

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2025

Tradition Senior Living

			10 Donuts and Coffee (CN) 10 WALMART Outing 11 Fraud Prevention with the Brooklyn Park Police (CR) 1 Catholic Communion (L) 2 Fresh, Hot Cookies (AP) 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR) Yom Kippur Begins	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Word Games (CR) 1 Funny Dog Videos (CR) 2 Resident Meeting with Refreshments (DR) 3 Card Bingo (CR)	9-2 Massages (Apt.156) 10 Coffee Chats (CR) 10 Bible Study (L) 10:30 Medicare Financial Presentation(CR) 1 Walking Club (CN) 2 Oktoberfest with Live Accordion Music (DR))	10 Rosary (L) 10 Farkle (AP) 10 Coffee Chats and Treats (CN) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) National Cinnamon Roll Day
10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie and Snacks The Hunt for Red October (CR)	10 Donuts and Coffee (CN) 11 Word Games (CR) 11 Creative Crafts (AP) 1 National Geographic - Emperor Penguins (CR) 2 Comfort Keepers Veterans Presentation (CR) 3 Chair ZUMBA (CR) Sukkot Begins	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Trivia Time 1 Walking Club (CN) 1:30 Resident Survey Results w/ refreshments (CR) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) 11 Jeopardy (CR) 1 Catholic Communion (L) 1 Walking Club (CN) 2 FESTIVAL/DOLLAR STORE Outing 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Word Games (CR) 2 Paraffin Hands (AP) 3 Card Bingo \$2 (CR) 4 Walking Club (CN) 6:30 Scrabble (L)	10 Coffee Chats (CN) 10 Bible Study (L) 10 ARBORETUM Outing 11 Fun with Fitness (CR) 2 Hennepin County Library Services (L) 2 Walking Club (CN) 3 Happy Hour (CR)	10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) World Dulce De Leche Day
10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie and Snacks The Way We Were (CR)	10 Donuts and Coffee (CN) 11 Word Games (CR) 11 Creative Crafts (AP) 1 Funny Baby Videos (CR) 2 Live Piano and Guitar Music w/ Refreshments (DR) 3:30 Chair ZUMBA (CR) Indigenous Peoples' Day Columbus Day (U.S.)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11 Blood Pressure Check (L) 11:30 Trivia Time (CR) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR) Simchat Torah Begins	10 Coffee Chats (CN) 10 ALDI Outing 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Walking Club (CN) 2 Cheese Curds (AP) 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Word Games (CR) 1 Nail Painting (AP) 2 Star of the Month - Arnold Schwarzenegger (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	9-2 Massages (Apt. 156) 10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1-4 Flu Clinic (CR) 2 Walking Club (CN) 4:30 Rib Night (DR)	10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) National Loud Shirt Day
10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie and Snacks Arsenic and Old Lace(CR)	10 Donuts and Coffee (CN) 11 Word Games (CR) 11 Restaurant Outing Lynde's 1 Adult Coloring (AP) 2 Wii Bowling (CR) 3 Walking Club (CN)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Trivia Time (CR) 1-3 Audiologist (AP) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) 11 Wheel of Fortune (CR) 1 Catholic Communion (L) 1 Cribbage Club (AP) 2 TARGET Outing 2 Bananagrams (CR) 3 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Word Games (CR) 1:30 Armchair Travel-California Dreamin' w/ Refreshments (CR) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 12 Catered Lunch ARBYS (AP) 1 Biography - Marilyn Monroe (CR) 3 Happy Hour (CR)	10 Rosary (L) 10 Farkle (AP) 11 Chair Yoga (CR) 1 Skip-Bo (L) 1:30 BINGO \$2 (CR) Special Guest - Girl Scouts National Punk Day
10 Washington National Cathedral Worship Service (CR) 11 Chair Exercise (CR) 1 Skip-Bo and Scrabble (L) 2 Movie and Snacks Hocus Pocus (CR)	10 Donuts and Coffee (CN) 11 Word Games (CR) 11 Creative Crafts (AP) 1 Life Long Learning Seeing Orange (CR) 2 Cooking Demonstration and Samples (AP) 3 Chair ZUMBA (CR)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Trivia Time (CR) 1 Walking Club (CN) 2 Popcorn Tuesday (AP) 2 Remembering Hayrides (CR) 3 Bingo \$2 (CR)	10 Coffee Chats (CN) 10 HYVEE Outing 11 Who, What & Where (CR) 1 Catholic Communion (L) 2 Live Music with Mary Hall w/ Refreshments (DR) 3:30 Chair Yoga & Stretch (CR) 6:30 500 Card Game (CR)	10 Coffee Chats (CN) 10:30 Exercise (CR) 11:30 Word Games (CR) 1 Walking Club (CN) 2 Book Club (L) 3 Card Bingo \$2 (CR) 6:30 Scrabble (L)	10 Coffee Chats (CN) 10 Bible Study (L) 11 Fun with Fitness (CR) 1 Sing A-Long (CR) 2 Walking Club (CN) 3 Happy Birthday Happy Hour with Cake and Ice Cream (CR) Halloween	All Activities in RED require sign up Activities Subject To Change

Room Key CR=Community Room AP=Activity Parlor L=Library DR= Dining Room CN = Coffee Nook Dining Room Hours- Breakfast 8 - 9:30 Lunch 12 - 1 Dinner 4:30 - 6