

| SUNDAY                                                                                                                                                                                      | MONDAY                                                                                                                                                    | TUESDAY                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                               | THURSDAY                                                                                                                                       | FRIDAY                                                                                                                       | SATURDAY                                                                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
|  <span>July 2026</span>  |                                                                                                                                                           |                                                                                                                                                                        | <div>1</div> <b>Tai Chi Class</b><br>10 am in Movie Rm<br><b>Meditation Class</b><br>11:30–12 in Movie Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room<br><b>Literary Vine Book Club</b> 2:00 pm in Library<br><b>Rent is Due</b> | <div>2</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><br><b>BINGO</b><br>1 pm Camino Rm.                                                    | <div>3</div> <b>Chair Dance/Zumba</b><br>12:30 – 1 pm in the Camino Room<br><br><b>Movie</b><br>“A League of Their Own” 3 pm | <div>4</div> Independence Day                                                                                                          |
| <div>5</div>                                                                                                                                                                                | <div>6</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am (virtual)<br><b>Water Aerobics</b><br>1:30 pm<br><b>Rent is Late</b> | <div>7</div> <b>Volunteer Meeting</b><br>11:30 am in Movie Rm<br><b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><b>Movie</b><br>“Ticket to Paradise” 3 pm | <div>8</div> <b>Tai Chi Class</b><br>10 am in Movie Rm<br><b>Meditation Class</b><br>11:30–12 in Movie Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room                                                                            | <div>9</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><br><b>BINGO</b><br>1pm Camino Rm.                                                     | <div>10</div> <b>Chair Yoga</b><br>12:30 pm in Camino Rm.<br><br><b>Movie</b><br>“Song Sung Blue” 3 pm                       | <div>11</div> <b>Walking Group</b><br>9am<br><br><b>Karaoke</b><br>4:30 pm in Movie Rm                                                 |
| <div>12</div>                                                                                                                                                                               | <div>13</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am (virtual)<br><b>Water Aerobics</b><br>1:30 pm                       | <div>14</div> <b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><b>Movie</b><br>“Love at First Sight” 3 pm                                                   | <div>15</div> <b>Tai Chi Class</b><br>10 am in Movie Rm<br><b>Meditation Class</b><br>11:30–12 in Movie Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Room                                                                           | <div>16</div> <b>Djembe Jam</b><br>11 am Camino Rm.<br><b>BINGO &amp; Pizza</b><br>1pm Camino Rm.                                              | <div>17</div> <b>Chair Dance/Zumba</b><br>12:30 – 1 pm in the Camino Room<br><br><b>Movie</b><br>“Project Hail Mary” 3 pm    | <div>18</div> <b>Karaoke</b><br>4:30 pm in Movie Rm                                                                                    |
| <div>19</div> <b>Sundaes on Sunday</b><br>1 pm in the Coffee Lounge                                                                                                                         | <div>20</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am (virtual)<br><b>Water Aerobics</b><br>1:30 pm                       | <div>21</div> <b>TechEase w/ Andi</b><br>11:30 am Movie Room<br><b>Seated Strength with Bands</b><br>1:30 pm Camino Rm.<br><b>Movie</b><br>“ Sarah’s Oil” 3 pm         | <div>22</div> <b>Tai Chi Class</b><br>10 am in Movie Rm<br><b>Meditation Class</b><br>11:30–12 in Movie Rm<br><b>Gentle Stretching</b>                                                                                                  | <div>23</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><br><b>BINGO</b><br>1 pm Camino Rm.                                                   | <div>24</div> <b>Chair Yoga</b><br>12:30 pm in Camino Rm.<br><br><b>Movie</b><br>“National Treasure” 3 pm                    | <div>25</div> <b>Citywide Yard Sale</b><br>8am – 2pm<br><b>Dance of Peace</b><br>in the Lobby 1pm<br><b>Karaoke</b> 4:30pm in Movie Rm |
| <div>26</div>                                                                                                                                                                               | <div>27</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><b>Tai Chi Class</b><br>10am (virtual)<br><b>Water Aerobics</b><br>1:30 pm                       | <div>28</div> <b>Seated Strength with Bands</b><br>1:30 pm Camino Room<br><br><b>Movie</b> “Voicemails for Isabelle” 3 pm                                              | <div>29</div> <b>Tai Chi Class</b><br>10 am in Movie Rm<br><b>Meditation Class</b><br>11:30–12 in Movie Rm<br><b>Gentle Stretching</b><br>1:30 pm Camino Rm                                                                             | <div>30</div> <b>Fitness Class</b><br>9 am Camino Rm.<br><b>Living Benefits Seminar</b><br>11 am Movie Room<br><b>BINGO</b><br>1 pm Camino Rm. | <div>31</div> <b>Resident Birthday Celebration</b><br>3 pm                                                                   |                                                   |