

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Tradition

November

2024

All events in RED require sign up

<p>3 10 Washington National Cathedral Worship Service All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: The Iron Lady (CR)</p> <p>Daylight Saving Time Ends</p>	<p>4 10 Coffee Chats (CN) 11 Word Games (CR) 11 Paint by Number (AP) 1 Star of the Month - Burgess Meredith (CR) 2 Outing Committee Meeting (CR) 3 Chair Exercise (CR)</p>	<p>5 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)</p>	<p>6 10 Donuts and Coffee (CN) 11 Restaurant Outing - Fat Nats (Meet at 10:45) 11 Jeopardy (CR) 1 Catholic Communion (L) 2 Shopping Bus - TARGET 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>7 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 2 Resident Meeting (DR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>8 9-2 Massages (Apt. 209) 10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 2 Activities Committee Meeting (CR) 3 Social (DR)</p>	<p>9 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Adult Coloring (AP)</p>
<p>10 10 Washington National Cathedral Worship Service - All Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: The Way We Were (CR)</p>	<p>11 10 Coffee Chats (CN) 11 Word Games (CR) 11 Halloween Coloring (AP) 12 Veterans Lunch (DR) Free for Veterans 2 Patriotic Cookies (AP) 3 Chair Exercise (CR) Veterans Day Remembrance Day (Canada)</p>	<p>12 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11 Free Blood Pressure Check (L) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>13 10 Coffee Chats (CN) 10 Shopping Bus - Festival/Dollar Store 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Let's Talk Cooking (AP) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>14 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 1:30 Creative Crafts - Snowflakes (AP) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>15 9-2 Massages (Apt. 209) 10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR) 4:30 Rib Night (DR)</p>	<p>16 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR)</p>
<p>17 10 Washington National Cathedral Worship Service All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: Where the Red Fern Grows (CR)</p>	<p>18 10 Coffee Chats (CN) 11 Word Games (CR) 11 Painting (AP) 12:30 - 3 Resident Council Garage Sale (2nd Floor) 2 Treble Tones w/ Refreshments (DR) 3:30 Chair Exercise (CR)</p>	<p>19 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>20 10 Donuts and Coffee (CN) 11 Jeopardy (CR) 1 Catholic Communion (L) 1-3 Janey's Dichotic Glass Jewelry (CN) 2 Shopping Bus - CUB 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>21 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 1:30 Armchair Travel-Cincinatti, OH w/ Refreshments (CR) 3 Card Bingo (CR) 6:30 Scrabble (L)</p>	<p>22 10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 12 Jimmy Johns Catered Lunch (AP) 1:30 Reminisce (L) 2 Creative Crafts (AP) 3 Social (CR)</p>	<p>23 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Blanket Tying (CR)</p>
<p>24 10 Washington National Cathedral Worship Service All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: Grease (CR)</p>	<p>25 10 Coffee Chats (CN) 11 Word Games (CR) 1 Pinecone Ornament Craft (AP) 2 Fresh Baked Cookies (AP) 3 Chair Exercise (CR) 3:30 United Methodist Church Gathering (L)</p>	<p>26 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1-3 Audiologist (AP) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>27 10 Coffee Chats (CN) 10 Shopping Bus - Walmart 11 Who, What & Where (CR) 12 Men's Group Lunch \$5 Private Dining Room 1 Catholic Communion (L) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (AP)</p>	<p>28 11 History Channel - The REAL Thanksgiving (CR) 2 Chair Exercise (CR)</p> <p>Happy Thanksgiving</p>	<p>29 10 Coffee Chats (CN) 10 Bible Study (L) 11 Chair Zumba (CR) 1 Rick Steves - Florence, Italy(CR) 1:30 Reminisce (L) 3 Birthday Social (CR)</p>	<p>30 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR)</p>

Room Key CR=Community Room AP=Activity Parlor L=Library DR= Dining Room CN = Coffee Nook Dining Room Hours- Breakfast 8 - 9:30 Lunch 12 - 1 Dinner 4:30 - 6