

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<ul style="list-style-type: none"> 9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Movie Matinee w. Popcorn 2:00 Chair Volleyball 3:00 Bingo for Chocolate 3:00 Chicken Soup for the Soul w. Claudette 5:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Knitting for Charity 10:45 Gel Pen Art w. Luis 1:00 Shopping Trip: Trader Joe's 1:45 Let's Make: Shepard's Pie 3:00 Poker 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 11:30 Learn to Meditate 1:15 Word Games 2:00 Activity Planning Mtg. 3:00 Make A St. Paddy's Wreath! 3:30 Golf 6:30 Movie 6:30 Blackjack w. Judy 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 11:00 Brain Teasers 11:15 Outing: Mayflower Pub 1:15 Poetry Read 2:00 Scenic Drive 3:00 Trivia Tournament 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Book Club Beginning 1:15 Garden Club w. Luis 2:00 Movie Committee 3:00 Social Discussion Circle 4:00 Scrabble w. Dick 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 9:15 Nature Documentary 9:45 Tai Chi w. Al 10:30 Dog Therapy w. Roam 1:15 Resident Led Yahtzee! 1:15 Travelogue: Cliffs of Moher 2:00 Name That Tune 3:00 Happy Hour: Lucky Charm Wear Rainbow Colors! 6:30 Movie 	<ul style="list-style-type: none"> 9:00 Mass Online 10:00 Fall Prevention Class w. David 11:00 Live Piano Concert 1:15 Biography: Oscar Wilde 2:00 Trivia Tournament 3:00 Golf 3:30 Spiritual Singing Bowls w. Claudette 4:00 Rummikub 6:30 Movie 		
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<ul style="list-style-type: none"> 9:00 Sunday Service 10:00 Nourish & Nurture 10:15 Morning Gathering 10:30 Gentle Exercise 11:00 Drum Circle 11:30 Spiritual Den w. Claudette 1:30 Sunhats & Sunshine 2:00 Daily Chronicle 2:30 Joke Fest 3:00 Snack Shack 3:30 Bingo Spectacular 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:00 Creative Movement 11:30 Chicken Soup w. Claudette 1:30 Birdfeed & Chill 2:00 Sports Wrap 2:30 Biography: Oscar Wilde 3:00 Monday Munchies 3:30 Floor Games 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Nourish & Nurture 10:00 Music w. Lauren 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Bird Watching 2:00 Good News Stories 2:30 Travel: Cliffs of Moher 3:00 Tuesday Treats 3:30 Table Games 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:15 Morning Gathering 9:30 Chair Z Exercise 10:00 Nourish & Nurture 10:30 Sports Wrap 11:00 Piano Players 11:30 Gratitude Circle 1:30 Gardening 2:00 Music Appreciation w. Ruth 3:00 Snack Happy Social 3:30 Bridgehaven Committee 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:15 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Chair Yoga w. David 11:00 Pampered Nails & Tellin Tales 11:30 Daily Questions 1:30 Birdwatching 2:00 Songs for Mom 2:30 How It's Made 3:00 "We Made It!" Social 3:30 Sing Along 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:00 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Sit & Be Fit 11:00 Dog Therapy w. Roam 11:30 Good News Stories 1:00 Trivia Tournament 2:00 Happy Hour: Wear Rainbow! 3:00 Personal Music Choices 4:00 Gratitude Circle 5:00 Dinner & Evening Movie 	<ul style="list-style-type: none"> 9:00 Morning Gathering 9:30 Strength & Stretch 9:45 Daily Chronicle 10:00 Nourish & Nurture 10:30 Travelogue w. Ruth 1:00 Garden Meditation 2:00 VISTA 2:30 Afternoon Delights 3:00 Music Therapy w. Ruth 4:00 Favorite Shows & News 5:00 Dinner & Evening Movie 	
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