

SUN	MON	TUE	WED	THUR	FRI	SAT	
	1 Groundhog Day 9:00 Continental Breakfast 10:00 Men's Pool 11:00 Social Committee 12:00 Blood Pressure Clinic 2:00 Fox Rehab: "Benefits of Exercise" 2:00 Fox Rehab: The Benefits of Exercise 6:30 "Five Crowns" 6:30 Euchre	2 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 3:00 Blackjack 6:30 "500"	3 9:00 Continental Breakfast 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 3:00 One Day University: Charles Lindberg 6:30 Hand & Foot	4 9:00 Continental Breakfast 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 11:30 Sunlight Senior Care Lunch & Learn 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	5 9:00 Continental Breakfast 10:00 Men's Pool 10:00 Fareway/Aldi Grocery Shopping 10:30 Exercise Class 11:00 Community Meeting 1:00 2026 Winter Olympics 1:00 The Round Table (Book Club) 1:00 Women's Poker 1:30 Word Games 4:00 Fireside Friday 11:00 Arbordale Community Meeting	6 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee	7 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee
4:00 Superbowl Party!	8 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Meals from the Heartland 1:30 Mexican Dominoes 3:00 Catholic Communion Service 3:00 Page Turners 6:30 "Five Crowns" 6:30 Euchre	9 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 12:00 Fox Rehab Office Hours 3:00 Blackjack 3:00 Christian Fellowship Group 6:30 "500"	10 9:00 Continental Breakfast 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 1:00 Cribbage 1:00 RAC Committee 6:30 Hand & Foot	11 9:00 Continental Breakfast 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 1:00 Cribbage 1:00 RAC Committee 6:30 Hand & Foot	12 9:00 Continental Breakfast 10:00 Men's Pool 10:00 Fareway/Aldi Grocery Shopping 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	13 9:00 Continental Breakfast 10:00 Men's Pool 1:00 Women's Poker 1:30 Word Games 4:00 Fireside Friday 6:00 Movie: Valentine's Day	14 Valentine's Day 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 11:00 "Bags" 2:00 Women's Coffee 4:00 Valentine's Day Party "Been There Done That"
3:00 Movie: "Valentine's Day"	15 President's Day 9:00 Continental Breakfast 10:00 Men's Pool 2:00 Birthday & Anniversary Celebration 6:30 "Five Crowns" 6:30 Euchre	16 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 3:00 Blackjack 3:00 One Day University: Civil Rights 6:30 "500"	17 Beginning of Ramadan 9:00 Continental Breakfast 10:00 Men's Pool 10:00 Target Shopping 10:30 Exercise Class 3:00 Blackjack 3:00 One Day University: Civil Rights 6:30 "500"	18 9:00 Continental Breakfast 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 2:00 Music Bingo w/Lupe 6:30 Hand & Foot	19 9:00 Continental Breakfast 10:00 Men's Pool 10:00 Fareway/Aldi Grocery Shopping 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	20 9:00 Continental Breakfast 10:00 Men's Pool 1:00 Women's Poker 1:00 The Arbordale Resource Fair 1:30 Word Games 4:00 Fireside Friday	21 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee 3:00 MOVIE: "Cool Runnings"
5:00 Pizza Party!	22 9:00 Continental Breakfast 10:00 Men's Pool 11:00 Lunch out at The JOPPA EXPERIENCE 1:30 Mexican Dominoes 6:30 "Five Crowns" 6:30 Euchre	23 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 12:00 Fox Rehab Office Hours 3:00 Blackjack 3:00 Christian Fellowship Group 6:30 "500"	24 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 12:00 Fox Rehab Office Hours 3:00 Blackjack 3:00 Christian Fellowship Group 6:30 "500"	25 9:00 Continental Breakfast 10:00 Fox Rehab Exercise Class 10:00 Fox Rehab: Exercise Class 10:00 Men's Pool 1:00 Cribbage 2:00 BINGO 6:30 Hand & Foot	26 9:00 Continental Breakfast 10:00 Men's Pool 10:00 Fareway/Aldi Grocery Shopping 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	27 9:00 Continental Breakfast 10:00 Men's Pool 1:00 Women's Poker 1:30 Word Games 4:00 Fireside Friday 6:30 Bunco	28 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee 3:00 Movie: "Queen Bees"

February 2026

