

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

AlmaVia
OF CAMARILLO



Assisted Living Neighborhood Life Enrichment Activities Calendar

| | | | | | | |
|--|---|--|---|--|---|--|
| <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:30 Bible Study 11:00 Catholic Mass 1:00 Adult Coloring 2:00 Backyard Games 3:00 Sunday Service 3:30 Sunday Night Football | <ul style="list-style-type: none"> 8:30 Bone Builders 10:00 TheraBand's w. Robin 10:45 Catholic Communion 10:15 Monday Morning Art 11:00 Writing Club 1:00 Movie Committee Meeting 3:00 Prayer & Reflection Circle w. Bill 2:30 Chess Club 5:15 Monday Night Football | <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:45 Catholic Communion 11:30 Outing: Brophy Bros 10:15 Monday Morning Art 11:00 Writing Club 2:00 BINGO 3:00 Bible Study 4:00 Current Events 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:30 Adult Coloring 11:15 Bocce Ball 1:00 Resident Reflections 2:00 Backyard Games 3:00 Taste of the Month Soup Sampler 4:00 Current Events 5:15 Movie Night | <ul style="list-style-type: none"> 8:30 Bone Builders 10:15 Exercise w. Marg 10:45 Crafting Class 1:00 Kings in the Corner 2:00 Rummikub 3:00 Adult Coloring 3:30 Trivia Thursdays 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekly Devotional 1:00 Wii Bowling Club 2:00 Rummikub 3:00 Live Entertainment w. Dean Dobbins 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekend Devotional 1:00 Wii Bowling Club 2:00 Rummikub 3:00 BINGO 6:15 Movie Night |
| <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:30 Bible Study w Jim R. 11:00 Catholic Mass 1:00 Watercolor Painting 3:00 Sunday Service 3:30 Sunday Night Football | <ul style="list-style-type: none"> 8:30 Bone Builders 10:00 TheraBand's w. Robin 10:45 Catholic Communion 10:15 Monday Morning Art 11:00 Library Lady 11:15 Bird Watching 1:00 Love on a Leash 1:30 Outing: Hobby Lobby 3:00 Prayer & Reflection Circle w. Bill 3:30 Knitting 5:15 Monday Night Football | <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:45 Catholic Communion 11:00 Library Lady 11:15 Bird Watching 2:00 Activity Planning Meeting 3:00 BINGO 4:00 Current Events 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Get Stronger w. Livingston 10:30 Teach Me to Play Rummikub 11:15 Backyard Games 2:00 BINGO 3:00 Painting w. Elaine 4:00 Current Events 6:15 Movie Night | <ul style="list-style-type: none"> 8:30 Bone Builders 10:15 Exercise w. Marg 11:00 Acoustic Hearing 1:00 Mind Fit w. Jeff 2:00 Knitting 3:30 Life Changes w. Dr. Paul 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekly Devotional 1:00 Wii Bowling 2:00 Trivia 3:00 Live Entertainment w. Dean Dobbins 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekend Devotional 1:00 Wii Bowling 2:00 Flower Vase Creations 3:00 Teach Me to Play Rummikub 6:15 Movie Night |
| <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:30 Bible Study w. Jim R. 11:00 Beading Class 1:00 Adult Coloring 2:00 Knitting 2:30 Rummikub 3:00 Sunday Service 3:30 Sunday Night Football | <ul style="list-style-type: none"> 8:30 Bone Builders 10:00 TheraBand's w. Robin 10:15 Monday Morning Art 11:00 Knitting Club 1:00 Movie Committee Meeting 2:00 Mt Cross Lutheran Church 3:00 Prayer & Reflection Circle w. Bill 3:30 Rummikub 5:15 Monday Night Football | <ul style="list-style-type: none"> 10:00 Walking Club 10:30 Outing: Ross 10:00 Get Stronger w. Livingston 11:00 Library Lady 10:45 Catholic Communion 1:00 Afternoon Matinee 2:00 Town Hall w. Mike 3:00 Bible Study 6:15 Movie Night | <ul style="list-style-type: none"> 8:00 Men's Breakfast 11:00 Backyard Games 1:00 Resident Ambassador Meeting 2:00 Sunshine and Resident Stories 6:15 Movie Night | <ul style="list-style-type: none"> 9:30 Coffee and Pastries 10:15 Exercise w. Marg 11:00 Trivia Thursday 1:15 Corn Hole 2:30 Ice Cream Bar 3:00 Table Games 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekly Devotional 1:00 Wii Bowling Club 2:00 Scrabble 3:00 Live Entertainment w. Jim Rice 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekend Devotional 1:00 Wii Bowling Club 2:00 Beading w. Lacey 3:00 BINGO 3:30 Teach me to Play King in the Corner 6:15 Movie Night |
| <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:30 Bible Study w. Jim R. 11:00 Catholic Mass 12:00 Community Conversations 1:00 Outing: El Tecolote 3:00 Sunday Service 3:30 Sunday Night Football | <ul style="list-style-type: none"> 8:30 Bone Builders 10:00 TheraBand's w. Robin 10:15 Monday Morning Art 11:00 Coffee and Story Telling 1:00 Paint w. Friends 2:30 Chess Club 3:00 Prayer & Reflection Circle w. Bill 5:15 Monday Night Football | <ul style="list-style-type: none"> 10:00 Exercise w. Kristine 10:45 Catholic Communion 11:00 Library Lady 11:00 Peace Rock Painting 1:00 Painting w. Elaine 3:00 Bible Study w. Bill 4:00 Rummikub 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Get Stronger w. Livingston 10:45 Bible Study 11:00 Community Conversations 1:00 Painting w. Elaine 2:00 Cozy Pie Social 3:00 Happy Hour W. Dean Dobbins 6:15 Movie Night | <ul style="list-style-type: none"> 8:30 Bone Builders 10:15 Exercise w. Marg 10:45 Bible Study 11:00 Walking Club 1:00 Wii Bowling Club 2:30 Ice Cream Social 3:00 Live Entertainment w. Scott 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekend Devotional 1:00 Wii Bowling Club 2:00 Pressed Flower Art 3:00 BINGO 3:30 Teach Me to Play Mexican Train 6:15 Movie Night | <ul style="list-style-type: none"> 10:00 Exercise w. Lacey 10:45 Weekend Devotional 1:00 Wii Bowling Club 2:00 Beading w. Lacey 3:00 BINGO 3:30 Teach Me to Play Mexican Train 6:15 Movie Night |

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Activities are subject to change. Please refer to your Daily Schedule for the most up-to-date information regarding activities and times.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026



Gardens Memory Care Neighborhood Life Enrichment Activities Calendar

| | | | | | | |
|--|---|---|--|---|---|---|
| <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Daily Inspiration Art 10:30 Sing Along & Trivia 11:00 Catholic Mass 11:00 Sunday Service 1:00 Adult Coloring 2:00 Mindful Stretch w. Kristine 2:30 Musical Ball Toss 3:00 Letters to Little Pals 4:00 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Winter Creation Station 11:00 Finish the Phrase 11:30 Outing: McDonald's 1:00 Balloon Bounce 1:30 Story Builder Circle 2:00 Daily Devotional 3:00 Cornhole 4:00 Reflections and Gratitude 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Walking Club 10:30 Daily Chronicle 11:30 Catholic Communion 1:00 Fun Committee Meeting 2:00 Rhythm Circle 3:00 Compassion and Connect 4:00 Noodle Ball 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Morning Stretches 10:00 Indoor Garden Tending 11:00 Word Categories 1:00 Seated Dance w. Leslie S. 1:30 Name That Tune! 2:00 Faith & Fellowship w. Bill 3:30 Bowling 4:00 BINGO 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Sit & Be Fit 10:30 Sparkle Sensory Painting 11:30 New Year This or That Trivia 1:00 New Years Toast 2:00 Tai Chi w. Ron 3:15 Brain Teaser Toss! 4:00 Fresh Air & Sunshine 4:30 Hand Exercise w. Kristine 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Sit & Be Fit 10:30 Parfait Creations 11:00 Fresh Air Trivia 11:30 Balloon Volleyball 1:00 Creative Expression Art 2:45 Root Beer Social w. Dean Dobbins 3:30 Gratitude Circle 4:30 Sing A Long 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Upper Body Strength 10:30 Food Memories 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Fresh Flower Arranging 2:00 Balloon Swat Game 3:00 Guided Meditation 3:30 Noodle Ball 6:00 Sing A Long |
| <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Daily Inspiration Art 10:30 Sing Along & Trivia 11:00 Catholic Mass 11:00 Sunday Service 1:00 Adult Coloring 2:00 Mindful Stretch w. Kristine 2:30 Musical Ball Toss 3:00 Letters to Little Pals 4:30 Serenity Spa 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Winter Creation Station 11:00 Finish the Lyric 11:30 Music Committee Mtg 1:00 Love On a Leash 1:30 Balloon Bounce 2:00 Daily Devotional 3:30 Bocce Ball 4:00 Reflections and Gratitude 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Nature Walk 10:00 Winter Watercolors 11:30 Catholic Communion 1:00 Corn Hole 2:00 Rhythm Circle 3:00 Music Therapy w. Paula 3:30 Bocce Ball 4:00 Compassion and Connect 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Morning Stretches 10:30 Painting w. Michelle 11:30 Word Categories 1:00 Seated Dance w. Leslie S. 2:00 Faith & Fellowship 3:00 Noodle Ball 3:30 Bowling 4:00 BINGO 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Sit & Be Fit 10:30 Scrapbooking w. Lesly 11:30 Word Categories 1:00 Seated Stretches w. Tara 2:00 Tai Chi w. Ron 3:30 Movie Committee Meeting 4:00 Fresh Air & Sunshine 4:30 Hand Exercise w. Kristine 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:45 Morning Stretches 11:00 Fresh Air Trivia 11:30 Who, What, Where? 1:00 Creative Art 2:15 Gratitude Circle 2:45 Ice Cream Social w. Live Music by Panama G 3:30 Gratitude Circle 4:30 Sing A Long 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Seated Chair Exercise 11:00 Tea w. Friends 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Fresh Flower Arranging 2:00 Winter TeaTime 3:00 Guided Meditation 3:30 Noodle Ball 6:00 Sing A Long |
| <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Daily Inspiration Art 10:15 Name That Tune 11:00 Catholic Mass 11:00 Sunday Service 1:30 Bulls Eye Toss 2:00 Mindful Stretch w. Kristine 3:15 Sticker Collage 4:30 Serenity Spa 6:00 Evening Concert | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Winter Creation Station 11:00 Finish the Phrase 11:30 Music Committee Mtg 1:30 Outing: Old Town Cam Scenic Drive 2:00 Mt Cross Lutheran Church 3:30 Musical Ball Toss 4:00 Reflections and Gratitude 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Culinary Club 10:00 Watercolor Painting 11:30 Catholic Communion 1:00 Happy Hour w. Mark 2:00 Rhythm Circle 2:30 Letters to Pals 3:30 Festive Creations 4:00 Compassion and Connect 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Morning Stretches 10:30 Indoor Garden Tending 11:00 Christmas Word Categories 1:30 Name That Tune 2:00 Faith & Fellowship 3:00 Hand Exercise w. Kristine 4:30 BINGO 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet and Greet 9:30 Exercises with Music 10:30 Coffee & Memories 11:00 Christmas Word Categories 1:00 Bingo! 2:00 Tai Chi 3:00 Sing Along 3:30 Seated Chair Line Dancing 4:30 Reminiscing & Music 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Upper Body Strength 11:00 Fresh Air Trivia 11:30 Who, What, Where? 1:30 Daily Inspiration Art 2:45 TGIF Social 3:30 Gratitude Circle 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Noodle Ball 11:00 Tea w. Friends 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Fresh Flower Arranging 2:00 Acts of Kindness 3:00 Guided Meditation 3:30 Wii Sports Bowling 6:00 Sing A Long |
| <ul style="list-style-type: none"> 9:00 Meet & Greet 10:15 Daily Inspiration Art 11:00 Catholic Mass 11:30 Sing A Long 1:30 Bulls Eye Toss 2:00 Mindful Stretch w. Kristine 3:30 Creation Station 4:30 Serenity Spa 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Stretch & Strengthen 10:00 Winter Creation Station 11:00 Finish the Phrase 11:30 Outing: Money Pancho's 1:00 Balloon Volleyball 2:00 Daily Devotional 3:30 Creations w. Kristine 4:00 Reflections and Gratitude 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Nature Walk 10:30 Cards w. Tara 11:30 Catholic Communion 1:00 Catch the Color 2:30 Mt Cross Church Choir 3:30 Festive Creations 4:00 Compassion and Connect 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Morning Stretches 10:30 Painting w. Michelle 11:00 Fresh Air & Sunshine 1:00 Word Categories 2:00 Tai Chi 1:30 Afternoon Matinee 3:00 Hand Exercise w. Kristine 4:00 BINGO 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet and Greet 9:30 Exercises with Music 10:30 Word Categories 11:00 Outdoor Trivia 1:00 Bingo! 2:00 Tai Chi 3:00 Sing Along 3:30 Seated Chair Line Dancing 4:30 Reminiscing & Music 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Upper Body Strength 11:00 Fresh Air Trivia 11:30 Who, What, Where? 1:30 Daily Inspiration Art 2:45 TGIF Social 3:30 Gratitude Circle 6:00 Evening Movie | <ul style="list-style-type: none"> 9:00 Meet & Greet 9:30 Noodle Ball 11:00 Tea w. Friends 12:00 Music & Reminiscing 1:00 Categories A to Z 1:30 Fresh Flower Arranging 2:00 Acts of Kindness 3:00 Guided Meditation 3:30 Wii Sports Bowling 6:00 Sing A Long |

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