

Important Information



Tradition Staff

Jasmine Banks, LALD
Executive Director
763-203-8173
banksjasmine@traditionliving.org

Crystal Lerol
Business Office Manager
763-203-8179
lerolcrystal@traditionliving.org

Vanessa Peterson
Community Relations Director
763-203-8169
vanessa.peterson@traditionliving.org

Brita Bloom, RN
Director of Nursing
763-425-2013
brita.bloom@traditionliving.org

Billy Stubblefield
Maintenance Supervisor
612-499-3306
bstubblefield@traditionliving.org

Allison Tang
Life Enrichment Director
763-203-8191
atang@traditionliving.org

We have two new part-time concierges starting. Please welcome **Colnette & Bukayo** to Tradition!



Key Numbers

Front Desk: 763-416-7740
Kitchen: 763-203-8182
After Hours Nursing: 951-259-1012
After Hours Maintenance: 612-499-3306



Monthly Resident Meeting

Thursday, September 3rd



2:00 p.m.
Dining Room



Medicare Presentation w/ CAL Financial

Wednesday, Sept 9th
1:30 p.m.
Community Room



The Shoppe on the Corner

Monday	12:30-4:00
Tuesday	10:30-4:00
Wednesday	12:30-4:00
Thursday	10:30-4:00
Friday	12:30-4:00
Saturday	12:30-4:00

Hair Stylists

Patty: 651-829-5289
Sharon: 763-227-7220
Please call to schedule an appointment



Massages with Jeanne
September 4th and 18th

Tradition Times

8500 Tessman Farm Road, Brooklyn Park, MN 55445



September 2026



Fun with Food



Mon, Sept 28th
2:00 p.m.
Activity Parlor

Tech Help w/ Laura



Tues, Sept 8th & 22nd
11:30 a.m.
Community Room

New Resident Meet & Greet



Wed, Sept 16th
1:30 p.m.
Community Room

Book Club



Fri, Sept 11th
1:30 p.m.
Library

Cooking Demo



Thurs, Sept 10th
2:00 p.m.
Activity Parlor

Tea Party



Wed, Sept 30th
11:00 a.m.
Community Room

Catered Lunch



Thurs, Sept 17th
12:00 p.m.
Activity Parlor

Armchair Travel

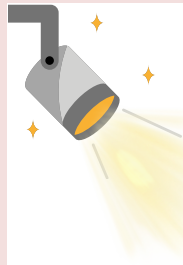


Thurs, Sept 24th
1:30 p.m.
Community Room

Lunch Outing



Fri, Sept 25th
The bus will
leave at 11:00 a.m.



Resident Spotlight

Karen Martinez

Meet Karen! Born and raised in Minneapolis, Karen has always enjoyed staying active, spending time with family, and making the most of life's little moments. Growing up, her cousins were some of her favorite people and an important part of her childhood. She attended McKinley Elementary School and Patrick Henry High School.

Karen had an impressive career, spending the whole of it working in Federal Government. She spent 35 years working for the Social Security Administration and another 10 years as an independent contractor.

Growing up, Karen enjoyed a variety of hobbies. As a kid, she loved being outside, roller skating and riding her bicycle, and even playing kick the can (who remembers that game?). Today, she enjoys reading a good book and watching a good movie. Although she mostly enjoys keeping to herself, you might catch her at our Thursday Card Bingo games, playing solitaire on her phone, or reading a book in the library.

Family has always been especially important to Karen. She is the proud mother of three children -one son and two daughters- and is a grandmother to five grandchildren, whom she enjoys seeing frequently. Her children and grandchildren are among the things she is most proud of.

When it comes to food, Karen's favorite is Thai food, especially from Sweet Basil here in Brooklyn Park.

Karen's journey to Tradition began after both herself and her daughters became concerned about her living independently and wanted to make sure she had a safe and supportive place to call home.

We are so happy to have Karen as part of our Tradition family and look forward to celebrating her story, memories and the wonderful life she has created!

Mystic Lake Casino



Monday, September 21st
Bus will leave at 10:00 a.m.
and return by 3:00 p.m.



Kitten Visit w/ Animal Humane Society



Tuesday, September 22nd
1:00 p.m.
Community Room

Osseo Lions Roar Parade

Saturday, Sept 12th
10:00 a.m.



Join us for the Osseo Lions Roar Parade!

We're looking for up to **6 residents**
who would like to ride on our bus,
toss candy, and enjoy the parade fun.

Participants will receive a free t-shirt!

BUS OUTINGS

9/2	Walmart
9/9	Cub Foods
9/12	Osseo Lions Roar Parade
9/16	Festival Foods
9/21	Mystic Lake Casino
9/23	Target
9/25	5-8 Club
9/30	Aldi



Chanhassen Dinner Theatre:



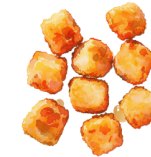
We will be going to **Annie** at Chanhassen Dinner Theatre on **October 28th**. The bus will leave Tradition at 10:30 a.m. and we plan to be back around 4:30 p.m. Cost is **\$80.84**. Please sign up in the Community Room and give payment before **September 30th**.



State Fair Days

Wednesday, September 2nd
11:30 a.m.

Front Parking Lot



Join us for our State Fair Days celebration featuring *John & Dave Musical Duo*, classic fair games, and all your favorite fair foods!



Apple Orchard

on Tessman Farm

Friday, September 18th
1:30 - 3:30 p.m.



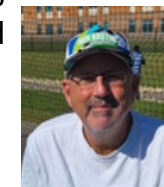
Celebrate the beauty of fall with an afternoon of fun! Featuring a Live Petting Zoo, Live Music by *Dale Martell*, and Apple-Inspired Food & Drinks



Meet Coach Greg!



Greg is excited to be leading exercise classes at Tradition. Greg's background includes 40 years of personal training experience. He holds a Masters in Sports Psychology and is certified through the NASM. Greg has been visiting Tradition for the past 8 years as his parents moved here in 2018. He will be having exercise classes **THREE** days a week: **Mondays, Tuesdays, and Thursdays**. Please help welcome him!



Piano Music Entertainment w/ Paul Constable

Friday, September 25th | 2:00 p.m. | Dining Room

Welcome

Shirley M.
Jeffery C.
Roger M.
Kari B.
Shirley J.
Dorothy M.

Goodbye

Tom A.
Bev A.
Howard B.
Patrick S.
Annette A.

In Loving Memory

Leona B.



Happy Birthday!



Gene C.	9/1
Jan S.	9/7
Dee P.	9/8
Valerie R.	9/19
Don N.	9/24
Pam N.	9/27

Join us Fri, Sept 25th
to celebrate our
September Birthdays!

VIKINGS FOOTBALL

It's officially football season!

Our **Fri, Sept 11th Happy Hour** will be Vikings themed. Don't forget to wear your **purple** and **gold** that day!



The first Vikings' home game is on **Sun, Sept 13th**. Join us at **3:00pm** in the **Community Room** to cheer us to victory! Refreshments will be provided.

Resident Satisfaction Survey

Resident Satisfaction Survey assistance in the Library: **September 3rd & September 8th** from 10:00 a.m. - 4:00 p.m.

- Complete survey by Sept. 3rd = Entered to win **\$50 CASH!**
- Complete survey by Sept. 8th = Entered to win **\$25 CASH!**



If you complete the survey on your own, **please let Allison know so she can enter you in the drawing!**

If we reach 100% completion, we will celebrate with an all-building PIZZA PARTY!

