

Tradition Staff

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Billy Stubblefield Maintenance Supervisor
612-499-3306 bstubblefield@traditionliving.org

FRONT DESK 763-416-7740

KITCHEN 763-203-8182

Emergency Numbers
After Hours Nursing
612-385-0693
After Hours Maintenance
612-499-3306

Hair Stylist – Patti 651-829-5289
Please call for an appointment
Massage with Jeanne
Please sign up in the community room

We wish the following resident
goodbye and good luck! Dennis B

In Memoriam

Mike S

October Birthdays

Pat H Oct. 2nd
Mary Ellen Oct. 6th
Judy B Oct. 7th
Jerry M Oct. 12th
Ed D Oct. 16th
Darlene G Oct. 17th
Gladys S Oct. 20th
Kersey J Oct. 26th
Sherry L Oct. 26th
Floyd O Oct. 30th
Ralph H Oct. 31st



Join us on Friday, October 31st
for a Halloween themed Happy
Birthday Happy Hour. We'll
see you at 3 pm in the
Community Room. Friends and
family are always welcome!

Ye Ol d Gener al St ore
Run by Residents
for Residents
Located on 2nd Floor
Hours: 12:30 – 3 pm
Monday, Wednesday, Friday
and Saturday



Tradition Times

Tradition Senior Living | 8500 Tessman Farm Road, Brooklyn Park, MN 55445 763-416-7740



Oktoberfest!
Friday, October 3rd
2pm Dining Room
Join us for live accordion
music, pretzels and, of
course, BEER! Dancing
optional. Family and friends
are always invited.

Flu and Covid Vaccine
Shot Clinic
Friday, October 17th
1:00 pm – 4:00 pm
Community Room
FIRST COME FIRST
SERVED
Pick up a consent form at the
front desk and fill out and
return by Monday, October
13th with a copy of your
insurance card. See posted
flyers for more details

Girl Scouts
Saturday, October 25th
1:30 Community Room
Join us for CANDY BAR
BINGO with the Girl Scouts
from Troop #18779. It's
FREE, but space is limited
– so make sure you get
there early!

Fun on the Farm
Check out all the fun we had at our Apple Orchard
on the Tessman Farm last month. We brought the
apples, music and animals here to Tradition!



Monthly Resident Meeting
Thursday, Oct. 2nd
2 pm Dining Room

Join us as we discuss the latest updates and hear from all our Department Heads. All residents are encouraged to attend.

Resident Council Elections
Offices Available

President
Vice President
Secretary and Treasurer

Please submit your nominations to anyone on the nominations committee.-
 Kent Moon, Judy Burton, Dee Theien, Sherry Lindner, Irene Rauch or Nina Katz

Nominations are open until Nov. 1st.
 Election is Nov. 10th and 11th

Term starts on January 1st, 2026.



Saturday , Nov. 1st
9 am – 3pm Lobby

Join us for fun crafts, cookies and popcorn. Get a head start on all your gift giving for the holidays!

RESIDENT SPOTLIGHT

John was not born in Minnesota, but rather in Grand Rapids, Michigan. After some family issues, he lived with his maternal grandparents in Detroit. The family decided the kids would be sent to a small town called Clarksville, Michigan about 25 miles from Grand Rapids. John, a twin, went to high school in Detroit. He had intended to be a clergyman but changed his mind. John met his wife Barbara on a college trip with some friends, and said the summer was very eventful. John spent time in Naperville, Illinois finishing his education. He enlisted in the Air Force in 1960. John and Barbara married in 1962, moved to Germany and adopted their first child in 1966. After this, the couple moved back to Minnesota, then moved to Iowa, North Carolina and then again back to Minnesota. Barbara was also a resident at Tradition but sadly passed in January of 2025.

Lightening Round

Favorite Color – Red

Favorite Season – Spring

Sweet or Salty – Salty

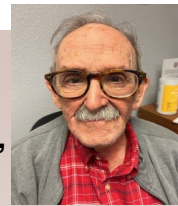
Nigh Owl or Morning Person – Morning Person

Favorite Food – Cinnamon Rolls from Tobies in Hinkley, Minnesota

Favorite Music – Johnny Cash, Country, Classical

First Job – Grandfather's Warehouse Health Foods Business

If you could live anywhere...I'd live in Germany.



Excursions

Restaurant Outing
Lynde's Restaurant
Monday, October 20th
11 a.m.



Family owned and operated for more than 40 years; Lynde's offers great food at a fair price with fast and courteous service. *Please sign up early as the bus will fill up fast!*

Shopping Trips

We are going to Aldi, Target, Festival Foods, Dollar Tree and Hy-Vee. Check your calendar for specific dates and times. Interested in a different store? Let us know! *Please sign up early as space is limited.*



Fall Outing
ARBORETUM
Friday, October 10th
10 am-2 pm

Join us for a fun-filled outing to see the fall colors and scarecrows of the Minnesota Arboretum. There is minimal walking. Bring \$\$ for lunch and the gift shop. *Sign up early so you don't miss this fantastic trip!*

Movies

Sunday Movies with Snacks

The Hunt for Red October 10/5

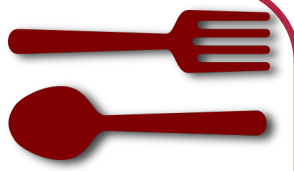
The Way We Were 10/12

Arsenic and Old Lace 10/19

Hocus Pocus 10/26



NOTES FROM THE KITCHEN



Happy Autumn!

- Rib Night is Friday, October 17th at 4:30 in the Dining Room. The sign up sheet is in the community room if you wish to come but are not on the meal plan. While we won't turn anyone away, please be mindful to sign up if you know you plan to be there. Friends and family are always invited!
- If you are not feeling well, stay home and we will deliver your meal with no delivery fee. Please make sure to mention you are ill. Thanks for keeping everyone healthy and safe.
- With NEW STAFF serving in the dining room, we ask for your patience as we train them.
- There is a BISTRO menu if you would like to order something other than the main meal. Please let your server know if you would like to order from it. *Note-there may be a limited bistro menu at times.*

Armchair Travel
California Dreamin'
Thursday, Oct. 23rd
1:30 Community Room



California represents different things to different people. For some- it's the glamour of Hollywood, others the tech mecca of Silicon Valley, and for many, the golden beaches and laid-back lifestyle.

Refreshments will be served!