

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Strength and Stability w. Lacey 11:00 Friendship Bracelet Workshop 1:00 Wii Bowling 2:00 Scrapbook Workshop 3:00 Saturday Cinema 6:00 Baseball Night
9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Watercolor Workshop 2:00 Inspirational Series w. Rev. Michelle 3:00 BINGO 6:15 Evening Movie "Drama" 2	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Fascinating Facts 1:00 Movie Committee Meeting 2:00 Exploring Spirituality 3:00 Mahjong 4:00 Drumming for Fitness 6:15 Evening Movie 3	9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:30 Outing: V.C. Fair 10:45 Catholic Communion 11:00 Famous Faces and Places Trivia 1:00 Wii Bowling Club 2:00 Book Study w. Rev. Michelle 3:00 Documentary and Discussion 6:15 Basketball Nigh 4	9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Beading Class 2:00 Souls in Prayer w. Rev. Michelle 3:00 Wine Down Wednesday 6:15 Evening Movie 5	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:30 Drumming for Fitness 11:00 Grief and Morning Circle 11:00 AlmaVia Farmers Market 1:00 Yarn Painting 3:00 The Longest Word Game 6:15 Basketball Night 6	10:00 Strength and Stability w. Lacey 11:00 Creative Writing 1:00 Wii Bowling Club 1:30 Beading Class 3:00 Live Music w. Joe & Debbie 4:00 Rummikub 6:15 Evening Movie 7	10:00 Strength and Stability w. Lacey 11:00 Flower Arranging 1:00 Wii Bowling Club 2:00 Scrapbook Workshop 3:00 Saturday Cinema 6:00 Baseball Night 8
9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Watercolor Workshop 2:00 Inspirational Series w. Rev. Michelle 3:00 BINGO 6:15 Evening Movie 9	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Fascinating Facts 1:00 Love on a Leash 2:00 Exploring Spirituality 3:00 Mahjong 3:30 Drumming for Fitness 6:15 Evening Movie 10	9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 11:00 Library Lady 11:00 Culinary Creations 1:00 Activity Planning Meeting 2:00 Book Study w. Rev. Michelle 3:00 Documentary and Discussion 6:15 Basketball Night 11	9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Painting Workshop w. Elaine 2:00 Souls in Prayer w. Rev. Michelle 3:00 Wine Down Wednesday 6:15 Evening Movie 12	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:30 Drumming for Fitness 11:00 Grief & Mourning Circle 3:00 Make a Welcome Basket 2:00 Garden Tea 3:00 The Longest Word Game 6:15 Basketball Night 13	10:00 Strength and Stability w. Lacey 11:00 Creative Writing 1:00 Wii Bowling Club 1:30 Beading Class 3:00 Happy Hour w. Bob Ryemon 4:00 Rummikub 6:15 Evening Movie 14	10:00 Strength and Stability w. Lacey 11:00 Crafting Studio 1:00 Wii Bowling Club 2:00 Scrapbook Workshop 3:00 Saturday Cinema 6:00 Baseball Night 15
9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Watercolor Workshop 2:00 Inspirational Series w. Rev. Michelle 3:00 BINGO 6:15 Evening Movie 16	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Fascinating Facts 1:00 Travel Club 2:00 Exploring Spirituality 3:00 Mahjong 3:30 Drumming for Fitness 6:15 Evening Movie 17	9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:30 Outing: Ventura Harbor Village 10:45 Catholic Communion 11:00 Famous Faces and Places Trivia 1:00 Wii Bowling Club 2:00 Book Study w. Rev. Michelle 2:30 Meet w. Chef Sal 3:00 Documentary and Discussion 6:15 Basketball Night 18	8:00 Men's Breakfast 9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Resident Voices Meeting 2:00 Souls in Prayer w. Rev. Michelle 3:00 New Resident Welcome Wine & Cheese 6:15 Evening Movie 19	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:30 Drumming for Fitness 11:00 Acoustic Hearing 11:00 Grief and Morning Circle 1:00 Lemonade Tasting 3:30 Life Changes w. Dr. Paul 4:00 The Heart of Our Community Dinner 20	10:00 Strength and Stability w. Lacey 11:00 Creative Writing 1:00 Wii Bowling Club 1:30 Beading Class 3:00 Live Entertainment w. Mary White 4:00 Rummikub 6:15 Evening Movie 21	10:00 Strength and Stability w. Lacey 11:00 Flower Arranging 1:00 Wii Bowling Club 2:00 Scrapbook Workshop 3:00 Saturday Cinema 6:00 Baseball Night 22
9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Watercolor Workshop 2:00 Inspirational Series w. Rev. Michelle 3:00 BINGO 6:15 Evening Movie 23	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Fascinating Facts 2:00 Exploring Spirituality 3:00 Mahjong 3:30 Drumming for Fitness 6:15 Evening Movie 24	9:30 Daily Word w. Rev. Michelle 10:15 Exercise w. Marg 10:45 Catholic Communion 11:00 Library Lady 1:00 Wii Bowling Club 2:00 Book Study w. Rev. Michelle 2:30 Mt. Cross Protestant Communion Service 3:00 Documentary and Discussion 6:15 Basketball Night 25	9:30 Daily Word w. Rev. Michelle 10:00 Exercise Class 11:00 Garden Tending Crew 1:00 Painting Workshop w. Elaine 2:00 Visit from our Fury Friends 2:00 Souls in Prayer w. Rev. Michelle 3:00 Wine Down Wednesday "August Birthday Celebration" 6:15 Evening Movie "Musical" 26	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:30 Drumming for Fitness 11:00 Grief and Morning Circle 1:00 Acrylic Painting 2:00 Community Town Hall 3:00 The Longest Word Game 6:15 Basketball Night 27	10:00 Strength and Stability w. Lacey 11:00 Creative Writing 1:00 Wii Bowling Club 2:00 Beading Class 3:00 Live Entertainment Scott 4:00 Rummikub 6:15 Evening Movie 28	10:00 Strength and Stability w. Lacey 11:00 Flower Arranging 1:00 Wii Bowling Club 2:00 Scrapbook Workshop 3:00 Saturday Cinema 6:00 Baseball Night 29
9:00 Exercise w. Kristine 9:30 Daily Word w. Rev. Michelle 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Watercolor Workshop 2:00 Inspirational Series w. Rev. Michelle 3:00 BINGO 6:15 Evening Movie 30	8:30 Bone Builders 9:30 Daily Word w. Rev. Michelle 10:00 TheraBand's w. Robin 11:00 Fascinating Facts 1:00 Travel Club 2:00 Exploring Spirituality 3:00 Mahjong 3:30 Drumming for Fitness 6:15 Evening Movie 31	 Assisted Living Neighborhood Life Enrichment Activities Calendar 				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						● 9:15 Meet & Greet ● 9:45 Chair Exercise ● 10:30 Morning Refreshments ● 11:00 Sunflower Art ● 11:30 Music Committee Meeting ● 1:30 Afternoon Stretch ● 2:00 Serenity Spa ● 2:30 Refreshments in the Garden ● 3:30 Question & Answer ● 4:30 Sing A Long ● 6:00 Evening Movie 1
● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:30 Faith and Reflection w. Michelle ● 1:30 Drumming for Fitness ● 2:00 Daily Word w. Michelle ● 2:30 Refreshments in the Garden ● 3:00 Coloring for Relaxation ● 4:00 Garden Relaxation ● 6:00 Evening Movie 2	● 9:15 Meet & Greet ● 9:45 Stretch & Strengthen ● 10:00 Spiritual Trivia w. Rev Michelle ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 1:30 Serenity Spa ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Rev Michelle ● 3:30 Scenic Drive ● 4:30 Would you Rather ● 6:00 Evening Movie 3	● 9:15 Meet & Greet ● 9:45 Chair Boxing ● 10:30 Morning Refreshments ● 11:00 Gentle Movement w. Rev Michelle ● 11:30 Catholic Communion ● 1:30 Drumming for Fitness ● 2:00 Chocolate Chip Reminiscing ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 4:00 Hand Exercises w. Kristine ● 6:00 Evening Movie 4	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 10:30 Art Fun ● 11:00 Spiritual Reminiscing w. Michelle ● 1:30 Afternoon Stretch ● 2:00 Trivia ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 3:30 Scenic Drive & Ice Cream Stop ● 4:00 BINGO ● 6:00 Evening Movie 5	● 9:15 Meet & Greet ● 9:45 Exercise with Andrea ● 10:45 Cooking Expo ● 11:30 Today in History ● 1:30 Beanbag Toss ● 2:00 Balloon Wishes ● 2:30 Refreshments in the Garden ● 3:00 Series the Chosen w. Michelle ● 4:00 Sips and Stories ● 6:00 Evening Movie 6	● 9:15 Meet & Greet ● 9:45 Upper Body Strength ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 11:30 Noodle Ball ● 1:30 Finish the Phrase ● 2:00 Would you Rather ● 2:30 Refreshments in the Garden ● 3:00 Happy Hour Karaoke ● 4:00 Water Balloon Toss ● 6:00 Evening Movie 7	● 9:15 Meet & Greet ● 9:45 Chair Exercise ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 11:30 Music Committee Meeting ● 1:30 Afternoon Stretch ● 2:00 BINGO ● 3:30 Refreshments in the Garden ● 4:00 Noodle Ball ● 4:30 Story Telling ● 6:00 Evening Movie 8
● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 11:30 Faith and Reflection w. Michelle ● 11:30 Daily Chronicle ● 1:30 Drumming for Fitness ● 2:00 Daily Word w. Michelle ● 2:30 Refreshments in the Garden ● 3:00 Coloring for Relaxation ● 4:00 Garden Relaxation ● 6:00 Evening Movie 9	● 9:15 Meet & Greet ● 9:45 Stretch & Strengthen ● 10:00 Spiritual Trivia w. Rev Michelle ● 10:30 Morning Refreshments ● 11:30 Daily Chronicle ● 1:30 Love on a Leash ● 2:00 Wise Words Circle ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Rev Michelle ● 3:30 Scenic Drive ● 4:30 Trivia ● 6:00 Evening Movie 10	● 9:15 Meet & Greet ● 9:45 Chair Boxing ● 10:30 Morning Refreshments ● 11:00 Gentle Movement w. Michelle ● 11:30 Catholic Communion ● 1:30 Drumming for Fitness ● 2:30 Garden Ambassador Meeting ● 2:30 Refreshments in the Garden ● 3:00 Music W. Paula ● 4:00 Hand Exercises w. Kristine ● 6:00 Evening Movie 11	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:00 Spiritual Reminiscing w. Michelle ● 1:30 Afternoon Stretch ● 2:00 Finish the Phrase ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 4:30 Sing Along ● 6:00 Evening Movie 12	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:00 Guess the Art ● 11:30 Daily Chronicle ● 2:00 Wise Words Circle ● 2:30 Refreshments in the Garden ● 3:00 Series the Chosen w. Michelle ● 4:00 Sips and Stories ● 6:00 Evening Movie 13	● 9:15 Meet & Greet ● 9:45 Upper Body Strength ● 10:30 Morning Refreshments ● 11:00 Daily Chronicles ● 11:30 Word Categories ● 1:30 Finish the Phrase ● 2:00 Wise Words Circle ● 2:30 Boardwalk & Beach Bash ● 3:00 Live Music w. Scott ● 4:30 Afternoon Stretch ● 6:00 Evening Movie 14	● 9:00 Meet & Greet ● 9:45 Chair Exercise ● 10:30 Morning Refreshments ● 11:00 Bubbles and Breeze ● 11:30 Music Committee Meeting ● 1:30 Afternoon Stretch ● 2:30 Refreshments in the Garden ● 3:30 Noodle Ball ● 4:00 Conversation and laughs ● 6:00 Evening Movie 15
● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:30 Faith and Reflection w. Michelle ● 1:30 Drumming for Fitness ● 2:00 Daily Word w. Michelle ● 2:30 Refreshments in the Garden ● 3:00 Coloring for Relaxation ● 4:00 Garden Relaxation ● 6:00 Evening Movie 16	● 9:15 Meet & Greet ● 9:45 Stretch & Strengthen ● 10:00 Spiritual Trivia w. Rev Michelle ● 10:30 Morning Refreshments ● 11:00 Guess the Art ● 1:30 Serenity Spa ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Rev Michelle ● 3:30 Scenic Drive ● 4:00 Bingo ● 4:30 Relax and Unwind ● 6:00 Evening Movie 17	● 9:15 Meet & Greet ● 9:45 Chair Boxing ● 10:30 Morning Refreshments ● 11:00 Gentle Movement w. Michelle ● 11:30 Catholic Communion ● 1:30 Drumming for Fitness ● 2:00 Flower Hat Arranging ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 4:00 Hand Exercises w. Kristine ● 6:00 Evening Movie 18	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:00 Outing: Denny's ● 1:30 Afternoon Stretch ● 2:00 Artistic Expressions ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 4:15 Sing Along ● 6:00 Evening Movie 19	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:45 Cooking Expo ● 11:30 Daily Chronicle ● 1:30 Getting to Know You ● 2:00 Bowling ● 2:30 Refreshments in the Garden ● 3:00 Series the Chosen w. Michelle ● 4:30 Feel the Beat ● 6:00 Evening Movie 20	● 9:15 Meet & Greet ● 9:45 Upper Body Strength ● 10:30 Morning Refreshments ● 11:00 Daily Chronicles ● 1:30 Finish the Phrase ● 2:00 Afternoon Stretch ● 2:30 Refreshments in the Garden ● 3:00 Live Music w. Jim Rice ● 4:15 Feel Good Stories ● 6:00 Evening Movie 21	● 9:15 Meet & Greet ● 9:45 Chair Exercise ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 11:30 Music Committee Meeting ● 1:30 Afternoon Stretch ● 2:30 Refreshments in the Garden ● 3:30 Did You Know ● 4:00 Reminiscing ● 6:00 Evening Movie 22
● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:30 Faith and Reflection w. Michelle ● 11:30 Finish the Lyrics ● 1:30 Drumming for Fitness ● 2:00 Daily Word w. Michelle ● 2:30 Refreshments in the Garden ● 3:00 Coloring for Relaxation ● 4:15 Noodle Ball ● 6:00 Evening Movie 23	● 9:15 Meet & Greet ● 9:45 Stretch & Strengthen ● 10:00 Spiritual Trivia w. Rev Michelle ● 10:30 Morning Refreshments ● 11:00 Color & Create ● 1:30 Serenity Spa ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Rev Michelle ● 3:30 Scenic Drive ● 4:30 Trivia ● 6:00 Evening Movie 24	● 9:15 Meet & Greet ● 9:45 Chair Boxing ● 10:30 Morning Refreshments ● 11:00 Gentle Movement w. Michelle ● 11:30 Catholic Communion ● 1:30 Drumming for Fitness ● 2:00 Watercoloring ● 2:30 Mt. Cross Protestant Communion Service ● 3:00 Daily Word w. Michelle ● 4:00 Hand Exercises w. Kristine ● 6:00 Evening Movie 25	● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:00 Spiritual Reminiscing w. Michelle ● 11:30 Word Categories ● 1:30 Afternoon Stretch ● 2:00 Artistic Expressions ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Michelle ● 4:15 Word Categories ● 6:00 Evening Movie 26	● 9:15 Meet and Greet ● 9:45 Exercise with Lacey ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 11:30 Guess the Art ● 1:30 Getting to Know You ● 2:30 A Day At The County Fair ● 3:00 Series the Chosen w. Michelle ● 4:00 Bingo ● 6:00 Evening Movie 27	● 9:15 Meet & Greet ● 9:45 Upper Body Strength ● 10:30 Morning Refreshments ● 11:00 Daily Chronicles ● 1:30 Afternoon Stretch ● 2:30 Refreshments in the Garden ● 3:00 Beachball Toss w. Buena Vista ● 4:30 Spiritual Connection ● 6:00 Evening Movie 28	● 9:15 Meet & Greet ● 9:45 Chair Exercise ● 10:30 Morning Refreshments ● 11:00 Daily Chronicle ● 11:30 Music Committee Meeting ● 1:30 Afternoon Stretch ● 2:30 Refreshments in the Garden ● 3:30 Did You Know ● 4:00 Reminiscing ● 6:00 Evening Movie 29
● 9:15 Meet & Greet ● 9:45 Exercise w. Andrea ● 10:30 Morning Refreshments ● 11:30 Faith and Reflection w. Michelle ● 11:30 Finish the Lyrics ● 1:30 Drumming for Fitness ● 2:00 Daily Word w. Michelle ● 2:30 Refreshments in the Garden ● 3:00 Garden Relaxation ● 4:15 Noodle Ball ● 6:00 Evening Movie 30	● 9:15 Meet & Greet ● 9:45 Stretch & Strengthen ● 10:00 Spiritual Trivia w. Rev Michelle ● 10:30 Morning Refreshments ● 11:00 Color & Create ● 1:30 Serenity Spa ● 2:30 Refreshments in the Garden ● 3:00 Daily Word w. Rev Michelle ● 3:30 Scenic Drive ● 4:30 Trivia ● 6:00 Evening Movie 31	 Gardens Memory Care Neighborhood Life Enrichment Activities Calendar 				