

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026



Assisted Living Neighborhood Life Enrichment Activities Calendar

<ul style="list-style-type: none"> 9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:00 Bible Study w. Rev. Michelle 2:00 Outing: Dollar Tree 2:00 Inspirational Series w. Rev. Michelle 6:15 Evening Movie "Drama" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 10:45 Pet Blanket Workshop 1:00 Movie Committee Meeting 2:00 Exploring Spirituality 3:00 Scrabble 4:00 Drumming For Fitness 6:15 Evening Movie "Romance" 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 11:00 Culinary Creations 11:00 Library Lady 1:00 Wii Bowling Lessons 2:30 Discover the Power Within You Book Study 3:00 Trivia Tuesday 4:00 Rummikub Club 6:15 Basketball Night 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 10:30 This Month at AlmaVia "Special Events and Outings" 2:30 Easing Anxiety w. Rev. Michelle 3:00 Wine Down Wednesday Karaoke 4:00 Rummikub 6:15 Evening Movie "Action" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:30 Exercise w. Marg 11:00 Grief and Morning Circle 1:00 Crafting Studio 2:00 Ladies Tea 6:15 Basketball Night 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 1:30 Beading Class 3:00 Live Music 6:15 Evening Movie "Drama" 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 11:00 Fourth Of July BBQ 1:00 Wii Bowling 2:00 Kindness Rock Project 3:00 Saturday Cinema 6:00 Baseball Night
<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Fresh Air Fitness w. Kristine 10:30 Bible Study w. Jim R. 10:30 Camarillo Airport Museum and Lunch 2:00 Inspirational Series w. Rev. Michelle 6:15 Evening Movie "Drama" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 10:00 Outing: Camarillo Library 1:00 Love on a Leash 2:00 Exploring Spirituality 3:00 Scrabble 3:30 Drumming For Fitness 6:15 Evening Movie "Romance" 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 11:00 Culinary Creations 1:00 Activity Planning Meeting 2:00 Chef Chat 2:30 Discover the Power Within You Book Study 4:00 Rummikub Club 6:15 Basketball Night 	<ul style="list-style-type: none"> 8:00 Men's Breakfast 9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Resident Voices Meeting 2:00 Learn to Play Mahjong 2:30 Easing Anxiety w. Rev. Michelle 3:00 New Resident Welcome Wine & Cheese 4:00 Rummikub 6:15 Evening Movie "Musical" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 11:00 Acoustic Hearing 11:00 Grief and Morning Circle 1:00 Build The Best Ice Cream Sundae Contest 3:30 Life Changes w. Dr. Paul 4:00 Anything Goes Game Hour 6:15 Basketball Night 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 1:30 Beading Class 3:00 Live Entertainment 4:15 Kings in the Corner 6:15 Evening Movie "Sports" 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 11:00 Crafting Studio 1:00 Wii Bowling Club 2:00 Kindness Rock Project 3:00 Saturday Cinema 6:00 Baseball Night
<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Fresh Air Fitness w. Kristine 10:00 Outing: Underwood Farm 10:30 Bible Study w. Jim R. 2:00 Inspirational Series w. Rev. Michelle 6:15 Evening Movie "Drama" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Advice to Your Younger Self 1:00 Travel Club 2:00 Exploring Spirituality 3:00 Scrabble 3:30 Drumming for Fitness 6:15 Evening Movie "Romance" 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 11:00 Culinary Creations 11:00 Library Lady 1:00 Wii Bowling Lessons 2:30 Discover the Power Within You Book Study 4:00 Rummikub Club 6:15 Basketball Night 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Painting & Sip w. Elaine 2:00 Learn to Play Mahjong 2:30 Easing Anxiety w. Rev. Michelle 3:00 Wednesday Karaoke 4:00 Rummikub 6:15 Evening Movie "Musical" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 11:00 Grief and Morning Circle 1:00 Crafting Studio 2:00 Community Town Hall 3:00 Volleyball 4:00 Anything Goes Game Hour 6:15 Basketball Night 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 2:00 Beading Class 3:00 Live Entertainment 6:15 Evening Movie "Sports" 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 11:00 Flower Arranging 1:00 Wii Bowling Club 2:00 Kindness Rock Project 3:00 Saturday Cinema 6:00 Baseball Night
<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Fresh Air Fitness w. Kristine 10:30 Bible Study w. Jim R. 10:30 Outing: Lunch in the Park 1:00 Bridge 2:00 Inspirational Series w. Rev. Michelle 6:15 Evening Movie "Comedy" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Morning Walk 2:00 Exploring Spirituality 3:00 Scrabble 3:30 Drumming for Fitness 4:00 Brain Boost 6:15 Evening Movie "Romance" 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 1:00 Wii Bowling Lessons 2:00 Faith and Fellowship Book Club 2:30 Mt. Cross Protestant Communion Service 3:00 Trivia Tuesday 4:00 Rummikub Club 6:15 Basketball Night 	<ul style="list-style-type: none"> 9:30 Daily Word w. Rev. Michelle 10:00 Catholic Reflections w. Deacon Luc 11:00 Garden Tending Crew 2:00 Learn to Play Mahjong 2:30 Easing Anxiety w. Rev. Michelle 3:00 Wednesday Karaoke 4:00 Rummikub 6:15 Evening Movie "Musical" 	<ul style="list-style-type: none"> 8:30 Bone Builders 9:45 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 11:00 Grief and Morning Circle 2:00 Christmas in July Social 3:00 Volleyball 4:00 Anything Goes Game Hour 6:15 Basketball Night 	<ul style="list-style-type: none"> 10:00 Strength and Stability w. Lacey 10:45 Creative Writing 1:00 Wii Bowling Club 2:00 Beading Class 3:00 Live Entertainment 6:15 Evening Movie "Sports" 	

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Saturday



<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 10:30 Summer Art Discovery 11:30 Word Play Cafe 2:00 Ginger oh Snaps 2:30 Refreshments in the garden 3:00 Words of Inspiration w. Rev. Michelle 3:30 Scenic Drive Adventure 4:00 picture that 6:00 Evening Movie 	1	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise with Andrea 10:45 Cooking Expo 11:00 Coffee and current events 11:30 Creative expressions 1:30 Drumming for Fitness 2:00 Hydration Station 2:30 Garden Gathering 3:00 Series the Chosen w. Michelle 4:00 BINGO 6:00 Evening Movie 	2	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Upper Body Strength 10:30 Morning Refreshments 11:00 Coffee and current events 11:30 Noodle Ball 1:30 Brain boost, finish the phrase 2:00 Would you Rather 2:30 Refreshments 3:00 Happy Hour Karaoke 4:00 Soulful Connections 6:00 Evening Movie 	3	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Exercise 10:30 Morning Refreshments 11:00 Fourth of July BBQ 11:30 Music Committee Meeting 1:30 Fourth of July Color fest 2:00 Red, White & Blue BINGO 2:30 Independence Day Celebration 3:30 Fun Facts & Fascinating Finds 4:30 Sing A Long 6:00 Evening Movie 	4
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<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:30 Faith and Reflection w. Rev. Michelle 1:30 Drumming for Fitness 2:00 Daily Word w. Michelle 2:30 Refreshments In the garden 3:30 Summer Art Discovery 4:00 Garden Meditation 6:00 Evening Movie 	5	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Stretch & Strengthen 10:30 Morning Refreshments 11:00 Afternoon Connect 11:30 Creative Corner 1:30 Serenity Spa 2:00 BINGO 2:30 Garden Gathering 3:00 Inspirational Music Hour w. Rev. Michelle 3:30 Scenic Drive Adventure 4:30 Lets Talk Favorites 6:00 Evening Movie 	6	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Boxing 10:30 Morning Refreshments 11:00 Gentle Movement w. Michelle 11:30 Catholic Communion 1:30 Today in History 2:00 Inspired creation 3:00 Daily Word w. Michelle 3:30 Bowling 4:00 Hand Exercises w. Kristine 6:00 Evening Movie 	7	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:00 Food for Thought "Fruit" 1:30 Afternoon Stretch 2:30 Garden Freeze Pop Social 3:00 Words of Inspiration w. Rev. Michelle 4:00 Sing Along 6:00 Evening Movie 	8	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:00 Coffee and Current Events 11:30 Creative Expressions 1:30 Drumming for Fitness 2:00 History of Fashion 2:30 Garden gathering 3:00 Series the Chosen w. Michelle 4:00 BINGO 6:00 Evening Movie 	9	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Upper Body Strength 10:30 Morning Refreshments 11:00 Daily Chronicles 11:30 Balloon Volleyball 1:30 Brain Boost Finish the Phrase 2:30 Family Ice Cream Social 3:00 Live Music w. Scott 4:30 Soulful Connections 6:00 Evening Movie 	10	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Exercise 10:30 Morning Refreshments 11:00 Coffee and current events 11:30 Music Committee Meeting 1:30 Family Feud Fun 2:00 BINGO 3:30 Garden gathering 4:00 Noodle Ball 4:30 Fun Facts & Fascinating Finds 6:00 Evening Movie 	11
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Independence Day (U.S.)

<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:30 Faith and Reflection w. Rev. Michelle 1:30 Drumming for Fitness 2:00 Daily Word w. Michelle 2:30 Brain boost Trivia 3:00 Camping Day Social 4:00 Garden Relaxation 6:00 Evening Movie 	12	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Stretch & Strengthen 10:30 Morning Refreshments 11:00 Creative Corner 11:30 Daily Chronicle 1:30 Love on a Leash 2:00 Memory Lane Cafe 2:30 Refreshments in the Garden 3:30 Scenic Drive 4:30 Lets Talk Favorites 6:00 Evening Movie 	13	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Boxing 10:30 Morning Refreshments 11:00 Gentle Movement w. Michelle 11:30 Catholic Communion 2:00 Garden Ambassador Meeting 2:30 Refreshments in the Garden 3:00 Music w. Paula 3:30 Ball Round Up 4:00 Hand Exercises w. Kristine 6:00 Evening Movie 	14	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:30 Word Play Café 1:30 Would You Rather 2:00 Afternoon Stretch 2:30 The Great Hot Dog Social 3:00 Words of Inspiration w. Rev. Michelle 4:00 Lets Talk Favorites 6:00 Evening Movie 	15	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:45 Cooking Expo 11:30 Creative Expressions 1:30 Drumming for Fitness 2:00 Hydration Station 2:30 Christmas in July Family Celebration 3:00 Series the Chosen w. Rev. Michelle 4:00 BINGO 6:00 Evening Movie 	16	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Upper Body Strength 10:30 Morning Refreshments 11:00 Daily Chronicle 1:30 Brain Boost, Finish the Phrase 2:00 Afternoon Stretch 2:15 Bingo 3:00 Live Music w. Jim Rice 4:30 soulful connections 6:00 Evening Movie 	17	<ul style="list-style-type: none"> 9:00 Meet & Greet 9:45 Chair Exercise 10:30 Morning Refreshments 11:00 Bubbles and Breeze 11:30 Music Committee Meeting 1:30 Name That Tune 2:00 Tropical Fruit Talk 3:30 Noodle Ball 4:00 Fun Facts & Fascinating Finds 6:00 Evening Movie 	18
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<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:00 Faith and Reflection w. Rev. Michelle 1:30 Drumming for Fitness 2:00 Daily Word w. Michelle 2:30 Brain boost trivia 3:00 Backyard Games 4:00 Rock & Roll Sing Along 6:00 Evening Movie 	19	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Stretch & Strengthen 10:30 Morning Refreshments 11:00 Outing: TOPPERS 1:30 Serenity Spa 2:00 Guess the Art 2:30 Refreshments in the Garden 3:00 Memory Lane Cafe 3:30 Outdoor Explore 4:30 Lets Talk Favorites 6:00 Evening Movie 	20	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Boxing 10:30 Morning Refreshments 11:00 Gentle Movement w. Michelle 11:30 Catholic Communion 1:30 Inspired creations 2:30 Refreshments in the Garden 3:00 Daily Word w. Michelle 4:00 Hand Exercises w. Kristine 6:00 Evening Movie 	21	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:00 Art Workshop 11:30 Daily Chronicle 1:30 Things of the Past 2:00 How It's Made (Mangos) 3:00 Spiritual Exploration w. Rev. Michelle 4:15 Brain Boost Word Categories 6:00 Evening Movie 	22	<ul style="list-style-type: none"> 9:15 Meet and Greet 9:45 Exercise with Lacey 10:30 Morning Refreshments 11:00 Daily Word 11:30 Creative Expressions 1:30 Drumming for Fitness 2:00 Egyptian Facts 2:30 Christmas in July Family Social 4:15 Q & A 6:00 Evening Movie 	23	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Upper Body Strength 10:30 Morning Refreshments 11:00 Daily Chronicles 11:30 Reminiscing 1:30 Brain Boost, Finish the Phrase 2:00 Toss it In 3:00 Nacho Social w. Buena Vista 4:30 Soulful Connections 6:00 Evening Movie 	24	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Exercise 10:30 Morning Refreshments 11:00 Current events 11:30 Music Committee Meeting 1:30 Family Feud Fun 2:30 Wine and Cheese Celebration 3:30 Fun Facts & Fascinating Finds 4:00 Reminiscing 6:00 Evening Movie 	25
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<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:00 Faith and Reflection w. Rev. Michelle 11:30 Finish the Lyrics 1:30 Drumming for Fitness 2:00 Daily Word w. Michelle 3:15 Art Hour 3:30 Scenic Drive and Sweet Treat Stop 4:00 Garden Relaxation 6:00 Evening Movie 	26	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Stretch & Strengthen 10:30 Morning Refreshments 11:00 Art Appreciation 1:30 Daily Word w. Michelle 2:30 Refreshments in the Garden 3:00 Memory Lane Cafe 3:30 Coastal Breeze Scenic Drive 4:30 Lets Talk Favorites 6:00 Evening Movie 	27	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Chair Boxing 10:30 Morning Refreshments 11:00 Gentle Movement w. Michelle 11:30 Catholic Communion 3:00 History of Soccer 1:30 Inspired Creations 2:30 Mt. Cross Protestant Communion Service 3:00 Daily Word w. Michelle 4:00 Hand Exercises w. Kristine 6:00 Evening Movie 	28	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Exercise w. Andrea 10:30 Morning Refreshments 11:30 SUMMER PICNIC SOCIAL 1:30 Golden Memories 2:00 Water Pong 3:00 Spiritual Exploration w. Rev. Michelle 4:15 Word Categories 6:00 Evening Movie 	29	<ul style="list-style-type: none"> 9:15 Meet and Greet 9:45 Exercise with Lacey 10:30 Morning Refreshments 11:00 Coffee, and Current Events 11:30 Creative expressions 1:30 Drumming for Fitness 2:00 Story Telling 3:00 Series the Chosen w. Rev. Michelle 4:00 BINGO 4:15 Songs of Faith 6:00 Evening Movie 	30	<ul style="list-style-type: none"> 9:15 Meet & Greet 9:45 Upper Body Strength 10:30 Morning Refreshments 11:00 Daily Chronicles 11:30 Memory Book 1:30 Brain Boost, Finish the Phrase 2:00 End of Summer Prize Bingo Social 3:00 Backyard Games 4:00 Soulful Connections 6:00 Evening Movie 	31	
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