

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday



<div>  <h1>February 2026</h1> <h2>Assisted Living Neighborhood Life Enrichment Activities Calendar</h2>  </div>						
<ul style="list-style-type: none"> 10:45 Sunday Mass 11:15 My Life Story 1:00 Exercises for Health 2:00 Documentary 3:00 Dominoes 4:15 Craft Project 4:45 Gardening 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:45 Sliver Strength Exercise 11:00 Chinese Calligraphy 2:00 Resident-led Mercy Choir 3:00 Meditation Group w. Rev. Rebecca 3:15 Media Help 4:00 Crafts: Mardi Gras Mask 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle, Chat, & Coffee 9:30 Daily Mass 10:15 Tai Chi with Sky 10:45 LE Planning Meeting 2:00 TED Talk and Discussion 2:30 BINGO 3:30 Chinese Dragon Art 4:30 Candlelight Dinner 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Expressive Movement 11:00 Ambassador Meeting 1:00 Create & Connect 2:00 Experimenting Drawing 3:00 Resident-led Rosary 3:30 Ice Cream Social 4:00 Writer's Workshop w. Rev. Rebecca 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Mass, Anointing, & Reconciliation 10:15 Sky-Earth & Me Physical Exercise 1:15 Printing Workshop 1:30 Tech Lab -Tabletops 2:30 Resident-led Canasta 2:30 Tech Lab - Small Devices 3:00 Gardening 3:30 Cribbage 4:30 Biography on Rosa Parks 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exercises 1:15 Blackjack 2:15 Chapters of My Life 3:15 Happy Hour 4:15 Devotion & Discussion 5:30 Movie Night 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 10:00 Chair Tai Chi 10:45 Prayer Circle 1:00 Karaoke & Mocktails 2:00 Adoration 2:15 Beginners Spanish Class 3:15 UNO Card Game 4:15 Community Stroll 5:30 Movie Night
<ul style="list-style-type: none"> 10:45 Sunday Mass 11:15 My Life Story 1:00 Ballet Barre for Ballance 2:00 Study The Master 3:00 Dominoes 3:30 Super Bowl 4:15 Clay Creations 4:45 Gardening 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Musical Mirrors 10:45 Chair Exercise with Greg 11:00 Chinese Calligraphy 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation Group w. Rev. Rebecca 3:15 Media Help 4:00 Crafts: Mardi Gras Mask 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:15 Mind-Body United 11:30 TED Talk and Discussion 1:30 Best Life Over Dessert Series w Veronica 2:30 BINGO 3:30 Chinese Art Dragon Project 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Expressive Movement 1:00 StorySpark Improv 2:00 Laughter Yoga 3:00 Resident-led Rosary 3:30 Getting to Know You 4:00 Writer's Workshop w. Rev. Rebecca 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:15 Excursion: Shopping 10:15 Sky-Earth & Me Physical Exercise 1:15 Book Blinding Workshop 1:30 Tech Lab -Tabletops 2:30 Resident-led Canasta 2:30 Tech Lab -Small Devices 3:00 Gardening 3:30 Cribbage 4:30 Biography on Barack Obama 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exercises 1:15 Blackjack 2:15 Chapters of My Life 3:15 Happy Hour 4:15 Devotion & Discussion 5:30 Movie Night 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 10:00 Zumba Chair Exercise 10:45 Prayer Circle 1:00 Karaoke & Mocktails 2:15 Beginners Spanish Class 3:15 Valentine's Day Celebration 4:15 Community Stroll 4:30 Valentine's Dinner 5:30 Movie Night
<ul style="list-style-type: none"> 10:45 Sunday Mass 11:15 My Life Story 1:00 Ballet Barre for Ballance 2:00 Study The Master 3:00 Dominoes 4:15 Eco-Creations 3D 4:45 Gardening 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Musical Mirrors 10:45 Sliver Strength Exercise 11:00 Chinese Calligraphy 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation Group w. Rev. Rebecca 3:15 Media Help 4:00 Crafts: Mardi Gras Mask 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:10 Resident Council 10:15 Mind-Body United 11:30 Stir Fry Station 1:00 Maintenance & Housekeeping Forum 1:30 Prayers for Peace 2:00 BINGO 3:15 Mardi Gras Celebration 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass 10:15 Exercise Program 10:45 Ash Wednesday Mass - Senior Center 11:30 Resident Birthday Lunch 2:00 Food Forum 3:00 Resident-led Rosary 3:00 Laughter Yoga 3:30 Getting to Know You 4:00 Writer's Workshop w. Rev. Rebecca 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:15 Physical Exercise 11:30 Resident Birthday Lunch 1:15 Art Projects 1:30 Tech Lab -Tabletops 2:00 Hymn Sing 2:30 Resident-led Canasta 2:30 Tech Lab -Small Devices 3:00 Gardening 3:30 Cribbage 4:30 Biography on John Lewis 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exercises 1:15 Blackjack 3:15 Chinese New Year Happy Hour 5:30 Movie Night 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 10:00 Zumba Chair Exercises 10:45 Prayer Circle 1:00 Karaoke & Mocktails 2:15 Beginners Spanish Class 3:15 UNO Card Game 4:15 Gardening 5:30 Movie Night
<ul style="list-style-type: none"> 10:45 Sunday Mass 11:15 My Life Story 1:00 Ballet Barre for Ballance 2:00 Dominoes 3:00 XYZ Woman's Tea 4:15 Clay Creations 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Musical Mirrors 10:45 Sliver Strength Exercise 11:00 Chinese Calligraphy 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation Group w. Rev. Rebecca 3:15 Media Help 4:00 Gemstone Gatherings 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:15 Mind-Body United 1:15 Motivation Circle 2:30 BINGO 2:30 Hymn Sing 3:30 Lumina Glass Creations 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Expressive Movement 1:00 StorySpark Improv 2:00 New Resident Welcome 2:30 Town Hall 3:00 Resident-led Rosary 3:30 Coffee Social 4:00 Writer's Workshop w. Rev. Rebecca 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 9:30 Daily Mass in Chapel 10:15 Sky-Earth & Me Physical Exercise 1:15 Printing Workshop 1:30 Tech Lab -Tabletops 2:00 Hymn Sing 2:30 Resident-led Canasta 3:00 Gardening 3:30 Cribbage 4:30 Biography on Harriet Tubman 5:30 Movie Night 	<ul style="list-style-type: none"> 9:00 Morning Conversations 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exercises 1:15 Blackjack 2:15 Chapters of My Life 3:15 Happy Hour 4:15 Devotion & Discussion 5:00 Bible Study 5:30 Movie Night 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Chat 10:00 Chair Tai Chi 10:45 Prayer Circle 1:00 Karaoke & Mocktails 2:15 Beginners Spanish Class 3:15 UNO Card Game 4:15 Community Stroll 5:30 Movie Night

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative



Mercy Retirement
& CARE CENTER

Activities are subject to change. Please refer to your Daily Schedule for the most up-to-date information regarding activities and times.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> <div>February 2026</div> <div> <div>Mercy Care Center</div> <div>Life Enrichment Activities Calendar</div> </div> <div>  </div> </div> </div>						
<ul style="list-style-type: none"> 9:00 Low Impact Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 10:45 Sunday Mass 1:00 Museum Throughout CA & Chat 2:00 Black Jack Game 3:30 Devotion and Discuss 4:00 Fresh Air Stroll 	<ul style="list-style-type: none"> 9:00 Seated Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 1:30 Hand Wellness 2:30 Table Activities: Dominoes 3:00 Crafts:Chinese New Year 4:00 Documentary: Black History Month 	<ul style="list-style-type: none"> 9:00 Beginners Yoga 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In w/Rev. Rebecca 1:00 UNO Game 2:00 Fresh Air Stroll 3:00 Super Bingo 4:30 Candlelight Dinner 	<ul style="list-style-type: none"> 9:00 Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Moving Meditation 11:15 Create and Connect 1:30 Ice Cream Social 2:00 Travelogue: Japan 3:00 Laughter Yoga 4:00 Daily Chronicle 	<ul style="list-style-type: none"> 9:00 Beginners Zumba 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Outing: Shopping 11:00 Daily Mass- Virtual 1:00 Spa Day 2:00 Beads and Beyond 3:00 Fresh Air Stroll 4:00 Beginners Spanish Class 5:00 Bingo Bash 	<ul style="list-style-type: none"> 9:00 Lower Body Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Mass- Virtual 11:00 Daily Chronicle 1:00 Spiritual Poetry and Response 2:00 Social Hour 3:00 Beginners Improv 4:00 On this Day 	<ul style="list-style-type: none"> 9:00 Disco Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 11:00 Daily Mass- Virtual 11:30 Daily Chronicle 1:00 Hymns Sing A-Long 2:00 DIY: Facial Scrubs 3:00 Movie Night: Viewer's Choice
<ul style="list-style-type: none"> 9:00 Low Impact Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 10:45 Sunday Mass 1:00 Museum Throughout CA & Chat 2:00 Blackjack Game 3:00 Super Bowl Sunday 4:00 Fresh Air Stroll 	<ul style="list-style-type: none"> 9:00 Seated Exercises 9:30 News And Discussion 10:00 Coffee & Current Events 10:30 Daily Mass-Virtual 11:00 Music Therapy w. Hannah 1:30 Hand Wellness 2:00 Table Activities: Dominoes 3:00 Crafts: Chinese New Year 4:00 Documentary: Black History Month 	<ul style="list-style-type: none"> 9:00 Beginners Yoga 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In w/ Rev. Rebecca 1:30 Crafts: Mardi Grass Mask 2:30 Fresh Air Stroll 4:00 Super Bingo 	<ul style="list-style-type: none"> 9:00 Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Moving Meditation 11:15 Create and Connect 1:30 Ice Cream Social 2:00 Travelogue: Spain 3:00 Laughter Yoga 4:00 Daily Chronicle 	<ul style="list-style-type: none"> 9:00 Beginners Zumba 9:30 News And Discussion 10:00 Warm Cup Social 10:00 Resident Council Meeting 11:00 Daily Mass- Virtual 10:30 Daily Chronicle 1:30 Mindful Coloring 2:30 Beads and Beyond 3:30 Fresh Air Stroll 4:00 Beginners Spanish Class 5:00 Karaoke Party! 	<ul style="list-style-type: none"> 9:00 Lower Body Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Mass- Virtual 11:00 Daily Chronicle 1:00 Spiritual Poetry and Response 2:00 Chinese New Year Party 3:00 Galentine's SPA DAY 4:00 On this Day 	<ul style="list-style-type: none"> 9:00 Disco Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 11:00 Daily Mass- Virtual 11:30 Daily Chronicle 1:00 Hymns Sing A-Long 2:00 DIY: Facial Scrubs 3:00 Valentine's Party & Karaoke
<ul style="list-style-type: none"> 9:00 Low Impact Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 10:45 Sunday Mass 1:00 Museum Throughout CA & Chat 2:00 Angel Harpist 3:30 Devotion and Discuss 4:00 Fresh Air Stroll 	<ul style="list-style-type: none"> 9:00 Seated Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 1:30 Hand Wellness 2:30 Table Activities: Dominoes 3:00 Crafts: Chinese New Year 4:00 Documentary: Black History Month 	<ul style="list-style-type: none"> 9:00 Beginners Yoga 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In 1:30 Movie Matinee 3:00 Mardi Gras Party 4:00 Super Bingo 	<ul style="list-style-type: none"> 9:00 Chair Exercises 9:30 News And Discussion 10:00 Coffee and Chat 10:45 Ash Wednesday 11:15 Create and Connect 1:30 Ice Cream Social 2:00 Travelogue: France 3:00 Laughter Yoga 4:00 Daily Chronicle 	<ul style="list-style-type: none"> 9:00 Beginners Zumba 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 1:30 Mindful Coloring 2:30 Beads and Beyond 3:30 Fresh Air Stroll 4:00 Birthday Celebration 5:00 Movie and Snacks! 	<ul style="list-style-type: none"> 9:00 Lower Body Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Mass- Virtual 11:00 Daily Chronicle 1:00 Spiritual Poetry and Response 2:00 Chinese New Year Party 3:00 Beginners Improv 4:00 On this Day 	<ul style="list-style-type: none"> 9:00 Disco Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 11:00 Daily Mass- Virtual 11:30 Daily Chronicle 1:00 Hymns Sing A-Long 2:00 DIY: Hair Mask 3:00 Movie Night: Viewer's Choice
<ul style="list-style-type: none"> 9:00 Low Impact Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 10:45 Sunday Mass 1:00 Museum Throughout CA & Chat 2:00 Blackjack Game 3:30 Devotion and Discuss 4:00 Fresh Air Stroll 	<ul style="list-style-type: none"> 9:00 Seated Exercises 9:30 News And Discussion 10:00 Coffee & Current Events 10:30 Daily Mass-Virtual 11:00 Music Therapy w. Hannah 1:30 Hand Wellness 2:00 Table Activities: Dominoes 3:00 Crafts: Chinese New Year 4:00 Documentary: Black History Month 	<ul style="list-style-type: none"> 9:30 News And Discussion 10:00 Tai Chi w. Sky 10:30 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In 1:30 Movie Matinee 3:30 Fresh Air Stroll 4:00 Super Bingo 	<ul style="list-style-type: none"> 9:00 Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Moving Meditation 11:15 Create and Connect 1:30 Ice Cream Social 2:00 A Taste of... w. David 3:00 Laughter Yoga 4:00 Daily Chronicle 	<ul style="list-style-type: none"> 9:00 Beginners Zumba 9:30 News And Discussion 10:00 Warm Cup Social 10:30 Daily Chronicle 11:00 Daily Mass- Virtual 1:30 Mindful Coloring 2:30 Beads and Beyond 3:30 Fresh Air Stroll 5:00 Poker Night! 	<ul style="list-style-type: none"> 9:00 Lower Body Chair Exercises 9:30 News And Discussion 10:00 Coffee & Chat 10:30 Daily Mass- Virtual 11:00 Daily Chronicle 1:00 Spiritual Poetry and Response 2:00 Chinese New Year Party 3:00 Beginners Improv 4:00 On this Day 	<ul style="list-style-type: none"> 9:00 Disco Chair Exercises 9:30 News And Discussion 10:00 Warm Cup Social 11:00 Daily Mass- Virtual 11:30 Daily Chronicle 1:00 Hymns Sing A-Long 2:00 DIY: Face Mask 3:00 Movie Night: Viewer's Choice

- Intellectual
- Purposeful
- Emotional
- Environmental
- Social
- Physical
- Spiritual
- Creative