

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Assisted Living Neighborhood Life Enrichment Activities Calendar




10:00 Exercise w. Kristine 10:30 Bible Study 11:00 Catholic Mass 1:00 Stitching w. Friends 2:00 <b>Sunday Service w. Bill</b> 3:30 Sunday Night Football	8:30 <b>Bone Builders</b> 10:00 <b>TheraBand's w. Robin</b> 11:00 Music for the Spirit 1:00 <b>Movie Committee Meeting</b> 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 6:15 Evening Movie	10:15 <b>Exercise w. Marg</b> 10:45 <b>Catholic Communion</b> 11:00 Exploring Beliefs and Traditions 1:00 <b>Movie Committee Meeting</b> 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 4:00 Current Events 6:15 Evening Movie	10:00 <b>Get Stronger w. Livingston</b> 10:30 Adult Coloring 11:00 2026 Olympic Highlights 3:00 Spiritual Journaling w. Bill 4:00 Current Events 6:15 Evening Movie	8:30 <b>Bone Builders</b> 10:15 <b>Exercise w. Marg</b> 10:45 Resident Resolutions 11:00 Community Conversations 1:00 <b>Liberal Arts w. Tim</b> 2:00 <b>BINGO</b> 3:00 <b>Trivia Thursday</b> 6:15 Evening Movie	10:00 <b>Exercise w. Lacey</b> 10:45 Creative Writing 1:00 Wii Bowling Club 2:00 Becky's Crafting Hour 3:00 <b>Live Entertainment w. Dean Dobbins</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Prayer and Intentions Circle w. Bill 1:00 Wii Bowling Club 2:00 Fresh Flower Arranging 3:00 Creative Arts w. Bill 6:15 Evening Movie
Tu B'Shevat Begins	Groundhog Day					Valentine's Day
10:00 Exercise w. Kristine 10:30 Bible Study w Jim R. 11:00 Catholic Mass 1:00 Sunday Service w. Bill 2:00 <b>Super Bowl LX Party</b> 3:30 Sunday Night Football	8:30 <b>Bone Builders</b> 10:00 <b>TheraBand's w. Robin</b> 11:00 Music for the Spirit 11:15 Bird Watching 1:00 <b>Love on a Leash</b> 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 4:00 Mexican Train 6:15 Evening Movie	10:15 <b>Exercise w. Marg</b> 10:45 <b>Catholic Communion</b> 11:00 Exploring Beliefs and Traditions 11:15 Library Lady 1:00 Activity Planning Meeting 3:00 Spiritual Journaling w. Bill 6:15 Movie Night	10:00 <b>Get Stronger w. Livingston</b> 10:30 Teach Me to Play Rummikub 11:00 2026 Olympic Highlights 1:00 Painting w. Elaine 3:00 <b>Wine Down Wednesday</b> 6:15 Evening Movie	8:30 <b>Bone Builders</b> 10:15 <b>Exercise w. Marg</b> 11:00 Culinary Class 1:00 Kings in the Corner 3:00 <b>Ladies Tea</b> 3:30 Trivia Thursday 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 2:00 Becky's Crafting Hour 3:00 <b>Live Entertainment w. Joe and Debbie</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 <b>Galentines Flower Bar</b> 1:00 Wii Bowling Club 3:00 Creative Arts w. Bill 4:00 <b>Candlelight Dinner</b> 6:15 Evening Movie
10:00 Exercise w. Kristine 10:30 Bible Study w. Jim R. 11:00 Beading Class 1:00 Stitching w. Friends 2:00 <b>Sunday Service w. Bill</b> 3:30 Sunday Night Football	8:30 <b>Bone Builders</b> 10:00 <b>TheraBand's w. Robin</b> 11:00 Music for the Spirit 1:00 <b>Movie Committee Meeting</b> 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 4:00 Rummikub 6:15 Evening Movie	10:15 <b>Exercise w. Marg</b> 11:00 Exploring Beliefs and Traditions 10:45 <b>Catholic Communion</b> 3:00 Spiritual Journaling w. Bill 4:00 <b>Lunar Year Dinner</b> 6:15 Evening Movie	10:00 <b>Get Stronger w. Livingston</b> 11:00 BINGO 11:00 2026 Olympic Highlights 1:00 Hymns and Harmony w. Bill 2:00 BINGO 3:00 <b>Wine Down Wednesday</b> 6:15 Movie Night	8:00 <b>Men's Breakfast</b> 8:30 <b>Bone Builders</b> 10:15 <b>Exercise w. Marg</b> 11:00 <b>Acoustic Hearing</b> 1:00 <b>Mind Fit w. The Key</b> 2:00 Knitting 3:30 <b>Life Changes w. Dr. Paul</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Creative Writing 1:00 Wii Bowling 2:00 Becky's Crafting Hour 3:00 <b>Live Entertainment w. Dean Dobbins</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Prayer and Intentions Circle w. Bill 1:00 Wii Bowling 3:00 Creative Arts w. Bill 6:15 Evening Movie
10:00 Exercise w. Kristine 10:30 Bible Study w. Jim R. 11:00 Beading Class 1:00 Stitching w. Friends 2:00 <b>Sunday Service w. Bill</b> 3:30 Sunday Night Football	8:30 <b>Bone Builders</b> 10:00 <b>TheraBand's w. Robin</b> 11:00 Music for the Spirit 1:00 <b>Movie Committee Meeting</b> 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 4:00 Rummikub 6:15 Evening Movie	10:15 <b>Exercise w. Marg</b> 11:00 Exploring Beliefs and Traditions 10:45 <b>Catholic Communion</b> 3:00 Spiritual Journaling w. Bill 4:00 <b>Lunar Year Dinner</b> 6:15 Evening Movie	10:00 <b>Get Stronger w. Livingston</b> 11:00 BINGO 11:00 2026 Olympic Highlights 1:00 Hymns and Harmony w. Bill 2:00 Rummikub 3:00 <b>Wine Down Wednesday</b> 6:15 Evening Movie	9:30 <b>Coffee and Pastries</b> 10:15 <b>Exercise w. Marg</b> 11:00 Culinary Class 1:15 Corn Hole 3:00 <b>Trivia Thursday</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 2:00 Becky's Crafting Hour 3:00 <b>Happy Birthday Social</b> 6:15 Evening Movie	10:00 Exercise w. Lacey 10:45 Prayer and Intentions Circle w. Bill 1:00 Wii Bowling Club 2:30 Beading w. Lacey 3:00 Creative Arts w. Bill 4:00 Teach me to Play King in the Corner 6:15 Evening Movie
10:00 Exercise w. Kristine 10:30 Bible Study w. Jim R. 11:00 Catholic Mass 12:00 Community Conversations 1:00 Stitching w. Friends 2:00 <b>Sunday Service w. Bill</b> 3:30 Sunday Night	8:30 <b>Bone Builders</b> 10:00 <b>TheraBand's w. Robin</b> 11:00 Music for the Spirit 1:00 Paint w. Friends 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 6:15 Evening Movie	10:15 <b>Exercise w. Marg</b> 10:45 Catholic Communion 02:00 Exploring Beliefs and Traditions 1:00 Paint w. Friends 2:00 Community Kindness 3:00 Prayer & Reflection Circle w. Bill 4:00 Rummikub 6:15 Evening Movie	10:00 <b>Get Stronger w. Livingston</b> 11:00 2026 Olympic Highlights 1:00 Hymns and Harmony w. Bill 2:00 Rummikub 3:00 <b>Wine Down Wednesday</b> 6:15 Evening Movie			

Intellectual   Purposeful   Emotional   Environmental   Social   Physical   Spiritual   Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Gardens Memory Care Neighborhood Life Enrichment Activities Calendar

**AlmaVia  
OF CAMARILLO**


9:00 Meet & Greet 9:30 Exercise w. Carolyn 10:00 Daily Chronicle 11:00 Catholic Mass 11:00 Sunday Service w. Bill 1:00 Karaoke 2:00 Hand Exercise w. Kristine 2:30 Musical Ball Toss 3:00 Hydration Hour 4:00 Spiritual Art Hour 6:00 Evening Movie	1	9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Hydration Hour 10:30 Today's Happenings 11:00 Songs and Hymns w. Bill 1:00 Guided Breathing 1:30 Story Telling Circle 2:00 Daily Devotional w. Bill 3:00 <b>Afternoon Tea</b> 6:00 Evening Movie	2	9:00 Meet & Greet 9:30 Walking Club 10:00 Hydration Hour 11:00 Letters to Pals 11:30 Catholic Communion 1:00 Peaceful Pages 1:30 Hydration Hour 2:00 Culinary Club 3:00 Compassion and Connect 4:00 Noodle Ball 6:00 Evening Movie	3	9:00 Meet & Greet 9:30 Morning Stretches 10:00 Daily Devotional 11:00 Art Studio 1:00 <b>Seated Dance w. Leslie S.</b> 1:30 Hydration Hour 2:00 Faith & Fellowship w. Bill 3:00 Hand Exercise w. Kristine 4:00 <b>BINGO!</b> 6:00 Evening Movie	4	9:00 Meet & Greet 9:30 Sit & Be Fit Dance Circle 10:00 Daily Chronicle 10:30 Brain Boost 1:00 Hydration Hour 2:00 <b>Tai Chi w. Ron</b> 3:00 Hydration Hour 3:00 Karaoke 4:15 Hand Exercise w. Kristine 6:00 Evening Movie	5	9:00 Meet & Greet 9:30 Upper Body Strength 10:30 Doughnuts and Chat 11:00 Fresh Air Trivia 11:30 Balloon Volleyball 1:00 Guided Breathing 2:00 Creative Expression 3:00 Happy Hour w. Dean D. 4:30 Gratitude Circle 6:00 Evening Movie	6	9:00 Meet & Greet 9:30 Seated Chair Exercise 10:00 Daily Chronicle 2:00 Balloon Swat Game 1:00 Peaceful Pages 1:30 Fresh Flower Arranging 2:00 Karaoke 3:00 Guided Meditation 3:30 Noodle Ball 1:00 Hydration Hour 4:00 Sing A Long	7
Tu B'Shevat Begins		Groundhog Day											
9:00 Meet & Greet 9:30 Exercise w. Carolyn 11:00 Catholic Mass 11:00 Sunday Service w. Bill 1:00 Karaoke 1:30 Axe Throwing 2:00 Hand Exercise w. Kristine 3:00 Hydration Hour 4:00 Spiritual Art Hour 6:00 Evening Movie	8	9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Hydration Hour 10:30 Today's Happenings 11:00 Songs and Hymns w. Bill 1:00 <b>Love on a Leash</b> 1:30 Balloon Bounce 2:00 Pizza Bite Creations 2:30 Hydration Hour 3:00 Daily Devotional w. Bill 4:00 Name That Tune 6:00 Evening Movie	9	9:00 Meet & Greet 9:30 Walking Club 10:00 Hydration Hour 10:30 Daily Devotional 11:00 Letters to Pals 11:30 Catholic Communion 1:00 Guided Breathing 2:00 Culinary Club 3:00 <b>Music Therapy w. Paula</b> 4:00 Compassion and Connect 6:00 Evening Movie	10	9:00 Meet & Greet 9:30 Morning Stretches 10:00 Daily Devotional 11:00 Art Studio 11:30 Word Categories 1:00 <b>Seated Dance w. Leslie S.</b> 1:30 Hydration Hour 2:00 Faith & Fellowship w. Bill 3:00 Noodle Ball 3:30 Water Pong 6:00 Evening Movie	11	9:00 Meet & Greet 9:30 Sit & Be Fit 10:00 Daily Chronicle 10:30 Brain Boost 11:30 Word Categories 1:00 <b>Tai Chi w. Ron</b> 1:30 Hydration Hour 2:00 Faith & Fellowship w. Bill 3:00 Noodle Ball 3:30 Water Pong 6:00 Evening Movie	12	9:00 Meet & Greet 9:30 Upper Body Strength 10:30 Daily Chronicle 10:30 Fresh Flower Arranging 11:00 Word Categories Toss 1:00 Peaceful Pages 1:30 Gratitude Circle 3:00 <b>Karaoke</b> 4:00 Colorful Moments 6:00 Evening Movie	13	9:00 Meet & Greet 9:30 Seated Chair Exercise 10:30 Daily Chronicle 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Watercolor Painting 3:00 Guided Meditation 3:30 Noodle Ball 4:00 Sing A Long	14
											Valentine's Day		
9:00 Meet & Greet 9:30 Exercise w. Carolyn 10:30 Daily Chronicle 10:30 Name That Tune 11:00 Catholic Mass 11:00 Sunday Service w. Bill 1:00 Karaoke 2:00 Hand Exercise w. Kristine 3:00 Hydration Hour 4:00 Spiritual Art Hour 6:00 Evening Concert	15	9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Hydration Hour 10:30 Today's Happenings 11:00 Songs and Hymns w. Bill 11:30 <b>Music Committee Mtg</b> 1:00 Guided Breathing 1:30 Hydration Hour 2:00 <b>Mt Cross Lutheran Church</b> 3:15 Guess Who 6:00 Evening Movie	16	9:00 Meet & Greet 9:30 Walking Club 10:00 Hydration Hour 10:30 Daily Devotional 11:00 Letters to Pals 11:30 Catholic Communion 1:00 Words for the Heart 2:00 Culinary Club 3:00 Letters to Pals 4:00 Compassion and Connect 6:00 Evening Movie	17	9:00 Meet & Greet 9:30 Morning Stretches 10:00 Daily Chronicle 11:00 Art Studio 10:30 Indoor Garden Tending 1:00 Big Word/ Little Word 2:00 <b>Seated Dance w. Leslie S.</b> 1:30 Hydration Hour 2:00 Faith & Fellowship w. Bill 3:00 <b>Afternoon Tea</b> 6:00 Evening Movie	18	9:00 Meet & Greet 9:30 Sit & Be Fit 10:30 Daily Chronicle 10:30 Brain Boost 10:30 Indoor Garden Tending 1:00 Seated Stretches 2:00 <b>Tai Chi w. Ron</b> 3:00 Hydration Hour 4:00 Fresh Air & Sunshine 4:30 Hand Exercise w. Kristine 6:00 Evening Movie	19	9:00 Meet & Greet 9:45 Morning Stretches 10:30 Daily Chronicle 11:00 Fresh Air Trivia 11:30 Who, What, Where? 1:00 Guided Breathing 2:15 Gratitude Circle 3:00 <b>Happy Hour w. Panama</b> 4:00 Gratitude Circle 6:00 Evening Movie	20	9:00 Meet & Greet 9:30 Seated Chair Exercise 10:30 Daily Chronicle 11:00 Tea w. Friends 11:30 Music & Reminiscing 1:00 Categories A to Z 1:30 Fresh Flower Arranging 2:00 <b>Karaoke</b> 3:00 Guided Meditation 3:30 Noodle Ball 4:00 Sing A Long	21
		Presidents' Day (U.S.)		Chinese New Year (Year of the Horse)									
9:00 Meet & Greet 9:30 Exercise w. Carolyn 11:00 Catholic Mass 11:00 Sunday Service w. Bill 1:00 Karaoke 1:30 Bulls Eye Toss 2:00 Hand Exercise w. Kristine 3:00 Hydration Hour 4:00 Spiritual Art Hour 6:00 Evening Movie	22	9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Hydration Hour 10:30 Today's Happenings 11:00 Songs and Hymns w. Bill 11:30 <b>Outing: Money Pancho's</b> 1:00 Peaceful Pages 2:00 Daily Devotional w. Bill 3:30 Lets Make Green Juice 4:00 Reflections and Gratitude 6:00 Evening	23	9:00 Meet & Greet 9:30 Walking Club 10:00 Hydration Hour 10:30 Daily Devotional 11:00 Letters to Pals 11:30 Catholic Communion 1:00 Guided Breathing 2:00 Culinary Club 3:30 Lets Make Green Juice 4:00 Reflections and Gratitude 6:00 Evening	24	9:00 Meet & Greet 9:30 Morning Stretches 10:00 Daily Devotional 11:00 Art Studio 11:30 Fresh Air & Sunshine 1:00 Word Categories 2:00 <b>Seated Dance w. Leslie S.</b> 1:30 Hydration Hour 2:00 Faith & Fellowship w. Bill 3:00 <b>BINGO!</b> 4:00 BINGO 6:00 Evening Movie	25	9:00 Meet and Greet 9:30 Sit & Be Fit 10:30 Coffee & Memories 10:30 Brain Boost 1:00 <b>BINGO!</b> 2:00 <b>Tai Chi w. Ron</b> 3:00 Hydration Hour 3:00 Sing Along 3:30 Seated Chair Line Dancing 4:15 Hand Exercise w. Kristine 6:00 Evening Movie	26	9:00 Meet & Greet 9:30 Upper Body Strength 10:00 Daily Chronicle 11:00 Fresh Air Trivia 11:30 Who, What, Where? 1:00 Peaceful Pages 1:30 Daily Inspiration Art 3:00 Karaoke Hour 4:00 Gratitude Circle 6:00 Evening Movie	27	9:00 Meet & Greet 9:30 Noodle Ball 10:00 Daily Chronicle 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Watercolor Painting 2:00 <b>Karaoke</b> 3:00 Guided Meditation 3:30 Wii Sports Bowling 4:00 Sing A Long	28

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