Thursday Friday Sunday Monday Wednesday Saturday Tuesday **TRADITION** 10 Rosary (L) **SENIOR** 10 Farkle (AP) **LIVING** 11 Chair Yoga (CR) Skip-Bo (L) 1:30 BINGO \$2 (CR) Spunky Old Broads Day 10 Coffee Chats (CN) 9-2 Massages (Apt. 209) 10 Washington National 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10 Rosary (L) 10:30 Live2BHealthy 11 Valentine's Day Ladies 10 Donuts and Coffee (CN) Cathedral Worship 11 Star of the Month -10:30 Live2BHealthy 10 Farkle (AP) Bible Study (L) Service (CR) Mia Farrow(CR) Exercise (CR) Tea (CR) Exercise (CR) 11 Chair Yoga (CR) 11 Chair Exercise (CR) 11 Creative Crafts (AP) 11:30 Trivia Time (CR) 11 Coloring and Tunes (AP) 11:30 Word Games (CR) Fun with Fitness (CR) Skip-Bo (L) 1 Skip-Bo and Scrabble (L) 1-3 Batteries R US (CR) 2 Popcorn Tuesday (AP) Catholic Communion (L) 2 Resident Meeting (DR) Chinese Calligraphy (AP) 1:30 Bingo \$2 (CR) 2 Movie: Groundhog Day 2 Fresh, Hot Cookies (AP) 2 Activities Committee **Shopping Bus - Walmart** 3 Card Bingo \$2 (CR) Beer & Wine Social (CR) 2 Chistian Service Mid-Week Stretch (CR) Meeting (CR) (CR) Chair Exercise (CR) 6:30 Scrabble (L) Activity (AP) 6:30 500 Card Game (CR) Bingo \$2 (CR) **National Wear Red Day Boy Scouts Day Groundhog Day** 10 Donuts and Coffee (CN) 14 15 10 11 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10 Washington National 10 Rosary (L) Cathedral Worship 11 Word Games (CR) 10:30 Live2BHealthy 10 Shopping Bus -10:30 Live2BHealthy 10 Bible Study (L) 10 Farkle (AP) Service (CR) 11 Creative Crafts (AP) Exercise (CR) Festival/Dollar Store Exercise (CR) 11 Fun with Fitness (CR) 11 Chair Yoga (CR) 11:30 Word Games (CR) Valentine Party with Science Fun (AP) 11 Free Blood Pressure 11 Chair Exercise (CR) 11 Jeopardy (CR) Skip-Bo (L) 1 Skip-Bo and Scrabble (L) Movie and Popcorn Check (L) Catholic Communion (L) 2 Valentine Cookie **Entertainment and** 1:30 BINGO \$2 (CR) 2 Movie: Pitch Perfect (CR) **Downton Abbey (CR)** Mid-Week Stretch (CR) 11:30 Trivia Time (CR) Decorating (AP) Refreshments (DR) 3:45 Chair Exercise (CR) Popcorn Tuesday (AP) 6:30 500 Card Game (CR) 5:30 Super Bowl LIX (CR) 3 Card Bingo \$2 (CR) Happy Valentine's Day Bingo \$2 (CR) 6:30 Scrabble (L) **National Gumdrop Day** Tu B'Shevat Begins 9 -1 Podiatrist (Beauty Salon) 19 22 16 10 Coffee Chats (CN) 9-2 Massages (Apt. 209) 10 Washington National 10 Coffee Chats (CN) 10 Coffee Chats(CN) 10 Rosary (L) **Cathedral Worship** 11 Rick Steves - Paris (CR) 10 Coffee Chats (CN) 11 Restaurant Outing 10:30 Live2BHealthy 10 Donuts and Coffee (CN) 10 Farkle (AP) 10:30 Live2BHealthy Bible Study (L) Service (CR) 11 Creative Crafts (AP) Lvndes Exercise (CR) 11 Chair Yoga (CR) 11 Chair Exercise (CR) Watercolor Designs (AP) Exercise (CR) 11 Coloring and Tunes (AP) 11:30 Word Games (CR) Fun with Fitness (CR) 1 Skip-Bo (L) 1 Skip-Bo and Scrabble (L) Fresh, Hot Cookies (AP) 11:30 Trivia Time (CR) Catholic Communion (L) Armchair Travel-Funny Baby, Cat and Dog 1:30 BINGO \$2 (CR) 2 Movie: Shawshank 1-3 Audiologist (AP) **Shopping Bus - TARGET** Videos (CR) 2 Christian Service Chair Exercise (CR) Dubai UAE (CR) Mid-Week Stretch (CR) Social (CR) **Redemption (CR)** 2 Popcorn Tuesday (AP) Card Bingo (CR) Activity (AP) 3 Bingo \$2 (CR) 4:30 Rib Night (DR) 6:30 500 Card Game (CR) 6:30 2-4 Girl Scout Cookie Sales Scrabble (L) (Lobby) Presidents' Day (U.S.) 23 Donuts and Coffee (CN) 24 25 27 10 Coffee Chats (CN) **ALL ACTIVITIES IN RED** 10 Coffee Chats(CN) 10 10 Coffee Chats (CN) 10 Coffee Chats (CN) 10:30 Live2BHealthy 10 Shopping Bus - CUB 10:30 Live2BHealthy Bible Study (L) 10 Washington National **REQUIRE SIGN UP** 11 Word Games (CR) 11 Would You Rather... (CR) **Cathedral Worship** Exercise (CR) Exercise (CR) Fun with Fitness (CR) 11 Creative Crafts (AP) Service (CR) 11:30 Trivia Time (CR) Catholic Communion (L) 11:30 Word Games (CR) Jewelry Making (AP) **Let's Talk Cooking (AP)** 1 Left, Center, Right Dice 2 Candy Bar Bingo (CR) 12 Burger King Catered Chef's Corner (AP) 11 Chair Exercise (CR) Chair Exercise (CR) Skip-Bo and Scrabble (L) Game (CR) 3 Mid-Week Stretch (CR) Lunch (AP) Birthday Social (CR) 3:30 United Methodist 2 Popcorn Tuesday (AP) Movie: The Greatest 6:30 500 Card Game (CR) Card Bingo (CR) Church Gathering (L) Showman (CR) 3 Bingo \$2 (CR) 6:30 Scrabble (L) Ramadan Begins Room Key CR=Community Room AP=Activity Parlor L=Library DR= Dining Room CN = Coffee Nook Dining Room Hours- Breakfast 8 - 9:30 Lunch 12 - 1