



**AlmaVia**  
OF SAN RAFAEL

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

<div>February 2026</div>		<div>Bridgehaven Memory Care Neighborhood</div> <div>Life Enrichment Activities Calendar</div>		<div>AlmaVia</div> <div>OF SAN RAFAEL</div>		
<div><div><div>9:00</div><div>Sunday Service</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Gospel Grooves</div></div><div><div>11:00</div><div>Piano Players</div></div><div><div>11:30</div><div>Spiritual Den w. Claudette</div></div><div><div>1:30</div><div>Indoor Garden</div></div><div><div>2:00</div><div>Sunday Sports Wrap</div></div><div><div>2:30</div><div>Good News Stories</div></div><div><div>3:00</div><div>Snack Shack</div></div><div><div>3:30</div><div>Bingo Spectacular</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>1</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Good News Stories</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Scenic Drive</div></div><div><div>11:00</div><div>Disco Groovin'</div></div><div><div>11:30</div><div>Chicken Soup w. Claudette</div></div><div><div>1:30</div><div>Creative Movement</div></div><div><div>2:00</div><div>Biography: Thurgood Marshall</div></div><div><div>3:00</div><div>Monday Munchies</div></div><div><div>3:30</div><div>Corn Hole</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>2</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Guided Imagery</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:00</div><div>Music w. Lauren</div></div><div><div>10:15</div><div>Disco Groovin'</div></div><div><div>10:30</div><div>Fr. Bain Visit</div></div><div><div>11:00</div><div>Art 'n Sip: Nighthawks</div></div><div><div>1:30</div><div>Bird Watching</div></div><div><div>2:00</div><div>Travelogue: Eiffel Tower</div></div><div><div>3:00</div><div>Tuesday Treats</div></div><div><div>3:30</div><div>Table Games</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>3</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Zumba</div></div><div><div>11:00</div><div>Drum Circle</div></div><div><div>11:30</div><div>Gratitude Circle</div></div><div><div>1:30</div><div>Indoor Garden</div></div><div><div>2:00</div><div>Music Appreciation w. Ruth</div></div><div><div>3:00</div><div>Snack Happy Social</div></div><div><div>3:30</div><div>Bridgehaven Committee</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>4</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Joke Fest</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Yoga w. David</div></div><div><div>11:00</div><div>Pampered Nails &amp; Tellin Tales</div></div><div><div>11:30</div><div>Daily Questions</div></div><div><div>1:30</div><div>Birdwatching</div></div><div><div>2:30</div><div>How It's Made: Fondue</div></div><div><div>3:00</div><div>Afternoon Delights</div></div><div><div>3:30</div><div>Sing Along</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>5</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Sit &amp; Be Fit</div></div><div><div>11:00</div><div>Dog Therapy w. Roam</div></div><div><div>11:30</div><div>Good News Stories</div></div><div><div>1:00</div><div>Trivia Tournament</div></div><div><div>2:00</div><div>Happy Hour: Wear Pink!</div></div><div><div>3:00</div><div>Personal Music Choices</div></div><div><div>4:00</div><div>Gratitude Circle</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>6</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Strength &amp; Stretch</div></div><div><div>9:45</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Travelogue w. Ruth</div></div><div><div>1:00</div><div>Garden Meditation</div></div><div><div>2:00</div><div>VISTA</div></div><div><div>2:30</div><div>Afternoon Delights</div></div><div><div>3:00</div><div>Music Therapy w. Ruth</div></div><div><div>4:00</div><div>Favorite Shows &amp; News</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>7</div>
<div><div><div>9:00</div><div>Sunday Service</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Gospel Grooves</div></div><div><div>11:00</div><div>Piano Players</div></div><div><div>11:30</div><div>Spiritual Den w. Claudette</div></div><div><div>1:30</div><div>Garden Club</div></div><div><div>2:00</div><div>Sunday Sports Wrap</div></div><div><div>2:30</div><div>Good News Stories</div></div><div><div>3:00</div><div>Snack Shack</div></div><div><div>3:30</div><div>Super Bowl Watch Party!</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>8</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Disco Groovin'</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Scenic Drive</div></div><div><div>11:00</div><div>Torah Study w. Rabbi Carol</div></div><div><div>1:30</div><div>Poetry By Choice</div></div><div><div>2:00</div><div>Biography: Condoleezza Rice</div></div><div><div>3:00</div><div>Monday Munchies</div></div><div><div>3:30</div><div>Ring Toss</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>9</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:45</div><div>Mark Day School Visit</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:15</div><div>Disco Groovin'</div></div><div><div>10:30</div><div>Fr. Bain Visit</div></div><div><div>11:00</div><div>Art 'n Sip</div></div><div><div>1:30</div><div>Bird Watching</div></div><div><div>2:00</div><div>Travelogue: The Louvre</div></div><div><div>3:00</div><div>Tuesday Treats</div></div><div><div>3:30</div><div>Table Games</div></div><div><div>4:00</div><div>Songs 4 Mom</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>10</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Zumba</div></div><div><div>11:00</div><div>Drum Circle</div></div><div><div>11:30</div><div>Gratitude Circle</div></div><div><div>1:30</div><div>Garden Club</div></div><div><div>2:00</div><div>Joke Fest</div></div><div><div>3:00</div><div>Snack Happy Social</div></div><div><div>3:30</div><div>Table Games</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>11</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Joke Fest</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Yoga w. David</div></div><div><div>11:00</div><div>Pampered Nails &amp; Tellin Tales</div></div><div><div>11:30</div><div>Daily Questions</div></div><div><div>1:30</div><div>Birdwatching</div></div><div><div>2:00</div><div>Bread &amp; Roses Concert GR</div></div><div><div>3:00</div><div>Afternoon Delights</div></div><div><div>3:15</div><div>How It's Made: Pudding</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>12</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Sit &amp; Be Fit</div></div><div><div>11:00</div><div>Good News Stories</div></div><div><div>1:00</div><div>Trivia Tournament</div></div><div><div>2:00</div><div>Happy Hour: W. Live Music!</div></div><div><div>3:00</div><div>Personal Music Choices</div></div><div><div>4:00</div><div>Gratitude Circle</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>13</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Strength &amp; Stretch</div></div><div><div>9:45</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Travelogue w. Ruth</div></div><div><div>1:00</div><div>Garden Meditation</div></div><div><div>2:00</div><div>VISTA</div></div><div><div>2:30</div><div>Afternoon Delights</div></div><div><div>3:00</div><div>Valentine's Day Piano Concert</div></div><div><div>4:00</div><div>Favorite Shows &amp; News</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>14</div>
<div><div><div>9:00</div><div>Sunday Service</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Gospel Grooves</div></div><div><div>11:00</div><div>Piano Players</div></div><div><div>11:30</div><div>Spiritual Den w. Claudette</div></div><div><div>1:30</div><div>Indoor Garden</div></div><div><div>2:00</div><div>Sunday Sports Wrap</div></div><div><div>2:30</div><div>Good News Stories</div></div><div><div>3:00</div><div>Snack Shack</div></div><div><div>3:30</div><div>Bingo Spectacular</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>15</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Good News Stories</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Scenic Drive</div></div><div><div>11:00</div><div>Disco Groovin'</div></div><div><div>11:30</div><div>Chicken Soup w. Claudette</div></div><div><div>1:30</div><div>Creative Movement</div></div><div><div>2:00</div><div>Biography: Jesse Owens</div></div><div><div>3:00</div><div>Monday Munchies</div></div><div><div>3:30</div><div>Bowling</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>16</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Guided Imagery</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:00</div><div>Music w. Lauren</div></div><div><div>10:15</div><div>Disco Groovin'</div></div><div><div>10:30</div><div>Fr. Bain Visit</div></div><div><div>11:00</div><div>Art 'n Sip</div></div><div><div>11:30</div><div>Mardi Gras Beads</div></div><div><div>1:30</div><div>Bird Watching</div></div><div><div>2:00</div><div>Travelogue: The Notre Dame</div></div><div><div>3:00</div><div>Tuesday Treats</div></div><div><div>3:30</div><div>Table Games</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>17</div>	<div><div><div>9:15</div><div>Ash Wednesday Mass</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Zumba</div></div><div><div>11:00</div><div>Drum Circle</div></div><div><div>11:30</div><div>Daily Chronicle</div></div><div><div>1:30</div><div>Garden Club</div></div><div><div>2:00</div><div>Music Appreciation w. Ruth</div></div><div><div>2:30</div><div>Ukulele w. Richard</div></div><div><div>3:00</div><div>Snack Happy Social</div></div><div><div>3:30</div><div>Lenten Intentions</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>18</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Joke Fest</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Yoga w. David</div></div><div><div>11:00</div><div>Pampered Nails &amp; Tellin Tales</div></div><div><div>11:30</div><div>Daily Questions</div></div><div><div>1:30</div><div>Birdwatching</div></div><div><div>2:30</div><div>How It's Made: Mint Chocolate Chip Ice Cream</div></div><div><div>3:00</div><div>Afternoon Delights</div></div><div><div>3:30</div><div>Sing Along</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>19</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Sit &amp; Be Fit</div></div><div><div>11:00</div><div>Good News Stories</div></div><div><div>1:00</div><div>Trivia Tournament</div></div><div><div>2:00</div><div>Happy Hour: Wear Red!</div></div><div><div>3:00</div><div>Personal Music Choices</div></div><div><div>4:00</div><div>Gratitude Circle</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>20</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Strength &amp; Stretch</div></div><div><div>9:45</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Travelogue w. Ruth</div></div><div><div>1:00</div><div>Garden Meditation</div></div><div><div>2:00</div><div>VISTA</div></div><div><div>2:30</div><div>Afternoon Delights</div></div><div><div>3:00</div><div>Music Therapy w. Ruth</div></div><div><div>4:00</div><div>Favorite Shows &amp; News</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>21</div>
<div><div><div>9:00</div><div>Sunday Service</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Gospel Grooves</div></div><div><div>11:00</div><div>Piano Players</div></div><div><div>11:30</div><div>Spiritual Den w. Claudette</div></div><div><div>1:30</div><div>Indoor Garden</div></div><div><div>2:00</div><div>Sunday Sports Wrap</div></div><div><div>2:30</div><div>Good News Stories</div></div><div><div>3:00</div><div>Snack Shack</div></div><div><div>3:30</div><div>Bingo Spectacular</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>22</div>	<div><div><div>9:15</div><div>Music w. Kendall</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Scenic Drive</div></div><div><div>11:00</div><div>Disco Groovin'</div></div><div><div>11:30</div><div>Chicken Soup w. Claudette</div></div><div><div>1:30</div><div>Poetry By Choice</div></div><div><div>2:00</div><div>Biography: Michelle Obama</div></div><div><div>3:00</div><div>Monday Munchies</div></div><div><div>3:30</div><div>Joke Fest!</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>23</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Guided Imagery</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:15</div><div>Disco Groovin'</div></div><div><div>10:30</div><div>Fr. Bain Visit</div></div><div><div>11:00</div><div>Art 'n Sip</div></div><div><div>11:30</div><div>Suncatchers</div></div><div><div>1:30</div><div>Bird Watching</div></div><div><div>2:00</div><div>Travelogue: French Riviera</div></div><div><div>3:00</div><div>Tuesday Treats</div></div><div><div>3:30</div><div>Table Games</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>24</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Zumba</div></div><div><div>11:00</div><div>Drum Circle</div></div><div><div>11:30</div><div>Gratitude Circle</div></div><div><div>1:30</div><div>Indoor Garden</div></div><div><div>2:00</div><div>Music Appreciation w. Ruth</div></div><div><div>3:00</div><div>Birthday Celebration w. Live Music!</div></div><div><div>3:15</div><div>Snack Happy Social</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>25</div>	<div><div><div>9:15</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Joke Fest</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Chair Yoga w. David</div></div><div><div>11:00</div><div>Pampered Nails &amp; Tellin Tales</div></div><div><div>11:30</div><div>Daily Questions</div></div><div><div>1:30</div><div>Birdwatching</div></div><div><div>2:30</div><div>How It's Made: Chili</div></div><div><div>3:00</div><div>Afternoon Delights</div></div><div><div>3:30</div><div>Sing Along</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>26</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Sit &amp; Be Fit</div></div><div><div>11:00</div><div>Good News Stories</div></div><div><div>1:00</div><div>Trivia Tournament</div></div><div><div>2:00</div><div>Happy Hour: Silly Shades</div></div><div><div>3:00</div><div>Personal Music Choices</div></div><div><div>4:00</div><div>Gratitude Circle</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>27</div>	<div><div><div>9:00</div><div>Morning Gathering</div></div><div><div>9:30</div><div>Strength &amp; Stretch</div></div><div><div>9:45</div><div>Daily Chronicle</div></div><div><div>10:00</div><div>Nourish &amp; Nurture</div></div><div><div>10:30</div><div>Travelogue w. Ruth</div></div><div><div>1:00</div><div>Garden Meditation</div></div><div><div>2:00</div><div>VISTA</div></div><div><div>2:30</div><div>Afternoon Delights</div></div><div><div>3:00</div><div>Music Therapy w. Ruth</div></div><div><div>4:00</div><div>Favorite Shows &amp; News</div></div><div><div>6:00</div><div>Evening Movie</div></div></div> <div>28</div>

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative