


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<ul style="list-style-type: none"> 9:00 NY Times Games 9:30 Daily Mass in Chapel 10:15 Joyful Movement 10:15 Musical Mirrors 11:45 Lunch Talk: Travel Theme 1:00 Res-Led Parkinson's Support Group 1:00 Mercy Choir Rehearsal 2:00 Sound of Music Sing-a-long 3:00 Dominoes 3:00 Media Help, Perjol 5:30 Movie Theme: Comedy 	<ul style="list-style-type: none"> 9:00 Open Art Studio 9:00 Go For A Stroll 9:30 Daily Mass in Chapel 10:15 Tai Chi with Trainer, Sky 10:45 LE Planning Meeting 11:30 The Good News 1:30 Golden Tales & Memories 3:00 Clay Creations 3:00 Laughter Yoga with Dr Martin 4:30 Candlelight Dinner with Harp 5:30 Movie Theme: Travel 6:15 Res-led Music Jam w. Josh 	<ul style="list-style-type: none"> 9:00 Song Sharing: First Love 9:30 Daily Mass in Chapel 10:15 Sky-Earth & Me Phys. Exercise 11:00 Ambassador Meeting 1:00 Writer's Wkshp, Rev. Rebecca 1:00 Scrabble 2:00 Luminous Glass Studio 2:30 BINGO 3:00 Resident-led Rosary 5:30 Movie Theme: Global Politics 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Coffee 9:30 Mass, Anointing, and Reconciliation 10:15 Mind & Body United 1:30 Printing Workshop 1:30 Media Help, Perjol 2:00 Resident Led Canasta 3:00 Create and Connect 3:30 Go for a Stroll 5:30 Movie Theme: Great Actors 	<ul style="list-style-type: none"> 9:00 Capture a Lifetime & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exer. 11:00 Spiritual Poetry Reading 1:30 Yahtzee Game 2:00 Adoration 3:15 Happy Hour 5:30 Movie: Resident Request 	<ul style="list-style-type: none"> 9:00 Coffee & Chat 10:15 Morning Exercise 10:45 Fun Fact Trivia 1:00 Create a Poem with Me 2:15 Discussion, with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters <p style="text-align: center;">D-Day</p>	
<ul style="list-style-type: none"> 9:00 Meditation with Guided Visualization 10:00 Tech 101: Cell Phone Portraits 10:45 Sunday Mass 1:00 Everyday Ethics 2:00 Local Politics: Discussion 3:00 Joyful Movement 4:00 Journaling Before Dinner 5:30 Movie Theme: Spirituality 	<ul style="list-style-type: none"> 9:00 NY Times Games 9:30 Daily Mass in Chapel 10:15 Joyful Movement 10:15 Musical Mirrors 11:45 Lunch Talk: Current Events 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca 3:00 Dominoes 3:00 Media Help, Perjol 5:30 Movie Theme: Comedy 	<ul style="list-style-type: none"> 9:00 Open Art Studio 9:00 Go For A Stroll 9:30 Daily Mass in Chapel 10:15 Fitness Class with Greg 11:30 The Good News 1:30 Best Life with Dessert Series 1:30 Whispers of Poetry 3:00 The Paper Makers 3:00 Laughter Yoga with Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam w. Josh 	<ul style="list-style-type: none"> 9:00 Song Sharing 9:30 Daily Mass in Chapel 10:15 Sky-Earth & Me Phys. Exer. 1:00 Writer's Wkshp, Rev. Rebecca 1:00 Scrabble 1:30 Food Forum 2:00 Luminous Glass Studio 2:30 BINGO 3:00 Flower Arranging 3:00 Resident-led Rosary 5:30 Movie Theme: Global Politics 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Coffee 9:30 Daily Mass in Chapel 10:15 Mind & Body United 10:15 Outing: Redwood Regional Park 1:30 Book Binding Studio 1:30 Media Help, Perjol 2:00 Hymn Singing in Courtyard 2:00 Resident Led Canasta 3:00 Create and Connect 3:30 Go for a Stroll 5:30 Movie Theme: Great Actors 	<ul style="list-style-type: none"> 9:00 Capture a Lifetime & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exer. 11:00 Spiritual Poetry Reading 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: Resident Request 	<ul style="list-style-type: none"> 9:00 Coffee & Chat 10:15 Morning Exercise 10:45 Fun Fact Trivia 1:00 Create a Poem with Me 2:15 Discussion, with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 	
<ul style="list-style-type: none"> 9:00 Zen Doodling for Relaxation 10:00 Go For a Stroll 10:45 Sunday Mass 1:00 Everyday Ethics 2:00 Tiny Talent Show 3:00 Joyful Movement 4:00 Journaling Before Dinner 5:30 Movie Theme: Spirituality <p style="text-align: center;">Flag Day</p>	<ul style="list-style-type: none"> 9:00 NY Times Games 9:30 Daily Mass in Chapel 10:15 Joyful Movement 10:15 Musical Mirrors 11:45 Lunch Talk: Languages 1:00 Res-Led Parkinson's Grp 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca 3:00 Dominoes 3:00 Media Help, Perjol 5:30 Movie Theme: Comedy 	<ul style="list-style-type: none"> 9:00 Open Art Studio 9:00 Go For A Stroll 9:30 Daily Mass in Chapel 10:10 Resident Council 1:00 Maintenance/Housekeeping 1:30 Golden Tales & Memories 3:00 Clay Creation 3:00 Laughter Yoga, Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam w. Josh 	<ul style="list-style-type: none"> 9:00 Song Sharing: The One That Got Away 9:30 Daily Mass in Chapel 10:15 Sky-Earth & Me Phys Exer. 1:00 Writer's Wkshp, Rev. Rebecca 1:00 Scrabble 2:00 Luminous Glass Studio 2:30 BINGO 3:00 Resident-led Rosary 5:30 Movie Theme: Global Politics 6:00 Resident-led/ Poker <p style="text-align: center;">Islamic New Year</p>	<ul style="list-style-type: none"> 9:00 Chronicle and Coffee 9:30 Daily Mass in Chapel 10:15 Mind & Body United 11:30 Resident Birthday Lunch 1:30 Printing Workshop 1:30 Media Help, Perjol 2:00 Resident Led Canasta 3:00 Create and Connect 3:30 Go for a Stroll 5:30 Movie Theme: Great Actors 	<ul style="list-style-type: none"> 9:00 Capture a Lifetime & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exer. 11:00 Spiritual Poetry Reading 1:30 Yahtzee Game 2:00 Juneteenth, Faith, & Freedom Film & Discussion 3:15 Happy Hour 5:30 Movie: Resident Request <p style="text-align: center;">Juneteenth</p>	<ul style="list-style-type: none"> 9:00 Coffee & Chat 10:15 Morning Exercise 10:45 Fun Fact Trivia 1:00 Create a Poem with Me 2:15 Discussion, with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 	
<ul style="list-style-type: none"> 9:00 Meditation with Guided Visualization 10:00 Tech 101: Chat GPT 10:45 Sunday Mass 11:00 Father's Day Brunch 1:00 Everyday Ethics 2:00 Comm Service Projects 3:00 Father's Day Celebration! 5:30 Movie Theme: Spirituality <p style="text-align: center;">Father's Day</p>	<ul style="list-style-type: none"> 9:00 NY Times Games 9:30 Daily Mass in Chapel 10:15 Joyful Movement 10:15 Musical Mirrors 11:45 Lunch Talk: Nonprofits 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca 3:00 Dominoes 3:00 Media Help, Perjol 5:30 Movie Theme: Comedy 	<ul style="list-style-type: none"> 9:00 Open Art Studio 9:00 Go For A Stroll 9:30 Daily Mass in Chapel 10:15 Fitness Class with Greg 11:30 The Good News 1:30 Whispers of Poetry 3:00 The Paper Makers 3:00 Laughter Yoga, Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam w. Josh 	<ul style="list-style-type: none"> 9:00 Song Sharing Theme: Young Love 9:30 Daily Mass in Chapel 10:15 Sky-Earth & Me Phys Exer. 1:00 Writer's Wkshp, Rev. Rebecca 1:00 Scrabble 2:00 Luminous Glass Studio 3:00 New Resident Welcome 3:00 Resident-led Rosary 5:30 Movie Theme: Global Politics 6:00 Resident-led Poker 	<ul style="list-style-type: none"> 9:00 Chronicle and Coffee 9:30 Daily Mass in Chapel 10:15 Outing: Berkeley Marina Pizza and Stroll 1:30 Media Help, Perjol 2:00 Resident Led Canasta 2:00 Hymn Singing w. Chaplains 3:00 Create and Connect 3:30 Go for a Stroll 5:30 Movie: Great Actors 	<ul style="list-style-type: none"> 9:00 Capture a Lifetime & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Chair Exer. 11:00 Spiritual Poetry Reading 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: Resident Request 	<ul style="list-style-type: none"> 9:00 Coffee & Chat 10:15 Morning Exercise 10:45 Fun Fact Trivia 1:00 Create a Poem with Me 2:15 Discussion, with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 	
<ul style="list-style-type: none"> 9:00 Zen Doodling for Relaxation 10:00 Go For A Stroll 10:45 Sunday Mass 1:00 Everyday Ethics 2:00 Comm Service Projects 3:00 XYZ Ladies' High Tea (Extra Years of Zest!) 5:30 Movie Theme: Spirituality 	<ul style="list-style-type: none"> 9:00 How to: Cell Portraits 9:30 Daily Mass in Chapel 10:15 Joyful Movement 10:15 Musical Mirrors 11:45 Lunch Talk: Current Sports 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca 3:00 Dominoes 3:00 Media Help, Perjol 5:30 Movie Theme: Comedy <p style="text-align: center;">National Camera Day</p>	<ul style="list-style-type: none"> 9:00 Open Art Studio 9:30 Daily Mass in Chapel 10:15 Fitness Class with Greg 11:30 The Good News 1:30 Golden Tales & Memories 3:00 Clay Creation 3:00 Laughter Yoga, Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam w. Josh 	 <h1 style="font-family: cursive;">June 2026</h1> <h2 style="font-weight: bold;">Assisted Living Neighborhood</h2> <h3 style="font-weight: bold;">Life Enrichment Activities Calendar</h3>				

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:30 Singing and Moving 12:30 Sensory Calming 1:30 Capture a Lifetime 2:00 Afternoon Refreshments 2:30 Voices of the Past 3:00 Fruit tree Crafts Project 3:45 Flower Arrangements 4:30 Letter Game 6:00 Musical Monday 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 11:00 Balloon Toss with Friends 11:00 Spiritual Poetry 1:00 Beginners Spanish 2:00 Afternoon Delight 2:00 Chaplain visit w/ Carlos 2:30 Nature Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 4:30 Candlelight Dining 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Movement w/ Scarves and Music 11:00 Heartfelt Stories 1:00 TED Talk 2:00 Pictures & Scriptures w/Rev. Reb 2:00 Laughter Yoga w/ Martin 3:00 Historical Figures 3:45 Communion In Community 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 10:45 Low Impact Chair Exercises 11:00 Beginners Sign Languages 1:00 Tracing Ancestral Origins 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Scenic Walk 3:00 Super Bingo! 3:45 Lemonade Social & Music 6:00 Movie: Classical 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Gentle Seated Exercises 11:00 Spiritual Circle 1:00 Beaches from Around the World 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Nature Walk 3:15 Symbolic Images & Meaning 4:30 Food for Body & Spirit w. Carlos 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 9:45 Communion in Common 10:00 Beginners Mediation 11:00 Fun Trivia 1:00 Engaging with Art 2:00 Afternoon Refreshment 2:30 Saturday SPA Day!!! 3:15 Bingo! 3:45 Listening to Hymns & Reflect 6:00 Movie: Viewers Choice
<ul style="list-style-type: none"> 9:30 Sky-Earth & Me Physical Exercise 10:00 Chronicle & Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Golden Tales & Memories 2:00 Afternoon Delight 2:30 Apple print Art Project 3:15 Music Time 4:00 Documentary : Wild Life 6:00 Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 9:30 Chronicle & Chat 10:00 Music Therapy w/ Hannah 11:00 Upsy Daisy - Be grateful! 12:30 Peaceful Pause 1:30 Bright Moments in Life 2:00 Afternoon Refreshments 2:30 Seashell Treasures - Art by the Shore 3:00 Everyday Numbers-Math program 3:45 Flower Arrangements 4:30 Word Game 6:00 Musical Monday 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 11:00 Balloon Toss with Friends 11:00 Spiritual Poetry 1:00 Beginners Spanish 2:00 Afternoon Delight 2:00 Chaplain visit w/Carlos 2:30 Nature Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 6:00 Travel to Hawaii 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Movement w/ Scarves and Music 11:00 Heartfelt Stories 1:00 TED Talk 2:00 Pictures & Scriptures w/Rev. Reb 2:00 Laughter Yoga w/ Martin 3:00 Historical Figures 3:45 Communion In Community 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 10:45 Low Impact Chair Exercises 11:00 Beginners Sign Languages 1:00 Tracing Ancestral Origins 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Scenic Walk 3:00 Super Bingo! 3:45 Lemonade Social & Music 6:00 Movie: Classical 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Gentle Seated Exercises 11:00 Spiritual Circle 1:00 Beaches from Around the World 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Nature Walk 3:15 Symbolic Images & Meaning 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 9:45 Communion in Common 10:00 Beginners Mediation 11:00 Fun Trivia 1:00 Engaging with Art 2:00 Afternoon Refreshment 2:30 Saturday SPA Day!!! 3:15 Bingo! 3:45 Listening to Hymns & Reflect 6:00 Movie: Viewers Choice
<ul style="list-style-type: none"> 9:30 Sky-Earth & Me Physical Exercise 10:00 Current Events and Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 "Stars, Stripes & Memories" - Poetry Reading 2:00 Afternoon Delight 2:30 Hands Together Flag Art 3:15 Songs of Memories 4:00 Documentary: Wild Life 6:00 Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 10:30 Singing and Moving 12:30 Sensory Calming 1:30 Capture a Lifetime 2:00 Afternoon Refreshments 2:30 Voices of the Past 3:00 Art of Science 3:45 Flower Arrangements 4:30 Letter Game 6:00 Musical Monday 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 11:00 Balloon Toss with Friends 11:00 Spiritual Poetry 1:00 Beginners Spanish 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Nature Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 6:00 Travel to Bora Bora 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Movement w/ Scarves and Music 11:00 Heartfelt Stories 1:00 TED Talk 2:00 Pictures & Scriptures w/Rev. Reb 2:00 Laughter Yoga w/ Martin 3:00 Historical Figures 3:45 Communion In Community 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:30 Outing: Scenic Drive to Crown Memorial State Beach (Alameda) & Lunch 11:00 Beginners Sign Languages 1:00 Tracing Ancestral Origins 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Scenic Walk 3:00 Super Bingo! 3:45 Lemonade Social & Music 6:00 Movie: Classical 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Gentle Seated Exercises 11:00 Spiritual Circle 1:00 Beaches from Around the World 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 3:15 Symbolic Images & Meaning 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 9:45 Communion in Common 10:00 Beginners Mediation 11:00 Fun Trivia 1:00 Engaging with Art 2:00 Afternoon Refreshment 2:30 Saturday SPA Day!!! 3:15 Bingo! 3:45 Listening to Hymns & Reflect 6:00 Movie: Viewers Choice
<ul style="list-style-type: none"> 9:30 Sky-Earth & Me Physical Exercise 10:00 Daily Chronicle & Discussion 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Golden Tales & Memories 2:00 Afternoon Delight 2:30 Father's Day Art Project 3:15 Music Time 4:00 Documentary : Wild Life 6:00 Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Music Therapy w/ Hannah 11:00 Expressive Movement 12:30 Peaceful Pause 1:30 Bright Moments in Life 2:00 Afternoon Refreshments 2:30 Radiant Sun Mandala - Art Project 3:00 Everyday Numbers-Math program 3:45 Flower Arrangements 4:30 Word Game 6:00 Musical Monday 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 11:00 Balloon Toss with Friends 11:00 Spiritual Poetry 1:00 Beginners Spanish 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Nature Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 6:00 Travel to Fiji 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Movement w/ Scarves and Music 11:00 Heartfelt Stories 1:00 TED Talk 2:00 Pictures & Scriptures w/Rev. Reb 2:00 Laughter Yoga w/ Martin 3:00 Historical Figures 3:45 Communion In Community 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 10:45 Low Impact Chair Exercises 11:00 Beginners Sign Languages 1:00 Tracing Ancestral Origins 2:00 Afternoon Delight 2:00 Chaplain visit with Carlos 2:30 Scenic Walk 3:00 Super Bingo! 3:45 Lemonade Social & Music 5:00 Dinner Live Music Angel Harpist 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Gentle Seated Exercises 11:00 Spiritual Circle 1:00 Beaches from Around the World 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Nature Walk 3:15 Symbolic Images & Meaning 6:00 Netflix Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 9:45 Communion in Common 10:00 Beginners Mediation 11:00 Fun Trivia 1:00 Engaging with Art 2:00 Afternoon Refreshment 2:30 Saturday SPA Day!!! 3:15 Bingo! 3:45 Listening to Hymns & Reflect 6:00 Movie: Viewers Choice
<ul style="list-style-type: none"> 9:30 Sky-Earth & Me Physical Exercise 10:00 Current Events and Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Fresh Air & Sunshine poems 2:00 Afternoon Delight 2:30 Documentary : Alaska 3:15 Songs of Memories 4:00 National Geographic 6:00 Movie: Residents Choice 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 10:30 Singing and Moving 12:30 Sensory Calming 1:30 Capture a Lifetime 2:00 Afternoon Refreshments 2:00 Voices of the Past 3:00 Documentary: Taxes 3:45 Flower Arrangements 4:30 Letter Game 6:00 Musical Monday 	<ul style="list-style-type: none"> 9:00 Morning Mass 10:00 Chronicle & Chat 11:00 Balloon Toss with Friends 11:00 Spiritual Poetry 1:00 Beginners Spanish 2:00 Afternoon Delight 2:00 Chaplain Carlos with Residents 2:30 Nature Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 6:00 Travel to Maldives 	 <h1 style="font-family: cursive;">June 2026</h1> <h2 style="font-weight: bold;">Oasis Memory Care Neighborhood</h2> <h3 style="font-weight: bold;">Life Enrichment Activities Calendar</h3>			

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Slow Movement and Deep Breathing Chair Exercises 10:30 Would you Rather 11:00 Daily Mass- Virtual 1:00 Mercy Choir Rehearsal 2:00 Sound of Music Sing-a-long 2:30 Church Alternative 3:00 Crafts: Grateful Poster 4:00 Travel to Hawaii 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Music Therapy w/ Hannah 11:00 Daily Mass- Virtual 1:30 Black Jack Game 2:00 Sing-Along with Friends 2:30 Church Alternative 3:00 Crafts: Grateful Poster 4:00 Travel to Fiji 	<ul style="list-style-type: none"> 9:00 Coffee and Current Events 9:30 Daily Chronicle 10:00 Beginners Chair Yoga 11:00 Daily Mass- Virtual 11:30 Trivia 1:30 Best Life Over Dessert Series w/ Veronica 2:00 Painting Class in the Courtyard 3:00 Super Bingo 4:30 Fun Jokes with Friends 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 10:45 Catch Phrases Game 11:15 Daily Mass-Virtual 1:00 Mandala Quote Collages 2:00 SPA Day 4:00 Table Games: UNO 	<ul style="list-style-type: none"> 9:00 Coffee and Current Events 9:30 Daily Chronicle 10:00 Lower Body Chair Exercises 10:30 Outing: Movie Theater 1:00 Beginners Spanish Class 2:00 Devotion & Discussion 3:00 TED Talk 4:00 Fresh Air Stroll 5:00 Dinner & Live Music w/Angel Harpist 	<ul style="list-style-type: none"> 9:00 Coffee And Chat 9:30 Current Events & Chat 10:00 Disco Chair Exercises 10:30 Word Game 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality with Rev. Rebecca 2:00 Social Hour & Music 3:00 Movie Matinee: Viewers Choice 3:15 Nature Stroll 4:00 Documentary on Juneteenth 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Chair Exercises 11:00 Daily Mass- Virtual 1:00 Dominoes Game 2:00 Spiritual Crafts 3:00 This Day in History 4:00 Fresh Air Stroll 6:00 Movie Night: Viewer's Choice 			
<ul style="list-style-type: none"> 9:00 Coffee And Current Events 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museums Throughout CA & Chat 2:00 Beginner Poker Game 3:00 Gratitude Journal 4:00 Spiritual Nature Walk 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Slow Movement and Deep Breathing Chair Exercises 10:30 Would you Rather 11:00 Daily Mass- Virtual 1:30 Black Jack Game 2:00 Sing-Along with Friends 2:30 Church Alternative 3:00 Crafts: Summer 4:00 Travel to Bora Bora 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Beginners Chair Yoga 10:30 Fun Trivia 11:00 Daily Mass- Virtual 11:00 Spiritual Check-In, Rev. Rebecca 1:00 Lemonade Social 2:00 Painting Class in the Courtyard 3:00 Super Bingo 4:30 Fun Jokes with Friends 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 10:45 Catch Phrases Game 11:15 Daily Mass-Virtual 1:00 Mandala Quote Collages 2:00 SPA Day 4:00 Table Games: UNO 	<ul style="list-style-type: none"> 9:00 Coffee & Current Events 9:30 Daily Chronicle 10:00 Lower Body Chair Exercises 11:00 Daily Mass- Virtual 1:00 Beginners Sign Language 2:00 Birthday Celebration!! 3:00 TED Talk 4:00 Fresh Air Stroll 6:00 KARAOKE PARTY!!! 	<ul style="list-style-type: none"> 9:00 Coffee And Chat 9:30 Current Events & Chat 10:00 Disco Chair Exercises 10:30 Discussion on Juneteenth 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality with Rev. Rebecca 2:00 Social Hour & Music 3:00 Listening to African Drumming 3:30 Poetry Reading on Juneteenth 4:00 Documentary on Juneteenth 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Chair Exercises 11:00 Daily Mass- Virtual 1:00 Dominoes Game 2:00 Spiritual Crafts 3:00 This Day in History 4:00 Fresh Air Stroll 6:00 Movie Night: Viewer's Choice 			
<ul style="list-style-type: none"> 9:00 Coffee And Current Events 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museums Throughout CA & Chat 2:00 Beginner Poker Game 3:00 Father's Day Celebration! 4:00 Spiritual Nature Walk 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Music Therapy w/ Hannah 11:00 Daily Mass- Virtual 1:30 Black Jack Game 2:00 Sing-Along with Friends 2:30 Church Alternative 3:00 Crafts: Summer 4:00 Travel to Cook Island 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Beginners Chair Yoga 10:30 Fun Trivia 11:00 Daily Mass- Virtual 11:00 Spiritual Check-In, Rev. Rebecca 1:00 Lemonade Social 2:00 Painting Class in the Courtyard 3:00 Super Bingo 4:30 Fun Jokes with Friends 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 10:45 Catch Phrases Game 11:15 Daily Mass-Virtual 1:00 Mandala Quote Collages 2:00 SPA Day 4:00 Table Games: UNO 	<ul style="list-style-type: none"> 9:00 Coffee & Current Events 9:30 Daily Chronicle 10:00 Lower Body Chair Exercises 11:00 Daily Mass- Virtual 1:00 Beginners Sign Language 2:00 Hymn Sing w/ Spiritual Care in the Courtyard 3:00 TED Talk 4:00 Fresh Air Stroll 6:00 POKER NIGHT!!! 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 News and Discussion 10:00 Slow Breathing Chair Exercises 10:30 Trivia Game 11:00 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality with Rev. Rebecca 2:00 Social Hour & Music 3:00 Movie Matinee: Viewers Choice 3:15 Nature Stroll 4:00 Documentary on Juneteenth 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Chair Exercises 11:00 Daily Mass- Virtual 1:00 Dominoes Game 2:00 Spiritual Crafts 3:00 This Day in History 4:00 Fresh Air Stroll 6:00 Movie Night: Viewer's Choice 			
<ul style="list-style-type: none"> 9:00 Coffee And Current Events 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museums Throughout CA & Chat 2:00 Beginner Poker Game 3:00 Gratitude Journal 4:00 Spiritual Nature Walk 	<ul style="list-style-type: none"> 9:00 Coffee and Chat 9:30 Current Events & Conversation 10:00 Slow Movement and Deep Breathing Chair Exercises 10:30 Would you Rather 11:00 Daily Mass- Virtual 1:30 Black Jack Game 2:00 Sing-Along with Friends 2:30 Church Alternative 3:00 Crafts: Summer 4:00 Travel to Maldives 	<ul style="list-style-type: none"> 9:00 Coffee And Current Events 9:30 Daily Chronicle 10:00 Beginners Chair Yoga 10:30 Fun Trivia 11:00 Daily Mass- Virtual 11:00 Spiritual Check-In, Rev. Rebecca 1:00 Lemonade Social 2:00 Painting Class in the Courtyard 3:00 Super Bingo 4:30 Fun Jokes with Friends 					<h1 style="font-family: cursive;">June 2026</h1>		



June 2026



Mercy Care Center
Life Enrichment Activities Calendar

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