

February 2026



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| 1<br><b>Rent is Due</b>                                        | 2<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am Camino Rm(virtual)<br><b>Meditation</b><br>2 pm – 2:30pm<br>in Camino Rm (\$5.)   | 3<br><b>Volunteer Meeting</b><br>11am in Camino Room<br><b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><b>Movie</b><br>3 pm “People We Meet on Vacation”                                     | 4<br><b>Tai Chi Class</b><br>10 am in Camino Rm<br><b>Meditation Class</b><br>11:30–12 in Camino Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room<br><b>Literary Vine Book Club</b><br>2:00 pm in the Library | 5<br><b>Fitness Class</b><br>9 am Camino Rm.<br><br><b>BINGO</b> 1 pm<br>Camino Room                                                  | 6<br><b>Chair Dance/Zumba</b><br>12:30 – 1 pm in the Camino Room<br><b>Movie</b><br>“The Roses” 3 pm<br><b>Rent is Late</b> | 7<br><b>Walking Group</b><br>9am                                                                                        |
| 8<br><b>Crochet &amp; Knitting Workshop</b><br>1 pm Camino Rm. | 9<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am Camino Rm. (virtual)<br><b>Meditation</b><br>2 pm – 2:30pm<br>in Camino Rm (\$5.) | 10<br><b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><br><b>Movie</b><br>“A Tourist’s Guide to Love” 3 pm                                                                                    | 11<br><b>Tai Chi Class</b><br>10 am in Camino Rm<br><b>Meditation Class</b><br>11:30–12 in Camino Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room<br><b>Inter-Generational Games</b> 4 pm Camino             | 12<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>BINGO</b><br>1pm Camino Rm.<br><b>Live Music</b><br>3:30 pm in the Coffee Lounge  | 13<br><b>Chair Yoga</b><br>12:30 – 1 pm in the Camino Room<br><b>Movie</b><br>“An Unexpected Valentine” 3 pm                | 14<br><b>Walking Group</b><br>9am<br><b>Movie</b><br>“Cirque du Soleil – Amaluna” 3 pm                                  |
| 15                                                             | 16<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am Movie Rm (virtual)<br><b>Meditation</b><br>2 pm – 2:30pm<br>in Camino Rm (\$5.)  | 17<br><b>Recycling Education Seminar</b><br>11-11:30 Camino Room<br><b>Seated Strength with Bands</b> 1:30 pm Camino<br><b>Global Traditions Day</b><br>12 pm in Library<br><b>Movie</b> “Chevalier” 3 pm | 18<br><b>Tai Chi Class</b><br>10 am in Camino Rm<br><b>Meditation Class</b><br>11:30–12 in Camino Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room                                                            | 19<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>Hot Dog Day</b><br>12:30 pm Coffee Lounge<br><br><b>BINGO</b> 1 pm<br>Camino Room | 20<br><b>Movie</b><br>“Crazy Rich Asians” 3 pm                                                                              | 21<br><b>Walking Group</b><br>9 am                                                                                      |
| 22                                                             | 23<br><b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am Movie Rm (virtual)<br><b>Meditation</b><br>in Camino Rm (\$5.)                   | 24<br><b>Internet Safety Seminar</b><br>11:30 am Camino Room<br><b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><b>Movie Matinee</b><br>“The Best Exotic Marigold Hotel” 3 pm                 | 25<br><b>Tai Chi Class</b><br>10 am in Camino Rm<br><b>Meditation Class</b><br>11:30–12 in Camino Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room<br><b>Inter-Generational Games</b> 4 pm Camino             | 26<br><b>Fitness Class</b><br>9 am Camino Rm.<br><br><b>BINGO</b> 1 pm<br>Camino Room                                                 | 27<br><b>Chair Yoga</b><br>12:30 pm Camino Rm.<br><b>Resident Birthday Celebration</b><br>3 pm in Coffee Lounge             | 28<br><b>Walking Group</b><br>9am<br><b>Dance of Peace</b><br>1 pm in the Lobby<br><b>Movie</b> “ Wicked For Good” 3 pm |