

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 November 2025  The Villa AT SAN MATEO An Elder Care Alliance Community 						
	2 3 Fitness Class 9 am Camino Rm. Tai Chi Class 10 am Movie Rm (virtual) Medicare Kiosk 11 am - 1 pm in Lobby	4 Volunteer Meeting 11am in Movie Room Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “The Lake House” 3 pm	5 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 -12pm Movie Rm Literary Vine Book Club 2:00 pm Library Gentle Stretching 1:30 pm Camino Rm.	6 Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Room Rent is Late	7 Movie Matinee “Planes, Trains, & Automobiles” 3 pm	1 Walking Group 9 am Karaoke 4:30 pm in Movie Rm. Rent is Due
9	10 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Movie Rm (virtual) Medicare Kiosk 11am - 1pm in Lobby Fall Prevention Seminar 1pm Movie Rm.	11 Transportation Resources Seminar 11am Movie Rm. Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “The Thurs. Murder Club” 3 pm	12 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 -12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	13 Fitness Class 9 am Camino Rm. Hot Dog Day 12:30 pm Coffee Lounge BINGO 1pm Camino Rm.	14 Chair Yoga 12:30 pm in the Camino Room Movie “Grumpy Old Men” 3 pm	15 Walking Group 9am Karaoke 4:30 pm in Movie Rm.
16	17 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Movie Rm (virtual) Medicare Kiosk 11am - 1pm in Lobby	18 Community Roundtable 11am Mov. Rm. Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “The 100 Foot Journey 3pm	19 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 -12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	20 Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Room	21 Thanksgiving Celebration 3 pm - 5 pm in the Camino Rm.	22 Walking Group 9:00 am Karaoke 4:30 pm in Movie Rm.
23	24 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Movie Rm (virtual) Medicare Kiosk 11am - 1pm in Lobby	25 Disaster Readiness Drill 11 am Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “The High Note” 3:00pm	26 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 -12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	27 Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Room	28 Chair Yoga 12:30 pm in the Camino Room Resident Birthday Celebration 3 pm	29 Walking Group 9am Dance of Peace 1 pm in the Lobby Karaoke 4:30 pm in Movie Rm.
30						