

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026



Assisted Living Neighborhood Life Enrichment Activities Calendar



<ul style="list-style-type: none"> 9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Cards Games 1:15 Citrus Celebration 2:00 Bingo for Chocolate 3:00 Chair Volleyball 5:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Yahtzee! 1:00 Shopping Trip: Trader Joe's 2:00 Rummikub 3:00 Poker 4:00 Walking Club 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Word Games 2:00 Activity Planning Mtg. 3:00 Origami w. Cathy 3:30 Resident Led Golf 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 11:00 Brain Teasers 11:15 Outing: Cheesecake Factory 1:15 Poetry Read 2:00 Scenic Drive 3:00 Trivia Tournament 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Yahtzee! 2:00 New Year Intentions 2:30 Pampered Nails 3:00 Social Discussion Circle 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Yahtzee! 2:00 Bread & Roses Concert 2:30 Pampered Nails 3:00 Social Discussion Circle 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Tai Chi w. Al 10:30 Yahtzee! 1:15 Rummikub 1:15 Travelogue: Croatia 2:00 Name That Tune 3:00 Happy Hour: New Year, New You! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Nature Documentary 9:45 Tai Chi w. Al 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:15 Travelogue: Croatia 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Fred Rogers 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Clara Barton 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie
<ul style="list-style-type: none"> 9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Card Games 1:15 Coffee & Cookies 2:00 Bingo for Chocolate 3:00 Chair Volleyball 5:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Yahtzee! 1:00 Shopping Trip: Target 2:00 Rummikub 3:00 Poker 3:00 Meditation w. Sandy 3:30 Wise Aging w. Claudette 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Mark Day School Visit 10:30 Yahtzee! 1:00 Shopping Trip: Target 2:00 Worship w. Pastor Gulbranson 3:00 Word Games 2:00 Food Forum w. Chef 3:00 Origami w. Cathy 3:00 Hearing Life 3:30 Resident Led Golf 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 10:45 Scenic Drive 11:00 Brain Teasers 11:15 Nurse Talk W. Stephanie 2:00 Outing: Tiburon Stroll 3:00 Trivia Tournament 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Make a Chinese New Year Fan! 2:00 Resident Community Mtg. 3:00 Social Discussion Circle 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Tai Chi w. Al 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:15 Travelogue: Singapore 2:00 Name That Decade 3:00 Happy Hour: With Live Music! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: James Beard 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: James Beard 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: James Beard 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: James Beard 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie
<ul style="list-style-type: none"> 9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Card Games 1:15 Cookie Decorating! 2:00 Bingo for Bucks 3:00 Chair Volleyball 5:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Yahtzee! 1:00 Shopping Trip: Safeway 2:00 Let's Bake: Scones 3:00 Poker 3:00 Meditation w. Sandy 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 11:30 Meditation w. David 1:15 Tea w. ED 2:00 Word Games 3:00 Beginner American Sign Language 3:30 Golf 6:30 Blackjack w. Judy 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 10:45 Scenic Drive 11:00 Brain Teasers 11:15 Chat w. Brian 1:15 Outing: Andy's Market 2:00 Poetry Read 3:00 Trivia Tournament 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Garden Club w. Luis 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Jeopardy 1:15 Rummikub 2:00 Make a Chinese New Year Lantern! 3:00 Social Discussion Circle 4:00 Honoring You Dinner 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Tai Chi w. Al 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:15 Travelogue: Jamaica 2:00 Nature Documentary 3:00 Happy Hour: Disco Time! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Estee Lauder 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Estee Lauder 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Estee Lauder 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Estee Lauder 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie
<ul style="list-style-type: none"> 9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Card Games 1:15 National Irish Coffee Day! 2:00 Bingo for Chocolate 3:00 Chair Volleyball 5:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Yahtzee! 1:00 Shopping Trips: CVS 2:00 Let's Bake: Lemon Bars 3:00 Poker 3:00 Meditation w. Sandy 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 11:00 Torah Study w. Rabbi Carol 2:00 Word Games 3:00 Beginner Spanish Class 3:30 Resident Led Golf 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Garden Club w. Luis 9:45 Chair Cardio Class 10:00 Outing: Legion of Honor 10:30 Coffee & Donuts 11:00 Brain Teasers 1:15 Trivia Tournament 2:00 Poetry Read 2:30 Scenic Drive 3:00 Birthday Celebration w. Live Music! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Diamond Art w. Luis 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Jeopardy 1:15 Rummikub 2:00 Make a Chinese New Year Lantern! 3:00 Social Discussion Circle 4:00 Honoring You Dinner 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Tai Chi w. Al 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:15 Travelogue: Laos 2:00 Nature Documentary 3:00 Happy Hour: Wear Animal Print! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Ansel Adams 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Ansel Adams 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 1:15 Biography: Ansel Adams 2:00 Trivia Tournament 3:00 Rummikub 3:30 Golf 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:

