

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
   						Walking Group ¹ 9am Karaoke 4:30 pm in Movie Rm Rent is Due
²	³ Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Water Aerobics 1:30 pm	⁴ Volunteer Meeting 11:00 am in Movie Rm Seated Strength with Bands 1:30 pm Camino Room Movie “The Sheep Detectives” 3 pm	⁵ Tai Chi Class 10 am in Movie Rm Meditation Class 11:30–12 in Movie Rm Gentle Stretching 1:30 pm Camino Room Literary Vine Book Club 2:00 pm in Library	⁶ Fitness Class 9 am Camino Rm. BINGO 1pm Camino Rm. Rent is Late	⁷ Chair Dance /Zumba 12:30 – 1 pm in Camino Rm. Movie “Being the Ricardo’s” 3 pm	⁸ Walking Group 9am Karaoke 4:30 pm in Movie Rm
⁹	¹⁰ Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Water Aerobics 1:30 pm	¹¹ Seated Strength with Bands 1:30 pm Camino Room Movie “Something from Tiffanys” 3 pm	¹² Tai Chi Class 10 am in Movie Rm Meditation Class 11:30–12 in Movie Rm Gentle Stretching 1:30 pm Camino Room	¹³ Fitness Class 9 am Camino Rm. BINGO 1 pm Camino Rm. Alegre Happy Hour & Live Music 3:30 pm Coffee Lounge	¹⁴ Chair Yoga 12:30 in the Camino Room Movie “Troop Zero” 3 pm	¹⁵ Walking Group 9am Karaoke 4:30 pm in Movie Rm
¹⁶	¹⁷ Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Water Aerobics 1:30 pm	¹⁸ TechEase with Andi 11:30 am Movie Rm Seated Strength with Bands 1:30 pm Camino Rm. Movie “Otherhood” 3 pm	¹⁹ Tai Chi Class 10 am in Movie Rm Meditation Class 11:30–12 in Movie Rm Gentle Stretching 1:30 pm Camino Rm	²⁰ Fitness Class 9 am Camino Rm. Djembe Jam 11 am Camino Rm. BINGO & Pizza 1 pm Camino Rm. Maya’s Appreciation Celebration 3:30 Coffee Lounge	²¹ Chair Dance /Zumba 12:30 – 1 pm in Camino Rm. Movie “Splash” 3 pm	²² Walking Group 9am Karaoke 4:30 pm in Movie Rm
^{23/30}	^{24/31} Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Water Aerobics 1:30 pm	²⁵ Exploring Space 11am Movie Rm Seated Strength with Bands 1:30 pm Camino Room Movie “The Naked Gun (2025)” 3 pm	²⁶ Tai Chi Class 10 am in Movie Rm Meditation Class 11:30–12 in Movie Rm Gentle Stretching 1:30 pm Camino Rm	²⁷ Fitness Class 9 am Camino Rm. Fraud Prevention 101 11 am in Movie Room BINGO 1 pm Camino Rm.	²⁸ Chair Yoga 12:30 in the Camino Room Resident Birthday Celebration 3 pm	²⁹ Walking Group 9am Arts & Crafts 11am in the Camino Rm Dance of Peace 1 pm in the Lobby Karaoke 4:30 pm in Movie Rm