

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

TRADITION SENIOR LIVING

FEBRUARY 2025

- 10 Rosary (L)
- 10 Farkle (AP)
- 11 Chair Yoga (CR)
- 1 Skip-Bo (L)
- 1:30 BINGO \$2 (CR)

Spunky Old Broads Day

- 10 Washington National Cathedral Worship Service (CR)
- 11 Chair Exercise (CR)
- 1 Skip-Bo and Scrabble (L)
- 2 Movie: **Groundhog Day** (CR)

Groundhog Day

- 10 Coffee Chats (CN)
- 11 Star of the Month - Mia Farrow (CR)
- 11 Creative Crafts (AP)
- 1-3 Batteries R US (CR)
- 2 Fresh, Hot Cookies (AP)
- 3 Chair Exercise (CR)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Trivia Time (CR)
- 2 Popcorn Tuesday (AP)
- 2 Activities Committee Meeting (CR)
- 3 Bingo \$2 (CR)

- 10 Coffee Chats (CN)
- 11 **Valentine's Day Ladies Tea (CR)**
- 11 Coloring and Tunes (AP)
- 1 Catholic Communion (L)
- 2 **Shopping Bus - Walmart**
- 3 Mid-Week Stretch (CR)
- 6:30 500 Card Game (CR)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Word Games (CR)
- 2 Resident Meeting (DR)
- 3 Card Bingo \$2 (CR)
- 6:30 Scrabble (L)

- 9-2 **Massages (Apt. 209)**
- 10 Donuts and Coffee (CN)
- 10 Bible Study (L)
- 11 Fun with Fitness (CR)
- 1 Chinese Calligraphy (AP)
- 3 Beer & Wine Social (CR)

National Wear Red Day

- 10 Rosary (L)
- 10 Farkle (AP)
- 11 Chair Yoga (CR)
- 1 Skip-Bo (L)
- 1:30 Bingo \$2 (CR)
- 2 Chistian Service Activity (AP)

Boy Scouts Day

- 10 Washington National Cathedral Worship Service (CR)
- 11 Chair Exercise (CR)
- 1 Skip-Bo and Scrabble (L)
- 2 Movie: **Pitch Perfect** (CR)
- 5:30 Super Bowl LIX (CR)

- 10 Coffee Chats (CN)
- 11 Word Games (CR)
- 11 Creative Crafts (AP)
- 1 Science Fun (AP)
- 2 Movie and Popcorn **Downton Abbey** (CR)
- 3:45 Chair Exercise (CR)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11 Free Blood Pressure Check (L)
- 11:30 Trivia Time (CR)
- 2 Popcorn Tuesday (AP)
- 3 Bingo \$2 (CR)

- 10 Coffee Chats (CN)
- 10 **Shopping Bus - Festival/Dollar Store**
- 11 Jeopardy (CR)
- 1 Catholic Communion (L)
- 3 Mid-Week Stretch (CR)
- 6:30 500 Card Game (CR)

Tu B'Shevat Begins

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Word Games (CR)
- 2 Valentine Cookie Decorating (AP)
- 3 Card Bingo \$2 (CR)
- 6:30 Scrabble (L)

- 10 Donuts and Coffee (CN)
- 10 Bible Study (L)
- 11 Fun with Fitness (CR)
- 2 **Valentine Party with Entertainment and Refreshments (DR)**

Happy Valentine's Day

- 10 Rosary (L)
- 10 Farkle (AP)
- 11 Chair Yoga (CR)
- 1 Skip-Bo (L)
- 1:30 BINGO \$2 (CR)

National Gumdrop Day

- 10 Washington National Cathedral Worship Service (CR)
- 11 Chair Exercise (CR)
- 1 Skip-Bo and Scrabble (L)
- 2 Movie: **Shawshank Redemption** (CR)

- 10 Coffee Chats (CN)
- 11 Rick Steves - Paris (CR)
- 11 Creative Crafts (AP)
- 1 Watercolor Designs (AP)
- 2 Fresh, Hot Cookies (AP)
- 3 Chair Exercise (CR)

Presidents' Day (U.S.)

- 9-1 Podiatrist (Beauty Salon)
- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Trivia Time (CR)
- 1-3 Audiologist (AP)
- 2 Popcorn Tuesday (AP)
- 3 Bingo \$2 (CR)

- 10 Coffee Chats (CN)
- 11 **Restaurant Outing Lyndes**
- 11 Coloring and Tunes (AP)
- 1 Catholic Communion (L)
- 2 **Shopping Bus - TARGET**
- 3 Mid-Week Stretch (CR)
- 6:30 500 Card Game (CR)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Word Games (CR)
- 1:30 Armchair Travel- Dubai UAE (CR)
- 3 Card Bingo (CR)
- 6:30 Scrabble (L)

- 9-2 **Massages (Apt. 209)**
- 10 Donuts and Coffee (CN)
- 10 Bible Study (L)
- 11 Fun with Fitness (CR)
- 1 Funny Baby, Cat and Dog Videos (CR)
- 3 Social (CR)
- 4:30 Rib Night (DR)

- 10 Rosary (L)
- 10 Farkle (AP)
- 11 Chair Yoga (CR)
- 1 Skip-Bo (L)
- 1:30 BINGO \$2 (CR)
- 2 Christian Service Activity (AP)

2-4 Girl Scout Cookie Sales (Lobby)

- 10 Washington National Cathedral Worship Service (CR)
- 11 Chair Exercise (CR)
- 1 Skip-Bo and Scrabble (L)
- 2 Movie: **The Greatest Showman** (CR)

- 10 Coffee Chats (CN)
- 11 Word Games (CR)
- 11 Creative Crafts (AP)
- 2 **Let's Talk Cooking (AP)**
- 3 Chair Exercise (CR)
- 3:30 United Methodist Church Gathering (L)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Trivia Time (CR)
- 1 Left, Center, Right Dice Game (CR)
- 2 Popcorn Tuesday (AP)
- 3 Bingo \$2 (CR)

- 10 Coffee Chats (CN)
- 10 **Shopping Bus - CUB**
- 11 Would You Rather... (CR)
- 1 Catholic Communion (L)
- 2 Candy Bar Bingo (CR)
- 3 Mid-Week Stretch (CR)
- 6:30 500 Card Game (CR)

- 10 Coffee Chats (CN)
- 10:30 Live2BHealthy Exercise (CR)
- 11:30 Word Games (CR)
- 12 **Burger King Catered Lunch (AP)**
- 3 Card Bingo (CR)
- 6:30 Scrabble (L)

- 10 Donuts and Coffee (CN)
- 10 Bible Study (L)
- 11 Fun with Fitness (CR)
- 1 Jewelry Making (AP)
- 2 Chef's Corner (AP)
- 3 Birthday Social (CR)

Ramadan Begins

ALL ACTIVITIES IN RED REQUIRE SIGN UP

