

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 January 2026  				1 New Year's Day Rent is Due	2	3 Walking Group 9am Max Wexler Celebration 3pm in the Camino Room
4	5 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Camino Rm(virtual) Meditation 2 pm – 2:30pm in the Camino Rm (\$5.)	6 Volunteer Meeting 11am in Camino Room Seated Strength with Bands 1:30 pm Camino Room Rent is Late	7 Tai Chi Class 10 am in Camino Rm Meditation Class 11:30–12 pm Camino Rm. Gentle Stretching 1:30 pm Camino Room Literary Vine Book Club 2:00 pm in the Library	8 Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Room	9 Holiday Decor Take Down 11am Chair Yoga 12:30 pm in the Camino Room	10
11 Crochet & Knitting Workshop 1 pm Camino Rm.	12 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Camino Rm. (virtual) Meditation 2 pm – 2:30pm in Camino Rm. (\$5.)	13 How to Ride SamTrans & Caltrain Seminar 11am in the Movie Room Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “Wake up Dead Man”3pm	14 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 –12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	15 Fitness Class 9 am Camino Rm. BINGO 1pm Camino Rm.	16 Movie “Cast Away” 3 pm	17 Walking Group 9am Movie Cirque Du Soleil – Worlds Away 3pm Karaoke 4:30 pm in Movie Rm.
18	19 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Movie Rm (virtual) Meditation 2 pm – 2:30pm in the Movie Rm (\$5.) Martin Luther King Jr. Day	20 Advanced Directive Planning Seminar 11:30 Movie Rm. Seated Strength with Bands 1:30 pm Camino Room Movie “Selma” 3 pm	21 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 –12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	22 Fitness Class 9 am Camino Rm. Hot Dog Day 12:30 pm Coffee Lounge BINGO 1 pm Camino Room	23 Chair Yoga 12:30 pm in the Camino Room Movie “Jay Kelly” 3 pm	24 Walking Group 9:00 am Karaoke 4:30 pm in Movie Rm.
25	26 Fitness Class 9 am Camino Rm. Tai Chi Class 10am Movie Rm (virtual) Meditation 2 pm – 2:30pm (\$5.)	27 Seated Strength with Bands 1:30 pm Camino Room Movie Matinee “The Hustle” 3 pm	28 Tai Chi Class 10 am in the Movie Rm Meditation Class 11:30 –12 pm Movie Rm Gentle Stretching 1:30 pm Camino Room	29 Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Room	30 Resident Birthday Celebration 3 pm	31 Walking Group 9am Dance of Peace 1 pm in the Lobby Karaoke 4:30 pm in Movie Rm.