

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9-2 Podiatrist (Beauty Salon) <sup>1</sup> 10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Trivia Time (CR) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR) Canada Day	10 Coffee Chats (CN) <sup>2</sup> <b>10 - Shopping Bus - CUB</b> 11 Jeopardy(CR) 1 Catholic Communion (L) 2 Fresh Baked Cookies (AP) 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) <sup>3</sup> 10:30 Exercise (CR) 11:30 Word Games (CR) 1 Welcome July Newsletter and Trivia (AP) 2 Card Bingo (CR) <b>3 Beer &amp; Wine Social (CR)</b>	10 Coffee Chats (CN) <sup>4</sup> 2 Lawrence Welk - A Salute to America (CR) 	10 Rosary (L) <sup>5</sup> 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) <i>Cracker Jack Day</i>
10 Washington National Cathedral Worship Service (CR) <sup>6</sup> 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie - <b>The Devil Wears Prada (CR)</b>	10 Donuts and Coffee (CN) <sup>7</sup> 11 Creative Crafts (AP) 11 Word Games (CR) 2 Popcorn, Chocolate and Movie - <b>Willy Wonka and The Chocolate Factory (CR)</b> 3:45 Chair Exercise (CR)	10 Coffee Chats (CN) <sup>8</sup> 10:30 Exercise (CR) 11 <b>Free</b> Blood Pressure Check (L) 11:30 Trivia Time (CR) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) <sup>9</sup> <b>11 Fraud Prevention with the Brooklyn Park Police (CR)</b> 1 Catholic Communion (L) 1 Walking Club (CN) <b>2 Shopping Bus - TARGET</b> 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) <sup>10</sup> 10:30 Exercise (CR) <b>10 - 2 Wheelchair and Walker Wash with Staff (Patio)</b> <b>1- 2:30 Ice Cream Float Social (Patio)</b> 2 Walking Club (CN) 3 Card Bingo \$2 (CR)	<b>9-2 Massages (Apt. 308)</b> <sup>11</sup> 10 Coffee Chats( CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1:30 Rainbow Mindfulness Activity (AP) 3 Social (CR)	10 Rosary (L) <sup>12</sup> 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) <i>Paper Bag Day</i>
10 Washington National Cathedral Worship Service (CR) <sup>13</sup> 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie : <b>Grapes of Wrath (CR)</b>	10 Donuts and Coffee (CN) <sup>14</sup> 11 Word Games (CR) 11 Creative Crafts (AP) 1 Adult Coloring (AP) <b>2 Live Music with Russel S. w/ Refreshments (DR)</b> 3 Walking Club (CN)	10 Coffee Chats (CN) <sup>15</sup> 10:30 Exercise (CR) 11:30 Trivia Time (CR) 1-3 Audiologist (AP) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) <sup>16</sup> <b>10 Shopping Bus - Festival/Dollar Store</b> 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Walking Club (CN) 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) <sup>17</sup> 10:30 Exercise (CR) 11:30 Word Games (CR) 1:30 Armchair Travel- North Island, New Zealand w/ Refreshments (CR) 3 Card Bingo \$2 (CR)	10 Coffee Chats (CN) <sup>18</sup> 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Walking Club (CN) 1:30 Learn Fancy Lettering (AP) 3 Social (CR) 4:30 Rib Night (DR)	10 Rosary (L) <sup>19</sup> 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) <i>National Words with Friends Day</i>
10 Washington National Cathedral Worship Service (CR) <sup>20</sup> 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: <b>Ella Enchanted (CR)</b>	10 Donuts and Coffee (CN) <sup>21</sup> 11 Word Games (CR) 11 Creative Crafts (AP) 1 Star of the Month - Russell Crowe (CR) <b>2 Ladie's Tea (CR)</b> 3 Chair Exercise (CR)	10 Coffee Chats (CN) <sup>22</sup> 10:30 Exercise (CR) 11:30 Trivia Time (CR) <b>12 Catered Lunch McDonalds (AP)</b> 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) <sup>23</sup> 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Finish the Song (CR) <b>2 Shopping Bus - Walmart</b> 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) <sup>24</sup> 10:30 Exercise (CR) 11:30 Word Games (CR) 1:30 Walking Club (CN) 2 Biography - Jacqueline Kennedy Onassis (CR) <b>2-4 Meet Jasmine - Our New Executive Director (L)</b> 3 Card Bingo \$2 (CR)	<b>9-2 Massages (Apt. 308)</b> <sup>25</sup> 10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) <b>11 Restaurant Outing Grackle</b> 1:30 Beginning Chinese Language Class (AP) 3 Birthday Social (CR)	10 Rosary (L) <sup>26</sup> 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) <i>National Aunt and Uncle's Day</i>
10 Washington National Cathedral Worship Service (CR) <sup>27</sup> 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie: <b>Sophie's Choice (CR)</b>	<b>8:45 - Let's Go Fishing</b> <sup>28</sup> 10 Donuts and Coffee (CN) 11 Word Games (CR) 2 Candy Bar Bingo (CR) 3 United Methodist Church Gathering (L) 3 Walking Club (CN)	10 Coffee Chats (CN) <sup>29</sup> 10:30 Exercise (CR) 11:30 Trivia Time (CR) 1:30 Wii Bowling (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR) 3:30 Adult Coloring (AP)	10 Coffee Chats (CN) <sup>30</sup> <b>10 - Shopping Bus - CUB</b> 11 Walking Club(CN) 11 Community Cribbage Club (L) 1 Catholic Communion (L) 3 Chair Yoga & Stretch (CR) <b>3:30 Men's Group (AP)</b> 6:30 500 Card Game (CR)	10 Coffee Chats (CN) <sup>31</sup> 10:30 Exercise (CR) 11:30 Word Games (CR) 1 Walking Club (CN) <b>2 Let's Talk Cooking (AP)</b> 3 Card Bingo \$2 (CR)	 <b>All Activities in RED require sign up</b> <b>Activities Subject to Change</b>	