

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 Hymn Sing All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: It's a Wonderful Life (CR)	2 10 Coffee Chats (CN) 11 Word Games (CR) 11 Restaurant Outing 5-8 Club 1 Ornament Craft (AP) 2 Fresh Baked Cookies (AP) 3 Chair Exercise (CR)	3 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)	4 10 Coffee Chats(CN) 11 Jeopardy (CR) 11 Paint by Number (AP) 1 Catholic Communion (L) 2 Shopping Bus - TARGET 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)	5 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 2 Resident Meeting (DR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	6 9-2 Massages (Apt. 209) 10 Donuts and Coffee(C) 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Craft Committee Meeting (CR) 1:30 Reminisce 3 Beer & Wine Social (CR)	7 Holiday Gala 2 - 6 pm 
8 10 Hymn Sing All Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: The Nutcracker Ballet (CR)	9 10 Coffee Chats (CN) 11 Word Games (CR) 11 Snowflake Craft (AP) 1 Rick Steve's European Christmas (CR) 2 Outing Committee Meeting (AP) 3 Chair Exercise (CR)	10 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11 Free Blood Pressure Check (L) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	11 10 Coffee Chats(CN) 10 Shopping Bus - Festival/Dollar Store 11 Who, What & Where (CR) 1 Catholic Communion (L) 1 Star of the Month - Dame Judi Dench (CR) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)	12 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 2 Ladie's Christmas Tea (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	13 10 Donuts and Coffee(CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 2 Activities Committee Meeting (CR) 3 Social (DR)	14 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Adult Coloring (AP)
15 10 Hymn Sing All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: The Preacher's Wife (CR)	16 10 Coffee Chats (CN) 11 Word Games (CR) 11 Holiday Gift Tags Craft (AP) 2 Christmas Cookie Decorating (AP) 3 Chair Exercise (CR) 6:30 St. Olaf Christmas Concert Video (CR)	17 8 - 12 Podiatrist (Beauty Salon) 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1-3 Audiologist (AP) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	18 10 Coffee Chats(CN) 11 Jeopardy (CR) 11 Coloring and Tunes 1 Catholic Communion (L) 2 Shopping Bus - CUB 3 Mid-Week Stretch (CR) 6:30 Holiday Light Tour 6:30 500 Card Game (CR)	19 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 1:30 Armchair Travel-Montreux, Switzerland w/ Refreshments (CR) 3 Card Bingo (CR) 6:30 Scrabble (L)	20 9-2 Massages (Apt. 209) 10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR) 4:30 Rib Night (DR)	21 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) Winter Begins
22 10 Hymn Sing All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: Radio City Music Spectacular (CR)	23 10 Coffee Chats (CN) 11 Word Games (CR) 11 Painting (AP) 2 Book Page Christmas Tree Craft (AP) (AP) 3 Chair Exercise (CR) 3:30 United Methodist Church Gathering (L)	24 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	25 11 The History Channel presents <i>The Real Story of Christmas</i> (CR) 2 Chair Exercise (CR) Hanukkah Begins Christmas	26 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 3 Card Bingo (CR) 6:30 Scrabble (L) Boxing Day (Canada) Kwanzaa	27 10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 12 KFC Catered Lunch(AP) 1:30 Reminisce (L) 3 Birthday Social (CR)	28 10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Blanket Tying (CR)
29 10 Hymn Sing All are Welcome (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Matinee: Holiday Inn (CR)	30 10 Coffee Chats (CN) 11 Word Games (CR) 1 Jingle Sticks Craft (AP) 2 Fresh Baked Cookies (AP) 3 Chair Exercise (CR) 3:30 United Methodist Church Worship Gathering (L)	31 10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR) 4:30 Special Themed Meal (DR) 	 <h1>December 2024</h1> TRADITION SENIOR LIVING All Activities in RED require sign up			

Room Key CR=Community Room AP=Activity Parlor L=Library DR= Dining Room CN = Coffee Nook Dining Room Hours- Breakfast 8 - 9:30 Lunch 12 - 1 Dinner 4:30 - 6