jeopardy (CR) 11 Restaurant Outing - PF Chángs 1 Catholic Communion (L) 2 Shopping Bus - CUB 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)	19 10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 1:30 Armchair Travel- Mexico City w/ refreshments (CR) 3 Card Bingo (CR) 6:30 Scrabble (L)	9-2 Massages (Apt. 209) 10 Coffee Chats (CN) 11 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR) 4:30 Rib Night (DR)	10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR)
11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 1:30 Movie Matinee - North by Northwest (CR) Autumn Begins	10 Coffee Chats (CN) 11 Word Games (CR) 12 Catered Lunch (AP) Raising Canes Chicken 2 SINGO (CR) International Day of Sign Language	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1 Star of the Month Michael Douglas (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Donuts and Coffee (CN) 10 Shopping Bus - Walmart 11 Who, What & Where (CR) 12 Men's Group Lunch (DR) 1 Catholic Communion (L) 2 Ladies Tea (CR) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (AP)	10 Coffee Chats (CN) 10:30 Fit2BHealthy Exercise (CR) 1 Mel's Tickle Your Mind It's an Adventure (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	10 Coffee Chats (CN) 11 Bible Study (L) 11 Fun with Fitness (CR) 1 Leaf Painting (AP) 1:30 Reminisce (L) 2 Chef's Corner (DR) 3 Birthday Social (CR)	10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Blanket Tying Day (CR)
10 Washington National Cathedral Worship Service	10 Coffee Chats (CN) 11 Word Games (CR)	TRADITION SENIOR				
All are Welcome (CR) 11 Chair Exercise 1 Skip-Bo and Scrabble (L) 1:30 Movie Matinee -	1 Coloring and Tunes (AP) 1:30 Monday Matinee with Popcorn - Good Will Hunting (CR)		2/21	ten	45	er
Thelma and Louise (CR)	riditally (OIV)	2024				n RED require sign up
Room Key CR=Commun	ity Room AP=Activity Pa	arlor L=Library DR= Dinin	ng Room CN = Coffee No	ock Dining Room Hours	- Breakfast 8 - 9:30 Luncl	h 12 - 1 Dinner 4:30 - 5