

December 2024

Tradition Times

Tradition Senior Living | 8500 Tessman Farm Road, Brooklyn Park 55445 | 763-416-7740

Tradition Staff

- Cheryl Levy-Shilkrot *Executive Director*
763-203-8173 levycheryl@traditionliving.org
- Crystal Lerol *Business Office Manager*
763-203-8179 lerolcrystal@traditionliving.org
- Tracy Treanor *Life Enrichment Director*
763-203-8191 tracy.treanor@traditionliving.org
- Amber Abubo *Director of Culinary*
612-834-2010 abuboamber@traditionliving.org
- Allison Tang *Community Relations Director*
763-203-8169 atang@traditionliving.org
- Billy Stubblefield *Maintenance Supervisor*
612-499-3306 bstubblefield@traditionliving.org
- Konita Sasraku, RN *Director of Nursing*
763-425-2013 ksasraku@traditionliving.org
- Toyin Ayodele, LPN *Resident Care Manager*
763-202-8181 toyin.ayodele@traditionliving.org

Front Desk 763-416-7740

Kitchen 763-203-8182

EMERGENCY NUMBERS

- After Hours Nursing 612-385-0693
- After Hours Maintenance 612-499-3306

We have our own beautician,
Patty!



Call her to set up an appointment!
651-829-5289

The Beauty Salon is open
Monday, Thursday and
Saturday

November Birthdays

- | | |
|----------|-------|
| Harry C | 12/4 |
| Carole W | 12/4 |
| John S | 12/10 |
| Don F | 12/10 |
| Barb D | 12/15 |
| John D | 12/15 |
| David S | 12/17 |
| Betty H | 12/21 |
| LaVaun R | 12/22 |
| David S | 12/31 |



Please join us for our Birthday Party in the community room on December 27th at 3 pm



- Ralph H
- Eloise
- Mary E



Gladys B

We are all like snowflakes...unique and one of a kind!

December Festive Fun

Holiday Gala

Saturday, December 7th
2 – 6 pm

See the invitation flyer distributed to all the residents for more details. Make your reservations for dinner at the front desk with Judy.

Christmas Cookie Decorating

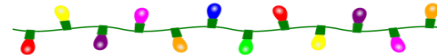
Monday, Dec. 16th 2 pm
Activity Parlor



Sprinkles, colored icing, yummy cookies – let's have some cookie decorating fun!

HOLIDAY LIGHT TOUR December 18th 6:30 pm

Join us for a magical tour of local lights. Red, Green or multi-colored – they are all so beautiful. Space is limited so please sign up early!



Resident Garage Sale

Fun and profitable is the best way to describe our Resident Council's Garage Sale this past month. All proceeds will go to the Holiday Fund that is used by the Resident Council to reward the service of the Tradition Staff.



Holiday Spirit Week

December 16TH – 20TH

Monday, December 16th – PLAID

Tuesday, December 17th – RED

Wednesday, Dec. 18th – GREEN

Thursday, December 19th –UGY SWEATER DAY

Friday, December 20th – Anything with SNOW!

Door Decorating Contest

Decorate your door for the holidays! Here's your chance to be creative and liven up Tradition at the same time. Please no live wreaths or extension cords running from your apartment to the door.

The resident council will be the judges. The winner will be announced at the January resident meeting

Reflections from the Executive Director



Welcome to December! Happy Holidays to everyone.

We have a very exciting holiday season planned – our Holiday Gala on Saturday, December 7th, a tour to see the holiday lights and festive decorations throughout Tradition. Have you seen our sleigh and reindeer out front?

I am excited to share that I have accepted another position as Executive Director/Trainer with another community in Maple Grove. While I am thrilled about this new opportunity, it also means that I will be stepping away from my current role.

I want to take a moment to express my heartfelt gratitude to each of you, your families and our staff. Working with such a talented and dedicated team has been an incredible experience. Together, we have achieved so much, and I am proud of all the work we have done.

I am looking forward to this new challenge, but I will miss the daily interactions and collaborations with all of you. Please stay in touch and I hope our paths cross again in the future.

Thank you for your support and friendship. My last day will be December 20, 2024.

Cheryl
763-203-8173
levycheryl@traditionliving.org



Congratulations to Jordan for his winning Halloween costume. He received a fantastic gift card!

Resident Spotlight



Darlene was born in a small farming town called Dovray in Minnesota. The farm had pigs, cows as well as dairy. After her parents divorced, Darlene and her siblings lived with her mom, but saw her Dad often. In fact, her dad used to run a community kitchen so to speak and fed the farmers. Darlene remembers her mom was a fantastic cook and owned a coffee shop in Minneapolis. Her mom made the best Italian food! Darlene says she married the “boy next door”. Her husband, Dick, was a bit older than she was and owned the house next to Darlene and her family. Darlene fondly remembers being a Den mother as Dick was very involved with cub scouts. Darlene was a supervisor of a cleaning crew for a 10-story building near 494 and 169. As the years went by, her children helped her in that business. After that, Darlene worked at Prudential and her job was changing policies. Her children, now grown, also worked Prudential. Darlene has 9 children – 6 boys and 3 girls. All of the girls live in Minnesota, while the boys are all over the states. Her grandchildren live in Kentucky and Arizona.

Darlene has super fun feet on her walker – they are in green flip flops with pink toenails. You’ve got to see them!

Monthly Resident Meeting
Thursday, December 5th
2:00 pm Dining Room

We have resident meetings on the first Thursday of each month. Department Heads and our Resident Council are on hand to update you and answer any questions

Bus Excursions

Lunch Outing
5-8 Club



Monday, Dec. 2nd 11 am

The 5-8 Club offers a menu of burgers, sandwiches, salads and of course – The Juicy Lucy! Stop on in for a great meal. Space is limited, so please sign up.

Shopping Trips – Wednesdays in December. Check your calendar for specific dates and times.

We go to Target, Cub, Walmart, Festival Foods and Dollar Store. Check your calendar for specific dates and times. Please remember to sign up as space is limited.

December Movies and Shows

All movies and shows are on Sunday at 2 pm in the Community Room

- Dec. 1st It’s a Wonderful Life**
- Dec. 8th The Nutcracker Ballet**
- Dec. 15th The Preacher’s Wife**
- Dec. 22nd Radio City Music Spectacular**
- Dec. 29th Holiday Inn**

COMMUNITY CHRISTMAS TREE

We’re doing a community wide Christmas Tree to decorate our Activity Parlor. Residents are invited to decorate triangles to form a tree. Please see Tracy or Laura the first week of December for your triangle. Completed triangles can be given to Laura or Tracy by Dec. 9th.

From the Kitchen Happy Holidays!



December is one of the busiest times of the year as prep for Holiday Meals and our biggest one of the year – our **Holiday Gala**. Breakfast will be served at normal time, and lunch will be delivered at 11:30. There are two dinner seatings for the Gala; 2:30 and 4:30. There is more information on our Holiday Gala flyer. Please sign up in the Community Room for your dinner reservation.

Christmas Eve – There are no meal time changes.

Christmas Day is Wednesday, Dec. 25th Breakfast will be normal time. The holiday dinner will be served at 12 pm. Holiday Guest price is \$16, Please sign up and purchase tickets at the front desk for your guests. There will be a cold box lunch delivery at 3 pm for those on the lunch plan.

New Year’s Eve is Tuesday, Dec. 31st. Ring in the New year with us and enjoy a special themed meal served at 4:30 pm.

Thank you
Chef Amber

Armchair Travel

Montreux, Switzerland

Thursday, Dec. 19th

1:30 pm Community Room

Brush up on your French and join us as we explore the many wonderful things to see and do in this resort town on the shores of Lake Geneva. Refreshments will be served

