








Social Wellness Month

July 2026

Sarcoma Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		CC - Computer Center 2nd Flr CGR - Card & Game Room LB - Library in Front Lobby LFT - Loft on 2nd Flr FL - Florida Room beside GR GR - Great Room PDR - Private Dining Room WC - Wellness Center - Lower Level	1 Postal Workers Day 7:30 am - 10:30 am Continental Breakfast in GR 11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR	2 World Porcupine Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	3 Sparkling Wine Day 7:30 am - 10:30 am Continental Breakfast in GR No Tai Chi Today 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	4 Independence Day  Village Fireworks after dark
5 Bikini Day 	6 World Kiss Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	7 Global Forgiveness Day 7:30 am - 10:30 am Continental Breakfast in GR 9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise 2:00 pm Derby Racing - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	8 Coca Cola Day 7:30 am - 10:30 am Continental Breakfast in GR 11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR	9 National Dimples Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	10 Don't Step on a Bee Day  7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	11 7-11 Day 6:30 pm Rummikub - GR
12 National Jello Day 	13 Barbershop Music Appreciation Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	14 Mac & Cheese Day 7:30 am - 10:30 am Continental Breakfast 1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	15 Give Something Away Day 7:30 am - 10:30 am Continental Breakfast in GR 11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR	16 World Snake Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	17 National Pajama Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	18 World Listening Day 6:30 pm Rummikub - GR
19 National Ice Cream Day 	20 Fortune Cookie Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	21 Junk Food Day 7:30 am - 10:30 am Continental Breakfast 9:30 am Ask a Nurse! - GR 10:30 am Allied Care Exercise 1:00 pm Shopping Outing 2:00 pm Birthday Party 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	22 National Mango Day 7:30 am - 10:30 am Continental Breakfast in GR 11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CG	23 Gorgeous Grandma Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	24 Tell an Old Joke Day 7:30 am - 10:30 am Continental Breakfast in GR 10 am - 12 pm Covid Vaccine Shots in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	25 Wine & Cheese Day 6:30 pm Rummikub - GR
26 World Day for the Elderly 	27 Love is Kind Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 6:30 pm Mahjong - GR 6:30 pm Poker Group - CGR	28 Milk Chocolate Day 7:30 am - 10:30 am Continental Breakfast 1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 6:30 pm Rummikub - GR	29 National Chicken Wing Day 7:30 am - 10:30 am Continental Breakfast in GR 11:30 am Mahjong - GR 1:00 pm Mahjong - GR 6:30 pm Poker Group - CGR	30 Share a Hug Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 2:15 pm Hot Rum - GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	31 National Avocado Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 1:00 pm Book Club Mtg - GR No Movie - due to book club 3:30 pm Bridge Group - LFT	