

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday



<p>10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: Some Things Gotta Give (CR)</p>	<p>10 Coffee Chats (CN) 11 Star of the Month - Kevin Costner (CR) 11 Creative Crafts (AP) 2 Bobby and Christine Music Entertainment (DR) 3 Chair Exercise (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)</p>	<p>11 New Years Eve Celebrations Around the World (CR) 2 Mid-Week Stretch (CR) </p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Craft Committee Meeting (CR) 1:30 Reminisce 3 Beer & Wine Social (CR)</p>	<p>10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 \$2 BINGO (CR)</p> <p><i>Women Writers Day</i></p>
<p>10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: Some Things Gotta Give (CR)</p>	<p>10 Coffee Chats (CN) 11 Star of the Month - Kevin Costner (CR) 11 Creative Crafts (AP) 2 Bobby and Christine Music Entertainment (DR) 3 Chair Exercise (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 2 Movie Committee Meeting (CR) 3 Bingo \$2 (CR)</p>	<p>10 Coffee Chats (CN) 10 Shopping Bus - Festival/Dollar Store 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 BUNCO (CR) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 1 -3 Batteries R US (Lobby) 2 Resident Meeting (DR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>9-2 Massages (Apt. 209) 10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 2 Activities Committee Meeting (CR) 3 Social (DR)</p>	<p>10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Adult Coloring (AP)</p> <p><i>National Milk Day</i></p>
<p>10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: A Walk to Remember (CR)</p>	<p>10 Coffee Chats (CN) 11 Word Games (CR) 11 Creative Crafts (AP) 2 Outing Committee Meeting (AP) 2 Interim - Medicare "ABC" An Overview of Medicare (CR) 3 Chair Exercise (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11 Free Blood Pressure Check (L) 11:30 Trivia Time (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>10 Coffee Chats (CN) 11 Ladies Tea (CR) 11 Coloring and Tunes (AP) 1 Catholic Communion (L) 2 Shopping Bus - TARGET 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 1:30 Armchair Travel-Oxford, England (CR) 3 Card Bingo (CR) 6:30 Scrabble (L)</p>	<p>10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Reminisce (L) 3 Social (CR) 4:30 Rib Night (DR)</p>	<p>10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR)</p> <p><i>Gourmet Coffee Day</i></p>
<p>10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie Titanic (CR)</p> <p>Activity Professionals Week</p>	<p>10 Coffee Chats (CN) 11 Great Gardens of England (CR) 11 Restaurant Outing Willie McCoys 2 Creative Crafts (AP) 3 Chair Exercise (CR)</p> <p>Martin Luther King Jr. Day</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1-3 Audiologist (AP) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>10 Coffee Chats (CN) 10 Shopping Bus - CUB 11 Jeopardy (CR) 11 Paint by Number (AP) 1 Catholic Communion (L) 3 Mid-Week Stretch (CR) 6:30 500 Card Game (CR)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 12 China Hope Catered Lunch (AP) 3 Card Bingo (CR) 6:30 Scrabble (L)</p>	<p>9-2 Massages (Apt. 209) 10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Jewelry Making (AP) 1:30 Reminisce (L) 3 Social (CR)</p>	<p>10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 2 Adult Coloring (CR)</p> <p><i>Opposite Day</i></p>
<p>10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: 80 for Brady (CR)</p> <p>Australia Day (Observed)</p>	<p>10 Coffee Chats (CN) 11 Word Games (CR) 11 Painting (AP) 2 Chocolate Cake Day (AP) 3 Chair Exercise (CR) 3:30 United Methodist Church Gathering (L)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Trivia Time (CR) 1 Life Long Learning - Legos (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)</p>	<p>10 Coffee Chats (CN) 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Shopping Bus - Walmart 3 Mid-Week Stretch (CR) 3:30 Men's Group (CR) 6:30 500 Card Game (CR)</p> <p>Chinese New Year (Year of the Snake)</p>	<p>10 Coffee Chats (CN) 10:30 Live2BHealthy Exercise (CR) 11:30 Word Games (CR) 2 Nail Painting (AP) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)</p>	<p>10 Donuts and Coffee (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Rick Steves Prague (CR) 1:30 Reminisce (L) 3 Birthday Social (CR)</p>	<p>All Activities in RED require sign up</p> <p></p>

Room Key CR=Community Room AP=Activity Parlor L=Library DR= Dining Room CN = Coffee Nook Dining Room Hours- Breakfast 8 - 9:30 Lunch 12 - 1 Dinner 4:30 - 6