

Important Information



Tradition Staff

Jasmine Banks, LALD
Executive Director
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Crystal Lerol
Business Office Manager
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lerolcrystal@traditionliving.org

Vanessa Peterson
Community Relations Director
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Brita Bloom, RN
Director of Nursing
763-425-2013
brita.bloom@traditionliving.org

Ben Hanson
Culinary Director
612-430-4478
ben.hanson@traditionliving.org

Billy Stubblefield
Maintenance Supervisor
612-499-3306
bstubblefield@traditionliving.org

Allison Tang
Life Enrichment Director
763-203-8191
atang@traditionliving.org

FRONT DESK

763-416-7740

KITCHEN

763-203-8182

Emergency Numbers



After Hours Nursing

612-385-0693

After Hours Maintenance

612-499-3306

Wheelchair & Walker Wash



Tuesday, July 14th

10:00-2:00 p.m.

Backyard



*A reminder that we ask you to
please not save seats in the dining
room or at group activities to allow
for a more inviting atmosphere and
to meet new people. Thank you!*

The Shoppe on the Corner

Monday	12:30-4:00
Tuesday	10:30-4:00
Wednesday	12:30-4:00
Thursday	10:30-4:00
Friday	12:30-4:00
Saturday	12:30-4:00

Hair Stylists

Patty: 651-829-5289

Sharon: 763-227-7220

Please call to schedule an appointment



Massages with Jeanne
July 10th and 24th

Tradition Times

8500 Tessman Farm Road, Brooklyn Park, MN 55445

July 2026

Fun with Food



Mon, July 6th
1:00 p.m.
Activity Parlor

Tech Help w/ Laura



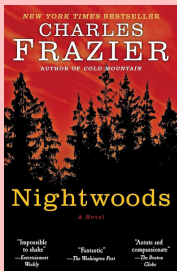
Tues, July 7th
11:30 a.m.
Community Room

Shirley Temples



Thurs, July 16th
1:00 p.m.
Coffee Nook

Book Club



Fri, July 17th
1:30 p.m.
Library

Cooking Demo



Fri, July 17th
2:00 p.m.
Activity Parlor

Tea Party



Wed, July 22nd
11:00 a.m.
Community Room

Catered Lunch



Tues, July 28th
12:00 p.m.
Activity Parlor

Armchair Travel: South Africa



Thurs, July 30th
1:30 p.m.
Community Room

Lunch Outing



Fri, July 31st
The bus will
leave at 11:00 a.m.

Resident Spotlight

Jan Symicek



This month, we are pleased to feature Jan Symicek. Jan grew up in a small town in Wisconsin along the Mississippi River and went on to attend St. Francis School of Nursing in La Crosse. After graduation, she moved to Milwaukee and began a rewarding 36-year career as a Registered Nurse, primarily working in the operating room.

Jan met her husband while home from nursing school one weekend. Together they raised one son and one daughter, and today Jan is a proud grandmother to 3 grandchildren and 2 great-grandchildren. Her hobbies include knitting, sewing, reading, embroidery, and music. She also enjoys traveling, and her and her husband were fortunate to visit 6 of the 7 continents.

After retirement, Jan and her husband moved to Florida, where they lived for more than 20 years. Following her husband's passing last year, Jan's children encouraged her to move closer to family.

After researching several communities, they felt Tradition would be a wonderful fit. Although she had not seen the community before moving in, Jan says she has been very happy with the decision and appreciates how welcoming everyone has been.

We are delighted to have Jan as part of our Tradition family and thank her for sharing her story with us.

Letters of Love

Our Summer Intern, Kaylee, will be hosting a card-making class on Friday, July 3rd at 11:00 a.m. These cards will be sent to children in hospitals to bring them joy.

Benefits of AL Services



Friday, July 10th
1:30 p.m.
Community Room

Please join Director of Nursing, Brita, to discuss the benefits of the services we offer at Tradition and not waiting until it's too late!

GROOVES & FOODS

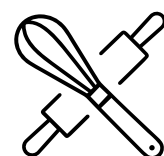


Wednesday, July 15th
5:30 - 9:00 p.m.



Sign up for a fun evening at the Grooves & Foods event in Maple Grove featuring a Prince Tribute Concert. Residents who attend will receive a **FREE** Tradition t-shirt! Don't forget to bring money for the food & drink trucks!

Chef's Corner



Friday, July 24th
1:30 p.m.
Community Room

Please join Culinary Director, Ben, to discuss the food here at Tradition. It will be an open forum where residents can give feedback and suggestions.

BUS OUTINGS

7/1	Walmart
7/8	Cub Foods
7/15	Festival Foods
7/15	Grooves & Foods
7/17	Swedish Museum (\$15)
7/22	Target
7/29	Farmer's Market
7/31	Olive Garden



Chanhassen Dinner Theatre

We will be going to *Guys & Dolls* at Chanhassen Dinner Theatre on **August 19th**. The bus will leave Tradition at 10:30 a.m. Lunch seating starts at 11:00 a.m. and the play will start at 1:00 p.m. The play is 2 hours and 45 minutes and we will plan to be back around 4:30 p.m. Cost is \$80.84. Please sign up in the Community Room and give payment before **July 22nd**.

RED, WHITE & BBQ

Thursday, July 2nd
11:30 - 1:00 p.m.

Come celebrate Independence Day a couple days early with us! We will be having a picnic lunch outside with live music entertainment. Invite your friends and family!



GARDEN SOIRÉE

Saturday, July 25th
3:00 - 5:00 p.m.

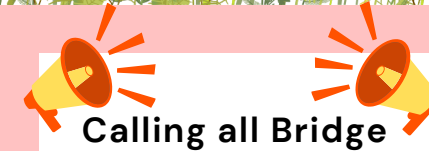
Join us for an elegant summer afternoon featuring beautiful garden vibes, refreshments, and community connection. Featuring live jazz music by the CODA Jazz Group.



Doug M.
Glenn E.
Don N.
Eileen N.
Patrick S.
LeeAnn L.



Mary P.
Dan V.
Elaine F.



Calling all Bridge Players! We are looking at expanding our Bridge groups. Please come talk to Allison if you are interested in playing.



Marvin L.	7/4
Roger W.	7/5
Glenn E.	7/5
Bob O.	7/11
Roberta B.	7/17
Jeanne J.	7/21
Carol P.	7/24
Anna P.	7/24
Gail O.	7/31

Join us Friday, July 31st
to celebrate our
July Birthdays!



Friday, July 17th
Bus will leave at
10:00 a.m.

"a Nordic-inspired cultural hub with art exhibitions, educational programs, and the historic Turnblad Mansion."

Please bring money for lunch at their café and their gift shop.

The Brooklyn Community Band Concert has been rescheduled from last month. They will be here on Monday, July 13th at 7:00 p.m. in the Backyard. Don't miss it!

