

News & Views

May 2025

FROM THE DIRECTOR'S DESK

Dear Residents and Families,

Spring is in full bloom here at Parkshore, bringing bursts of color and renewed energy to our days.

The beauty around us is truly something to cherish—Lake Washington glistens under the warming sun, sailboats dot the water, and the majestic Olympic and Cascade Mountains provide a stunning backdrop to our home.

Closer to home, our beloved Dahlia Boys are back, diligently tending to the gardens and adding vibrant life to our landscape alongside our dedicated Landscaping Committee. Their hard work is already showing in the fresh blooms and well-manicured flower beds that bring so much joy to our residents and visitors alike.

Inside, spring cleaning is in full swing! We're tidying up, organizing, and refreshing our spaces to reflect the bright energy of the season.

Whether you're enjoying a lakeside stroll, admiring the new blossoms, or simply opening your windows to let in the crisp spring air, take a moment to soak in the beauty around us.

Let's embrace this season of renewal, growth, and community together.

Here's to a wonderful May!

Warmly,

Gary



President's Musings Mike E.

Ah, Spring! Yes, warmer weather has been a while in coming, but it appears that we're on our way to another great Seattle spring season.

However, this is not the big news of the last few weeks. That has been, of course, the Parkshore goose! Yes, opinions about mother goose vary, but there's no question that she has been a major source of interest to our residents. As you might guess I can't see her very well, but I'm told that she feathers her nest with down, occasionally takes brief flights, and (unfortunately) likes to "eat local." Hopefully replanting can start in the next few weeks.

Meanwhile, Barbara and I have just passed our third anniversary at Parkshore, which hardly seems possible. We love being here and especially value the relationships we've built with many of you.

The next residents' meeting will be on Thursday, May 15, at 11 a.m. in the Lakeview Room. After a summer break, we will resume in September.

Thanks,

Mike



1st	Gerry S.
5th	Janet S.
5th	Ron N.
7th	Edith S.
9th	Bruce C.
9th	Tom W.
10th	Lynn R.
14th	Sue F.
16th	Woody E.
17th	Henry M.
19th	Karen T.
22nd	Barbra E.
25th	Mary Jane A.
28th	Anne (Mikel) M.

Opera News with Nancy L.

Adriana Lecouvreur By: Francesco Cilèa

Is it possible to convince people to come to an opera they've probably never heard of? My story starts with a 1954 record entitled "Maria Callas, Coloratura, Lyric" in which she sings two beautiful arias (songs) from Adriana Lecouvreur. Callas is probably the leading influential soprano of the Twentieth Century. Her musical and dramatic talents led to her being hailed as La Divina ("The Divine One") to this day.



Flash forward to the recent lockdown which the Metropolitan Opera handled by streaming a new opera free every day from their large supply of Live in HD productions. At Mirabella, I emailed residents with information on each day's opera which we could watch on our computers or other devices.

When Adriana Lecouvreur with Anna Netrebko appeared, I was thrilled! I had seen it "Live on HD" at a theater in Northgate in 2019 and loved it.

Famous Russian soprano Anna Netrebko brings her acclaimed portrayal of the passionate real-life French actress at the heart of Francesco Cilèa's Adriana Lecouvreur, set in 1730s Paris, to the Metropolitan Opera for the first time in a new special 2019 New Year's Eve gala production.

Love, mystery and a potential murder... nothing is certain in Adriana Lecouvreur, inspired by the life and mysterious death of the 18th century French actress.

Sir David McVicar's staging—which recreates an 18th-century French theater in exacting detail—is the work's first new Met production in more than 50 years. Others in the cast include Anita Rachvelishvili, in the role of the Princess of Bouillon, with Piotr Beczała as Maurizio and Ambrogio Maestri as Michonnet, the two men in love with Adriana.

Adriana Lecouvreur is one of the most coveted roles for great dramatic sopranos. Its arias are frequently performed in concerts by sopranos with spectacular voices, including more recently Angela Gheorghiu, Dames Kiri Te Kanawa and Joan Sutherland, Renee Fleming, etc.

Nancy L.

Adriana Lecouvreur

will be shown in the Movie Theater
on May 15th at 1:30 pm

Length: 3hr

Activities Highlights - Lectures and Outings

Lectures and Outings Please check the calendar for schedules.

You can also view many of the lectures on your computer or tablet in the activity pages of Cubigo.
(All listed outings are for Independent Living Residents.) CONTINUES ON NEXT PAGE.

Date and Time	Event
Friday, May 2nd, 9th, 16th (2:00pm) Lakeview Room	Philosophy of Religion w/David Smith Does God exist? Is there an afterlife? Are all religions created equal? We will look at these questions and others as objectively as possible and discuss the answers given by philosophers and other intellectuals throughout history.
Tuesday, May 6th, 20th, and 27th (2:00pm) Lakeview Room	Masters of the Italian and Northern Renaissance with Koyla Rice Through careful exploration of a select group of exemplary artists, this introductory art history course traces key developments and themes explored in the art of Western Europe during the 14th-16th centuries during the renewal of humanistic values known as the "renaissance."
Tuesday, May 6th (4:30pm) Lounge	Cinco de Mayo Wine Social Come celebrate our Cinco de Mayo Wine Social with us. Note: Live Mariachi Band from 4:30pm to 5:30pm.
Wednesday, May 7th (2:00pm) Lakeview Room	Seattle Seahawks Education with Ana Burnes Do you REALLY know your Seattle Seahawks! Join Ana for all things Seahawks and find out!
Thursday, May 8th (11:00 am) Lakeside Dining	Ladies Spring Luncheon Ladies, join us for a spring luncheon and fashion show. Apparel provided by the Parkshore Thrift shop and modeled by the Thrifters.
Thursday, May 8th (3:00pm) Lakeview Room	Rigoletto by Giuseppe Verdi with Theo Deacon Join Theo as he discuss one of Verdi's classics, <i>Rigoletto</i> . An opera in three acts by Giuseppe Verdi. The Italian libretto was written by Francesco Maria Piave based on the 1832 play Le rois'amuse by Victor Hugo.
Thursday, May 8th (7:30pm) Theater	Parkshore Potpourri presents: Kiri and Andre together on Broadway Join us for an encore presentation.
Monday, May 12th (3:00pm) Lakeview Room	Come Meet: Tom & Julie Skerritt Speaker's Committee is proud to present Tom & Julie Skerritt to you. Come hear about their life's work and ask questions!
Tuesday, May 13th (3:00pm) Lakeview Room	Hearts of Gold Auction Come and bid on some amazing items all while supporting the General Enhancement Fund, Employee Education and Resident Assistance. Closing times for Bidding: 4pm, 4:30pm & 5pm (Cash, Checks & Credit Cards only)
Wednesday, May 14th & May 28th (6:00pm) Lounge	Piano Music with Primo Kim Join Primo Kim in the lounge for some informal music including tunes you all know. Give him your requests to play!
Sunday, May 18th (2:00pm) Lounge	Spring Strings with Henry Mansfield Back by popular demand, local musician and composer, Henry Mansfield (Jackie Mansfield's Grandson) is joining us again to perform his songs accompanied by a chamber ensemble of orchestral musicians.
Monday, May 19th (1:00pm) Meet in Front Lobby	Fitness Walk- Bellevue Botanical Gardens Join Jane as she takes you on a walk to Bellevue Botanical Gardens! Dress for the weather and walk at your own pace.

Activities Highlights - Lectures and Outings

Date and Time	Event
Tuesday, May 20th (11:30am) Meet in Front Lobby	Scenic Drive: Bingo Lunch Cruise We will enjoy an afternoon on the water with BINGO, a delicious lunch, and narration of Seattle's Stunning sights.
Wednesday, May 21st (3:00pm) Lakeview Room	Doctors Without Borders: Sri Lanka, a Paradise Poisoned with Gerry Bashien Join Parkshore resident Gerry Bashien as he shares some of his experiences with Doctors Without Borders.
Thursday, May 22nd (1:30pm) Theater	Parkshore Potpourri presents American Ballet Theater at the Met As denoted, this is a mixed bag of dances from the library of the American Ballet Theater, performed at their home, the Metropolitan Opera House, in Lincoln Center, NYC. This is a DVD presentation.
Friday, May 23rd (7:00pm) Lounge	Seattle Chamber Music Society Youth Academy Concert Join us for these young prodigies as they entertain you with their amazing talent and skill.
Wednesday, May 28th (11:00am) Rafters	Brain Health with Marcie Join us for an eye-opening presentation on the critical link between environmental toxins and cognitive decline.
Thursday, May 29th (1:30pm) Dining Room	Food for Thought Join Chef Chad and Josue as they dish about the culinary department and the dining experience!
Friday, May 30th (2:00pm) Lakeview Room	Alfredo Carrillo Concert Returning for your enjoyment, International lead Tenor and Crossover Artist, Alfredo Carrillo will be joining us to sing special requests and more.

Date & Time	Event
<u>Costco</u> May 22nd (9:30am) <u>U-Village</u> May 6th (9:30am) <u>Bellevue Square Mall</u> May 29th (11:30am)	Shopping Trips
Mondays in May (4:00pm) Lounge	Tech Help w/Lilia
Wednesdays in May (1:00pm) Rafters	Bridge
Thursdays in May (1:00pm) Rafters	Mahjong
Fridays in May (10:00am) L Level	Thrift Store is open!
Wednesday, May 7th (4:00pm) Lounge	Community Sing-along w/Karen Mataya
Wednesday, May 7th & Tuesday the 20th (5:00pm) Lounge	Piano Music w/Karen Mataya
Monday, May 19th (3:30pm) Lakeview Room	Men's Group w/Gary
Tuesday May 6th & 27th (4:30pm) Lounge	Wine Social
Monday, May 12th (11:00am) Rafters	Book Club
Monday, May 5th, 12th, & 19th (2:00pm) Creativity Center	Art Class w/Maja Sereda
Thursday, May 22nd (1:45pm) Lounge	Seattle Public Library Book Mobile
Monday, May 19th (3:30pm) Lakeview Room	Women's Club w/Gary
Thursday, May 15th (11:00 am) Lakeview Room	Resident Association Meeting

Resident Activities



(Left to right) **(1)** Jackie & Bruce at the Tulip Festival **(2)** Bill at the Tulip Festival **(3)** Jeanne & Ted at the Tulip Festival **(4)** Jennifer, Blanca enjoying live music **(5)** Residents enjoying the Pro Musica Concert **(6)** Mike introducing the Pro Musica Choir **(7)** Pro Musica Choir **(8)** Enjoying Easter Brunch

Resident Activities (cont.)

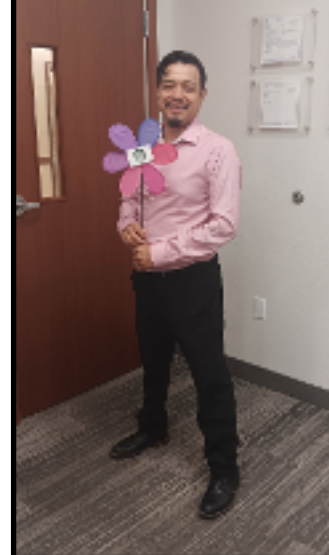
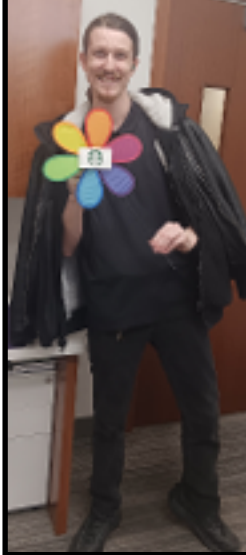
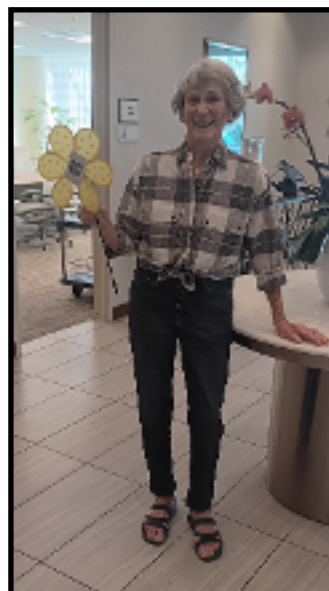


The Tulip's were in full bloom at the Roozengard festival!

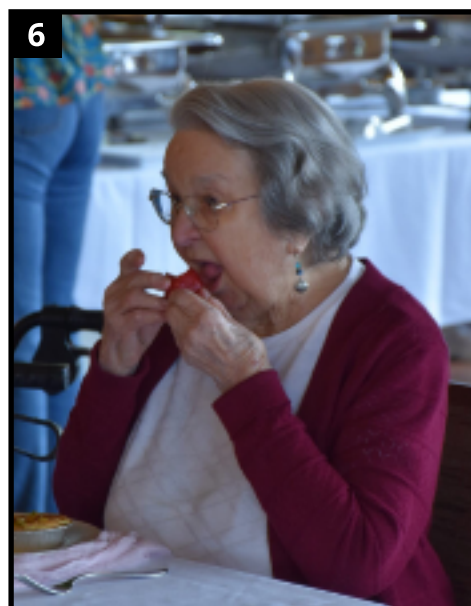
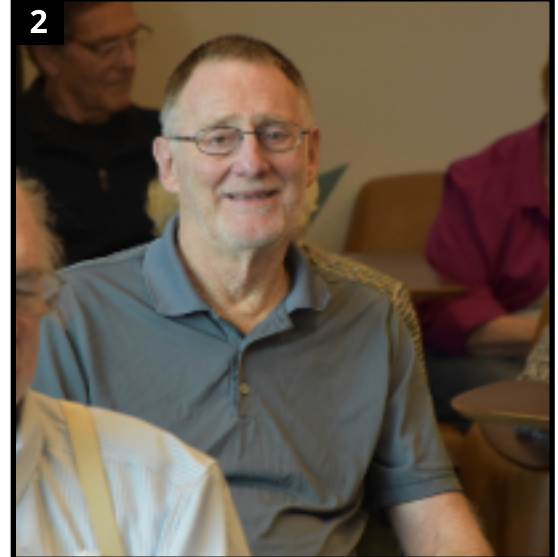


Spring Egg Hunt Winners!!

Join us in congratulating Alex, Hibo, Bill, Marcia, Allyn, Rob, Devin, Martha, and Josue!



Resident Activities in Health Services



(Left to right) (1) Residents enjoying live music (2) Don enjoying the Pro Musica Concert (3) Residents enjoying live music (4) Lovie and Gwen enjoying the Pro Musica Concert (5) Shirley (6) Ramona enjoying Easter Brunch (7) Ernest and Kevin doing a puzzle activity in iN2L



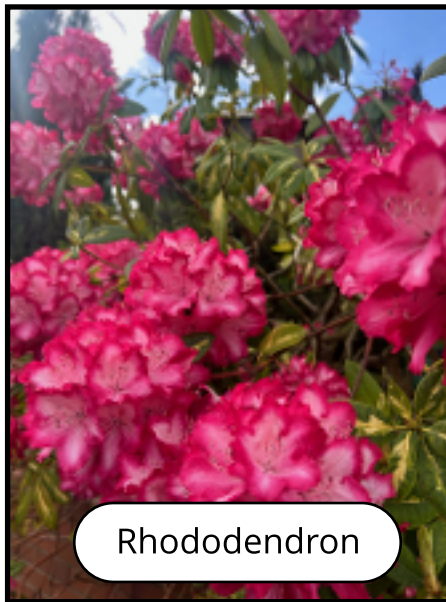
Currently Blooming in Madison Park

This April's unexpected warmth has nudged the flowers awake, painting our neighborhood in vivid color after months of winter gray. Blossoms now spill over garden walls and peek through sidewalk cracks, turning ordinary walks into something magical. Each bloom feels like a small celebration, a gentle reminder that brighter days are here.

Below are a few of my personal favorites—cheers to sunshine and petals underfoot!



Magnolia



Rhododendron



Andromedas



Senna Surattensis



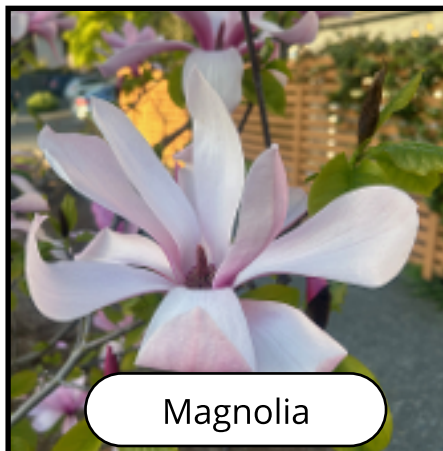
Camellia



Camellia



Tulip



Magnolia



Malus Floribunda

Pastor Paton's Prose



So many activities in May marking new beginnings. Spring buds blossom into full profusion as the year opens up. Graduation time for students marking their beginning on new exciting paths and Mother's Day recognizing the centrality of woman in all our lives. Blooms are resplendent this month and celebrating Mother's Day is a wonderful tradition. As the Apostle Paul writes, "The first woman came from a man- true- but ever since then, every man comes from a woman!" (I Corinthians 11:11). Truer words have never been spoken. The beginnings we have all celebrated are due to those mothers who birthed us.

May also may mark conclusions and different paths. Sadness is par for the course of our human journey as is loneliness. Saying "Goodbye" to loved ones and the sadness and grief that accompany their absence. In strained times reliance on family, friends and God provide solace. May those ties grow stronger and more resilient. Celebrating grandchildren and great-grandchildren's beginnings are positive and life-giving opportunities that offer laughter and joy. However you are facing this beautiful month may you remember to breathe deep, seek silence and peace and rejoice in your blessings.

Peace of Christ.

Paton



Staff Spotlight



Ashley wearing a beautiful spring dress



Dan soaking up the sunshine!



Rob stylin' and smilin'



Melanie always knows how to brighten our day!



Doug is always willing to help!



Hibo and Tina making the most of the day

THRIFTY NEWS

by Pat Flug



One understands to steer clear of the bumper sticker warning, 'I break for garage sales'. Just so you know, some of those people are part of the Thrift Shop crew. There are those who won't admit it but, rest assured, we're here.

We love the creative treasure hunt. Sometimes we find things for ourselves and sometimes we find things for others. We're having a great time with our addiction, and not looking for a cure.

1) Randi wasn't allowed to walk away without this luscious fur lined suede: for what in this climate? Who cares? It's stunning!!! We cheered.

2) We knew in a flash who needed a meeting with this dress. Lilia showed up a half hour later and, as you can see, no arm twisting was involved. It attended the opera a couple of nights after.

3) This day these two managed to get away without buying anything. Not to worry, we got 'em in the end. Tina likes gold jewelry and beautiful scarves, Alex likes silver jewelry and turquoise. Gary's sister collects elephants. We never forget these things.

4) Kim, from Transforming Age was passing by and, this time with a bit of arm twisting, realized she had a black-tie affair where this fabulous belt would be a star.

5) Fearing the worst, even with Dorothy guarding the gate, Barney wasn't about to risk losing his Jan while sleeping.

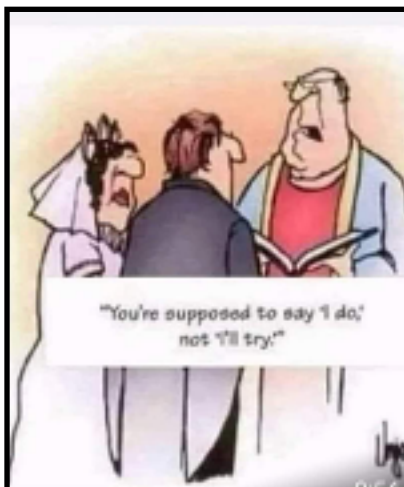
Thrift Shop is Open!
Fridays 10am - 2pm
L Level

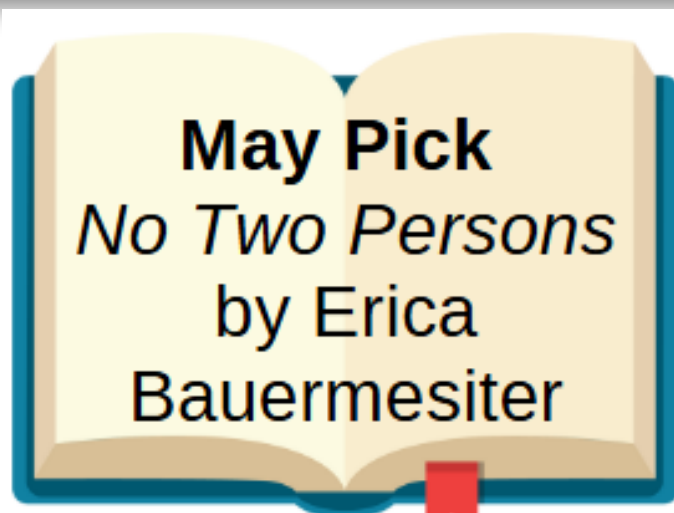
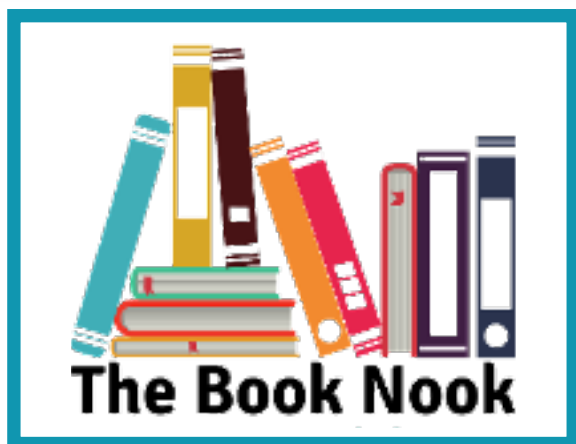
Donation reminder: gently used articles of clothing, small furniture, household items and, as usual, books. Donations may be left in the big black bag cart in front of the Thrift Shop door or for pick-up contact Barb Lippke at ext.1814. *For jewelry donations only, please contact Pat Flug directly at ext.1125.*

Flug's Funnies



Thinking back to when a new hip joint meant someplace I wanted to go on Friday night.





Hello, all residents of Parkshore! We have three libraries: the non-fiction books in the 10th floor solarium, the paperbacks in the 5th floor solarium, and the fiction books in the 1st floor Book Nook. Only the hardback fiction and non-fiction books need to be checked out using slips provided in the library. Any suggestions for new purchases are always welcomed. Just leave a note on the desk in the Book Nook!

Additions to the Library

After This by Alice McDermott

A vivid portrait of the challenges and liberties of the 1960's. It portrays the clash of traditional faith-based life with modern freedom while also capturing the joy, sorrow, anger, and love that underpin what it is to be family.

A Death In Cornwall by Daniel Silva

A brutal murder, a missing masterpiece, a mystery only Gabriel Allon can solve.

Camino Ghosts and **The Exchange** are two new mystery thrillers by John Grisham.

New non-fiction books from the tenth -floor library include:

The Innovators by Walter Isaacson

How a group of hackers, geniuses, and geeks created the Digital Revolution. This book explains how creativity and success come from collaboration. A fascinating history of the Digital Revolution including the critical role women played from the beginning. Valuable lessons in how to work together to achieve great results.

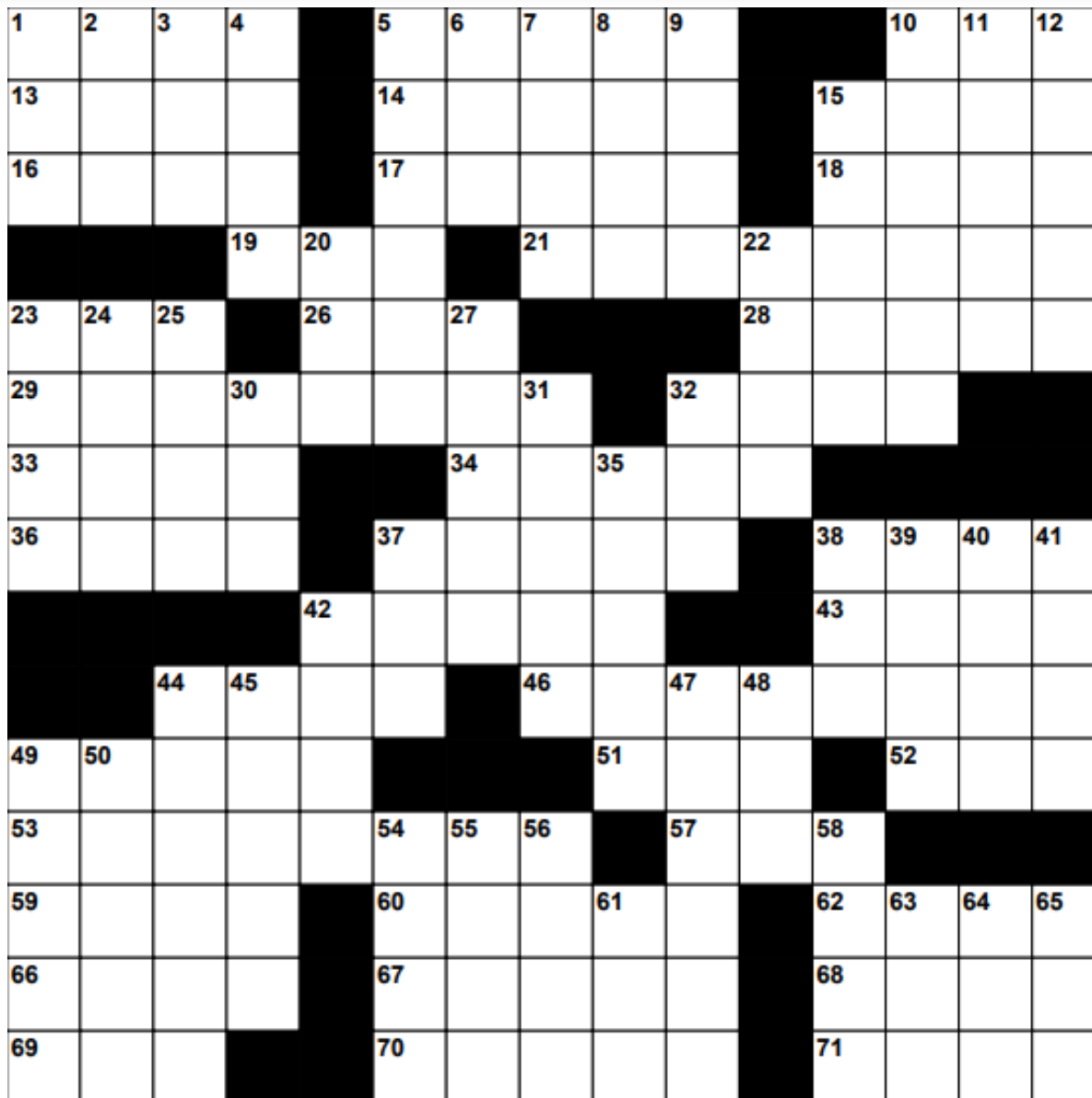
Brunelleschi's Dome by Ross King

How a Renaissance genius reinvented architecture. Even today in an age of skyscrapers, the cathedral dome of Santa Maria del Fiore in Florence retains a rare power to astonish. This is the story of how Brunelleschi bent men, material and the very forces of nature to build an architectural wonder that we continues to marvel today.

Jeanne



May (solution on last page)



ACROSS

- 1 Sheep young
- 5 Load
- 10 Resort hotel
- 13 Voiced
- 14 Expend (2 wds.)
- 15 Horse young
- 16 Peter, for short
- 17 Not here
- 18 Small brook
- 19 Alien's spaceship
- 21 Denim work trouser
- 23 Pacific Standard Time
- 26 Large van
- 28 Nail tiling board
- 29 Retired from active service
- 32 Leg joint

33 Fly alone

34 Rive

36 Gawk

37 Hog

38 Deer

42 Purr

43 Canal

44 Cockeyed

46 Wickedness

49 Computer part

51 Picnic pest

52 Focus

53 Visited

57 Former president of U.S.

59 Animal's hind part

60 Greek 'Z'

62 Off-Broadway award

66 Clunk

67 Predisposed

68 Fee

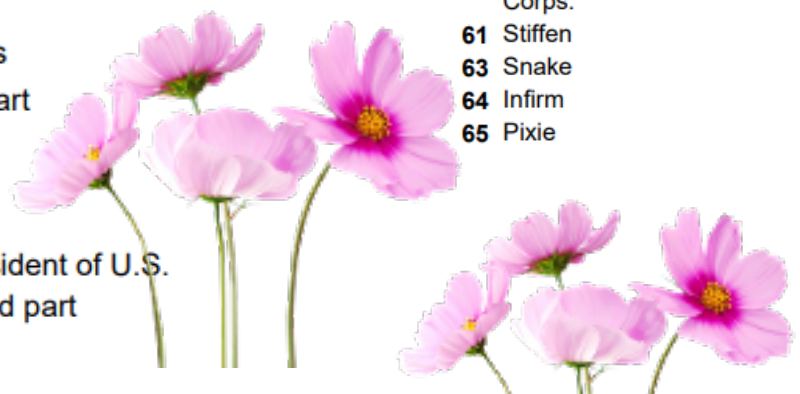
69 Biddy

70 Leg extension

71 Cattle

DOWN

- 1 Sever
- 2 Is
- 3 Entrance rug
- 4 Type of dressing
- 5 Use scissors
- 6 Tree
- 7 Woodwind instrument's need
- 8 Wise man
- 9 Unseal
- 10 Evening gathering
- 11 Whiter
- 12 Back street
- 15 Border
- 20 National police
- 22 Lad
- 23 Mexican money
- 24 Air pollution
- 25 Narrate
- 27 Japanese dish
- 30 Caviar
- 31 Fern seed
- 32 Fox
- 35 Bee young
- 37 Mousey
- 38 Swamp
- 39 Greek god of war
- 40 Learned
- 41 Bird's home
- 42 Small bird
- 44 Busyness
- 45 Otter
- 47 Gorilla
- 48 Limited (abbr.)
- 49 Nab
- 50 Dickens' "___ of Two Cities" (2 wds.)
- 54 Cat's nemesises
- 55 Shine
- 56 Hindu goddess, consort of Siva
- 58 Reserve Officers Training Corps.
- 61 Stiffen
- 63 Snake
- 64 Infirm
- 65 Pixie



Parkshore Information

Welcome New Residents!

Rollin & Mikel (Anne) Morrison
Moving in May 6th



Transportation

The Parkshore Car is available on weekdays between 8am - 4pm. Trips are available for both medical appointments and grocery shopping. To schedule an appointment, please call the Front Desk. Lyft will also be available.

Salon

Please call a Hair Stylist, Nail Technician, or Massage Therapist to make an appointment!

Hair

Jennifer Washburn.....425.344.5366

Susan Uyeji.....206.643.3017

Manicures

Koko.....206.227.1541

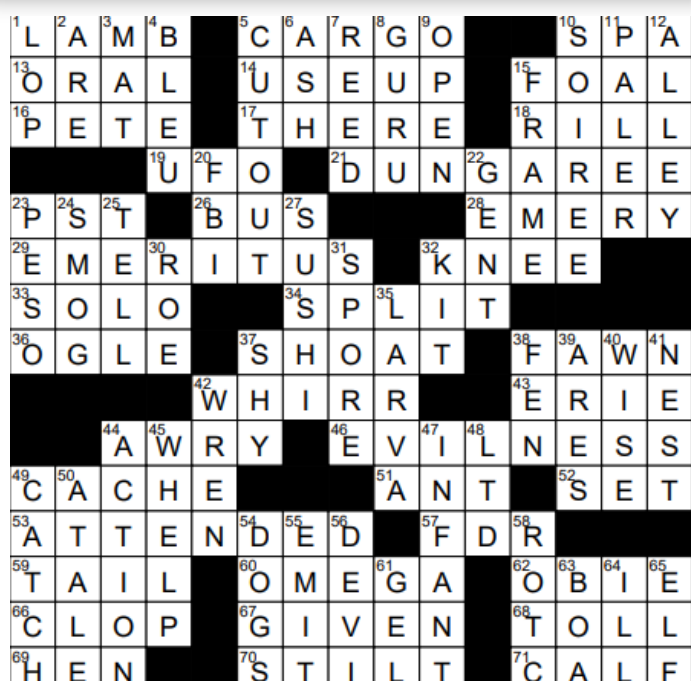
Massage

Greg Bolton.....206.724.4752

Zoe Sandall.....206.354.8491

Front Desk.....206.329.0770
(ext. 0)

May (solution)



NAOMI SADLER:
*Resident Services &
Lifestyle Director*
LILIA MOORE:
Publisher & Editor
LUNA CHAMBLISS
JULIAN NETTER

GARY JACOBS
MIKE EVANS
NANCY LUCHT
PAT FLUG
PATON WALL
Contributors