

TRADITION STAFF

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Front Desk 763-416-7740

Kitchen 763-203-8182

EMERGENCY NUMBERS

After Hours Nursing 612-385-0693

After Hours Maintenance 612-499-3306



We have our own beautician,
Patty!

Call her to set up an appointment!

651-829-5289

The Beauty Salon is open
Monday, Thursday and Saturday

November Birthdays

Harold L 11/1
Peggy D 11/2
Marcia B 11/7
Cliff S 11/8
Joan S 11/12
Nancy K 11/15
Erna R 11/26
Dick C 11/27
Richard S 11/27
Judy Br 11/28



Please join us for a
*Birthday Celebration on
Friday, November 28th in
the Community Room at*

GENERAL STORE

Located on 2nd Floor

Run by Residents

Store Hours

Monday, Wednesday, Friday and
Saturday

12:30 – 3:00 pm



Ben G

November 2024

Tradition Times

Tradition Senior Living | 8500 Tessman Farm Road, Brooklyn Park 55445 | 763-416-7740

Special Events

Veteran's Day Luncheon
Monday, November 11th
12 pm Private Dining Room

All Veterans are invited to
a special lunch in our
private dining room.



Treble Tones
Monday, November 18th
2pm Dining Room

The magic is in the music for
this women's choir. Join us
for some fantastic
entertainment!

Refreshments will be served

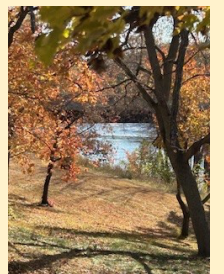
Illusions Glass Designs
Wednesday, November 20th
1-3 Lobby

Janey Beyer creates this
beautiful dichroic glass
jewelry. Come on down to
the lobby to purchase these
beautiful, handcrafted
pieces of art



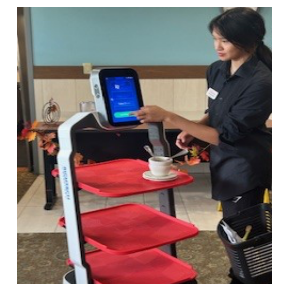
FALL OUTING

Tradition residents went to Apple Jacks Orchard
in Delano, and Oak Eatery in Hamel last month
for great time! Smiles were everywhere!!!



Welcome to our new Robot

If you are in the dining room, you may have seen our new
Robot helping our dining staff. We will be having a naming
contest so our residents can decide what to call our new
robot friend. Please leave your suggestions in our comment
box near the Activity Sign ups. We will publish the top 10
names in our December newsletter so everyone can vote.



Resident Council Garage Sale

Monday, November 18th

12:30 – 3

2nd Floor (Near General Store)

Join us as for our biggest fund raiser of the year.
We'll have so many odds and ends available as well
as other gently used items.

RESIDENT SPOTLIGHT
Dan Valder

Dan was born in Bellingham, Washington. His dad had a 30-cow dairy farm in nearby Ferndale. Dan's father was a Lutheran Pastor who met and married Dan's mother at Hillcrest Academy in Fergus Falls. The family moved to Fergus Falls, where Dan's dad did his seminary and then to Aiken where Dan's dad was the pastor.

Dan grew up in Aiken but moved to Taiwan when he was young as a missionary. His grandfather was already there, so Dan's family (including his grandma) took the boat to Taiwan. It was in Taiwan that Dan graduated from a boarding school. He had previously to Hillcrest Academy.



Dan served in the Army as a paratrooper. He had volunteered to go to Vietnam, his superior didn't put in the paperwork. After the army, Dan lived with his friend, Lester, who had just bought a house.

Dan fondly remembers meeting his late wife, Nancy in the choir at Souls Harbor Church in Minneapolis. He smiles when he recounts when they met, and he thought – That's the girl I'm going to marry!

Dan has two sons, Benjamin and Jeremy. He also has two darling granddaughters. Dan is a fascinating man and so interesting.

Silent Salute

In silent salute, we stand in awe,
A law of respect, without flaw.
Veterans, to whom we owe so much,
A touch of silence, a respectful clutch.
Their service, a silent story of bravery,
A knavery of danger, of grave knavery.
On Veterans Day, a silent salute we give,
To live in the freedom they strive to give.

Reflections from the Executive Director



Let's welcome November! It's the start of the holiday season and it's my favorite time of year. So many things to be thankful for!

I'd like to thank Konita, Director of Nursing, and all our staff for all their help on the Flu/Covid Shot Clinic. We had a great turnout, and I am so pleased our residents can worry a bit less about getting sick.

I'd like to thank our veterans for serving our country and protecting our freedoms. We will be having a special lunch for our veterans on Veteran's Day, November 11th. Tracy will be handing out invitations and Chef Amber is planning a special meal.

I'd like to thank our staff for your tireless dedication to our residents. I appreciate you each and every day.

And last, but certainly, not least. I'd like to thank our Residents. You are the reason we do what we do, and we are honored to have the chance to serve.

My door is always open!

Cheryl
levycheryl@traditionliving.org
763-203-8173

Monthly Resident Meeting
Thursday, November 7th
2:00 pm Dining Room

We have resident meetings on the first Thursday of each month. Department Heads and our Resident Council are on hand to update you and answer any questions

BUS EXCURSIONS

Lunch Outing – Fat Nats
Wednesday, November 6th
11 am

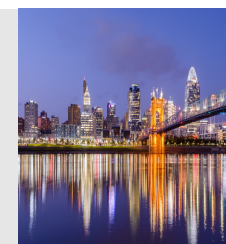


Every meal is made to order using the freshest ingredients cut and prepared daily. Space is limited, please sign up

Shopping Trips – Wednesdays in November. Check your calendar for specific dates and times

We go to Target, Cub, Walmart, Festival Foods and Dollar Store. Check your calendar for specific dates and times. Please remember to sign up as space is limited.

Armchair Travel
Thursday, Nov. 21st
1:30 Community Room
Cincinnati, Ohio



One of twelve Midwestern states, Cleveland is the home of Rock and Roll.

Refreshments will be served!

November Movie Time

Sunday, Nov. 3rd The Iron Lady
Sunday, Nov. 10th The Way We Were
Sunday, Nov. 17th Where the Red Fern Grows
Sunday, Nov. 24th Grease

All movies are in the Community Room at 2 pm

From the Kitchen



- Veterans Day is Monday
- Monday, November 11th. THANK YOU for your service. All our Veterans will be provided a free meal ticket, which can be used when you please. Please bring the ticket when you decide to use it.
- Monday, November 11th – Veterans will be celebrated in the private dining room. Please join us for a special lunch!
- THANKSGIVING is Thursday, November 28th. Dinner will be served from 12:00 pm – 1 pm. Pick up time is 12:30. There will be a cold lunch delivery for those signed up for lunch at 3:30.
- Two guests are allowed per resident – Holiday guest price is \$16. Tickets can be purchased at the front desk.

Thank you!

Chef Amber Abubo
Culinary Director

Daylight Savings Time ENDS on
Sunday, November 3rd



