








Asian American Heritage Month

May 2026

Asthma Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1 May Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>No Tai Chi Today</p> <p>2:00 pm Movie in GR 3:30 pm Bridge Group - LFT</p>
<p>3 Lemonade Day</p> 	<p>4 World Give Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR</p>	<p>5 Cinco de Mayo</p> <p>7:30 am - 10:30 am Continental Breakfast</p> <p>9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise</p> <p>1:00 pm Shopping Outing 2:00 pm Derby - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR</p>	<p>6 No Diet Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR</p>	<p>7 National Day of Reason</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR</p>	<p>8 Ovarian Cancer Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Tai Chi in GR</p> <p>2:00 pm Movie in GR 3:30 pm Bridge Group - LFT</p>	<p>9 National Moscato Day</p> <p>6:30 pm Rummikub - GR</p>
<p>10 Mother's Day</p> 	<p>11 Eat What You Want Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR</p>	<p>12 Nurses Day</p> <p>7:30 am - 10:30 am Continental Breakfast</p> <p>1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR</p>	<p>13 Apple Pie Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CG</p>	<p>14 National Chicken Dance Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR</p>	<p>15 Chocolate Chip Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Tai Chi in GR</p> <p>2:00 pm Movie in GR 3:30 pm Bridge Group - LFT</p>	<p>16 Preakness Race Day</p> <p>6:30 pm Rummikub - GR</p>
<p>17 Cherry Cobler Day</p> 	<p>18 Museum Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie in GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR</p>	<p>19 National Scooter Day</p> <p>7:30 am - 10:30 am Continental Breakfast</p> <p>9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise</p> <p>1:00 pm Shopping Outing 2:00 pm Birthday Party 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR</p>	<p>20 World Bee Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>11:00 am— 2:00 pm Barb's Boutique in GR</p> <p>6:30 pm Poker Group - CGR 7:00 pm Starlight Needlework-GR</p>	<p>21 American Red Cross Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR</p>	<p>22 National Polka Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Tai Chi in GR</p> <p>1:00 Resident Hot Dog Lunch & Chicago Cubs Game 3:30 pm Bridge Group - LFT</p>	<p>23 National Taffy Day</p> <p>6:30 pm Rummikub - GR</p>
<p>24 Indianapolis 500 Day</p> 	<p>25 Memorial Day</p> 	<p>26 World Lindy Hop Day</p> <p>7:30 am - 10:30 am Continental Breakfast</p> <p>1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR</p>	<p>27 National Senior Health & Fitness Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR</p>	<p>28 National Brisket Day</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR</p>	<p>29 International Day of United Nations Peacekeepers</p> <p>7:30 am - 10:30 am Continental Breakfast in GR</p> <p>10:30 am Tai Chi in GR</p> <p>1:00 pm Book Club Mtg - GR No Movie - due to book club 3:30 pm Bridge Group - LFT</p>	<p>30 National Multiple Sclerosis Day (MS)</p> <p>6:30 pm Rummikub - GR</p>
<p>31 Save Your Hearing Day</p> 