

# May 2025 Resident Program Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>SOLSTICE</b>	<b>DINING ROOM</b>	<b>2150 BUILDING</b>		
<p>Dinner Orders: Call Between 7:30a-3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge</p>	<p><b>Event Locations: 2150</b> 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing <i>Activities are subject to changes</i></p>	<p><b>Event Locations: 2220</b> (PG) Pub &amp; Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room</p>		<p><b>1</b> DCF Cleaners Drop-Off/Pick-Up</p> <p>9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 1-3:30 Shop Kindness Chains (LWP)</p>	<p><b>2</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 <b>MEN'S Luncheon (PB)</b> 1:30 Open Bean Bags (LWP)</p>	<p><b>3</b></p> <p>9am Barber &amp; Beauty Salon Services (by appt)</p>
<p><b>4</b></p> <p>Dining Room Mother's Day Special Brunch: <b>BISTRO CLOSED</b></p> <p><b>1:30 Movie: Reagan (New Release)</b></p>	<p><b>5</b></p> <p>10:00 Chair Yoga (LWP) 11:00 Knitters/Crocheters Club (CAS) 11:30 Balance &amp; Action (LWP) 1:00 Drop-In Canasta (PG)</p>	<p><b>6</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>9:00 Barber &amp; Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Line and Chair Dance (LWP) 2:00 Sunset/ Dollar Tree Shuttle</p> <p>1-5:00 Dr. Wise, Audiology (LWP)</p>	<p><b>7</b></p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FL) 1:00 Drop-In Asian Mah-Jong &amp; Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS) 2:00 Current Events w/ Ron (GR)</p>	<p><b>8</b> DCF Cleaners Drop-Off/Pick-Up</p> <p>9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 1:30 <b>BINGO! Afternoon Session (GR)</b> 2:00 Aldi/ Target Shuttle</p>	<p><b>9</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 <b>MEN's Luncheon (PB)</b> 1:30 Open Bean Bags (LWP) 5:00 <b>Shabbat Dinner (by reservation)(AR)</b></p>	<p><b>10</b></p> <p>9am Barber &amp; Beauty Salon Services (by appt)</p>
<p><b>11</b></p> <p><b>1:30 Movie: It's Complicated</b></p> <p><b>Mother's Day</b></p>	<p><b>12</b></p> <p>10:00 Chair Yoga (LWP) 11:00 Knitters/Crocheters Club (CAS) 11:30 Balance &amp; Action (LWP) 1:00 Drop-In Canasta (PG) 1:00 NB Library Movie "The Day the Earth Stood Still" (GR) w/ discussion following</p>	<p><b>13</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>9:00 Barber &amp; Beauty Salon (by appt) 10:00 <b>Dining &amp; Events MTG (PR)</b> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 <b>Trader Joe's Shuttle</b></p>	<p><b>14</b></p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong &amp; Scrabble (WR) 1:30-3:30 Open Arts and Crafts Studio (CAS) 2:00 <b>Seminar: Get Hip Don't Slip w/ Powerback (GR)</b></p>	<p><b>15</b> DCF Cleaners Drop-Off/Pick-Up</p> <p>9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 1:30 Susan Benjamin: Presents Frank Loesser: A Musical Fella (GR) 2:00 Jewel/ Osco Shuttle 5:00 May Birthday Dinner (HL/SA)</p>	<p><b>16</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 <b>MEN's Luncheon (PB)</b> 1:30 Open Bean Bags (LWP) 1:30 <b>Gary Midkiff: Birth of a Nation Series (WR)</b> 7:00 <b>MOVIE NIGHT: WICKED (New Release) (GR)</b></p>	<p><b>17</b></p> <p>9am Barber &amp; Beauty Salon Services (by appt)</p>
<p><b>18</b></p> <p><b>1:30 Movie: Little Women</b></p>	<p><b>19</b></p> <p>10:00 Chair Yoga (LWP) 11:00 Knitters/Crocheters Club (CAS) 11:30 Balance &amp; Action (LWP) 1:00 Drop-In Canasta (PG) 2:00 Mind &amp; Memory Fitness (LWP)</p>	<p><b>20</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>9:00 Barber &amp; Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/Dollar Tree Shuttle 2:00 Julie Strauss PH.D Presents: Trump First 100 Days in Office (WR)</p>	<p><b>21</b></p> <p>10:00 <b>Welcome Committee (PR)</b> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong &amp; Scrabble (GR) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Barry Bradford Presents: Carol Burnett (WR)</p>	<p><b>22</b> DCF Cleaners Drop-Off/Pick-Up</p> <p>9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Aldi/ Target Shuttle 7:15 <b>BINGO! (GR)</b></p>	<p><b>23</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 <b>MEN's Luncheon (PB)</b> 1:30 Open Bean Bags (LWP)</p>	<p><b>24</b></p> <p>9am Barber &amp; Beauty Salon Services (by appt)</p>
<p><b>25</b></p> <p><b>1:30 Movie: Back to the Future</b></p>	<p><b>26</b></p> <p><b>No Dining Services</b> <b>Concierge Hours: 10:00am - 2:00pm</b> <b>MEMORIAL Day</b></p>	<p><b>27</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>9:00 Barber &amp; Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Trader Joe's Shuttle 2:30 Stars &amp; Stripes Happy Hour (HL)</p>	<p><b>28</b></p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong &amp; Scrabble (WR) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Tim Wilsey: All Time Mother's in History (WR)</p>	<p><b>29</b> DCF Cleaners Drop-Off/Pick-Up</p> <p>9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Jewel/ Osco Shuttle 5:00 May "The Lodge Wild West" Theme Dinner (HL/SA) 7:00 Entertainment w/ singing by Beckie &amp; Tom (HL)</p>	<p><b>30</b> Tide &amp; Zengler Cleaners Drop-Off/Pick-Up</p> <p>10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 <b>MEN's Luncheon (PB)</b> 1:30 Open Bean Bags (LWP) 5:00 <b>MOVIE NIGHT: The Wedding Singer (GR)</b></p>	<p><b>31</b></p> <p>9am Barber &amp; Beauty Salon Services (by appt)</p>

## Health & Wellness

*Live Well Pavilion*

### **Chair Yoga**

*Mondays*  
10:00am

### **Balance & Action w/ Powerback**

*Mondays*  
11:30am

### **Be Fit While You Sit**

*Tuesdays*  
10:00am & 11:15am

*Wednesdays*

10:00am & 11:15am

*Fridays*

10:00am & 11:15am

### **Let's Step it Up**

*Thursdays*  
10:00am

### **Allied Care's "Ask A Nurse"**

*Thursdays*  
9:00am- 11:30am

### **Vitality Checks w/ Powerback by Appt.**

*Thursdays*  
11:00am- 1:00pm

**Emergency Phone Number:**  
**(847) 513-9235**

**Weekly Lunch Bistro:**  
Call between 11a-1:30pm

**Sunday Bistro:**  
Call between 9a-12:30pm  
**(847) 739-2489**

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

**Dinner Orders:**  
Call between  
7:30a – 3:00p M-F.  
**(847) 559-8700**

## May Programs & Events

*Shop Kindness Chains Pop-up Boutique*  
*Live Well Pavilion*  
*Thursday, May 1<sup>st</sup> @ 1:00pm – 3:30pm*

*Line and Chair Dance Routine Class*  
*Live Well Pavilion*  
*Tuesday, May 6<sup>th</sup> @ 2:00pm*

*Current Events with Ron Mantegna*  
*Great Room*  
*Wednesday, May 7<sup>th</sup> @ 2:00pm*

***BINGO!***  
*Great Room*  
***Thursday, May 8<sup>th</sup> @ 1:30pm and Thursday, May 22<sup>nd</sup> @ 7:15pm***

*Susan Benjamin presents "Frank Loesser: A Musical Fella"*  
*Great Room*  
*Thursday, May 15<sup>th</sup> @ 1:30pm*

***MAY BIRTHDAY DINNER***  
*Heron Landing / Solstice Atrium*  
*Thursday, May 15<sup>th</sup> @ 5:00pm*

*Gary Midkiff presents "Birth of a Nation" Series Part 2*  
*1778 to 1781 - Victory at Yorktown*  
*Willow Room*  
*Friday, May 16<sup>th</sup> @ 1:30pm*

*Current Events w/ Julie Strauss PH.D – "President Trump first 100 Days in Office"*  
*Willow Room*  
*Tuesday, May 20<sup>th</sup> @ 2:00pm*

*Barry Bradford presents "Carol Burnett"*  
*Willow Room*  
*Wednesday, May 21<sup>st</sup> @ 1:30pm*

***"Stars and Stripes" Happy Hour***  
*Heron Landing*  
***Tuesday, May 27<sup>th</sup> @ 2:30pm***

*Tim Wilsey presents "All Time Mother's in History"*  
*Willow Room*  
*Wednesday, May 28<sup>th</sup> @ 1:30pm*

***Celebrate May "The Lodge Wild West" Theme Dinner***  
*Heron Landing / Solstice Atrium*  
***Thursday, May 29<sup>th</sup> @ 5:00pm***  
*7:00pm Singing Entertainment w/ Beckie & Tom (HL)*

# May 2025 Resident Program Calendar

## **April "Spring Fling" Dinner Celebration**



## **April Birthday Dinner**



[www.lodgeofnorthbrook.com](http://www.lodgeofnorthbrook.com)

Main Phone: (847) 559-8700



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