



July 2025 Resident Program Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		SOLSTICE	DINING ROOM	2150 BUILDING		
Dinner Orders: Call Between 7:30a–3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge	Event Locations: 2150 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing <i>Activities are subject to changes</i>	1 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon (<i>by appt</i>) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/ Dollar Tree Shuttle	2 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (WR) 1:30- Open Arts and Crafts Studio (CAS) 3:30 2:00 Current Events w/ Ron (GR)	3 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/ Osco Shuttle	4 Concierge hours: 10:00-2:00pm No Dining Service 	5 9am Barber & Beauty Salon Services (<i>by appt</i>)
6 1:30 Movie: Judgment at Nuremberg	7 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 1:00 Drop-In Canasta (PG)	8 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon (<i>by appt</i>) 10:00 Dining & Events MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 1:00 CapTel Phone Presentation (GR) 2:00 Trader Joe’s Shuttle	9 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FL) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio (CAS) 3:30 2:00 Mind & Memory Fitness w/ Powerback (LWP)	10 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 10:00 Resident Advisory Mtg (GR) 2:00 Aldi/ Target Shuttle 5:00 July Birthday Dinner (HL/SA)	11 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 7:00 MOVIE NIGHT: Barbie (GR)	12
13 1:30 Movie: Second Chorus	14 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1-4:00 Dr. Wise, Audiology (LWP) 1:00 Drop-In Canasta (PG) 1:00 NB Library Movie: “ F For Fake” followed by group discussion @ 3:15 (GR)	15 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon (<i>by appt</i>) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 1:30 Classical Piano Concert (WR) 2:00 Sunset/ Dollar Tree Shuttle	16 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio (CAS) 3:30 1:30 Barry Bradford Presents: TV in the 1970’s (WR)	17 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/ Osco Shuttle Board of Directors Meeting	18 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 1:30 Meltones Men’s Choir Performance (HL) 2:30 Ice Cream Social (HL) All Welcome!	19
20 1:30 Movie: Guess Who’s Coming To Dinner	21 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG) 1:30 Susan Benjamin Presents: Fred Astaire, 2-Part Series (WR)	22 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon (<i>by appt</i>) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Trader Joe’s Shuttle 2:00 Julie Strauss PH.D Presents: Supreme Court Decisions (WR)	23 10:00 Welcome Committee (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio (CAS) 3:30	24 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 2:00 Aldi/ Target Shuttle 5:00 July “Lodge Tropical Island” Theme Dinner (HL/SA) Singing Entertainment w/ Jacquelyn Vale (HL) All welcome!	25 <i>Tide & Zengler Cleaners Drop-</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 5:00 Shabbat Dinner by reservation (AR) 7:00 MOVIE NIGHT: Summer Stock (GR)	26
27 1:30 Movie: It’s a Mad, Mad, Mad, Mad World	28 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG) 1:30 Paul McComas presents: “Hopscotch” (GR) 2:00 Jewel/Osco Shuttle	29 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon Services (<i>by appt</i>) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/ Dollar Tree Shuttle	30 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio (CAS) 3:30	31 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 2:00 Line & Chair Dance (LWP)	Event Locations: 2220 (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room	

Health & Wellness

Live Well Pavilion

Chair Yoga

Mondays
10:00am

Be Fit While You Sit

Tuesdays
10:00am & 11:15am

Wednesdays

10:00am & 11:15am

Fridays

10:00am & 11:15am

Let's Step it Up

Thursdays
10:00am

Allied Care's "Ask A Nurse"

Thursdays
9:00am- 11:30am

Vitality Checks with Powerback by Appt.

Thursdays
11:00am- 1:00pm

Emergency Phone Number:
(847) 513-9235

Weekly Lunch Bistro:

Call between 11a-1:30pm

Sunday Bistro:

Call between 9a-12:30pm

(847) 739-2489

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

Dinner Orders:

Call between
7:30a – 3:00p M-F.
(847) 559-8700

July Programs & Events

Current Event Topics with Ron Mantegna

Great Room

Wednesday, July 2nd @ 2:00pm

Wellness Series: CapTel Phone Presentation w/ Lynda Strelitz

Great Room

Tuesday, July 8th @ 1:00pm

JULY BIRTHDAY DINNER

Heron Landing / Solstice Atrium

Thursday, July 10th @ 5:00pm

Classical Piano Concert – Back Again Katrina & Vincent

Willow Room

Wednesday, July 15th @ 1:30pm

Barry Bradford presents "TV in the 1970's"

Willow Room

Wednesday, July 16th @ 1:30pm

Meltones Men's Choir Performance

Heron Landing

Friday, July 18th @ 1:30pm

***Ice Cream Social - Following
2:30pm to 3:30pm (HL)*

Susan Benjamin presents "Fred Astaire, 2-Part Series"

Willow Room

Monday, July 21st @ 1:30pm

Current Events w/ Julie Strauss PH.D – Recent Supreme Court Decisions

Willow Room

Tuesday, July 23rd @ 2:00pm

Celebrate July "The Lodge Tropical Island" Theme Dinner

Heron Landing / Solstice Atrium

Thursday, July 24th @ 5:00pm

*7:00pm Singing Entertainment w/ Jacquelyn Vale
(HL) All Welcome!*

Paul McComas presents "RAY BRADBURY'S DELIGHTFUL "HOPSCOTCH"

Great Room

Monday, July 28th @ 1:30pm

Line & Chair Dance Exercise w/ Cheryl Kelly

Live Well Pavilion

Thursday, July 31st @ 2:00pm

July 2025

Resident Program Calendar

June "Summer Soiree" Dinner Celebration

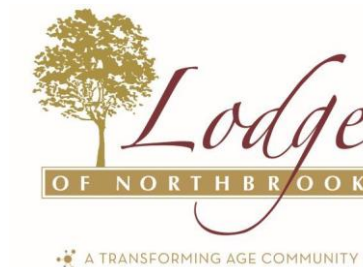


June Birthday Dinner



www.lodgeofnorthbrook.com

Phone: (847) 559-8700



A TRANSFORMING AGE COMMUNITY