



Activities are subject to change. Please refer to your Daily Schedule for the most up-to-date information regarding activities and times.

Sunday

Monday


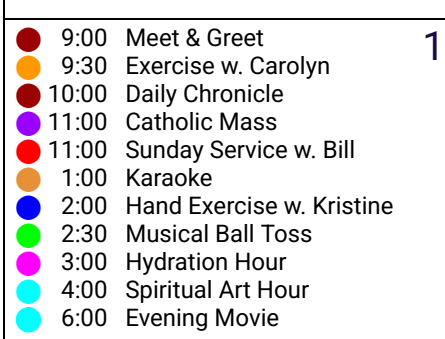
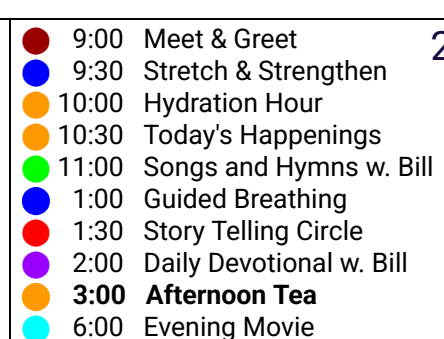

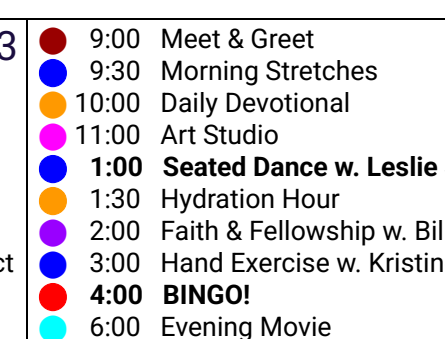
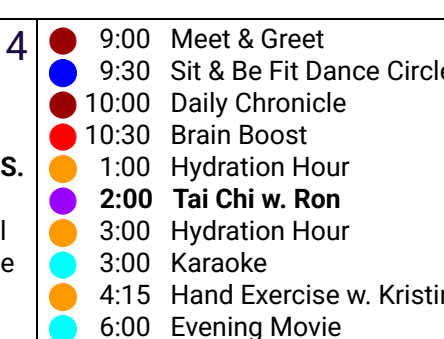
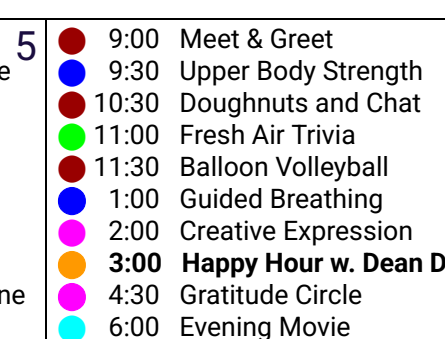
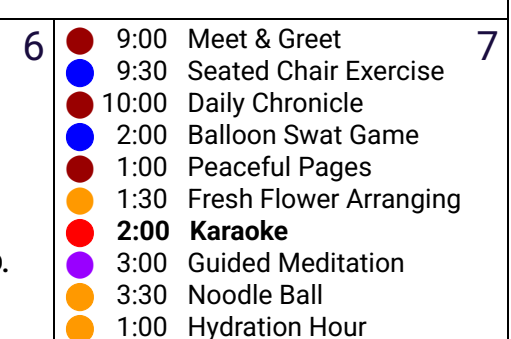
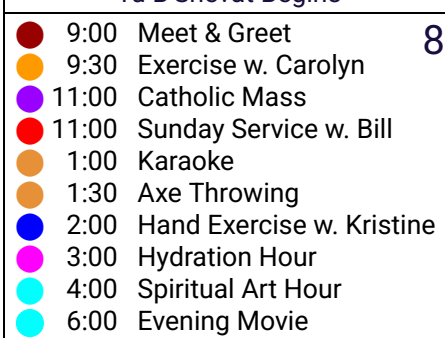
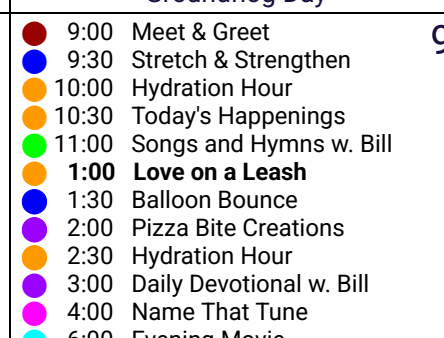

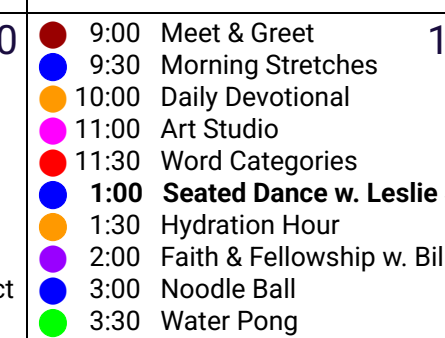

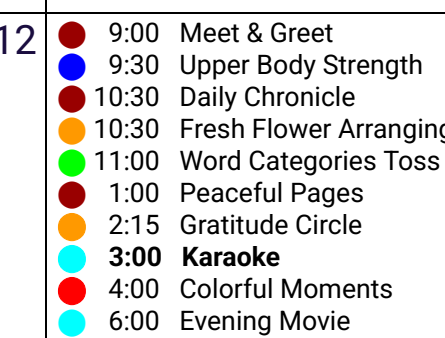
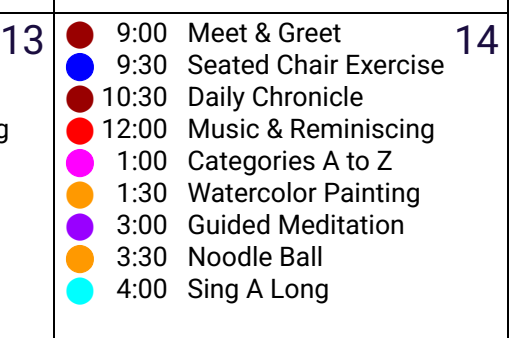
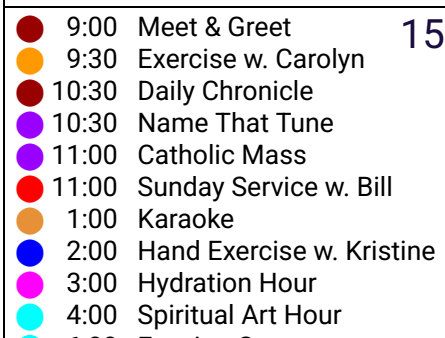

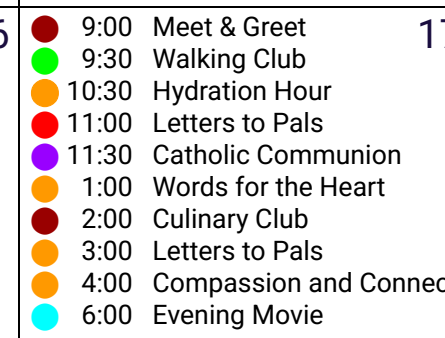
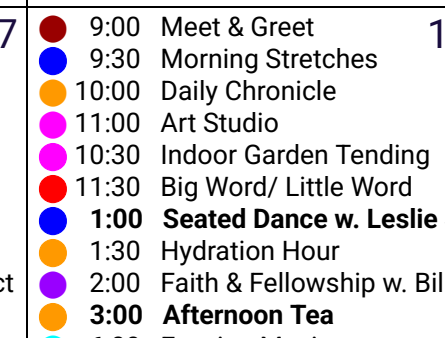
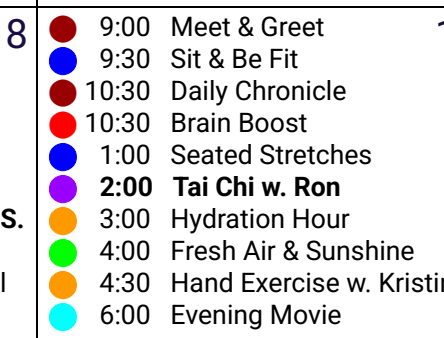
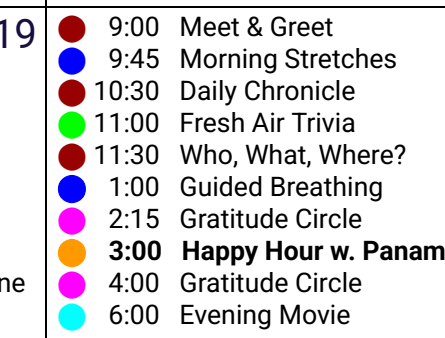

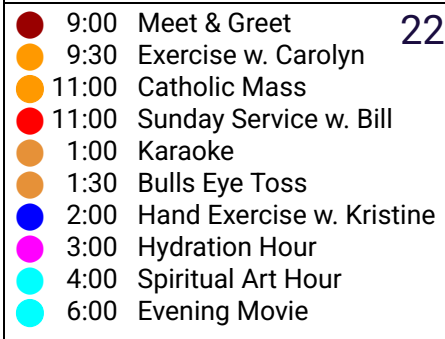
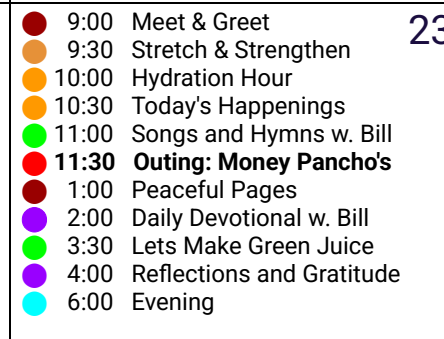
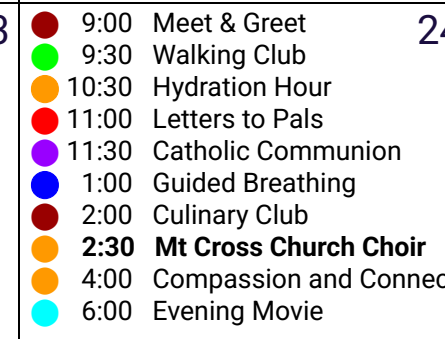
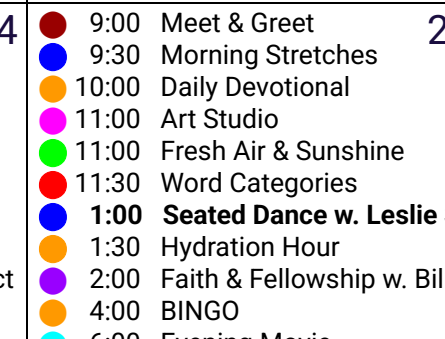



Tuesday

Wednesday

Thursday

Friday

Saturday

<div>  </div>						
<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Exercise w. Carolyn</p> <p>10:00 Daily Chronicle</p> <p>11:00 Catholic Mass</p> <p>11:00 Sunday Service w. Bill</p> <p>1:00 Karaoke</p> <p>2:00 Hand Exercise w. Kristine</p> <p>2:30 Musical Ball Toss</p> <p>3:00 Hydration Hour</p> <p>4:00 Spiritual Art Hour</p> <p>6:00 Evening Movie</p> </div> <div> <p>Tu B'Shevat Begins</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Stretch & Strengthen</p> <p>10:00 Hydration Hour</p> <p>10:30 Today's Happenings</p> <p>11:00 Songs and Hymns w. Bill</p> <p>1:00 Guided Breathing</p> <p>1:30 Story Telling Circle</p> <p>2:00 Daily Devotional w. Bill</p> <p>3:00 Afternoon Tea</p> <p>6:00 Evening Movie</p> </div> <div> <p>Groundhog Day</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Walking Club</p> <p>10:30 Hydration Hour</p> <p>11:00 Letters to Pals</p> <p>11:30 Catholic Communion</p> <p>1:00 Peaceful Pages</p> <p>2:00 Culinary Club</p> <p>3:00 Compassion and Connect</p> <p>4:00 Noodle Ball</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Morning Stretches</p> <p>10:00 Daily Devotional</p> <p>11:00 Art Studio</p> <p>1:00 Seated Dance w. Leslie S.</p> <p>1:30 Hydration Hour</p> <p>2:00 Faith & Fellowship w. Bill</p> <p>3:00 Hand Exercise w. Kristine</p> <p>4:00 BINGO!</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Sit & Be Fit Dance Circle</p> <p>10:00 Daily Chronicle</p> <p>10:30 Brain Boost</p> <p>1:00 Hydration Hour</p> <p>2:00 Tai Chi w. Ron</p> <p>3:00 Hydration Hour</p> <p>3:00 Karaoke</p> <p>4:15 Hand Exercise w. Kristine</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Upper Body Strength</p> <p>10:30 Doughnuts and Chat</p> <p>11:00 Fresh Air Trivia</p> <p>11:30 Balloon Volleyball</p> <p>1:00 Guided Breathing</p> <p>2:00 Creative Expression</p> <p>3:00 Happy Hour w. Dean D.</p> <p>4:30 Gratitude Circle</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Seated Chair Exercise</p> <p>10:00 Daily Chronicle</p> <p>2:00 Balloon Swat Game</p> <p>1:00 Peaceful Pages</p> <p>1:30 Fresh Flower Arranging</p> <p>2:00 Karaoke</p> <p>3:00 Guided Meditation</p> <p>3:30 Noodle Ball</p> <p>1:00 Hydration Hour</p> <p>4:00 Sing A Long</p> </div>
<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Exercise w. Carolyn</p> <p>11:00 Catholic Mass</p> <p>11:00 Sunday Service w. Bill</p> <p>1:00 Karaoke</p> <p>1:30 Axe Throwing</p> <p>2:00 Hand Exercise w. Kristine</p> <p>3:00 Hydration Hour</p> <p>4:00 Spiritual Art Hour</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Stretch & Strengthen</p> <p>10:00 Hydration Hour</p> <p>10:30 Today's Happenings</p> <p>11:00 Songs and Hymns w. Bill</p> <p>1:00 Love on a Leash</p> <p>1:30 Balloon Bounce</p> <p>2:00 Pizza Bite Creations</p> <p>2:30 Hydration Hour</p> <p>3:00 Daily Devotional w. Bill</p> <p>4:00 Name That Tune</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Walking Club</p> <p>10:30 Hydration Hour</p> <p>11:00 Letters to Pals</p> <p>11:30 Catholic Communion</p> <p>1:00 Guided Breathing</p> <p>2:00 Culinary Club</p> <p>3:00 Music Therapy w. Paula</p> <p>4:00 Compassion and Connect</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Morning Stretches</p> <p>10:00 Daily Devotional</p> <p>11:00 Art Studio</p> <p>11:30 Word Categories</p> <p>1:00 Seated Dance w. Leslie S.</p> <p>1:30 Hydration Hour</p> <p>2:00 Faith & Fellowship w. Bill</p> <p>3:00 Noodle Ball</p> <p>3:30 Water Pong</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Daily Chronicle</p> <p>10:30 Brain Boost</p> <p>1:00 Brain Teaser Toss</p> <p>2:00 Tai Chi w. Ron</p> <p>3:00 Hydration Hour</p> <p>3:15 Big Word Little Word</p> <p>4:00 Fresh Air & Sunshine</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Upper Body Strength</p> <p>10:30 Daily Chronicle</p> <p>10:30 Fresh Flower Arranging</p> <p>11:00 Word Categories Toss</p> <p>1:00 Peaceful Pages</p> <p>2:15 Gratitude Circle</p> <p>3:00 Karaoke</p> <p>4:00 Colorful Moments</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Seated Chair Exercise</p> <p>10:30 Daily Chronicle</p> <p>12:00 Music & Reminiscing</p> <p>1:00 Categories A to Z</p> <p>1:30 Watercolor Painting</p> <p>3:00 Guided Meditation</p> <p>3:30 Noodle Ball</p> <p>4:00 Sing A Long</p> </div> <div> <p>Valentine's Day</p> </div>
<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Exercise w. Carolyn</p> <p>10:30 Daily Chronicle</p> <p>10:30 Name That Tune</p> <p>11:00 Catholic Mass</p> <p>11:00 Sunday Service w. Bill</p> <p>1:00 Karaoke</p> <p>2:00 Hand Exercise w. Kristine</p> <p>3:00 Hydration Hour</p> <p>4:00 Spiritual Art Hour</p> <p>6:00 Evening Concert</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Stretch & Strengthen</p> <p>10:00 Hydration Hour</p> <p>10:30 Today's Happenings</p> <p>11:00 Songs and Hymns w. Bill</p> <p>11:30 Music Committee Mtg</p> <p>1:00 Guided Breathing</p> <p>1:30 Hydration Hour</p> <p>2:00 Mt Cross Lutheran Church</p> <p>3:15 Guess Who</p> <p>6:00 Evening Movie</p> </div> <div> <p>Presidents' Day (U.S.)</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Walking Club</p> <p>10:30 Hydration Hour</p> <p>11:00 Letters to Pals</p> <p>11:30 Catholic Communion</p> <p>1:00 Words for the Heart</p> <p>2:00 Culinary Club</p> <p>3:00 Letters to Pals</p> <p>4:00 Compassion and Connect</p> <p>6:00 Evening Movie</p> </div> <div> <p>Chinese New Year (Year of the Horse)</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Morning Stretches</p> <p>10:00 Daily Chronicle</p> <p>11:00 Art Studio</p> <p>10:30 Indoor Garden Tending</p> <p>11:30 Big Word/ Little Word</p> <p>1:00 Seated Dance w. Leslie S.</p> <p>1:30 Hydration Hour</p> <p>2:00 Faith & Fellowship w. Bill</p> <p>3:00 Afternoon Tea</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Sit & Be Fit</p> <p>10:30 Daily Chronicle</p> <p>10:30 Brain Boost</p> <p>1:00 Seated Stretches</p> <p>2:00 Tai Chi w. Ron</p> <p>3:00 Hydration Hour</p> <p>4:00 Fresh Air & Sunshine</p> <p>4:30 Hand Exercise w. Kristine</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:45 Morning Stretches</p> <p>10:30 Daily Chronicle</p> <p>11:00 Fresh Air Trivia</p> <p>11:30 Who, What, Where?</p> <p>1:00 Guided Breathing</p> <p>2:15 Gratitude Circle</p> <p>3:00 Happy Hour w. Panama</p> <p>4:00 Gratitude Circle</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Seated Chair Exercise</p> <p>10:30 Daily Chronicle</p> <p>11:00 Tea w. Friends</p> <p>11:30 Music & Reminiscing</p> <p>1:00 Categories A to Z</p> <p>1:30 Fresh Flower Arranging</p> <p>2:00 Karaoke</p> <p>3:00 Guided Meditation</p> <p>3:30 Noodle Ball</p> <p>4:00 Sing A Long</p> </div>
<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Exercise w. Carolyn</p> <p>11:00 Catholic Mass</p> <p>11:00 Sunday Service w. Bill</p> <p>1:00 Karaoke</p> <p>1:30 Bulls Eye Toss</p> <p>2:00 Hand Exercise w. Kristine</p> <p>3:00 Hydration Hour</p> <p>4:00 Spiritual Art Hour</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Stretch & Strengthen</p> <p>10:00 Hydration Hour</p> <p>10:30 Today's Happenings</p> <p>11:00 Songs and Hymns w. Bill</p> <p>11:30 Outing: Money Pancho's</p> <p>1:00 Peaceful Pages</p> <p>2:00 Daily Devotional w. Bill</p> <p>3:30 Lets Make Green Juice</p> <p>4:00 Reflections and Gratitude</p> <p>6:00 Evening</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Walking Club</p> <p>10:30 Hydration Hour</p> <p>11:00 Letters to Pals</p> <p>11:30 Catholic Communion</p> <p>1:00 Guided Breathing</p> <p>2:00 Culinary Club</p> <p>2:30 Mt Cross Church Choir</p> <p>4:00 Compassion and Connect</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Morning Stretches</p> <p>10:00 Daily Devotional</p> <p>11:00 Art Studio</p> <p>11:00 Fresh Air & Sunshine</p> <p>11:30 Word Categories</p> <p>1:00 Seated Dance w. Leslie S.</p> <p>1:30 Hydration Hour</p> <p>2:00 Faith & Fellowship w. Bill</p> <p>4:00 BINGO</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet and Greet</p> <p>9:30 Sit & Be Fit</p> <p>10:30 Coffee & Memories</p> <p>10:30 Brain Boost</p> <p>1:00 BINGO!</p> <p>2:00 Tai Chi w. Ron</p> <p>3:00 Hydration Hour</p> <p>3:00 Sing Along</p> <p>3:30 Seated Chair Line Dancing</p> <p>4:15 Hand Exercise w. Kristine</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Upper Body Strength</p> <p>10:00 Daily Chronicle</p> <p>11:00 Fresh Air Trivia</p> <p>11:30 Who, What, Where?</p> <p>1:00 Peaceful Pages</p> <p>1:30 Daily Inspiration Art</p> <p>3:00 Karaoke Hour</p> <p>4:00 Gratitude Circle</p> <p>6:00 Evening Movie</p> </div>	<div>  </div> <div> <p>9:00 Meet & Greet</p> <p>9:30 Noodle Ball</p> <p>10:00 Daily Chronicle</p> <p>12:00 Music & Reminiscing</p> <p>1:00 Categories A to Z</p> <p>1:30 Watercolor Painting</p> <p>2:00 Karaoke</p> <p>3:00 Guided Meditation</p> <p>3:30 Wii Sports Bowling</p> <p>4:00 Sing A Long</p> </div>

