

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



# May 2026



					<sup>1</sup> <b>Chair Dance/Zumba</b> 12:30 - 1 pm in the Camino Room <b>Movie</b> "Persuasion" 3 pm <b>Rent is Due</b>	<sup>2</sup> <b>Walking Group</b> 9am <b>Karaoke</b> 4:30 pm in Movie Rm
<sup>3</sup> <b>Sundaes on Sunday</b> 1 pm in the Coffee Lounge	<sup>4</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Tai Chi Class</b> 10am (virtual)	<sup>5</sup> <b>Volunteer Meeting</b> 11:00 am in Movie Rm <b>Seated Strength with Bands</b> 1:30 pm Camino Room <b>Movie</b> "Wedding Season" 3 pm	<sup>6</sup> <b>Tai Chi Class</b> 10 am in Movie Rm <b>Meditation Class</b> 11:30-12 in Movie Rm <b>Gentle Stretching</b> 1:30 pm Camino Room <b>Literary Vine Book Club</b> 2:00 pm in Library <b>Intergenerational Games</b> 4 pm in Camino Room <b>Rent is Late</b>	<sup>7</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>BINGO</b> 1pm Camino Rm.	<sup>8</sup> <b>Chair Yoga</b> 12:30 pm in Camino Rm. <b>Movie</b> "Field of Dreams" 3 pm	<sup>9</sup> <b>Walking Group</b> 9am <b>Karaoke</b> 4:30 pm in Movie Rm
<sup>10</sup> Mother's Day	<sup>11</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Tai Chi Class</b> 10am (virtual)	<sup>12</sup> <b>Seated Strength with Bands</b> 1:30 pm Camino Room <b>Movie</b> "Hamnet" 3 pm	<sup>13</sup> <b>Tai Chi Class</b> 10 am in Movie Rm <b>Meditation Class</b> 11:30-12 in Movie Rm <b>Gentle Stretching</b> 1:30 pm Camino Room	<sup>14</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>BINGO</b> 1pm Camino Rm. <b>Alegre Happy Hour</b> 3:30 pm Coffee Lounge	<sup>15</sup> <b>Chair Dance/Zumba</b> 12:30 - 1 pm in the Camino Room <b>Movie</b> "Blue Moon" 3 pm	<sup>16</sup> <b>Walking Group</b> 9am <b>Karaoke</b> 4:30 pm in Movie Rm
<sup>17</sup>	<sup>18</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Tai Chi Class</b> 10am (virtual)	<sup>19</sup> <b>TechEase with Andi</b> 11:30 am in Movie Room <b>Seated Strength with Bands</b> 1:30 pm Camino Room <b>Movie "F1"</b> 3 pm	<sup>20</sup> <b>Tai Chi Class</b> 10 am in Movie Rm <b>Meditation Class</b> 11:30-12 in Movie Rm <b>Gentle Stretching</b> 1:30 pm Camino Room	<sup>21</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Djembe Jam</b> 11 am Camino Rm. <b>BINGO &amp; Pizza</b> 1pm Camino Rm.	<sup>22</sup> <b>Chair Yoga</b> 12:30 pm in Camino Rm. <b>Rooftop Deck Opening</b> 2 pm <b>Movie</b> "Thelma" 3 pm	<sup>23</sup> <b>Walking Group</b> 9 am <b>Karaoke</b> 4:30 pm in Movie Rm
<sup>24/31</sup>	<sup>25</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Tai Chi Class</b> 10am (virtual) Memorial Day	<sup>26</sup> <b>Seated Strength with Bands</b> 1:30 pm Camino Room <b>Movie "The Great Escaper"</b> 3 pm	<sup>27</sup> <b>Tai Chi Class</b> 10 am in Movie Rm <b>Meditation Class</b> 11:30-12 in Movie Rm <b>Gentle Stretching</b> 1:30 pm Camino Rm	<sup>28</sup> <b>Fitness Class</b> 9 am Camino Rm. <b>Navigating the Costs of Care</b> 11am Movie Rm <b>Bingo</b> 1pm Camino Rm. <b>Alegre Happy Hour</b> 3:30 pm Coffee Lounge	<sup>29</sup> <b>Resident Birthday Celebration</b> 3 pm	<sup>30</sup> <b>Walking Group</b> 9 am <b>Dance of Peace</b> in the Lobby 1pm <b>Karaoke</b> 4:30 pm in Movie Rm