



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>11:00 <i>Livestreamed Services:</i> St. Joe's Mass & Seattle First Baptist Church Service</p> <p>1:30 Interactive Scripture & Hymns with Paul & Tina Miller</p>	<p>31</p> <p>10:00 Mental Health Monday</p> <p>1:30 Spring Birthday Bash</p>	<p>01</p> <p>1:30 Resident Association Wellness Forum</p>	<p>02</p> <p>10:00 Outing to Goodwill</p> <p>1:30 Guitar Tunes w/ Do Peterson</p>	<p>03</p> <p>10:45 Seattle Art Museum Outing: Ai Weiwei Exhibit</p> <p>1:30 You Be The Judge w/ Asa</p>	<p>04</p> <p>1:30 Resident Association Home Forum</p>	<p>05</p> <p>11:00 Chair Fitness: Cardiovascular Focus</p> <p>1:30 Meditation with Brother River</p>
<p>06</p> <p>11:00 <i>Livestreamed Services:</i> St. Joe's Mass & Seattle First Baptist Church Service</p> <p>1:30 Interactive Scripture & Hymns with Paul & Tina Miller</p>	<p>07</p> <p>9-3 Koko Foot and Nail Care</p> <p>1:30 Illana Zaks Violin Concert</p> <p>2:30 Free Movement with Mary</p>	<p>08</p> <p>11:00 Flexercise</p> <p>1:30 Conversation Club</p>	<p>09</p> <p><i>10:45-11:30 Bookmobile</i></p> <p>1:30 Play in Motion w/ Mary and Angelika</p>	<p>10</p> <p>10:00 Art Connection</p> <p>1:30 Resident Association Kitchen Kitchen Forum</p>	<p>11</p> <p>11:00 Dynamic Stretching</p> <p>1:30 Resident Lecture Series: The Prison Within Documentary Viewing and Discussion w/ Pia</p>	<p>12</p> <p>11:00 Chair Fitness: Cardiovascular Focus</p> <p>1:30 Meditation Group</p>
<p>13</p> <p>11:00 <i>Livestreamed Services:</i> St. Joe's Mass & Seattle First Baptist Church Service</p> <p>1:30 Interactive Scripture & Hymns with Paul & Tina Miller</p>	<p>14</p> <p>10:00 Mental Health Monday</p> <p>1:30 Fireside Chat w/ Mike</p> <p>2:30 Free Movement with Mary</p>	<p>15</p> <p>11:00 Chair Fitness</p> <p>1:30 Resident Dance Activity w/ Mary</p>	<p>16</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Community Haiku Writing</p> <p>2:30 Reader's Theater: Script Writing</p>	<p>17</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Sing Along w/ David Lapse</p>	<p>18</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Cranium Crunch w/ Adam</p>	<p>19</p> <p>11:00 Chair Fitness: Cardiovascular Focus</p> <p>1:30 Meditation with Brother River</p>
<p>20</p> <p>11:00 Livestreamed Services: St. Joe's Mass & Seattle First Baptist Church Service</p> <p>1:30 Interactive Scripture & Hymns with Paul & Tina Miller</p>	<p>21</p> <p>10:00 Journal Through Art</p> <p>1:30 Flower Arranging w/ Mary</p> <p>2:30 Free Movement with Mary</p>	<p>22</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Earth Day Neighborhood Cleanup Walk</p>	<p>23</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Record Listening Hour w/ Adam</p>	<p>24</p> <p>10:00 Art Connection</p> <p>1:30 Resident Association General Assembly</p>	<p>25</p> <p>11:00 Seated Total Chair Fitness</p> <p>1:30 Men's Club</p>	<p>26</p> <p>11:00 Chair Fitness: Cardiovascular Focus</p> <p>1:30 Meditation Group</p>
<p>27</p> <p>11:00 Livestreamed Services: St. Joe's Mass & Seattle First Baptist Church Service</p> <p>1:30 Interactive Scripture & Hymns with Paul & Tina Miller</p>	<p>28</p> <p>1:30 FLM Annual Talent Show!</p>	<p>29</p> <p>1:30 Service Dogs Presentation w/ Adam</p>	<p>30</p> <p>1:30 Resident Lecture Series: Dana Suess Presentation by Aaron L w/Mary</p>	<p>1</p>	<p>2</p>	<p>3</p>