

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Movie Matinee w. Popcorn 1:30 National Chocolate Ice Cream Day! 2:00 Chair Volleyball 3:00 Bingo for Chocolate 5:00 Movie</p>	<p>9:00 Mass Online 9:45 Monday Movement 10:30 Gel Pen Art 1:00 Shopping Trip: Trader Joe's 1:15 Musical Memories w. Dick 2:00 Tiramisu & Brew! 3:00 Live Concert! 3:00 Poker 3:45 Walking Club: Marin Lagoon 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Word Games 2:00 Activity Planning Meeting w. Limoncello's! 3:00 Meet Your Neighbors 3:30 Golf 4:00 Rummikub 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 11:00 Brain Teasers 11:15 Outing: Cafe Arrivederci 1:15 Poetry Read 2:15 This Day in History 2:30 Scenic Drive 3:00 Trivia Time! 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Book Club 1:15 Garden Club w. Luis 2:00 Movie Committee 2:30 Where Were You When... 3:00 Social Discussion Circle 4:00 Scrabble w. Dick 6:30 Movie</p>	<p>9:00 Mass Online 9:30 Nature Documentary 9:45 Workout w. Cathy 10:15 Coffee & Donuts 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:30 Travelogue: Cinque Terre 2:00 Wine Taste of Cinque Terre 3:00 Happy Hour: w. Live Music from Spence! 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Workout w. Dennis 10:30 Scenic Drive 1:00 Biography: Leonardo Da Vinci 2:00 Scenic Drive 3:00 Golf 4:00 Rummikub 6:30 Movie</p>
<p>9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Movie Matinee w. Popcorn 1:30 National Chocolate Ice Cream Day! 2:00 Chair Volleyball 3:00 Bingo for Chocolate 5:00 Movie</p>	<p>9:00 Mass Online 9:45 Seated Stability Exercise 11:00 Shabbat Study 1:00 Shopping Trip: Target 1:15 Musical Memories 2:00 Gel Pen Art 3:00 Poker 3:00 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Spiritual Singing Bowls 1:15 Word Games 2:00 Food Forum w. Chef 2:30 Meet Your Neighbors Social! 3:00 Hearing Life Visit 3:30 Golf 6:30 Blackjack w. Judy 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 10:30 Outing: Graton Casino 11:00 Brain Teasers 1:15 Poetry Read 2:15 Trivia Time! 2:30 Scenic Drive 3:00 AVSR Block Party! 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Book Club 1:15 Garden Club w. Luis 2:00 Bread & Roses Concert 2:30 Where Were You When... 3:00 Social Discussion Circle 4:00 Scrabble w. Dick 6:30 Movie</p>	<p>9:00 Mass Online 9:30 Nature Documentary 9:45 Tai Chi w. Al 10:15 Coffee & Donuts 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:15 Travelogue: Colosseum 2:00 Italian Aperol Spritz! 3:00 Happy Hour: Italian Summer, Wear Light Blue! 6:30 Movie</p>	<p>9:00 Mass Online 10:00 Fall Prevention Class w. David 10:45 Card Games w. Cathy 12:30 Pampered Nails 1:15 Italian Fashion: Armani 2:00 Trivia Time! 3:00 Golf 3:30 Chicken Soup for the Soul 4:00 Rummikub 6:30 Movie</p>
<p>9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Flag Day Ice Cream Social 1:15 Outdoor Meditation 2:00 Chair Volleyball 3:00 Bingo for Bucks 5:00 Movie</p>	<p>9:00 Mass Online 9:45 Monday Movement 10:30 Gel Pen Art 1:00 Shopping Trip: Safeway 1:15 Musical Memories 2:00 Cannoli & Catch Up 3:00 Poker 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Spiritual Singing Bowls 1:15 Word Games 2:00 Meet Your Neighbors Social! 3:00 Make-A-Venetian Mask! 3:30 Golf 4:00 AVSR Soirée: Italy! 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Cardio Class 10:00 Scenic Drive 10:30 Coffee & Donuts 11:00 Brain Teasers 11:30 Outing: Ferry Building 1:15 Chat w. Brian 2:00 Poetry Read 3:00 Trivia Time! 6:30 Movie</p>	<p>9:00 Mass Online 9:15 Morning Walking Club 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Book Club 1:15 Garden Club w. Luis 2:00 Resident Community Mtg. 3:00 Social Discussion Circle 4:00 Scrabble w. Dick 6:30 Movie</p>	<p>9:00 Mass Online 9:30 Nature Documentary 9:45 Tai Chi w. Al 10:15 Coffee & Donuts 10:30 Dog Therapy w. Roam 1:15 Resident Led Yahtzee! 1:15 Travelogue: Sicily 2:00 Italian Limoncello! 3:00 Happy Hour: w. Live Music From Manny! 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Workout w. Cathy 10:30 Card Games w. Cathy 12:30 Pampered Nails 1:15 Italian Fashion: Gucci 2:00 Trivia Time! 3:00 Golf 3:30 Chicken Soup for the Soul 4:00 Rummikub 6:30 Movie</p>
<p>9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Father's Day Root Beer Floats 2:00 Summer Solstice Gathering 2:30 Chair Volleyball 3:00 Bingo for Chocolate 4:00 Father's Day Steak Dinner 5:00 Movie</p>	<p>9:00 Mass Online 9:45 Seated Stability Exercises 11:00 Shabbat Study 1:00 Shopping Trips: CVS 1:15 Musical Memories 2:00 Gel Pen Art 3:00 Poker 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Spiritual Singing Bowls 1:15 Tea w. Tracy 2:00 Word Games 2:30 Meet Your Neighbors Social! 3:00 Make-A-Mosaic! 3:30 Golf 6:30 Blackjack w. Judy 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Cardio Class 10:30 Coffee & Donuts 10:30 Hearing Loss Presentation 10:45 Picnic at Marin Garden 11:00 Brain Teasers 1:15 Trivia Time! 2:00 Poetry Read 2:30 Scenic Drive 3:00 BDAY Party w. Live Music! 6:30 Movie</p>	<p>9:00 Mass Online 9:15 Morning Walking Club 9:45 Strength & Stretch w. David 10:30 Music Appreciation w. Ruth 1:15 Garden Club w. Luis 1:15 Book Club 2:00 Town Hall 3:00 Social Discussion Circle 4:00 Scrabble w. Dick 6:30 Movie</p>	<p>9:00 Mass Online 9:30 Nature Documentary 9:45 Tai Chi w. Al 10:15 Coffee & Donuts 10:30 Dog Therapy w. Roam 1:15 Rummikub 1:30 Travelogue: Siena & Tuscany 2:00 Taste of Italian Wine 3:00 Happy Hour: Wear Yellow! 6:30 Movie</p>	<p>9:00 Mass Online 10:00 Fall Prevention Class w. David 10:45 Card Games w. Cathy 12:30 Pampered Nails 1:15 Biography: Michelangelo 2:00 Trivia Time! 3:00 Golf 3:30 Chicken Soup for the Soul 4:00 Rummikub 6:30 Movie</p>
<p>9:00 Live Mass w. Fr. Bain 9:30 Morning Walking Club 10:30 Chair Yoga w. David 11:15 Rummikub w. Luis 1:15 Movie Matinee w. Popcorn 1:30 Patio Popsicles! 2:00 Chair Volleyball 3:00 Bingo for Bucks 5:00 Movie</p>	<p>9:00 Mass Online 9:45 Seated Stability Exercises 10:30 Gel Pen Art 1:00 Shopping Trips: CVS 1:15 Musical Memories 2:00 Let's Make: Pizza! 3:00 Poker 3:30 Wise Aging w. Claudette 3:45 Walking Club: Marin Lagoon 6:30 Movie</p>	<p>9:00 Mass Online 9:45 Chair Exercise 10:30 Playlist for Life w. Ruth 1:15 Spiritual Singing Bowls 1:15 Word Games 2:00 Meet Your Neighbors Social! 3:00 Glass Beaded Jewelry 3:30 Golf 6:30 Movie</p>	 <h1 style="font-family: cursive;">June 2026</h1> <h2>Assisted Living Neighborhood</h2> <h3>Life Enrichment Activities Calendar</h3> 			

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:30 Meditation & Stretch 1:30 Flower Arranging 2:00 Sports Wrap 2:30 Biography: Leonardo Da Vinci 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Nourish & Nurture 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Sunhats & Sunshine 2:00 Good News Stories 2:30 Travel: Cinque Terre 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Z Exercise 10:00 Nourish & Nurture 10:30 Drum Circle 11:00 This Day in History w. Cathy 11:30 Gratitude Circle 1:30 Birdfeed & Chill 2:00 Music Appreciation w. Ruth 3:00 Snack Shack 3:30 Bridgehaven Committee 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Chair Yoga w. David 11:00 Who Sang it Better? 11:30 Daily Questions 1:30 Herb Garden 2:00 Sports Wrap 2:30 How It's Made 3:00 Snack Shack 3:30 Group Choice Activities 5:00 Dinner & Evening Movie</p>	<p>9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Sit & Be Fit 11:00 Dog Therapy w. Roam 11:30 Good News Stories 1:00 Trivia Tournament 2:00 Happy Hour: w. Live Music! 3:00 Snack Shack 3:00 Personal Music Choices 4:00 Gratitude Circle 5:00 Dinner & Evening Movie</p>	<p>9:00 Morning Gathering 9:30 Strength & Stretch 9:45 Daily Chronicle 10:00 Nourish & Nurture 10:30 Travelogue w. Ruth 1:00 Garden Meditation 2:00 VISTA 2:30 Afternoon Delights 3:00 Music Therapy w. Ruth 4:00 Favorite Shows & News 5:00 Dinner & Evening Movie</p>
<p>9:15 Morning Gathering 9:30 Gentle Exercise 10:00 Nourish & Nurture 10:30 Mass Online 1:30 Sunhats & Sunshine 2:00 Joke Fest 2:30 Daily Chronicle 3:00 Snack Shack 3:30 Sing Along 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:30 Meditation & Stretch 1:30 Flower Arranging 2:00 Sports Wrap 2:30 Biography: Galileo Galilei 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Music w. Lauren 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Sunhats & Sunshine 2:00 Good News Stories 2:30 Travel: Rome 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Z Exercise 10:00 Nourish & Nurture 10:30 Drum Circle 11:00 This Day in History w. Cathy 11:30 Gratitude Circle 1:30 Birdfeed & Chill 2:00 Music Appreciation w. Ruth 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Chair Yoga w. David 11:00 Who Sang it Better? 11:30 Daily Questions 1:30 Herb Garden 2:00 Bread & Roses Concert - GR 2:30 How It's Made 3:00 Snack Shack 3:30 Group Choice Activities 5:00 Dinner & Evening Movie</p>	<p>9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Sit & Be Fit 11:00 Dog Therapy w. Roam 11:30 Good News Stories 1:00 Trivia Tournament 2:00 Happy Hour: Wear Blue! 3:00 Snack Shack 3:00 Personal Music Choices 4:00 Gratitude Circle 5:00 Dinner & Evening Movie</p>
<p>9:15 Morning Gathering 9:30 Gentle Exercise 10:00 Nourish & Nurture 10:30 Mass Online 11:30 Spiritual Den w. Claudette 1:30 Sunhats & Sunshine 2:00 Joke Fest 2:30 Daily Chronicle 3:00 Snack Shack 3:30 Sing Along 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:30 Chicken Soup for the Soul 1:30 Flower Arranging 2:00 Sports Wrap 2:30 Biography: Leonardo Da Vinci 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Music w. Lauren 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Sunhats & Sunshine 2:00 Good News Stories 2:30 Travel: Sicily 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 AVSR Soirée Dinner</p>	<p>9:15 Morning Gathering 9:30 Chair Z Exercise 10:00 Nourish & Nurture 10:30 Drum Circle 11:00 This Day in History w. Cathy 11:30 Gratitude Circle 1:30 Birdfeed & Chill 2:00 Music Appreciation w. Ruth 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Chair Yoga w. David 11:00 Who Sang it Better? 11:30 Daily Questions 1:30 Herb Garden 2:00 Sports Wrap 2:30 How It's Made 3:00 Snack Shack 3:30 Group Choice Activities 5:00 Dinner & Evening Movie</p>	<p>9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Sit & Be Fit 11:00 Dog Therapy w. Roam 11:30 Good News Stories 1:00 Trivia Tournament 2:00 Happy Hour: Wear Yellow! 3:00 Snack Shack 3:00 Personal Music Choices 4:00 Gratitude Circle 5:00 Dinner & Evening Movie</p>
<p>9:15 Morning Gathering 9:30 Gentle Exercise 10:00 Nourish & Nurture 10:30 Mass Online 11:30 Summer Solstice Gathering 1:30 Sunhats & Sunshine 2:00 Joke Fest 2:30 Daily Chronicle 3:00 Snack Shack 3:30 Sing Along 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:30 Meditation & Stretch 1:30 Flower Arranging 2:00 Sports Wrap 2:30 Biography: Maria Montessori 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Nourish & Nurture 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Sunhats & Sunshine 2:00 Good News Stories 2:30 Travel: Tuscany 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Z Exercise 10:00 Nourish & Nurture 10:30 Drum Circle 11:00 This Day in History w. Cathy 11:30 Gratitude Circle 1:30 Birdfeed & Chill 2:00 Music Appreciation w. Ruth 2:30 Ukulele w. Richard 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Chair Yoga w. David 11:00 Who Sang it Better? 11:30 Daily Questions 1:30 Herb Garden 2:00 Sports Wrap 2:30 How It's Made 3:00 Snack Shack 3:30 Group Choice Activities 5:00 Dinner & Evening Movie</p>	<p>9:30 Daily Chronicle 10:00 Nourish & Nurture 10:30 Sit & Be Fit 11:00 Dog Therapy w. Roam 11:30 Good News Stories 1:00 Trivia Tournament 2:00 Happy Hour: Wear Green! 3:00 Snack Shack 3:00 Personal Music Choices 4:00 Gratitude Circle 5:00 Dinner & Evening Movie</p>
<p>9:15 Morning Gathering 9:30 Gentle Exercise 10:00 Nourish & Nurture 10:30 Mass Online 1:30 Sunhats & Sunshine 2:00 Joke Fest 2:30 Daily Chronicle 3:00 Snack Shack 3:30 Sing Along 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Yoga Dance 10:00 Nourish & Nurture 10:30 Scenic Drive & Scenic Walk 11:30 Chicken Soup for the Soul 1:30 Flower Arranging 2:00 Sports Wrap 2:30 Biography: Michelangelo 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<p>9:15 Morning Gathering 9:30 Chair Tai Chi 10:00 Music w. Lauren 10:30 Rosary w. Fr. Bain 11:00 Art 'n Sip 1:30 Sunhats & Sunshine 2:00 Good News Stories 2:30 Travel: Milan 3:00 Snack Shack 3:30 Group Choice Activities 4:00 Dinner Set-Up 5:00 Dinner & Evening Movie</p>	<div style="text-align: center;">  <h1 style="font-family: cursive;">June 2026</h1> <h2 style="font-weight: bold;">Bridgehaven Memory Care Neighborhood</h2> <h3 style="font-weight: bold;">Life Enrichment Activities Calendar</h3>  </div>		

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