

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026



Assisted Living Neighborhood Life Enrichment Activities Calendar

<ul style="list-style-type: none"> 10:00 Broadcast Mass- GR 5 11:00 Harmony Collective- GR 1:00 Games Fun/Popcorn- GR 2:00 Drop-In Chocolate & Chats with Bridget- PDR 3:00 Happy Birthdays Mary, James & Vivienne- LR 4:00 Antonyms/Synonyms-GR 6:00 Netflix Comedy- GR 	<ul style="list-style-type: none"> 9:30 Chair Yoga with Bridget-GR 6 10:00 Westlake Shoppe- LB 11:00 Gardening Club- PT 1:00 Flower Arranging- PT 1:00 Kindred Spirits Support Group with Bridget- LR 2:00 Book Inspired Art Making with Janae- AR 2:00 Outing: It's It Ice Creams & Planes Watching- LB 3:00 Happy BDay Pete Social-LR 4:00 Book Club with Bridget- LR 6:00 Movie- GR 	<ul style="list-style-type: none"> 9:30 Aerobics- GR 7 10:30 Mass w. Father Rick- GR 12:30 Sweets Bingo- GR 2:00 Cooking Club with Chef Luz & Maggie- AR 2:00 Bible Study with Bridget- LR 3:00 Fresh Ideas Journaling Club with Bridget- GR 4:00 Charades Social- LB 6:00 Netflix Thriller- GR 	<ul style="list-style-type: none"> 9:30 Stretching- GR 11:00 Understanding Your Grief with Bridget- GR 8 1:00 Range Of Motion- GR 1:00 Together Not Alone Support Group with Cleitus- LR 2:15 Crossword Puzzle- GR 3:00 Baroque & Classical Music Concert with Linette Happy Birthday Dennis O. Social- LB 3:30 Activities Meeting with Joe- LB 4:00 Let's Get Creative- LB 6:00 Games Night- AR 	<ul style="list-style-type: none"> 9:30 Gentle Stretch- GR 9 10:30 Mass with Father Rick- GR 1:00 Outing: SFMOMA: Matisse A Modern Scandal Exhibit-LB 2:30 Improvisation & Story Telling with Sammy- GR 3:45 Smoothies & Karaoke-GR 6:00 SPCA Pet Therapy Visit: Noelle The Corgi- LB 6:00 Netflix Musical- GR 	<ul style="list-style-type: none"> 9:30 Weight Lifting- GR 10 10:15 What's In A Word?-GR 11:00 Religion Homonyms- GR 1:00 Holy Rosary w. Mary- CH 1:30 Poetry Readings- GR 2:00 Town Hall Meeting- GR 3:30 Tradewinds Band Music Concert- LB 4:00 Guess/Make Sounds- LB 6:00 Sweets Bingo- GR <p>Tradewinds Band Music Concert</p>	<ul style="list-style-type: none"> 9:30 Range of Motion- GR 11 10:15 Bean Bag Toss- GR 11:00 Lunch Outing: Delancey Street- LB 12:30 Sweets Bingo- GR 2:00 Religion Doc.- GR 2:30 Puppets On Parade with Armando- GR 3:30 Travel Club- LR 4:15 Instrumix Music Program w Ki'Shae- GR 6:00 Netflix Fantasy- GR <p>250th Independence Day</p>
<ul style="list-style-type: none"> 10:00 Broadcast Mass- GR 12 11:00 Harmony Collective- GR 12:30 Outing: Mission Dolores Exploration- LB 1:00 Games Fun/Popcorn- GR 2:00 Current Events Talk- LR 3:00 Happy Birthday Barbara K. Social- LR 4:00 Antonyms/Synonyms-GR 6:00 Netflix Comedy- GR <p>Mission Dolores Exploration</p>	<ul style="list-style-type: none"> 9:30 Chair Yoga with Bridget-GR 13 10:00 Westlake Shoppe- LB 11:00 Gardening Club- PT 1:00 Kindred Spirits Support Group w. Bridget- LR 2:00 Book Inspired Art Making with Janae- AR 2:00 Shopping Outing: West Portal 3:00 Goodwill Boutique- LB 3:00 Happy BDay Elaine Social-LR 4:00 Book Club with Bridget- GR 6:00 Travel Doc.- GR 	<ul style="list-style-type: none"> 9:30 Aerobics- GR 14 10:30 Mass w. Father Rick- GR 12:30 Sweets Bingo- GR 2:00 Cooking Club with Chef Luz & Maggie- AR 2:00 Bible Study with Bridget- LR 3:00 Fresh Ideas Journaling Club with Bridget- GR 4:00 Charades Social- LB 6:00 Netflix Thriller- GR 	<ul style="list-style-type: none"> 9:30 Stretching- GR 11:00 Understanding Your Grief with Bridget- GR 15 1:00 Range Of Motion- GR 1:30 Together Not Alone Support Group with Cleitus- LR 2:15 Crossword Puzzle- GR 3:00 Wine Down Social- LB 4:00 Let's Get Creative- LB 6:00 Games Night- AR 6:00 Movie- GR 	<ul style="list-style-type: none"> 9:30 Gentle Stretch- GR 16 10:30 Mass w. Father Rick- GR 1:00 Book To Brush Inspired Art Making w. Janae-AR 2:30 Improvisation & Story Telling with Sammy- GR 3:45 Smoothies & Karaoke-GR 6:00 Games Night- AR 6:00 Netflix Musical- GR 	<ul style="list-style-type: none"> 9:30 Weight Lifting- GR 17 10:15 What's In A Word?-GR 11:00 Religion Homonyms- GR 1:00 Holy Rosary w. Mary- CH 1:30 Poetry Readings- GR 2:00 Word Games- LR 3:00 Baroque & Classical Concert with Linette-PT 4:00 Shabbat Service: with Rabbi Chayva- GR 6:00 Sweets Bingo- GR 	<ul style="list-style-type: none"> 9:30 Range of Motion- GR 18 10:15 Bean Bag Toss- GR 11:00 Crossword Puzzle- GR 12:30 Sweets Bingo- GR 2:00 Religion Doc. & Discussion- GR 3:00 Whack-O-Balloon- GR 3:30 Travel Club- LR 4:15 Comedy Showtime- GR 6:00 Netflix Fantasy- GR
<ul style="list-style-type: none"> 10:00 Broadcast Mass-GR 19 11:00 Harmony Collective- GR 1:00 Games Fun- GR 2:00 Drop-In Chocolate & Chats with Bridget- PDR 3:00 Spa Day- LR 4:00 Antonyms/Synonyms-GR 6:00 Netflix Comedy- GR 	<ul style="list-style-type: none"> 9:30 Chair Yoga w. Bridget-GR 20 10:00 Westlake Shoppe- LB 11:00 Gardening Club- PT 1:00 Flower Arranging- PT 1:00 Kindred Spirits Support Group with Bridget- LR 2:00 Book Inspired Art Making w. Janae- AR 2:00 Scenic Drive: Princeton By The Sea- LB 3:00 Happy B-Day Irene Social-LR 4:00 Book Club with Bridget- GR 6:00 Travel Doc.- GR 	<ul style="list-style-type: none"> 9:30 Aerobics- GR 21 10:30 Mass w. Father Rick- GR 12:30 Sweets Bingo- GR 2:00 Cooking Club with Chef Luz & Maggie- AR 2:00 Bible Study with Bridget- LR 3:00 Fresh Ideas Journaling Club with Bridget- GR 4:00 Charades Social- LB 6:00 Netflix Thriller- GR 	<ul style="list-style-type: none"> 9:30 Stretching- GR 11:00 Understanding Your Grief with Bridget- GR 22 1:00 Range Of Motion- GR 1:30 Together Not Alone Support Group with Cleitus- LR 2:15 Crossword Puzzle- GR 3:00 Wine Down Social- LB 4:00 Let's Get Creative- LB 6:00 Games Night- AR 6:00 Movie- GR 	<ul style="list-style-type: none"> 9:30 Gentle Stretch- GR 23 10:30 Mass w. Father Rick- GR 1:00 Outing: Michael's Art Supplies- LB 2:30 Improvisation & Story Telling with Sammy- GR 3:45 Smoothies & Karaoke-GR 6:00 Games Night- AR 6:00 Netflix Musical- GR 	<ul style="list-style-type: none"> 9:30 Weight Lifting- GR 24 10:15 What's In A Word?-GR 11:00 Religion Homonyms- GR 1:00 Holy Rosary w. Mary- CH 1:30 Poetry Readings- GR 2:00 Word Games- LR 3:00 Baroque & Classical Concert with Linette- PT 4:00 Guess/Make Sounds- LB 6:00 Sweets Bingo- GR 	<ul style="list-style-type: none"> 9:30 Range of Motion- GR 25 10:15 Bean Bag Toss- GR 11:00 Crossword Puzzle- GR 12:30 Sweets Bingo- GR 2:00 Religion Doc./Discuss- GR 3:00 Whack-O-Balloon- GR 4:15 Instrumix Music Program with Ki'Shae- GR 6:00 Netflix Fantasy- GR
<ul style="list-style-type: none"> 10:00 Broadcast Mass-GR 26 11:00 Harmony Collective- GR 1:00 Games Fun- GR 2:00 Drop-In Chocolate & Chats with Bridget- PDR 3:00 Spa Day- LR 4:00 Antonyms/Synonyms-GR 6:00 Netflix Comedy- GR 	<ul style="list-style-type: none"> 9:30 Chair Yoga w. Bridget- GR 27 10:00 Westlake Shoppe- LB 11:00 Gardening Club- PT 1:00 Kindred Spirits Group w. Bridget- LR 2:00 Book Inspired Art Making with Janae- AR 2:00 Scenic Drive: S.F.- LB 3:00 Happy Birthday Alice S. Social- LR 4:00 Book Club with Bridget- LR 6:00 Movie- GR 	<ul style="list-style-type: none"> 9:30 Aerobics- GR 28 10:30 Mass w. Father Rick- GR 12:30 Sweets Bingo- GR 2:00 Cooking Club with Chef Luz & Maggie- AR 2:00 Bible Study with Bridget- LR 3:00 Fresh Ideas Journaling Club with Bridget- GR 4:00 Charades Social- LB 6:00 Netflix Thriller- GR 	<ul style="list-style-type: none"> 6:30 Can You Weight?- AR 29 9:30 Stretching- GR 11:00 Understanding Your Grief with Bridget- GR 1:00 Range Of Motion- GR 1:30 Together Not Alone Support Group with Cleitus- LR 2:15 Crossword Puzzle- GR 3:00 Baroque/Classical Music Concert with Linette-PT 4:00 Let's Get Creative- LB 6:00 Games Night- AR 6:00 Movie- GR 	<ul style="list-style-type: none"> 9:30 Gentle Stretch- GR 30 10:30 Mass with Father Rick- GR 11:00 Lunch Outing: Half Moon Bay Brewery- LB 1:00 Book To Brush Inspired Art Making with Janae-AR 2:30 Improvisation & Story Telling with Sammy- GR 3:45 Smoothies & Karaoke- GR 6:00 Games Night- AR 6:00 Netflix Musical- GR <p>Half Moon Bay Brewery</p>	<ul style="list-style-type: none"> 9:30 Weight Lifting- GR 31 10:15 What's In A Word?- GR 11:00 Religious Homonyms- GR 11:30 Salad Bar- DR 1:00 Holy Rosary w. Mary- CH 1:30 Poetry Readings- GR 2:00 Word Games- LR 3:00 Residents B-Day's Party with Scott Hill/Guitar- LB 4:00 Guess/Make Sounds-LB 6:00 Sweets Bingo- GR <p>Residents B-Day's Party w. Scott Hill</p>	

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026



Bridgehaven Memory Care Neighborhood Life Enrichment Activities Calendar

<ul style="list-style-type: none"> 10:00 Sunday Mass 10:30 Snack 11:00 Morning Gathering 11:30 Game On! 1:30 Book Club 2:00 Visual Art: Earthly 3:00 Hot Choco with Friends 3:30 Eco Club: Botanical Bliss 4:00 Guess the Scent 6:00 Hymn Along 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Chair Fitness 11:30 Pace with Grace 1:30 Aromatherapy 1:30 Flower Arranging 2:00 Collaborative Art Project 3:00 Coffee & Tea Social 3:30 Rhyme & Reflect 4:00 Drumming & Percussion 6:00 Music Memory Lane 40's 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 10:45 Morning Gathering 11:00 Bible Stories 1:30 Book To Brush: Storybook Inspired Art Making 2:30 Music Through the Years 3:00 Afternoon Snack 3:30 Mind Gym: US Cuisine 4:00 Gentle Wags of Summer 6:00 Travel Club: History of the United States of America 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Let's Groove 1:30 Card Sorting 2:00 Scenic Drive: Marin 2:00 Brighten With Hope 2:00 Baroque & Classical Music Concert with Linette 3:00 Afternoon Snack 3:30 Chocolate Bingo! 4:00 Faith Based Film / Doc. 6:00 Riddles & Rhymes 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Calming Chair Movement 1:30 Creative Expression 2:30 Word Games 3:00 Sweet Scoops Social 3:30 Men/Women Of Faith 4:00 Green Thumb Club 6:00 Evening Stories 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Daily Chronicle 11:30 Sit & Be Fit 1:30 Walking Club 2:00 Summer Arts & Crafts 3:00 Happy Hour Social 3:30 Reminiscing: Outdoor Games 4:00 Together In Spirit 6:00 Movie Night 6:00 SPCA Pet Therapy Visit: Noelle The Corgi 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Arts & Culture of America 11:30 Range of Motion 11:40 Serene Nature Moment 1:30 Hand Spa 2:00 Memory Scrapbook Making 3:15 250th Independence Day Party! with Precy Alvarez 4:00 Movement Break 6:00 Spiritual Coloring <p style="text-align: center;">250th Independence Day</p>
<ul style="list-style-type: none"> 10:00 Sunday Mass 10:30 Snack 11:00 Morning Gathering 11:30 Game On! 1:30 Book Club 2:00 Visual Art: Textured 3:00 Hot Choco with Friends 3:30 Eco Club: Sublimation 4:00 Guess the Scent 6:00 Hymn Along 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Chair Fitness 11:30 Pace with Grace 1:30 Aromatherapy 2:00 Collaborative Art Project 3:00 Coffee & Tea Social 3:30 Rhyme & Reflect 4:00 Drumming & Percussion 6:00 Music Memory Lane 50's 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 10:45 Morning Gathering 11:00 Bible Stories 1:30 Book To Brush: Storybook Inspired Art Making 2:30 Music Through the Years 3:00 Afternoon Snack 3:30 Mind Gym: US Drinks 4:00 Gentle Wags of Summer 6:00 Travel Club: Wild America 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Soulful Stretch with Karuna 1:30 Napkin Folding 2:00 Scenic Drive: Fisherman's 2:00 Brighten With Hope 2:00 Baroque & Classical Music Concert with Linette 3:00 Afternoon Snack 3:30 Chocolate Bingo! 4:00 Faith Based Film / Doc. 6:00 Riddles & Rhymes 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Calming Chair Movement 1:30 Creative Expression 2:30 Word Games 3:00 Sweet Scoops Social 3:30 Men/Women Of Faith 4:00 Green Thumb Club 6:00 Evening Stories 6:00 SPCA Pet Therapy Visit: Noelle The Corgi 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Daily Chronicle: Trivia 11:30 Sit & Be Fit 1:30 Walking Club 2:00 Summer Arts & Crafts 3:00 Happy Hour Social 3:30 Reminiscing 4:00 Together In Spirit 6:00 Movie Night <p style="text-align: center;">Live Music with Billos</p>	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Music & Dance of America 11:30 Range of Motion 11:40 Serene Nature Moments 1:30 Hand Spa 2:00 Memory Scrapbook Making 3:00 Afternoon Snack 3:30 Joyful Jams 4:00 Movement Break 6:00 Spiritual Coloring
<ul style="list-style-type: none"> 10:00 Sunday Mass 10:30 Snack 11:00 Morning Gathering 11:30 Game On! 1:30 Book Club 2:00 Visual Art: Paper Mosaic 3:00 Hot Choco with Friends 3:30 Eco Club: Recycling 4:00 Guess the Scent 6:00 Hymn Along 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Chair Fitness 11:30 Pace with Grace 1:30 Aromatherapy 1:30 Flower Arranging 2:00 Collaborative Art Project 3:00 Coffee & Tea Social 3:30 Rhyme & Reflect 4:00 Drumming & Percussion 6:00 Music Memory Lane 60's 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 10:45 Morning Gathering 11:00 Bible Stories 1:30 Book To Brush: Storybook Inspired Art Making 1:30 Puppets On Parade with Armando 3:00 Afternoon Snack 3:30 Mind Gym: Herbs & Spices 4:00 Gentle Wags of Summer 6:00 Travel Club: Spectacular National Park 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Let's Groove 1:30 Card Reading 2:00 Picnic Outing: Oyster Park 2:00 Brighten With Hope 2:00 Baroque & Classical Music Concert with Linette 3:00 Afternoon Snack 3:30 Chocolate Bingo! 4:00 Faith Based Film / Doc. 6:00 Riddles & Rhymes 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Calming Chair Movement 1:30 Creative Expression 2:30 Word Games 3:00 Sweet Scoops Social 3:30 Men/Women Of Faith 4:00 Green Thumb Club 6:00 Evening Stories 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Daily Chronicle: Trivia 11:30 Sit & Be Fit 1:30 Walking Club 2:00 Summer Arts & Crafts 3:00 Happy Hour Social 3:30 Reminiscing 4:00 Together In Spirit 6:00 Movie Night 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Architecture of America 11:30 Range of Motion 11:40 Serene Nature Moments 1:30 Hand Spa 2:00 Pride Arts & Crafts 2:15 Instrumix Music Program with Ki'Shae 3:30 Joyful Jams 4:00 Movement Break 6:00 Spiritual Coloring
<ul style="list-style-type: none"> 10:00 Sunday Mass 10:30 Snack 11:00 Morning Gathering 11:30 Game On! 1:30 Book Club 2:00 Visual Art: Applique 3:00 Hot Choco with Friends 3:30 Eco Club: Sublimation 4:00 Guess the Scent 6:00 Hymn Along 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Chair Fitness 11:30 Pace with Grace 1:30 Aromatherapy 2:00 Collaborative Art Project 3:00 Coffee & Tea Social 3:30 Rhyme & Reflect 4:00 Drumming & Percussion 6:00 Music Memory Lane 70's 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 10:45 Morning Gathering 11:00 Bible Stories 1:30 Book To Brush: Storybook Inspired Art Making 2:30 Music Through the Years 3:00 Afternoon Snack 3:30 Mind Gym: US Resto 4:00 Gentle Wags of Summer 6:00 Travel Club: Salmon Forest of Alaska 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Let's Groove 1:30 Napkin Folding 2:00 Picnic Outing: Crissy Field 2:00 Brighten With Hope 2:00 Baroque & Classical Music Concert with Linette 3:00 Afternoon Snack 3:30 Chocolate Bingo! 4:00 Faith Based Film / Doc. 6:00 Riddles & Rhymes 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Calming Chair Movement 1:30 Creative Expression 2:30 Word Games 3:00 Sweet Scoops Social 3:30 Men/Women Of Faith 4:00 Green Thumb Club 6:00 Evening Stories 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Daily Chronicle: Trivia 11:30 Sit & Be Fit 1:30 Walking Club 2:00 Summer Arts & Crafts 3:00 Residents' Birthday Party with Paul Fontes 3:30 Reminiscing 4:00 Together In Spirit 6:00 Movie Night 	

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

Gardens Memory Care Neighborhood Life Enrichment Activities Calendar



<ul style="list-style-type: none"> 10:00 Sunday Mass (GR) 10:30 Snack 11:00 Morning Gathering 11:30 Relaxing Hymns 1:30 Art & Design Painting 2:30 Nature Club 3:00 Ice Cream Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Table Games 	<ul style="list-style-type: none"> 10:00 Rise & Shine Exercise 10:30 Snack 11:00 Book Inspired Art Making 1:30 Bird Watching (Patio) 2:00 Praying with the Psalms 2:30 Crossword Puzzle 3:00 Afternoon Tea & Coffee 3:30 Daily Chronicle 4:00 Movement Break 6:00 Music Memory Lane: 40s 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Music Appreciation 1:30 Let's Play Bingo! 2:30 Creative Arts Club 3:00 Coffee & Tea Social 3:30 Puppets On Parade with Armando 4:00 Move Break/Dog Walking 6:00 America the Beautiful <p style="text-align: center;">Puppets On Parade with Armando</p>	<ul style="list-style-type: none"> 10:00 Yoga with Karuna 10:30 Snack 11:00 Morning Gathering 1:00 Faith Based Film / Doc. 2:00 Scenic Drive: Half Moon Bay 2:00 Word Games 2:30 Lets Get Crafty! 3:00 Baroque & Classical Music Concert with Linette 3:30 Daily Chronicle 4:00 Movement Break 6:00 Childhood Tales 	<ul style="list-style-type: none"> 10:00 What's the Weight? 10:30 Snack 11:00 Morning Gathering 11:30 Nature Club 1:30 Mindful Art 2:00 Men / Women Of Faith 2:30 What's in a Word? 3:00 Afternoon Snack 4:00 Movement Break 6:00 Reminiscing: Picnic 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Walking Club 11:00 Sing-Along 1:30 Sacred Pause: Environment 2:00 Collaborative Art Project 3:00 Happy Hour Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Rest & Relax Coloring 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Green Earth Club 1:30 Summer Art Project 2:00 250th Independence Day Party! with Precy Alvarez 3:00 Afternoon Coffee 3:30 Daily Chronicle 4:00 Yoga & Meditation 6:00 Aroma Therapy <p style="text-align: center;">250th Independence Day</p>
<ul style="list-style-type: none"> 10:00 Sunday Mass (GR) 10:30 Snack 11:00 Morning Gathering 11:30 Relaxing Hymns 1:30 Art & Design Painting 2:30 Nature Club 3:00 Ice Cream Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Table Games 	<ul style="list-style-type: none"> 10:00 Rise & Shine Exercise 10:30 Snack 11:00 Book Inspired Art Making 1:30 Bird Watching (Patio) 2:00 Praying with the Psalms 2:30 Crossword Puzzle 3:00 Afternoon Tea & Coffee 3:30 Daily Chronicle 4:00 Movement Break 6:00 Music Memory Lane: 40s 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Music Appreciation 1:30 Let's Play Bingo! 2:30 Creative Arts Club 3:00 Coffee & Tea Social 3:30 Puppets On Parade with Armando 4:00 Move Break/Dog Walking 6:00 America the Beautiful <p style="text-align: center;">Puppets On Parade with Armando</p>	<ul style="list-style-type: none"> 10:00 Range of Motion 10:30 Snack 11:00 Morning Gathering 1:00 Faith Based Film / Doc. 2:00 Scenic Drive: Marin 2:00 Word Games 2:30 Lets Get Crafty! 3:00 Baroque & Classical Music Concert with Linette 3:30 Daily Chronicle 4:00 Movement Break 6:00 Childhood Tales 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Nature Club 1:30 Mindful Art 2:00 Men / Women Of Faith 2:30 What's in a Word? 3:00 Afternoon Snack 4:00 Movement Break 6:00 Reminiscing: Family Outing 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Walking Club 11:00 Sing-Along 1:30 Sacred Pause: Others 2:00 Collaborative Art Project 3:00 Live Music with The Billos 3:30 Daily Chronicle 4:00 Movement Break 6:00 Rest & Relax Coloring <p style="text-align: center;">Live Music with The Billos</p>	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Green Earth Club 1:30 Summer Art Project 2:00 Chocolate Bingo! 2:15 Picture Frames Making with Perfect Pair Volunteer's 3:00 Afternoon Coffee 3:15 Instrumix Music Program with Ki'Shae 3:30 Daily Chronicle 4:00 Yoga & Meditation 6:00 Aroma Therapy
<ul style="list-style-type: none"> 10:00 Sunday Mass (GR) 10:30 Snack 11:00 Morning Gathering 11:30 Relaxing Hymns 1:30 Pigment & Paper Painting 2:30 Nature Club 3:00 Ice Cream Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Table Games 	<ul style="list-style-type: none"> 10:00 Rise & Shine Exercise 10:30 Snack 11:00 Book Inspired Art Making 1:30 Bird Watching (Patio) 2:00 Praying with the Psalms 2:30 Crossword Puzzle 3:00 Afternoon Tea & Coffee 3:30 Daily Chronicle 4:00 Movement Break 6:00 Music Memory Lane: 50s 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Music Appreciation 1:30 Let's Play Bingo! 2:30 Creative Arts Club 3:00 Coffee & Tea Social 3:30 Daily Chronicle 4:00 Move Break/Dog Walking 6:00 Wonders of the USA 	<ul style="list-style-type: none"> 10:00 Ease & Release w. Karuna 10:30 Snack 11:00 Morning Gathering 1:00 Faith Based Film / Doc. 2:00 Scenic Drive: Fisherman's 2:00 Word Games 2:30 Lets Get Crafty! 3:00 Baroque & Classical Music Concert with Linette 3:30 Daily Chronicle 4:00 Movement Break 6:00 Childhood Tales 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Nature Club 1:30 Mindful Art 2:00 Men / Women Of Faith 2:30 What's in a Word? 3:00 Afternoon Snack 4:00 Movement Break 6:00 Reminiscing: Favorite Park 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Walking Club 11:00 Sing-Along 1:30 Sacred Pause: Country 2:00 Collaborative Art Project 3:00 Happy Hour Social 3:30 Daily Chronicle: 4:00 Movement Break 6:00 Rest & Relax Coloring 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Green Earth Club 1:30 Summer Art Project 2:00 Chocolate Bingo! 3:00 Afternoon Coffee 3:30 Daily Chronicle 4:00 Yoga & Meditation 6:00 Aroma Therapy
<ul style="list-style-type: none"> 10:00 Sunday Mass (GR) 10:30 Snack 11:00 Morning Gathering 11:30 Relaxing Hymns 1:30 Art & Design Painting 2:30 Nature Club 3:00 Ice Cream Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Table Games 	<ul style="list-style-type: none"> 10:00 Rise & Shine Exercise 10:30 Snack 11:00 Book Inspired Art Making 1:30 Bird Watching (Patio) 2:00 Praying with the Psalms 2:30 Crossword Puzzle 3:00 Afternoon Tea & Coffee 3:30 Daily Chronicle 4:00 Movement Break 6:00 Music Memory Lane: 60s 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Music Appreciation 1:30 Let's Play Bingo! 2:30 Creative Arts Club 3:00 Coffee & Tea Social 3:30 Daily Chronicle 4:00 Move Break/Dog Walking 6:00 Wild Yosemite 	<ul style="list-style-type: none"> 10:00 Range of Motion 10:30 Snack 11:00 Morning Gathering 1:00 Faith Based Film / Doc. 2:00 Picnic Outing: Oyster Park 2:00 Word Games 2:30 Lets Get Crafty! 3:00 Baroque & Classical Music Concert with Linette 3:30 Daily Chronicle 4:00 Movement Break 6:00 Childhood Tales 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Nature Club 1:30 Mindful Art 2:00 Men / Women Of Faith 2:30 What's in a Word? 3:00 Afternoon Snack 4:00 Movement Break 6:00 Reminiscing: Summer Clothes 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Walking Club 11:00 Sing-Along 1:30 Sacred Pause: Animals 2:00 Collaborative Art Project 3:00 Happy Hour Social 3:30 Daily Chronicle: Juneteenth 4:00 Movement Break 6:00 Rest & Relax Coloring 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Green Earth Club 1:30 Summer Art Project 2:00 Chocolate Bingo! 3:00 Afternoon Coffee 3:15 Instrumix Music Program with Ki'Shae 3:30 Daily Chronicle 4:00 Yoga & Meditation 6:00 Aroma Therapy
<ul style="list-style-type: none"> 10:00 Sunday Mass (GR) 10:30 Snack 11:00 Morning Gathering 11:30 Relaxing Hymns 1:30 Pigment & Paper Painting 2:30 Nature Club 3:00 Ice Cream Social 3:30 Daily Chronicle 4:00 Movement Break 6:00 Table Games 	<ul style="list-style-type: none"> 10:00 Rise & Shine Exercise 10:30 Snack 11:00 Book Inspired Art Making 1:30 Bird Watching (Patio) 2:00 Praying with the Psalms 2:30 Crossword Puzzle 3:00 Afternoon Tea & Coffee 3:30 Daily Chronicle 4:00 Movement Break 6:00 Music Memory Lane: 70s 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Music Appreciation 1:30 Let's Play Bingo! 2:30 Creative Arts Club 3:00 Coffee & Tea Social 3:30 Daily Chronicle 4:00 Move Break/Dog Walking 6:00 America's National Parks 	<ul style="list-style-type: none"> 10:00 Range of Motion 10:30 Snack 11:00 Morning Gathering 1:00 Faith Based Film / Doc. 2:00 Picnic Outing: Crissy Field 2:00 Word Games 2:30 Lets Get Crafty! 3:00 Baroque & Classical Music Concert with Linette 3:00 Candace Happy B-Day Social 4:00 Movement Break 6:00 Childhood Tales 	<ul style="list-style-type: none"> 10:00 Gentle Stretch 10:30 Snack 11:00 Morning Gathering 11:30 Nature Club 1:30 Mindful Art 2:00 Men / Women Of Faith 2:30 What's in a Word? 3:00 Afternoon Snack 4:00 Movement Break 6:00 Reminiscing: Summer Songs 6:00 SPCA Pet Therapy Visit: Noelle The Corgi 	<ul style="list-style-type: none"> 10:00 Morning Gathering 10:30 Snack 11:00 Walking Club 11:00 Sing-Along 1:30 Sacred Pause: World 2:00 Collaborative Art Project 2:00 Live Music with Paul Fontes 3:00 Residents Birthday Party 3:30 Daily Chronicle 4:00 Movement Break 6:00 Rest & Relax Coloring <p style="text-align: center;">Live Music with Paul Fontes</p>	

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026



Oasis Memory Care Neighborhood Life Enrichment Activities Calendar

<ul style="list-style-type: none"> 10:00 Holy Mass 11:00 Gentle Stretch 1:00 Hymn Singing with Bridget 2:00 Let's Get Artsy 3:00 Patio Social 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Classic Movie of 40's 	<ul style="list-style-type: none"> 9:00 Show Of Shows 10:00 Baking Club 11:00 Stories From The Torah Old Testament with Bridget 1:30 Daily Chronicle 2:00 Table Games 3:00 Patio Social 3:30 Gentle Stretch 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 9:00 I Love Lucy 9:30 Morning Gathering 9:50 Stretching 10:00 Book Inspired Art Making with Janae 11:00 Music For The Spirit with Bridget 2:00 Daily Chronicle 3:00 Hot Coco Social 4:00 Hand Massage 6:00 Travelogue 	<ul style="list-style-type: none"> 9:00 Amos & Andy 10:00 Gentle Stretch 10:30 Yoga with Karuna 11:00 Catching Up With Friends 1:00 Create & Stack 2:00 Daily Chronicle 3:00 Nurturing the Spirit Through Nature with Bridget 3:30 Patio Social 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 10:00 Range Of Motion 10:30 Book Inspired Art Making with Janae 11:30 Let's Gather 1:00 Men / Women Of Faith with Bridget 1:00 Baking Club: 2:00 Daily Chronicle 3:00 Patio Social 4:00 Hand Massage 6:00 Movie 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Snack Time 11:00 Hymn Along 1:00 Scenic Drive: 1:30 Balloon Toss 2:00 Baroque & Classical Music Concert with Linette 3:00 Happy Hour 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Hollywood Squares 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Baking Club: 11:00 Gentle Stretch 11:30 250th Independence Day Barbecue 1:30 Book Club 2:00 Serene Nature Moments 3:00 Sing-Along with Joe 4:00 Hand Massage 6:00 Mindful Meditation <p style="text-align: center;">250th Independence Day</p>
<ul style="list-style-type: none"> 10:00 Holy Mass 11:00 Gentle Stretch 1:00 Hymn Singing with Bridget 2:00 Let's Get Artsy 3:00 Patio Social 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Classic Movie of 50's 	<ul style="list-style-type: none"> 9:00 Show Of Shows 10:00 Baking Club 11:00 Stories From The Torah Old Testament with Bridget 1:30 Daily Chronicle 2:00 Table Games 3:00 Patio Social 3:30 Gentle Stretch 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 9:00 I Love Lucy 9:30 Morning Gathering 9:50 Stretching 10:00 Book Inspired Art Making with Janae 11:00 Music For The Spirit with Bridget 2:00 Daily Chronicle 3:00 Hot Coco Social 4:00 Hand Massage 6:00 Travelogue 	<ul style="list-style-type: none"> 9:00 Amos & Andy 10:00 Gentle Stretch 10:30 Refresh & Reflect 11:00 Catching Up With Friends 1:00 Create & Stack 2:00 Daily Chronicle 3:00 Nurturing the Spirit Through Nature with Bridget 3:30 Patio Social 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 10:00 Range Of Motion 10:30 Book Inspired Art Making with Janae 11:30 Let's Gather 1:00 Men / Women Of Faith with Bridget 1:00 Baking Club: 2:00 Daily Chronicle 3:00 Patio Social 4:00 Hand Massage 6:00 Movie 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Snack Time 11:00 Hymn Along 1:00 Live Music The Billos 1:30 Balloon Toss 2:00 Baroque & Classical Music Concert with Linette 3:00 Happy Hour 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Hollywood Squares Live Music The Billos 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Baking Club: 11:00 Gentle Stretch 1:00 Puppets On Parade with Armando 1:30 Book Club 2:00 Serene Nature Moments 3:00 Judith T. Happy Birthday Social 4:00 Hand Massage 6:00 Mindful Meditation <p style="text-align: center;">Puppets On Parade w. Armando</p>
<ul style="list-style-type: none"> 10:00 Holy Mass 11:00 Gentle Stretch 1:00 Hymn Singing with Bridget 2:00 Let's Get Artsy 3:00 Patio Social 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Classic Movie of 60's 	<ul style="list-style-type: none"> 9:00 Show Of Shows 10:00 Baking Club 11:00 Stories From The Torah Old Testament with Bridget 1:30 Daily Chronicle 2:00 Table Games 3:00 Patio Social 3:30 Gentle Stretch 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 9:00 I Love Lucy 9:30 Morning Gathering 9:50 Stretching 10:00 Book Inspired Art Making with Janae 11:00 Music For The Spirit with Bridget 2:00 Daily Chronicle 3:00 Hot Coco Social 4:00 Hand Massage 6:00 Travelogue 	<ul style="list-style-type: none"> 9:00 Amos & Andy 10:00 Gentle Stretch 10:30 Refresh & Reflect 11:00 Catching Up With Friends 1:00 Create & Stack 2:00 Daily Chronicle 3:00 Nurturing the Spirit Through Nature with Bridget 3:30 Patio Social 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 10:00 Range Of Motion 10:30 Book Inspired Art Making with Janae 11:30 Let's Gather 1:00 Men / Women Of Faith with Bridget 1:00 Baking Club: 2:00 Daily Chronicle 3:00 Patio Social 4:00 Hand Massage 6:00 Movie 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Snack Time 11:00 Hymn Along 1:00 Scenic Drive: 1:30 Balloon Toss 2:00 Baroque & Classical Music Concert with Linette 3:00 Happy Hour 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Hollywood Squares 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Baking Club: 11:00 Gentle Stretch 1:30 Book Club 2:00 Serene Nature Moments 3:00 Sing-Along with Joe 4:00 Hand Massage 6:00 Mindful Meditation
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<ul style="list-style-type: none"> 10:00 Holy Mass 11:00 Gentle Stretch 1:00 Hymn Singing with Bridget 2:00 Let's Get Artsy 3:00 Patio Social 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Classic Movie of 70's 	<ul style="list-style-type: none"> 9:00 Show Of Shows 10:00 Baking Club 11:00 Stories From The Torah Old Testament with Bridget 1:30 Daily Chronicle 2:00 Table Games 3:00 Patio Social 3:30 Gentle Stretch 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 9:00 I Love Lucy 9:30 Morning Gathering 9:50 Stretching 10:00 Book Inspired Art Making with Janae 11:00 Music For The Spirit with Bridget 2:00 Daily Chronicle 3:00 Hot Coco Social 4:00 Hand Massage 6:00 Travelogue 	<ul style="list-style-type: none"> 9:00 Amos & Andy 10:00 Gentle Stretch 10:30 Refresh & Reflect 11:00 Catching Up With Friends 1:00 Create & Stack 2:00 Daily Chronicle 3:00 Nurturing the Spirit Through Nature with Bridget 3:30 Patio Social 4:00 Hand Massage 6:00 Music Lane 	<ul style="list-style-type: none"> 10:00 Range Of Motion 10:30 Book Inspired Art Making with Janae 11:30 Let's Gather 1:00 Men / Women Of Faith with Bridget 1:00 Baking Club: 2:00 Daily Chronicle 3:00 Patio Social 4:00 Hand Massage 6:00 Movie 	<ul style="list-style-type: none"> 9:00 Meditative Music 10:00 Let's Gather 10:30 Snack Time 11:00 Hymn Along 1:00 Scenic Drive: 1:30 Balloon Toss 2:00 Baroque & Classical Music Concert with Linette 3:00 Happy Hour 3:30 Daily Chronicle 4:00 Hand Massage 6:00 Hollywood Squares 	

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