

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  						
2 11:00 - St. Joe's Mass: Livestreamed (BT) 11:00 - Seattle First Baptist Church: Livestreamed (AR) 1:30 - Interactive Scripture, Art & Hymns with Paul & Tina Miller (AR) 1:30 - Streamed Art Performance (BT) 6:30 - Evening Movie (BT)	3 10:00 - Mental Health Monday (BT) 1:30 - An Afternoon of Music w/ Lauren Petrie (CL) 2:30 - Scrabble Day (CL) 3:30 - Neighborhood Walk (L) 6:30 - Evening Movie (BT)	4 10:00 - 11:30 - Karaoke (BT) 2:30 - Bingo (CL) 3:45 - Afternoon Tea (CL) 5:00 - Seattle Night Out Block Party 6:30 - Evening Movie (BT)	5 10:00: Shopping Trip to Goodwill (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Live Music by Do Peterson (CL) 2:30 - Standing Dividat Balance Training (MR) 6:30 - Evening Movie (BT)	6 10:00 - Art Connection (AR) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Resident Travelogue w/Janice (CL) 2:30 - Fresh Air Stretch & Glidercise w/ Angelika (CY) 6:30 - Evening Movie (BT)	7 9:30 - Shopping Trip to Safeway (SIGN-UP REQUIRED) 11:00 St. Joes Healing Mass (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Home Hour (CL) 2:30 - Wine and Beer Social (CL) 3:30 - Outdoor Stretch & Stroll (L) 6:30 - Evening Movie (BT)	8 11:00 - Chair Fitness: Cardiovascular Focus w/ Angelika (MR) 1:30 - Meditation Group (AR) 3:30 - Flower Arranging w/ Angelika (AR) 6:30 - Evening Movie (BT)
9 11:00 - St. Joe's Mass: Livestreamed (BT) 11:00 - Seattle First Baptist Church: Livestreamed (AR) 1:30 - Interactive Scripture, Art & Hymns with Paul & Tina Miller (AR) 1:30 - Streamed Art Performance (BT) 6:30 - Evening Movie (BT)	10 10:00 - Journal Through Art w /Mary (AR) 11:00 - Flexercise w/ Mary (MR) 1:30 - Birthday Party (CL) 3:30 - Neighborhood Walk (L) 6:30 - Evening Movie (BT)	11 10:00 - 11:30 - Karaoke (BT) 1:30 - Root Beer Float Social (CY) 2:30 - Bingo (CL) 3:45 - Afternoon Tea (CL) 6:30 - Evening Movie (BT)	12 10:45 - Bookmobile 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Kitchen Forum (CL) 2:30 - Standing Dividat Balance Training (MR) 2:30 - Book Club (AR) 3:30 - Cocktail Hour w/ Cori (CL) 6:30 - Evening Movie (BT)	13 10:00 - Science Hour (AR) 11:00 - Play in Motion w/ Angelika & Mary (MR) 1:00- Wellness Hour (CL) 2:30 - Fresh Air Stretch & Glidercise w/ Angelika (CY) 3:30 - Fiber Fun Social (CL) 6:30 - Evening Movie (BT)	14 9:30 - Shopping Trip to Uwajimaya (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 2:30 - Wine and Beer Social (CL) 3:30 - Outdoor Stretch & Stroll (L) 6:30 - Evening Movie (BT)	15 11:00 - Chair Fitness: Cardiovascular Focus w/ Angelika (MR) 1:30 - Meditation Group (AR) 3:30 - Flower Arranging w/ Angelika (AR) 6:30 - Evening Movie (BT)
16 11:00 - St. Joe's Mass: Livestreamed (BT) 11:00 - Seattle First Baptist Church: Livestreamed (AR) 1:30 - Interactive Scripture, Art & Hymns with Paul & Tina Miller (AR) 1:30 - Streamed Art Performance (BT) 6:30 - Evening Movie (BT)	17 8:00 - 3:00 Nail Care with Koko (SIGN-UP REQUIRED) (S) 10:00 - Mental Health Monday (BT) 1:30 - Fireside Chat (CL) 2:30 - Scrabble Day (CL) 3:30 - Neighborhood Walk (L) 6:30 - Evening Movie (BT)	18 10:00 - 11:30 - Karaoke (BT) 1:30 - Conversation Club (CL) 2:30 - Bingo (CL) 3:45 - Afternoon Tea (CL) 6:30 - Evening Movie (BT)	19 10:00: Outing to MOHAI (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Puzzle Hour (CL) 1:30 - In Person Mass (BT) 2:30 - Standing Dividat Balance Training (MR) 3:00 - Men's Club (AR) 6:30 - Evening Movie (BT)	20 10:00 - Art Connection (AR) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Sing-Along with David Lepse (CL) 2:30 - Fresh Air Stretch & Glidercise w/ Angelika (CY) 6:30 - Evening Movie (BT)	21 9:30 - Shopping Trip to Fred Meyer (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:30 - Curiosity University Streamed Lecture (CL) 2:30 - Wine and Beer Social (CL) 3:30 - Balloon Toss (MR) 6:30 - Evening Movie (BT)	22 11:00 - Chair Fitness: Cardiovascular Focus w/ Angelika (MR) 1:30 - Meditation w/Brother River (AR) 3:30 - Flower Arranging w/ Angelika (AR) 6:30 - Evening Movie (BT)
23 11:00 - St. Joe's Mass: Livestreamed (BT) 11:00 - Seattle First Baptist Church: Livestreamed (AR) 1:30 - Interactive Scripture, Art & Hymns with Paul & Tina Miller (AR) 1:30 - Streamed Art Performance (BT) 6:30 - Evening Movie (BT)	24 10:00 - Mental Health Monday (BT) 11:00 - Flexercise w/ Mary (MR) 1:30 - Cornhole Tournament (CL) 3:30 - Neighborhood Walk (L) 6:30 - Evening Movie (BT)	25 10:00 - Real Fun! Virtual Reality w/ Melissa (CL) 10:00 - 11:30 - Karaoke (BT) 1:30 - Movement Workshop w/Mary (CL) 2:30 - Bingo (CL) 3:45 - Afternoon Tea (CL) 6:30 - Evening Movie (BT)	26 11:00 - Seated Chair Fitness w/ Angelika (MR) 1:00 - Lance Rhodes Presentation (CL) 2:30 - Standing Dividat Balance Training (MR) 2:30 - Poetry Club (AR) 3:30 - Cocktail Hour w/ Cori (CL) 6:30 - Evening Movie (BT)	27 10:00 - Science Hour (AR) 11:00 - Play in Motion w/ Angelika & Mary (MR) 1:30 - General Assembly (CL) 2:30 - Fresh Air Stretch & Glidercise w/ Angelika (CY) 3:30 - Fiber Fun Social (CL) 6:30 - Evening Movie (BT)	28 10:00 - Outing to Seattle Waterfront (SIGN-UP REQUIRED) 11:00 - Seated Chair Fitness w/ Angelika (MR) 2:30 - Wine and Beer Social (CL) 3:30 - Outdoor Stretch & Stroll (L) 6:30 - Evening Movie (BT)	29 11:00 - Chair Fitness: Cardiovascular Focus w/ Angelika (MR) 1:30 - Meditation Group (AR) 3:30 - Flower Arranging w/ Angelika (AR) 6:30 - Evening Movie (BT)
30 11:00 - St. Joe's Mass: Livestreamed (BT) 11:00 - Seattle First Baptist Church: Livestreamed (AR) 1:30 - Interactive Scripture, Art & Hymns with Paul & Tina Miller (AR) 1:30 - Streamed Art Performance (BT) 6:30 - Evening Movie (BT)	31 10:00 - Mental Health Monday (BT) 11:00 - Flexercise w/ Mary (MR) 1:30 - Popsicle Social 2:30 - Scrabble Day (CL) 3:30 - Neighborhood Walk (L) 6:30 - Evening Movie (BT)					