





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <h1>January 2026</h1>   </div> <p><b>Assisted Living Neighborhood Life Enrichment Activities Calendar</b></p>				<div>  9:00 Mass Online   9:45 Strength &amp; Stretch w. David   10:30 Music Appreciation w. Ruth   1:15 Yahtzee!   2:00 New Year Intentions   2:30 Pampered Nails   3:00 Social Discussion Circle   6:30 Movie </div> <div>1</div>	<div>  9:00 Mass Online   9:15 Nature Documentary   9:45 Tai Chi w. Al   10:30 Dog Therapy w. Roam   1:15 Rummikub   1:15 Travelogue: Croatia   2:00 Name That Tune   3:00 <b>Happy Hour: New Year, New You!</b>   6:30 Movie </div> <div>2</div>	<div>  9:00 Mass Online   9:45 Workout w. Cathy   10:30 Card Games w. Cathy   1:15 Biography: Fred Rogers   2:00 Trivia Tournament   3:00 Rummikub   3:30 Golf   4:00 Scrabble w. Dick   6:30 Movie </div> <div>3</div>
<div>  9:00 Live Mass w. Fr. Bain   9:30 Morning Walking Club   10:30 Chair Yoga w. David   11:15 Cards Games   1:15 Citrus Celebration   2:00 Bingo for Chocolate   3:00 Chair Volleyball   5:30 Movie </div> <div>4</div>	<div>  9:00 Mass Online   9:45 Seated Stability Exercises   10:30 Yahtzee!   1:00 <b>Shopping Trip: Trader Joe's</b>   2:00 Rummikub   3:00 Poker   4:00 Walking Club   6:30 Movie </div> <div>5</div>	<div>  9:00 Mass Online   9:45 Chair Exercise   10:30 Playlist for Life w. Ruth   1:15 Word Games   2:00 <b>Activity Planning Mtg.</b>   3:00 Origami w. Cathy   3:30 Resident Led Golf   6:30 Movie   6:30 <b>Blackjack w. Judy</b> </div> <div>6</div>	<div>  9:00 Mass Online   9:45 Chair Cardio Class   10:30 Coffee &amp; Donuts   11:00 Brain Teasers   11:15 <b>Outing: Cheesecake Factory</b>   1:15 Poetry Read   2:00 <b>Scenic Drive</b>   3:00 Trivia Tournament   6:30 Movie </div> <div>7</div>	<div>  9:00 Mass Online   9:45 Strength &amp; Stretch w. David   10:30 Music Appreciation w. Ruth   1:15 Yahtzee!   2:00 Bread &amp; Roses Concert   2:30 Pampered Nails   3:00 Social Discussion Circle   6:30 Movie </div> <div>8</div>	<div>  9:00 Mass Online   9:45 Tai Chi w. Al   10:30 Yahtzee!   1:15 Rummikub   1:15 Travelogue: Panama   2:00 Name That Artist   3:00 <b>Happy Hour: Masquerade!</b>   6:30 Movie </div> <div>9</div>	<div>  9:00 Mass Online   9:45 Workout w. Cathy   10:30 Card Games w. Cathy   1:15 Biography: Clara Barton   2:00 Trivia Tournament   3:00 Rummikub   3:30 Golf   4:00 Scrabble w. Dick   6:30 Movie </div> <div>10</div>
<div>  9:00 Live Mass w. Fr. Bain   9:30 Morning Walking Club   10:30 Chair Yoga w. David   11:15 Card Games   1:15 Coffee &amp; Cookies   2:00 Bingo for Chocolate   3:00 Chair Volleyball   5:30 Movie </div> <div>11</div>	<div>  9:00 Mass Online   9:45 Seated Stability Exercises   10:30 Yahtzee!   1:00 <b>Shopping Trip: Target</b>   2:00 Rummikub   3:00 Poker   3:00 Meditation w. Sandy   3:30 Wise Aging w. Claudette   6:30 Movie </div> <div>12</div>	<div>  9:00 Mass Online   9:45 <b>Mark Day School Visit</b>   10:30 Chair Exercise   11:30 Worship w. Pastor Gulbranson   1:15 Word Games   2:00 <b>Food Forum w. Chef</b>   3:00 Origami w. Cathy   3:00 Hearing Life   3:30 Resident Led Golf   6:30 Movie </div> <div>13</div>	<div>  9:00 Mass Online   9:45 Chair Cardio Class   10:30 Coffee &amp; Donuts   10:45 <b>Scenic Drive</b>   11:00 Brain Teasers   1:15 <b>Nurse Talk W. Stephanie</b>   2:00 <b>Outing: Tiburon Stroll</b>   3:00 Trivia Tournament   6:30 Movie </div> <div>14</div>	<div>  9:00 Mass Online   9:15 Diamond Art w. Luis   9:45 Strength &amp; Stretch w. David   10:30 Music Appreciation w. Ruth   1:15 Make a Chinese New Year Fan!   1:15 Rummikub   2:00 <b>Resident Community Mtg.</b>   3:00 Social Discussion Circle   6:30 Movie </div> <div>15</div>	<div>  9:00 Mass Online   9:45 Tai Chi w. Al   10:30 Dog Therapy w. Roam   1:15 Rummikub   1:15 Travelogue: Singapore   2:00 Name That Decade   3:00 <b>Happy Hour: With Live Music!</b>   6:30 Movie </div> <div>16</div>	<div>  9:00 Mass Online   9:45 Workout w. Cathy   10:30 Card Games w. Cathy   1:15 Biography: James Beard   2:00 Trivia Tournament   3:00 Rummikub   3:30 Golf   4:00 Scrabble w. Dick   6:30 Movie </div> <div>17</div>
<div>  9:00 Live Mass w. Fr. Bain   9:30 Morning Walking Club   10:30 Chair Yoga w. David   11:15 Card Games   1:15 Cookie Decorating!   2:00 Bingo for Bucks   3:00 Chair Volleyball   5:30 Movie </div> <div>18</div>	<div>  9:00 Mass Online   9:45 Seated Stability Exercises   10:30 Yahtzee!   1:00 <b>Shopping Trip: Safeway</b>   2:00 Let's Bake: Scones   3:00 Poker   3:00 Meditation w. Sandy   3:30 Wise Aging w. Claudette   3:45 Walking Club: Marin Lagoon   6:30 Movie </div> <div>19</div>	<div>  9:00 Mass Online   9:45 Chair Exercise   10:30 Playlist for Life w. Ruth   11:30 Meditation w. David   1:15 <b>Tea w. ED</b>   2:00 Word Games   3:00 Beginner American Sign Language   3:30 Golf   6:30 Movie   6:30 <b>Blackjack w. Judy</b> </div> <div>20</div>	<div>  9:00 Mass Online   9:45 Chair Cardio Class   10:30 Coffee &amp; Donuts   10:45 <b>Scenic Drive</b>   11:00 Brain Teasers   1:15 <b>Chat w. Brian</b>   1:15 <b>Outing: Andy's Market</b>   2:00 Poetry Read   3:00 Trivia Tournament   6:30 Movie </div> <div>21</div>	<div>  9:00 Mass Online   9:15 Garden Club w. Luis   9:45 Strength &amp; Stretch w. David   10:30 Music Appreciation w. Ruth   1:15 Jeopardy   1:15 Rummikub   2:00 Make a Chinese New Year Lantern!   3:00 Social Discussion Circle   4:00 Honoring You Dinner   6:30 Movie </div> <div>22</div>	<div>  9:00 Mass Online   9:45 Tai Chi w. Al   10:30 Dog Therapy w. Roam   1:15 Rummikub   1:15 Travelogue: Jamaica   2:00 Nature Documentary   3:00 <b>Happy Hour: Disco Time!</b>   6:30 Movie </div> <div>23</div>	<div>  9:00 Mass Online   9:45 Workout w. Cathy   10:30 Card Games w. Cathy   1:15 Biography: Estee Lauder   2:00 Trivia Tournament   3:00 Rummikub   3:30 Golf   4:00 Scrabble w. Dick   6:30 Movie </div> <div>24</div>
<div>  9:00 Live Mass w. Fr. Bain   9:30 Morning Walking Club   10:30 Chair Yoga w. David   11:15 Card Games   1:15 National Irish Coffee Day!   2:00 Bingo for Chocolate   3:00 Chair Volleyball   5:30 Movie </div> <div>25</div>	<div>  9:00 Mass Online   9:45 Seated Stability Exercises   10:30 Yahtzee!   1:00 <b>Shopping Trips: CVS</b>   2:00 Let's Bake: Lemon Bars   3:00 Poker   3:00 Meditation w. Sandy   3:30 Wise Aging w. Claudette   3:45 Walking Club: Marin Lagoon   6:30 Movie </div> <div>26</div>	<div>  9:00 Mass Online   9:15 Garden Club w. Luis   9:45 Chair Exercise   10:30 Playlist for Life w. Ruth   11:00 Torah Study w. Rabbi Carol   2:00 Word Games   3:00 Beginner Spanish Class   3:30 Resident Led Golf   6:30 Movie </div> <div>27</div>	<div>  9:00 Mass Online   9:45 Chair Cardio Class   10:00 <b>Outing: Legion of Honor</b>   10:30 Coffee &amp; Donuts   11:00 Brain Teasers   1:15 Trivia Tournament   2:00 Poetry Read   2:30 <b>Scenic Drive</b>   3:00 <b>Birthday Celebration w. Live Music!</b>   6:30 Movie </div> <div>28</div>	<div>  9:00 Mass Online   9:15 Diamond Art w. Luis   9:45 Strength &amp; Stretch w. David   10:30 Music Appreciation w. Ruth   1:15 Jeopardy   1:15 Rummikub   2:00 <b>Town Hall</b>   3:00 Social Discussion Circle   6:30 Movie </div> <div>29</div>	<div>  9:00 Mass Online   9:45 Tai Chi w. Al   10:30 Dog Therapy w. Roam   1:15 Rummikub   1:15 Travelogue: Laos   2:00 Nature Documentary   3:00 <b>Happy Hour: Wear Animal Print!</b>   6:30 Movie </div> <div>30</div>	<div>  9:00 Mass Online   9:45 Workout w. Cathy   10:30 Card Games w. Cathy   1:15 Biography: Ansel Adams   2:00 Trivia Tournament   3:00 Rummikub   3:30 Golf   4:00 Scrabble w. Dick   6:30 Movie </div> <div>31</div>

Intellectual
 Purposeful
 Emotional
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 Social
 Physical
 Spiritual
 Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>January 2026</b>  <b>AlmaVia</b>  <b>OF SAN RAFAEL</b>  <b>Bridgehaven Memory Care Neighborhood</b>  <b>Life Enrichment Activities Calendar</b></p>				<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Yoga w. David  <span>11:00</span> How It's Made: Hersey Kisses  <span>11:30</span> Indoor Garden  <span>1:30</span> Meditation  <span>2:00</span> Good News Stories  <span>3:00</span> Afternoon Delights  <span>3:30</span> Trivia Tournament  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Sit &amp; Be Fit  <span>11:00</span> Dog Therapy w. Roam  <span>11:30</span> Good News Stories  <span>1:00</span> Trivia Tournament  <b>2:00 Happy Hour: New Year, New You!</b>  <span>3:00</span> Personal Music Choices  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Strength &amp; Stretch  <span>9:45</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Travelogue w. Ruth  <span>1:00</span> Garden Meditation  <span>2:30</span> Afternoon Delights  <span>3:00</span> Music Therapy w. Ruth  <span>4:00</span> Favorite Shows &amp; News  <span>6:00</span> Evening Movie </p>
<p> <span>9:00</span> Sunday Service  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Seated Big Band Grooves  <span>11:00</span> Daily Chronicle  <span>11:30</span> Indoor Garden  <span>1:30</span> Sunday Paper  <span>2:00</span> Drum Circle  <span>3:00</span> Snack Shack  <span>3:30</span> Bingo Spectacular  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Motown Monday Exercise  <b>10:30 Scenic Drive</b>  <span>11:00</span> Spirit &amp; Life w. Fr. Bain  <span>1:30</span> Poetry: "Snow"  <span>2:00</span> Art 'n Sip  <span>3:00</span> Afternoon Delights  <span>3:30</span> Balloon Volleyball  <span>4:00</span> Bird Feeding Basics  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Disco Groovin'  <span>11:00</span> Biography: Fred Rogers  <span>1:30</span> Indoor Garden  <span>2:00</span> Lawn Game Tournament  <span>3:00</span> Tuesday Treats  <span>3:30</span> What Am I?  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Zumba  <span>11:00</span> Travelogue: Croatia  <span>1:30</span> Bird Feed &amp; Chill  <span>2:00</span> Music Appreciation w. Ruth  <span>3:00</span> Snack Happy Social  <span>3:30</span> Bridgehaven Committee  <span>4:00</span> Daily Reflection  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Yoga w. David  <span>11:00</span> Sing Along  <span>11:30</span> Indoor Garden  <span>1:30</span> Meditation  <b>2:00 Bread &amp; Roses Concert GR</b>  <span>3:00</span> Afternoon Delights  <span>3:30</span> Trivia Tournament  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Sit &amp; Be Fit  <span>11:00</span> Good News Stories  <span>1:00</span> Trivia Tournament  <b>2:00 Happy Hour: Masquerade!</b>  <span>3:00</span> Personal Music Choices  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Strength &amp; Stretch  <span>9:45</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Travelogue w. Ruth  <span>1:00</span> Garden Meditation  <span>2:30</span> Afternoon Delights  <span>3:00</span> Music Therapy w. Ruth  <span>4:00</span> Favorite Shows &amp; News  <span>6:00</span> Evening Movie </p>
<p> <span>9:00</span> Sunday Service  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Seated Big Band Grooves  <span>11:00</span> Daily Chronicle  <span>11:30</span> Spiritual Den w. Claudette  <span>1:30</span> Sunday Paper  <span>2:00</span> Drum Circle  <span>2:30</span> Indoor Garden  <span>3:00</span> Snack Shack  <span>3:30</span> Bingo Spectacular  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Motown Monday Exercise  <b>10:30 Scenic Drive</b>  <span>11:00</span> Torah Study w. Rabbi Carol  <span>1:30</span> Poetry: Rock &amp; Hard Place  <span>2:00</span> Art: Paint 'n Sip  <span>3:00</span> Afternoon Delights  <span>4:00</span> Bird Feeding Basics  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <b>9:45 Mark Day School Visit</b>  <span>10:00</span> Nourish &amp; Nurture  <span>11:00</span> Biography: Clara Barton  <span>11:00</span> Worship in RR  <span>1:30</span> Indoor Garden  <span>2:00</span> Lawn Game Tournament  <span>3:00</span> Tuesday Treats  <span>3:30</span> Chair Dance Party  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Zumba  <span>11:00</span> Travelogue: Panama  <span>1:30</span> Bird Feed &amp; Chill  <span>2:00</span> Music Appreciation w. Ruth  <span>3:00</span> Snack Happy Social  <span>3:30</span> Sing Along  <span>4:00</span> Daily Questions  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Yoga w. David  <span>11:00</span> How It's Made: Bolognese  <span>11:30</span> Indoor Garden  <span>1:30</span> Meditation  <span>2:00</span> Good News Stories  <span>3:00</span> Afternoon Delights  <span>3:30</span> Trivia Tournament  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Sit &amp; Be Fit  <span>11:00</span> Good News Stories  <span>1:00</span> Trivia Tournament  <b>2:00 Happy Hour: W. Live Music!</b>  <span>3:00</span> Personal Music Choices  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Strength &amp; Stretch  <span>9:45</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Travelogue w. Ruth  <span>1:00</span> Garden Meditation  <span>2:30</span> Afternoon Delights  <span>3:00</span> Music Therapy w. Ruth  <span>4:00</span> Favorite Shows &amp; News  <span>6:00</span> Evening Movie </p>
<p> <span>9:00</span> Sunday Service  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Seated Big Band Grooves  <span>11:00</span> Daily Chronicle  <span>11:30</span> Spiritual Den w. Claudette  <span>1:30</span> Sunday Paper  <span>2:00</span> Drum Circle  <span>2:30</span> Indoor Garden  <span>3:00</span> Snack Shack  <span>3:30</span> Bingo Spectacular  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Motown Monday Exercise  <b>10:30 Scenic Drive</b>  <span>11:00</span> Spirit &amp; Life w. Fr. Bain  <span>11:30</span> Chicken Soup w. Claudette  <span>1:30</span> Poetry: Life Puzzle  <span>2:00</span> Art: Picture Frames  <span>3:00</span> Afternoon Delights  <span>3:30</span> Balloon Volleyball  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Disco Groovin'  <span>11:00</span> Biography: James Beard  <span>1:30</span> <b>Music w. Lauren</b>  <span>2:00</span> Lawn Game Tournament  <span>3:00</span> Tuesday Treats  <span>3:30</span> What Am I?  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Zumba  <span>11:00</span> Travelogue: Singapore  <span>1:30</span> Bird Feed &amp; Chill  <span>2:00</span> Music Appreciation w. Ruth  <span>3:00</span> Snack Happy Social  <span>3:30</span> Sing Along  <span>4:00</span> Daily Questions  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Yoga w. David  <span>11:00</span> How It's Made: Bread  <span>11:30</span> Indoor Garden  <span>1:30</span> Meditation  <span>2:00</span> Good News Stories  <span>3:00</span> Afternoon Delights  <span>3:30</span> Trivia Tournament  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Sit &amp; Be Fit  <span>11:00</span> Good News Stories  <span>1:00</span> Trivia Tournament  <b>2:00 Happy Hour: Disco!</b>  <span>3:00</span> Personal Music Choices  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Strength &amp; Stretch  <span>9:45</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Travelogue w. Ruth  <span>1:00</span> Garden Meditation  <span>2:30</span> Afternoon Delights  <span>3:00</span> Music Therapy w. Ruth  <span>4:00</span> Favorite Shows &amp; News  <span>6:00</span> Evening Movie </p>
<p> <span>9:00</span> Sunday Service  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Seated Big Band Grooves  <span>11:00</span> Daily Chronicle  <span>11:30</span> Spiritual Den w. Claudette  <span>1:30</span> Sunday Paper  <span>2:00</span> Drum Circle  <span>2:30</span> Indoor Garden  <span>3:00</span> Snack Shack  <span>3:30</span> Bingo Spectacular  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> <b>Music w. Kendall</b>  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Motown Monday Exercise  <b>10:30 Scenic Drive</b>  <span>11:00</span> Spirit &amp; Life w. Fr. Bain  <span>11:30</span> Chicken Soup w. Claudette  <span>1:30</span> Poetry: Birds  <span>2:00</span> Art: Paint 'n Sip w. Birds  <span>3:00</span> Afternoon Delights  <span>3:30</span> Name Game  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Disco Groovin'  <span>11:00</span> Biography: Estee Lauder  <span>1:30</span> Indoor Garden  <span>2:00</span> Lawn Game Tournament  <span>3:00</span> Tuesday Treats  <span>3:30</span> Table Games  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Zumba  <span>11:00</span> Travelogue: Jamaica  <span>1:30</span> Bird Feed &amp; Chill  <span>2:00</span> Music Appreciation w. Ruth  <b>3:00 Birthday Celebration w. Live Music!</b>  <span>4:00</span> Daily Questions  <span>6:00</span> Evening Movie </p>	<p> <span>9:15</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Chair Yoga w. David  <span>11:00</span> Sing Along  <span>11:30</span> Indoor Garden  <span>1:30</span> Meditation  <span>2:00</span> Good News Stories  <span>3:00</span> Afternoon Delights  <span>3:30</span> Trivia Tournament  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Sit &amp; Be Fit  <span>11:00</span> Good News Stories  <span>1:00</span> Trivia Tournament  <b>2:00 Happy Hour: Animal Print!</b>  <span>3:00</span> Personal Music Choices  <span>4:00</span> Gratitude Circle  <span>6:00</span> Evening Movie </p>	<p> <span>9:00</span> Morning Gathering  <span>9:30</span> Strength &amp; Stretch  <span>9:45</span> Daily Chronicle  <span>10:00</span> Nourish &amp; Nurture  <span>10:30</span> Travelogue w. Ruth  <span>1:00</span> Garden Meditation  <span>2:30</span> Afternoon Delights  <span>3:00</span> Music Therapy w. Ruth  <span>4:00</span> Favorite Shows &amp; News  <span>6:00</span> Evening Movie </p>

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