

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                         | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                         | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                                                                                                                                               |
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| <div></div>                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                       | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Workout w. Cathy<br/>Biography: Israel Kamakawiwo'ole<br/>Seashell Craft<br/>Trivia Time!<br/>Golf<br/>Chicken Soup for the Soul<br/>Rummikub<br/>Movie</div><div>1</div></div>         |
| <div><div><div>● 9:00</div><div>● 9:30</div><div>● 10:30</div><div>● 11:15</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 5:00</div></div><div>Live Mass w. Fr. Bain<br/>Morning Walking Club<br/>Sunday Stretches<br/>Rummikub w. Luis<br/>Movie Matinee w. Popcorn<br/>Outdoor Meditation<br/>Chair Volleyball<br/>Bingo for Chocolate<br/>Movie</div><div>2</div></div>    | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 3:45</div><div>● 6:30</div></div><div>Mass Online<br/>Monday Movement<br/>Po-Ke-No Game<br/><b>Shopping Trip: Trader Joe's</b><br/>Musical Memories<br/>Sea-Shell-Box Craft<br/>Poker<br/>Wise Aging w. Claudette<br/>Walking Club: Marin Lagoon<br/>Movie</div><div>3</div></div>          | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:00</div><div>● 3:15</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Exercise<br/>Playlist for Life w. Ruth<br/>Word Games<br/><b>Spiritual Care Planning Mtg</b><br/><b>Activity Planning Mtg</b><br/>Meet Your Neighbors Social!<br/>Golf<br/>Gratitude Group w. Claudette<br/><b>Blackjack w. Judy &amp; Movie</b></div><div>4</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Cardio Class<br/>Coffee &amp; Donuts<br/>Brain Teasers<br/><b>Outing: Mauna Loa BBQ</b><br/>Poetry Read<br/>Sea Life Keychains<br/><b>Scenic Drive</b><br/>Trivia Time!<br/>Movie</div><div>5</div></div>                  | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:00</div><div>● 4:00</div></div><div>Mass Online<br/>Strength &amp; Stretch<br/>Music Appreciation w. Ruth<br/>Dog Therapy w. Roam<br/>Book Club<br/>Garden Club w. Luis<br/><b>Movie Committee</b><br/>Popsicles on the Patio<br/>Social Discussion Circle<br/>Scrabble w. Dick</div><div>6</div></div> | <div><div><div>● 9:00</div><div>● 9:30</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Nature Documentary<br/>Tai Chi w. Al<br/>Donuts &amp; Discussion<br/>Let's Explore: Polynesia!<br/>Rummikub<br/>Taste of Polynesia<br/><b>Happy Hour: W. Live Music from Spence!</b><br/>Movie</div><div>7</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Workout w. Cathy<br/>Biography: King Kamehameha I<br/><b>Live Jazz Concert</b><br/>Trivia Time!<br/>Golf<br/>Chicken Soup for the Soul<br/>Rummikub<br/>Movie</div><div>8</div></div>   |
| <div><div><div>● 9:00</div><div>● 9:30</div><div>● 10:30</div><div>● 11:15</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 5:00</div></div><div>Live Mass w. Fr. Bain<br/>Morning Walking Club<br/>Sunday Stretches<br/>Rummikub w. Luis<br/>Movie Matinee w. Popcorn<br/>Outdoor Meditation<br/>Chair Volleyball<br/>Bingo for Bucks<br/>Movie</div><div>9</div></div>        | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 3:45</div><div>● 6:30</div></div><div>Mass Online<br/>Seated Stability Exercise<br/>Riddle Me That<br/><b>Shopping Trip: Target</b><br/>Musical Memories<br/>Oyster Shell Decoupage<br/>Poker<br/>Wise Aging w. Claudette<br/>Walking Club: Marin Lagoon<br/>Movie</div><div>10</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:15</div><div>● 3:30</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Exercise<br/>Playlist for Life w. Ruth<br/>Hibiscus Refreshers<br/>Word Games<br/><b>Food Forum w. Chef</b><br/>Meet Your Neighbors Social!<br/>Gratitude Group w. Claudette<br/>Golf<br/>Movie</div><div>11</div></div>                                                | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 2:00</div><div>● 2:45</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Cardio Class<br/>Coffee &amp; Donuts<br/><b>Charles Schulz Museum</b><br/>Brain Teasers<br/>Poetry Read<br/>Pineapple Fluff Dessert<br/><b>Scenic Drive</b><br/>Trivia Time!<br/>Movie</div><div>12</div></div>           | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Strength &amp; Stretch<br/>Music Appreciation w. Ruth<br/>Dog Therapy w. Roam<br/>Book Club<br/>Garden Club w. Luis<br/><b>Bread &amp; Roses Concert</b><br/>Social Discussion Circle<br/>Scrabble w. Dick<br/>Movie</div><div>13</div></div>       | <div><div><div>● 9:00</div><div>● 9:30</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 1:15</div><div>● 2:15</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Nature Documentary<br/>Tai Chi w. Al<br/>Donuts &amp; Discussion<br/>Rummikub<br/>Travelogue: Ohau<br/>Chair Hula w. Laie!<br/><b>Happy Hour: Hawaiian Theme</b><br/>Movie</div><div>14</div></div>                    | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Workout w. Cathy<br/>Biography: Duke Kahanamoku<br/>Abalone Craft<br/>Trivia Time!<br/>Golf<br/>Chicken Soup for the Soul<br/>Rummikub<br/>Movie</div><div>15</div></div>               |
| <div><div><div>● 9:00</div><div>● 9:30</div><div>● 10:30</div><div>● 11:15</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 5:00</div></div><div>Live Mass w. Fr. Bain<br/>Morning Walking Club<br/>Sunday Stretches<br/>Basketball w. Ruth<br/>Movie Matinee w. Popcorn<br/>Outdoor Meditation<br/>Chair Volleyball<br/>Bingo for Chocolate<br/>Movie</div><div>16</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 3:45</div></div><div>Mass Online<br/>Monday Movement<br/>Compare The Prices!<br/>Torah Study<br/><b>Shopping Trip: Safeway</b><br/>Musical Memories<br/>Piña Colada Social<br/>Poker<br/>Wise Aging w. Claudette<br/>Walking Club: Marin Lagoon</div><div>17</div></div>  | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:15</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Exercise<br/>Playlist for Life w. Ruth<br/>Word Games<br/>Meet Your Neighbors Social!<br/>Make-A-Lei!<br/>Gratitude Group w. Claudette<br/>Golf<br/><b>AVSR Soirée: Polynesia!</b><br/><b>Blackjack w. Judy &amp; Movie</b></div><div>18</div></div>                     | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 12:30</div><div>● 1:15</div><div>● 2:00</div><div>● 2:45</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Cardio Class<br/>Coffee &amp; Donuts<br/>Brain Teasers<br/><b>Marin Civic Center Tour</b><br/><b>Chat w. Brian</b><br/>Banana Coconut Pudding<br/><b>Scenic Drive</b><br/>Trivia Time!<br/>Movie</div><div>19</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Strength &amp; Stretch<br/>Music Appreciation w. Ruth<br/>Dog Therapy w. Roam<br/>Book Club<br/>Garden Club w. Luis<br/><b>Resident Community Mtg.</b><br/>Social Discussion Circle<br/>Scrabble w. Dick<br/>Movie</div><div>20</div></div>         | <div><div><div>● 9:00</div><div>● 9:30</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Nature Documentary<br/>Workout w. Cathy<br/>Donuts &amp; Discussion<br/>Travelogue: Fiji<br/>Rummikub<br/>Taste of Fiji<br/><b>Happy Hour: W. Live Music From Manny!</b><br/>Movie</div><div>21</div></div>            | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Workout w. Cathy<br/>Biography: Queen Lili'uokalani<br/>Seashell Jewelry Making<br/>Trivia Time!<br/>Golf<br/>Chicken Soup for the Soul<br/>Rummikub<br/>Movie</div><div>22</div></div> |
| <div><div><div>● 9:00</div><div>● 9:30</div><div>● 10:30</div><div>● 11:15</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 5:00</div></div><div>Live Mass w. Fr. Bain<br/>Morning Walking Club<br/>Sunday Stretches<br/>Rummikub w. Luis<br/>Movie Matinee w. Popcorn<br/>Outdoor Meditation<br/>Chair Volleyball<br/>Bingo for Bucks<br/>Movie</div><div>23</div></div>       | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 3:45</div><div>● 6:30</div></div><div>Mass Online<br/>Seated Stability Exercises<br/>Po-Ke-No Game<br/><b>Shopping Trips: CVS</b><br/>Musical Memories<br/>Suncatcher Craft<br/>Poker<br/>Wise Aging w. Claudette<br/>Walking Club: Marin Lagoon<br/>Movie</div><div>24</div></div>         | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:15</div><div>● 3:30</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Exercise<br/>Playlist for Life w. Ruth<br/>Spiritual Singing Bowls<br/><b>Tea w. Tracy</b><br/>Word Games<br/>Meet Your Neighbors Social!<br/>Gratitude Group w. Claudette<br/>Golf<br/>Movie</div><div>25</div></div>                                                                    | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 2:00</div><div>● 2:30</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Chair Cardio Class<br/>Coffee &amp; Donuts<br/>Brain Teasers<br/><b>Picnic at China Camp</b><br/><b>Poetry Read</b><br/>Trivia Time!<br/><b>Scenic Drive</b><br/><b>BDAY Party w. Live Music!</b><br/>Movie</div><div>26</div></div>              | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 11:00</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Strength &amp; Stretch<br/>Music Appreciation w. Ruth<br/>Dog Therapy w. Roam<br/>Book Club<br/>Garden Club w. Luis<br/><b>Town Hall</b><br/>Social Discussion Circle<br/>Scrabble w. Dick<br/>Movie</div><div>27</div></div>                       | <div><div><div>● 9:00</div><div>● 9:30</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 6:30</div></div><div>Mass Online<br/>Nature Documentary<br/>Tai Chi w. Al<br/>Donuts &amp; Discussion<br/>Travelogue: New Zealand<br/>Rummikub<br/>Taste of New Zealand<br/><b>Happy Hour: Beach Theme!</b><br/>Movie</div><div>28</div></div>              | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 4:00</div><div>● 6:30</div></div><div>Mass Online<br/>Workout w. Cathy<br/>Biography: Princess Ka'iulani<br/>Shell Painting<br/>Trivia Time!<br/>Golf<br/>Chicken Soup for the Soul<br/>Rummikub<br/>Movie</div><div>29</div></div>           |
| <div><div><div>● 9:00</div><div>● 9:30</div><div>● 10:30</div><div>● 11:15</div><div>● 1:15</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 5:00</div></div><div>Live Mass w. Fr. Bain<br/>Morning Walking Club<br/>Sunday Stretches<br/>Basketball w. Ruth<br/>Movie Matinee w. Popcorn<br/>Outdoor Meditation<br/>Chair Volleyball<br/>Bingo for Chocolate<br/>Movie</div><div>30</div></div> | <div><div><div>● 9:00</div><div>● 9:45</div><div>● 10:30</div><div>● 1:00</div><div>● 1:15</div><div>● 2:00</div><div>● 3:00</div><div>● 3:30</div><div>● 3:45</div><div>● 6:30</div></div><div>Mass Online<br/>Seated Stability Exercises<br/>Riddle Me That<br/><b>Shopping Trips: HomeGoods</b><br/>Musical Memories<br/>Seashell Frames<br/>Poker<br/>Wise Aging w. Claudette<br/>Walking Club: Marin Lagoon<br/>Movie</div><div>31</div></div>   | <div><div><div><div>Assisted Living Neighborhood</div><div>Life Enrichment Activities Calendar</div></div></div></div>                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                        |

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                    |  | Monday                                                                                                                                                                                                                                                                                                                                                                                                                         |  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                       |  | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                            |  | Thursday                                                                                                                                                                                                                                                                                                                                                                                                    |  | Friday                                                                                                                                                                                                                                                                                                                                                                                                                  |  | Saturday                                                                                                                                                                                                                                                                                                                                                                                                        |  |
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| <div><div></div><div><h1>August 2026</h1></div><div></div></div>                                                                                                                                                                       |  |                                                                                                                                                                                                                                                                                                                                                                                                                                |  |                                                                                                                                                                                                                                                                                                                                                                                                                               |  |                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |                                                                                                                                                                                                                                                                                                                                                                                                             |  |                                                                                                                                                                                                                                                                                                                                                                                                                         |  | <div><div><div>● 9:30 Strength &amp; Stretch</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Travelogue w. Ruth</div><div>● 11:00 Good News Stories</div><div>● 11:30 Daily Chronicle</div><div>● 1:15 Garden Meditation</div><div>● 2:00 VISTA</div><div>● 2:30 Afternoon Delights</div><div>● 3:00 Music Therapy w. Ruth</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>1</div></div>  |  |
| <div><div><div>● 9:30 Gentle Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Mass Online</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 11:30 Spiritual Den w. Claudette</div><div>● 1:30 Sing Along</div><div>● 2:00 Game Day</div><div>● 2:30 Sports Stats</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>2</div></div>  |  | <div><div><div>● 9:30 Yoga Dance</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Scenic Drive &amp; Scenic Walk</div><div>● 11:30 Meditation &amp; Stretch</div><div>● 1:30 Flower Arranging</div><div>● 2:00 Sports Wrap</div><div>● 2:30 Bio: IZ Kamakawiwo'ole</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>3</div></div>    |  | <div><div><div>● 9:30 Chair Tai Chi</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Rosary w. Fr. Bain</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 1:30 Art 'n Sip</div><div>● 2:00 Good News Stories</div><div>● 2:30 Travel: Polynesia</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>4</div></div>                   |  | <div><div><div>● 9:30 Chair Z Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Birdfeed &amp; Chill</div><div>● 11:00 This Day in History w. Cathy</div><div>● 11:30 We Appreciate...</div><div>● 1:30 Drum Circle</div><div>● 2:30 Ukulele w. Richard</div><div>● 3:00 Bridgehaven Committee</div><div>● 3:30 Chicken Soup for the Soul</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>5</div></div> |  | <div><div><div>● 9:30 Gentle Range</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Song Committee</div><div>● 11:00 Garden Club</div><div>● 11:30 Gratitude Circle</div><div>● 1:30 Decor Crew</div><div>● 2:00 Shopping Trip</div><div>● 2:30 How It's Made</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>6</div></div>                   |  | <div><div><div>● 9:30 Daily Chronicle</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Sit &amp; Be Fit</div><div>● 11:00 Good News Stories</div><div>● 11:30 Bird Watching</div><div>● 1:15 Trivia Tournament</div><div>● 2:00 Happy Hour: w. Live Music!</div><div>● 3:00 Personal Music Choices</div><div>● 4:00 Gratitude Circle</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>7</div></div> |  | <div><div><div>● 9:30 Strength &amp; Stretch</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Travelogue w. Ruth</div><div>● 11:00 Good News Stories</div><div>● 11:30 Daily Chronicle</div><div>● 1:15 Garden Meditation</div><div>● 2:00 VISTA</div><div>● 2:30 Afternoon Delights</div><div>● 3:00 Music Therapy w. Ruth</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>8</div></div>  |  |
| <div><div><div>● 9:30 Gentle Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Mass Online</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 11:30 Spiritual Den w. Claudette</div><div>● 1:30 Sing Along</div><div>● 2:00 Game Day</div><div>● 2:30 Sports Stats</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>9</div></div>  |  | <div><div><div>● 9:30 Yoga Dance</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Scenic Drive &amp; Scenic Walk</div><div>● 11:30 Meditation &amp; Stretch</div><div>● 1:30 Flower Arranging</div><div>● 2:00 Sports Wrap</div><div>● 2:30 Bio: King Kamehameha I</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>10</div></div>   |  | <div><div><div>● 9:30 Chair Tai Chi</div><div>● 10:00 Music w. Lauren</div><div>● 10:30 Rosary w. Fr. Bain</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 1:30 Art 'n Sip</div><div>● 2:00 Good News Stories</div><div>● 2:30 Travel: Oahu</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>11</div></div>                             |  | <div><div><div>● 9:30 Chair Z Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Birdfeed &amp; Chill</div><div>● 11:00 This Day in History w. Cathy</div><div>● 11:30 We Appreciate...</div><div>● 1:30 Drum Circle</div><div>● 2:00 Music Appreciation w. Ruth</div><div>● 3:00 Snack Shack</div><div>● 3:30 Chicken Soup for the Soul</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>12</div></div>  |  | <div><div><div>● 9:30 Gentle Range</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Song Committee</div><div>● 11:00 Garden Club</div><div>● 11:30 Gratitude Circle</div><div>● 1:30 Decor Crew</div><div>● 2:00 Bread &amp; Roses Concert - GR</div><div>● 2:30 How It's Made</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>13</div></div> |  | <div><div><div>● 9:30 Daily Chronicle</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Sit &amp; Be Fit</div><div>● 11:00 Good News Stories</div><div>● 11:30 Bird Watching</div><div>● 1:30 Trivia Tournament</div><div>● 2:30 Happy Hour: Hawaii!</div><div>● 3:00 Personal Music Choices</div><div>● 4:00 Gratitude Circle</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>14</div></div>       |  | <div><div><div>● 9:30 Strength &amp; Stretch</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Travelogue w. Ruth</div><div>● 11:00 Good News Stories</div><div>● 11:30 Daily Chronicle</div><div>● 1:15 Garden Meditation</div><div>● 2:00 VISTA</div><div>● 2:30 Afternoon Delights</div><div>● 3:00 Music Therapy w. Ruth</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>15</div></div> |  |
| <div><div><div>● 9:30 Gentle Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Mass Online</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 11:30 Spiritual Den w. Claudette</div><div>● 1:30 Sing Along</div><div>● 2:00 Game Day</div><div>● 2:30 Sports Stats</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>16</div></div> |  | <div><div><div>● 9:30 Yoga Dance</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Scenic Drive &amp; Scenic Walk</div><div>● 11:30 Meditation &amp; Stretch</div><div>● 1:30 Flower Arranging</div><div>● 2:00 Sports Wrap</div><div>● 2:30 Bio: Duke Kahanamoku</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>17</div></div>     |  | <div><div><div>● 9:30 Chair Tai Chi</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Rosary w. Fr. Bain</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 1:30 Art 'n Sip</div><div>● 2:00 Good News Stories</div><div>● 2:30 Travel: Fiji</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 AVSR Soirée Dinner</div></div><div>18</div></div>                               |  | <div><div><div>● 9:30 Chair Z Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Birdfeed &amp; Chill</div><div>● 11:00 This Day in History w. Cathy</div><div>● 11:30 We Appreciate...</div><div>● 1:30 Drum Circle</div><div>● 2:00 Music Appreciation w. Ruth</div><div>● 3:00 Snack Shack</div><div>● 3:30 Chicken Soup for the Soul</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>19</div></div>  |  | <div><div><div>● 9:30 Gentle Range</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Song Committee</div><div>● 11:00 Garden Club</div><div>● 11:30 Gratitude Circle</div><div>● 1:30 Decor Crew</div><div>● 2:00 Shopping Trip</div><div>● 2:30 How It's Made</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>20</div></div>                  |  | <div><div><div>● 9:30 Daily Chronicle</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Sit &amp; Be Fit</div><div>● 11:00 Good News Stories</div><div>● 11:30 Bird Watching</div><div>● 1:30 Trivia Tournament</div><div>● 2:00 Happy Hour: Beach Vibes!</div><div>● 3:00 Personal Music Choices</div><div>● 4:00 Gratitude Circle</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>21</div></div>  |  | <div><div><div>● 9:30 Strength &amp; Stretch</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Travelogue w. Ruth</div><div>● 11:00 Good News Stories</div><div>● 11:30 Daily Chronicle</div><div>● 1:15 Garden Meditation</div><div>● 2:00 VISTA</div><div>● 2:30 Afternoon Delights</div><div>● 3:00 Music Therapy w. Ruth</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>22</div></div> |  |
| <div><div><div>● 9:30 Gentle Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Mass Online</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 11:30 Spiritual Den w. Claudette</div><div>● 1:30 Sing Along</div><div>● 2:00 Game Day</div><div>● 2:30 Sports Stats</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>23</div></div> |  | <div><div><div>● 9:30 Yoga Dance</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Scenic Drive &amp; Scenic Walk</div><div>● 11:30 Meditation &amp; Stretch</div><div>● 1:30 Flower Arranging</div><div>● 2:00 Sports Wrap</div><div>● 2:30 Bio: Queen Lili'uokalani</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>24</div></div> |  | <div><div><div>● 9:30 Chair Tai Chi</div><div>● 10:00 Music w. Lauren</div><div>● 10:30 Rosary w. Fr. Bain</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 1:30 Art 'n Sip</div><div>● 2:00 Good News Stories</div><div>● 2:30 Travel: New Zealand</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>25</div></div>                      |  | <div><div><div>● 9:30 Chair Z Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Birdfeed &amp; Chill</div><div>● 11:00 This Day in History w. Cathy</div><div>● 11:30 We Appreciate...</div><div>● 1:30 Drum Circle</div><div>● 2:00 Music Appreciation w. Ruth</div><div>● 3:00 Snack Shack</div><div>● 3:30 Chicken Soup for the Soul</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>26</div></div>  |  | <div><div><div>● 9:30 Gentle Range</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Song Committee</div><div>● 11:00 Garden Club</div><div>● 11:30 Gratitude Circle</div><div>● 1:30 Decor Crew</div><div>● 2:00 Shopping Trip</div><div>● 2:30 How It's Made</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>27</div></div>                  |  | <div><div><div>● 9:30 Daily Chronicle</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Sit &amp; Be Fit</div><div>● 11:00 Good News Stories</div><div>● 11:30 Bird Watching</div><div>● 1:30 Trivia Tournament</div><div>● 2:00 Happy Hour: Nautical</div><div>● 3:00 Personal Music Choices</div><div>● 4:00 Gratitude Circle</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>28</div></div>      |  | <div><div><div>● 9:30 Strength &amp; Stretch</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Travelogue w. Ruth</div><div>● 11:00 Good News Stories</div><div>● 11:30 Daily Chronicle</div><div>● 1:15 Garden Meditation</div><div>● 2:00 VISTA</div><div>● 2:30 Afternoon Delights</div><div>● 3:00 Music Therapy w. Ruth</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>29</div></div> |  |
| <div><div><div>● 9:30 Gentle Exercise</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Mass Online</div><div>● 11:00 Sunhats &amp; Sunshine</div><div>● 11:30 Spiritual Den w. Claudette</div><div>● 1:30 Sing Along</div><div>● 2:00 Game Day</div><div>● 2:30 Sports Stats</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>30</div></div> |  | <div><div><div>● 9:30 Yoga Dance</div><div>● 10:00 Nourish &amp; Nurture</div><div>● 10:30 Scenic Drive &amp; Scenic Walk</div><div>● 11:30 Meditation &amp; Stretch</div><div>● 1:30 Flower Arranging</div><div>● 2:00 Sports Wrap</div><div>● 2:30 Bio: Princess Ka'iulani</div><div>● 3:00 Snack Shack</div><div>● 3:30 Group Choice Activities</div><div>● 5:00 Dinner &amp; Evening Movie</div></div><div>31</div></div>  |  | <div><div></div><div><div></div><div><div>Bridgehaven Memory Care Neighborhood</div><div>Life Enrichment Activities Calendar</div></div></div><div></div></div> |  |                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |                                                                                                                                                                                                                                                                                                                                                                                                             |  |                                                                                                                                                                                                                                                                                                                                                                                                                         |  |                                                                                                                                                                                                                                                                                                                                                                                                                 |  |