

Important Information



March 2026

Tradition Staff

Jasmine Banks, LALD
Executive Director
763-203-8173
banksjasmine@traditionliving.org

Crystal Lerol
Business Office Manager
763-203-8179
lerolcrystal@traditionliving.org

Vanessa Peterson
Community Relations Director
763-203-8169
vanessa.peterson@traditionliving.org

Brita Bloom, RN
Director of Nursing
763-425-2013
brita.bloom@traditionliving.org

Ben Hanson
Culinary Director
612-430-4478
ben.hanson@traditionliving.org

Billy Stubblefield
Maintenance Supervisor
612-499-3306
bstubblefield@traditionliving.org

Allison Tang
Life Enrichment Director
763-203-8191
atang@traditionliving.org

Emergency Numbers

After Hours Nursing
612-385-0693

After Hours Maintenance
612-499-3306

FRONT DESK KITCHEN
763-416-7740 763-203-8182

Monthly Resident Meeting

Thursday, March 5th
2:00 p.m.
Dining Room

Discuss the latest updates and
hear from department directors



Hair Stylists

Patty: 651-829-5289

Sharon: 763-227-7220

Please call to schedule an appointment



Massages with Jeanne
Friday, March 20th

Please sign up in the Community Room

Shamrock Shakes



Thurs, March 17th
2:00 p.m. in the
Coffee Nook

It's Girl Scout Cookie Season!

The Girl Scouts will
be selling cookies at
Tradition on
Fri, March 20th from
9:00 - 11:00 a.m. in
the Coffee Nook

Falls Prevention Presentation

Thurs, March 5th
1:00 p.m. in the
Community Room

Catered Lunch



Mon, March 31st
12:00 p.m. in the
Activity Parlor

Chosen Threads Clothing Boutique

Boutique shopping is
coming to Tradition!
Tuesday, March 10th
1:00-3:30 PM



Lunch Outing



Fri, March 27th
The bus will
leave at 11:00 a.m.

Arboretum Outing

Fri, March 13th
Bus leaves at 10:00
a.m. and will return by
4:00 p.m.

Cooking Demo

Fri, March 20th
2:00 p.m. in the
Activity Parlor

Bus Outings

- 3/4 Walmart
- 3/11 Cub Foods
- 3/13 Arboretum
- 3/18 Festival/Dollar Tree
- 3/21 Goodwill
- 3/25 Target



Resident Spotlight

Mary Ellen
Reetz-Pegues



Mary Ellen brings a lifetime of heart and dedication to our community. A retired public-school teacher, she specialized in English, music, and Special Education, teaching in schools across North Dakota and Minnesota. Even after retiring, she continued substitute teaching for 11 years. Her passion for helping young people find their path has always guided her work.

She enjoys singing, playing piano, reading, watching Jeopardy! and PBS, thrift store shopping, and sharing meals with friends. A self-proclaimed "foodie" with a sweet tooth, she also loves a great burger (with onion rings, of course).

Mary Ellen credits her mother as the most influential person in her life, inspiring her with strong values, kindness, generosity, and faith. Her church and her relationship with God remain important foundations for her.

Christmas is her favorite time of year, filled with music, candlelight, sparkling trees, delicious smells from the kitchen, and the joy of giving. She also enjoys relaxing to soft jazz from the '60s-'80s.

Mary Ellen chose Tradition when maintaining her home became too much. With her son's help, she explored several options and ultimately found that Tradition checked every box.

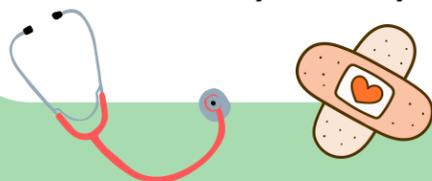
If you see Mary Ellen around, be sure to say hello. You might just find yourself chatting about music, swapping book recommendations, or sharing your favorite sweet treat!

Meet Our New Director of Nursing!



Hello all!

My name is Brita. I have been a nurse for 15 years working in many different fields ranging from pediatrics to senior living! I have a 9-year-old daughter and a Bengal kitten named Mowgli who both keep me quite busy outside of work. I enjoy fishing, hiking and eating delicious food. I look forward to getting to know each and every one of you.



MARCH DRESS-UP

MONDAY 16TH: GOLD



TUESDAY 17TH: GREEN

WEDNESDAY 18TH: RAINBOW DAY

THURSDAY 19TH: TWIN DAY

FRIDAY 20TH: SPRING/FLOWERS

March Music

- Fri, March 6th: Vinnie Rose (Guitar/Vocal)
- Mon, March 16th: Barb & Eben Gillespie (Guitar/Vocal)
- Thurs, March 26th: Adam Daniel (Piano/Vocal)

All entertainment will be at 2:00 p.m.
in the Dining Room

Puppy Visit

Thursday, March 19th
2:00 PM
Activity Parlor



We're excited to welcome a group of adorable puppies from MiraDuke Goldens for a special visit, bringing cuddles, smiles, and tail-wagging joy!

Armchair Travel: London



Thursday, March 12th
1:30 PM
Community Room

Mimosa Bar



Wednesday, March 25th
11:00 AM
Coffee Nook

HAPPY BIRTHDAY

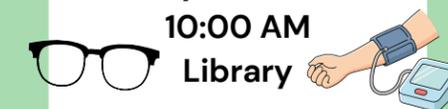
Fred B.	3/2
Mary C.	3/2
Jean K.	3/4
Mary Jo P.	3/6
Ginger E.	3/6
Bob K.	3/6
Mel J.	3/16
Sharyl D.	3/16
Dick P.	3/19
Har A.	3/28
Robert O.	3/30

Join us Friday, March 27th to celebrate our March Birthdays!



Wellness Table

Friday, March 27th
10:00 AM
Library



Comfort Keepers will offer free blood pressure checks and eyeglass services

WELCOME

Mark K.
Judy K.

in loving memory

Trudy O.

GoodBye

David A.
Marian P.
Dick M.
Bev P.