

# October 2025 Resident Program Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WILLOW	DINING ROOM	2220 BUILDING		
Dinner Orders: Call Between 7:30a–3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge	<u>Event Locations: 2150</u> 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing <i>Activities are subject to changes</i>	<u>Event Locations: 2220</u> (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room	<b>1</b>  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (WR)  1:30- Open Arts and Crafts Studio 3:30 (CAS) 2:00 Current Events w/ Ron (GR)	<b>2</b> DCF Cleaners Drop-Off/Pick-Up  9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/ Osco Shuttle	<b>3</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’S Luncheon (PB) 1:30 Open Bean Bags (LWP) 7:00 MOVIE NIGHT: Desperately Seeking Susan (GR)	<b>4</b>  9am Barber & Beauty Salon Services (by appt)
<b>5</b>  1:30 Movie: ROCKY	<b>6</b>  10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG)	<b>7</b> Tide & Zengler Cleaners Drop-  9:00 Barber & Beauty Salon (by appt)  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 1:30 Medicare 2026 Overview (WR) 2:00 Trader Joe’s Shuttle	<b>8</b>  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FR) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR)  1:30- Open Arts and Crafts Studio 3:30 (CAS) 2:30	<b>9</b> DCF Cleaners Drop-Off/Pick-Up  9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 10:00 Resident Advisory Mtg (GR) 2:00 Aldi/ Target Shuttle 5:00 October “Taste of Fall” Dinner (HL/SA) 7:00 Singing by Peter Oprisko (HL) All Welcome!	<b>10</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP)	<b>11</b>  9am Barber & Beauty Salon Services (by appt)
<b>12</b>  1:30 Movie: THERE’S NO BUSINESS LIKE SHOW BUSINESS	<b>13</b>  10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG) 1-4:00 Dr. Wise, Audiology (LWP) 2:00 Mind & Memory Fitness w/ Powerback (LWP)	<b>14</b> Tide & Zengler Cleaners Drop-Off/Pick-  9:00 Barber & Beauty Salon (by appt) 10:00 Dining & Programs MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/ Dollar Tree Shuttle	<b>15</b>  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR)  1:30- Open Arts and Crafts Studio 3:30 (CAS) 1:30 Barry Bradford Presents: The Life of Frank Sinatra, Part 1 (WR)	<b>16</b> DCF Cleaners Drop-Off/Pick-Up  9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/ Osco Shuttle 7:15 BINGO! (LWP) New Location	<b>17</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 1:30 Gary Midkiff Presents: Birth of our Nation Series, Part 5 (WR) 5:00 Shabbat Dinner by reservation (PR)	<b>18</b>  9am Barber & Beauty Salon Services (by appt)
<b>19</b>  1:30 Movie: EAT PRAY LOVE	<b>20</b>  10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG) 1:30 Susan Benjamin Presents: Composer, Jerry Herman (WR)	<b>21</b> Tide & Zengler Cleaners Drop-Off/Pick-  9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Trader Joe’s Shuttle 2:00 Julie Strauss PH.D: 2024 Elections: Response to Electoral Loss (WR)	<b>22</b>  10:00 Welcome Committee MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR)  1:30- Open Arts and Crafts Studio (CAS) 3:30	<b>23</b> DCF Cleaners Drop-Off/Pick-Up  9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 2:00 Aldi/ Target Shuttle 5:00 OCTOBER BIRTHDAY DINNER (HL/SA)	<b>24</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 1:30 Tim Wilsey Presents: Chicagoland Candy Co. (WR) 7:00 MOVIE NIGHT: JOHN WICK (GR)	<b>25</b>  9am Barber & Beauty Salon Services (by appt)
<b>26</b>  1:30 Movie: TWISTERS	<b>27</b>  10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 1:00 Drop-In Canasta (PG)	<b>28</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/ Dollar Tree Shuttle 2:00 Line & Chair Dance Exercise (LWP)	<b>29</b>  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR)  1:30- Open Arts and Crafts Studio (CAS) 3:30	<b>30</b> DCF Cleaners Drop-Off/Pick-Up  9-11:30 Allied “Ask a Nurse” (LWP) 10:00 Let’s Step It Up (LWP) 1:30- Northbrook Library Tech Support & Library Cards (GR) 3:30 2:00 Jewel/ Osco Shuttle	<b>31</b> Tide & Zengler Cleaners Drop-Off/Pick-Up  10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN’s Luncheon (PB) 1:30 Open Bean Bags (LWP) 2:30 “Spooktacular” Halloween Happy Hour (HL) Costumes are Encouraged!	



## Health & Wellness

*Live Well Pavilion*

### Chair Yoga

*Mondays*

10:00am

### Be Fit While You Sit

*Tuesdays*

10:00am & 11:15am

*Wednesdays*

10:00am & 11:15am

*Fridays*

10:00am & 11:15am

### Let's Step it Up

*Thursdays*

10:00am

### Allied Care's "Ask A Nurse"

*Thursdays*

9:00am- 11:30am

### Vitality Checks with Powerback by Appt.

*Thursdays*

11:00am- 1:00pm

### Emergency Phone Number:

**(847) 513-9235**

### Weekly Lunch Bistro:

Call between 11a-1:30pm

### Sunday Bistro:

Call between 9a-12:30pm

**(847) 739-2489**

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

### Dinner Orders:

Call between  
7:30a – 3:00p M-F.  
**(847) 559-8700**

## October Programs & Events

### Current Events with Ron Mantegna

*Great Room*

*Wednesday, October 1<sup>st</sup> @ 2:00pm*

### Medicare 2026 Overview w/ Larry Arnowitz

*Willow Room*

*Tuesday, October 7<sup>th</sup> @ 1:30pm*

### Celebrate October "A Taste of Fall" Theme Dinner

*Heron Landing / Solstice Atrium*

*Thursday, October 9<sup>th</sup> @ 5:00pm*

*7:00pm Entertainment by Peter Oprisko w/ Rat Pack Classics (HL) All are Welcome!*

### Barry Bradford presents "The Life of Frank Sinatra, Part 1"

*Willow Room*

*Wednesday, October 15<sup>th</sup> @ 1:30pm*

### BINGO!

*Live Well Pavilion, Activity Room ( New Location)*

*Thursday, October 16<sup>th</sup> @ 7:15pm*

### Gary Midkiff presents "The Birth of our Nation Series, Part 5" 1789 to 1792 - Washington's First Term

*Willow Room*

*Friday, October 17<sup>th</sup> @ 1:30pm*

### Susan Benjamin presents "Composer: Jerry Herman"

*Willow Room*

*Monday, October 20<sup>th</sup> @ 1:30pm*

### Current Events w/ Julie Strauss PH.D – 2024

*Elections: Responding to Electoral Loss*

*Willow Room*

*Tuesday, October 21<sup>st</sup> @ 2:00pm*

### OCTOBER BIRTHDAY DINNER

*Heron Landing / Solstice Atrium*

*Thursday, October 23<sup>rd</sup> @ 5:00pm*

### Tim Wilsey presents "Chicagoland Candy Companies"

*Willow Room*

*Friday, October 24<sup>th</sup> @ 1:30pm*

### Line & Chair Routine Dance Exercise w/ Cheryl Kelly

*Live Well Pavilion*

*Tuesday, October 28<sup>th</sup> @ 2:00pm*

### "It's A Spooktacular" Halloween Happy Hour w/ Costumes Encouraged

*Heron Landing*

*Friday, October 31<sup>st</sup> @ 2:30pm*

# October 2025

## Resident Program Calendar

### September "Denim & Diamonds" Dinner Celebration



### September Birthday Dinner



[www.lodgeofnorthbrook.com](http://www.lodgeofnorthbrook.com)

Phone: (847) 559-8700



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