

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Creative Art Projects 10:15 Fitness Class with Greg 10:45 Sr Toni Nash, WWII Japanese Internment Camps 5 1:30 Gratitude Circle 3:00 Clay Creations 4:30 Candlelight Dinner with Harp 5:30 Movie Theme: International 6:15 Res-led Music Jam with Josh 1		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Earth & Me Phys. Exercise 11:00 Ambassador Meeting 1:00 Writer's Wkshp, Rev. Rebecca (Library) 1:00 3rd Fl Resident Sing-a-Long 2:00 Luminous Glass Studio 2:30 BINGO 3:00 Resident-led Rosary 3:00 Farewell Party for Chef Steven (Foothill Lounge) 5:30 Movie Theme: Adventure 6:00 Resident-led Poker 2		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Mind & Body United 11:00 LE Calendar Planning Mtg 1:00 Suncrest Speaker on HIPPA 1:30 Printing Workshop 1:30 Media Help with Perjol 2:30 Resident Led Canasta 3:15 Art Film: Sr Wendy Beckett 1 4:00 Skills for Emotional Wellness 5:30 Movie Theme: Great Perform. 3		9:00 Devotion & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Exercise 11:00 Fresh Air Stroll 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: TED Talk 4		9:00 Coffee & Gratitude Circle 10:15 Morning Exercise 10:45 Trivia 1:00 Create a Poem 2:00 Good News 2:15 Discussion Group w/ Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 5	
9:00 Nature Walk 10:00 Easy Spanish in 30 Minutes 10:45 Sunday Mass 1:00 Everyday Ethics Debate 2:00 Live Music w/ Galen 3:00 Joyful Mov't for Brain & Body 4:00 Classical Music in the Theater 5:30 Movie Theme: Research on Longevity Pt 1 6		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Fitness for Brain & Body 10:15 Musical Mirrors 11:30 Labor Day Lunch 1:00 Res-Led Parkinson's Group 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca (Sunken Patio) 3:00 Dominoes 3:30 Labor Day Party and Live Music 5:30 Movie Theme: 1950's 7		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Asian Brush Stroke 10:15 Joyful Mvt for Brain & Body 10:45 Sr Toni Nash, WWII Japanese Internment Camps 5 1:30 Best Life Dessert w Veronica 1:30 Canvas Creation 3:00 Paper Makers 3:00 Laughter Yoga w. Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam with Josh 8		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Earth & Me Phys. Exercise 1:00 Writer's Wkshp, Rev. Rebecca (Library) 1:30 Food Forum 2:00 3D Wonders 3:00 Resident-led Rosary 3:00 Mocktails and Live Music with Stanley 5:30 Movie Theme: Adventure 6:00 Resident-led Poker 9		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Mind & Body United 10:15 Outing: Half Moon Bay 1:30 Book Binding 2:30 Resident-led Canasta 3:00 Create and Connect 3:15 Art Film: Sr Wendy Beckett 2 4:00 Skills for Emotional Wellness 5:30 Movie Theme: Great Perform. 10		9:00 Devotion & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Exercise 10:30 Garden Club 11:00 Fresh Air Stroll 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: TED Talk 11		9:00 Coffee & Gratitude Circle 10:15 Morning Exercise 10:45 Trivia 1:00 Create a Poem 2:00 Good News 2:15 Book Discussion with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 12	
9:00 Nature Walk 10:00 Meditation for Understanding 10:45 Sunday Mass 1:00 Everyday Ethics Debate 2:00 Autumn Poetry Reading 3:00 Joyful Mov't for Brain & Body 4:00 Classical Music in the Theater 5:30 Movie Theme: Research on Longevity Pt 2 13		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Fitness for Brain & Body 10:15 Musical Mirrors 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca (Sunken Patio) 3:00 Dominoes 3:00 Media Help 5:30 Movie Theme: 1950's 14		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:10 Resident Council 10:15 Creative Art Projects 10:15 Fitness Class with Greg 10:45 Sr Toni Nash, WWII Camps 7 1:00 Maintenance/Housekeeping 2:00 Hymn Singing w Spiritual Care 3:00 Clay Creation 3:00 Laughter Yoga w. Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam with Josh 15		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Earth & Me Phys. Exercise 1:00 Writer's Wkshp, Rev. Rebecca (Library) 1:00 3rd Fl Resident Sing-a-Long 2:00 Siu Ming Trip to France-2025 Slideshow (Theater) 2:30 BINGO 3:00 Resident-led Rosary 3:30 Lyrics as Literature 5:30 Movie Theme: Adventure 6:00 Resident-led Poker 16		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Mind & Body United 11:30 Resident Birthday Lunch 1:30 Special Event w/ Spiritual Care (Foot Hill Lounge) 9:30 Daily Mass in Chapel 1:30 Tech 101 with Perjol 2:30 Resident-led Canasta 3:00 Birthday Bash!!! 4:00 Skills for Emotional Wellness 5:30 Movie Theme: Great Perform. 17		9:00 Devotion & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Exercise 11:00 Fresh Air Stroll 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: TED Talk 18		9:00 Coffee & Gratitude Circle 10:15 Morning Exercise 10:45 Trivia 1:00 Create a Poem 2:00 Good News 2:15 Discussion with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 19	
9:00 Nature Walk 10:00 Easy Spanish in 30 Minutes 10:45 Sunday Mass 1:00 Everyday Ethics Debate 2:00 Live Music w/ Galen 3:00 Joyful Mov't for Brain & Body 4:00 Classical Music in the Theater 5:30 Movie Theme: Research on Longevity Pt 3 20		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Fitness for Brain & Body 10:15 Musical Mirrors 1:00 Res-Led Parkinson's Group 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca (Sunken Patio) 3:00 Dominoes 3:00 Media Help 5:30 Movie Theme: 1950's 21		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Asian Brush Stroke 10:15 Joyful Mvt for Brain & Body 1:30 Canvas Creation 3:00 The Paper Makers 3:00 Laughter Yoga w. Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam with Josh 22		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Earth & Me Phys. Exercise 1:00 Resident Variety Show 1:00 Writer's Wkshp, Rev. Rebecca (Library) 2:00 3D Wonders 3:00 Resident-led Rosary 3:00 New Resident Welcome Live Music w/ Stanley 5:30 Movie Theme: Adventure 6:00 Resident-led Poker 23		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Kim's Nails 10:15 Mind & Body United 1:30 Media Help, Perjol 1:30 Book Binding 2:00 Mercy Day (Bistro) 2:30 Resident-led Canasta 3:00 Create and Connect 4:00 Skills for Emotional Wellness 5:30 Movie Theme: Great Perform. 24		9:00 Devotion & Coffee 9:30 Daily Mass in Chapel 10:15 Upper Body Exercise 11:00 Fresh Air Stroll 1:30 Yahtzee Game 3:15 Happy Hour 5:30 Movie: TED Talk 25		9:00 Coffee & Gratitude Circle 10:15 Morning Exercise 10:45 Trivia 1:00 Create a Poem 2:00 Good News 2:15 Discussion with Carlos 3:15 UNO Card Game 5:30 Movie: Resident Request 6:15 Reading Sunday's Scriptures with Sisters 26	
9:00 Nature Walk 10:00 Meditation for Understanding 10:45 Sunday Mass 1:00 Everyday Ethics Debate 2:00 Autumn Song Sing-a-Long 3:00 XYZ Ladies High Tea 4:00 Classical Music in the Theater 5:30 Movie Theme: Research on Longevity Pt 4 27		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Fitness for Brain & Body 10:15 Musical Mirrors 1:00 Drum Circle 2:00 Mercy Choir 3:00 Meditation, Rev. Rebecca (Sunken Patio) 3:00 Dominoes 3:00 Media Help 5:30 Movie Theme: 1950's 28		9:00 Nature Walk 9:30 Daily Mass in Chapel 10:15 Experimental Drawing 10:15 Joyful Mvt for Brain & Body 10:45 CaptionCall Presentation 1:30 Canvas Creation 2:00 Hymn Sing w/ Spiritual Care (Courtyard) 2:30 Town Hall Meeting 3:00 Laughter Yoga w. Dr Martin 5:30 Movie Theme: Travel 6:15 Res-led Music Jam with Josh 29		9:00 Morning Stroll 9:30 Daily Mass in Chapel 10:15 Earth & Me Phys. Exercise 1:00 3rd Fl Resident Variety Show 1:00 Writer's Wkshp, Rev. Rebecca (Library) 2:00 Luminous Glass Studio 3:00 Resident-led Rosary 3:00 New Resident Welcome 5:30 Movie Theme: Adventure 6:00 Resident-led Poker 30		September 2026 Assisted Living Neighborhood Life Enrichment Activities Calendar 					

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				● 9:00 Morning Mass ● 10:15 Tai Chi with Sky ● 11:00 Spiritual Haikus ● 1:00 Beginners Sign Lanuage ● 2:00 Afternoon Delight ● 2:00 Laughter Yoga w/ Martin ● 2:00 Chaplain visit with Carlos ● 2:30 Walking Meditation ● 3:00 Super Bingo! ● 3:45 Trivial Pursuit ● 4:30 Candlelight Dining ● 6:00 Travel of the World 1		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Upper Body Exercises ● 11:00 Stories from the Heart ● 1:00 Craft Time! ● 2:00 Afternoon Delight ● 2:00 Wonders of the World ● 3:00 Legends that we LOVE ● 3:45 Spiritual Sing A-Long ● 6:00 Netflix Movie: Residents Choice 2		● 9:00 Morning Mass ● 10:00 Chronicle and Chat ● 10:45 Disco Chair Exercises ● 11:00 Beginners Spanish Class ● 1:00 Thankful Card Creation ● 2:00 Afternoon Delight ● 2:00 Chaplain visit with Carlos ● 2:30 Nature Walk ● 3:00 Super Bingo ● 3:45 Karaoke Party! ● 6:00 Movie: Musical 3		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Low Impacting Exercises ● 11:00 Spiritual Circle ● 1:00 Parks from Around the World ● 2:00 Social Happy Hour ● 2:00 Chaplain visit with Carlos ● 2:30 Fall Art Creation ● 3:15 SPA DAY ● 4:30 Prayer from your heart ● 6:00 Netflix Movie: Residents Choice 4		● 9:00 Morning Mass ● 9:20 Communion in Common ● 10:00 Chair-based Exercises ● 11:00 Trivia on Oakland ● 1:00 The colors of art ● 2:00 Afternoon Refreshment ● 2:30 Name that Song ● 3:00 Bingo !!!! ● 3:45 Listening to our Soul & Reflection ● 6:00 Movie: Viewers Choice 5	
● 9:30 Morning Exercise ● 10:00 Chronicle & Chat ● 10:30 Heart-Focused Breathing ● 10:45 Sunday Mass ● 1:30 Creative Arts ● 2:00 Afternoon Delight ● 2:30 Mindful Nature Walk ● 3:15 Music Time ● 4:00 Documentary : Wild Life ● 6:00 Movie: Residents Choice 6		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:30 Singing and Moving ● 12:30 Sensory Calming ● 1:30 Capture a Lifetime ● 2:00 Labor Day Party!!! ● 2:30 Voices of the Past ● 3:00 Famous Icons from the Pas ● 3:45 Flower Arrangements ● 4:30 Letter Game ● 6:00 Musical Monday 7		● 9:00 Morning Mass ● 10:00 Chronicle and Chat ● 11:00 Movement and Music ● 11:00 Spiritual Haikus ● 1:00 Beginners Sign Lanuage ● 2:00 Afternoon Delight ● 2:00 Laughter Yoga w/ Martin ● 2:00 Chaplain visit with Carlos ● 2:30 Sensory Walk ● 3:00 Super Bingo! ● 4:30 Dinner Live Music w/ Angel Harpist ● 6:00 Travel of the World 8		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Upper Body Exercises ● 11:00 Stories from the Heart ● 1:00 Craft Time! ● 2:00 Afternoon Delight ● 2:00 Wonders of the World ● 3:00 Legends that we LOVE ● 3:45 Spiritual Sing A-Long ● 6:00 Netflix Movie: Residents Choice 9		● 9:00 Morning Mass ● 10:00 Chronicle and Chat ● 10:45 Disco Chair Exercises ● 11:00 Beginners Spanish Class ● 1:00 Thankful Card Creation ● 2:00 Afternoon Delight ● 2:00 Chaplain visit with Carlos ● 2:30 Nature Walk ● 3:00 Super Bingo ● 3:45 Karaoke Party! ● 6:00 Movie: Musical 10		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Low Impacting Exercises ● 11:00 Spiritual Circle ● 1:00 Parks from Around the World ● 2:00 Social Happy Hour ● 2:00 Chaplain visit with Carlos ● 2:30 Fall Art Creation ● 3:15 SPA DAY ● 4:30 Prayer from your heart ● 6:00 Netflix Movie: Residents Choice 11		● 9:00 Morning Mass ● 9:20 Communion in Common ● 10:00 Chair-based Exercises ● 11:00 Trivia on Oakland ● 1:00 The colors of art ● 2:00 Afternoon Refreshment ● 2:30 Name that Song ● 3:00 Bingo !!!! ● 3:45 Listening to our Soul & Reflection ● 6:00 Movie: Viewers Choice 12	
Labor Day													
● 9:30 Sky-Earth & Me Physical Exercise ● 10:00 Current Events and Chat ● 10:30 Heart-Focused Breathing ● 10:45 Sunday Mass ● 1:30 Poetry Reading ● 2:00 Afternoon Delight ● 2:30 Anne Bradstreet's Word Art ● 3:15 Songs of Memories ● 4:00 Documentary: Wild Life ● 6:00 Movie: Residents Choice 13		● 9:00 Morning Mass ● 9:30 Chronicle & Chat ● 10:00 Music Therapy w/ Hannah ● 11:00 Upsy Daisy - Be grateful! ● 12:30 Peaceful Pause ● 1:30 Bright Moments in Life ● 2:00 Afternoon Refreshments ● 2:30 Grandma Moses Folk Art ● 3:00 Everyday Numbers-Math program ● 3:45 Flower Arrangements ● 4:30 Word Game ● 6:00 Musical Monday 14		● 9:00 Morning Mass ● 10:00 Chronicle & Chat ● 11:00 Movement and Music ● 11:00 Spiritual Haikus ● 1:00 Beginners Sign Lanuage ● 2:00 Afternoon Delight ● 2:00 Laughter Yoga w/ Martin ● 2:00 HYMN Sing in Courtyard w/ Spiritual Care ● 2:30 Walking Meditation ● 3:00 Super Bingo! ● 3:45 Catch Phrases ● 6:00 Travel of the World 15		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Upper Body Exercises ● 11:00 Stories from the Heart ● 1:00 Craft Time! ● 2:00 Afternoon Delight ● 2:00 Pictures & Scriptures w/ Rev. Rebecca ● 3:00 Legends that we LOVE ● 3:45 Spiritual Sing A-Long ● 6:00 Netflix Movie: Residents Choice 16		● 9:00 Morning Mass ● 10:00 Chronicle & Chat ● 10:30 Outing: Scenic Drive Lake Merrit ● 11:00 Beginners Spanish Class ● 1:00 Thankful Card Creation ● 2:00 Afternoon Delight ● 2:00 Birthday Party!!! ● 2:00 Chaplain visit with Carlos ● 2:30 Nature Walk ● 3:00 Super Bingo ● 3:45 Dance Party! ● 6:00 Movie: Musical 17		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Low Impacting Exercises ● 11:00 Spiritual Circle ● 1:00 Parks from Around the World ● 2:00 Social Happy Hour ● 2:00 Chaplain visit with Carlos ● 2:30 Fall Art Creation ● 3:15 SPA DAY ● 4:30 Prayer from your heart ● 6:00 Netflix Movie: Residents Choice 18		● 9:00 Morning Mass ● 9:20 Communion in Common ● 10:00 Chair-based Exercises ● 11:00 Trivia on Oakland ● 1:00 The colors of art ● 2:00 Afternoon Refreshment ● 2:30 Name that Song ● 3:00 Bingo !!!! ● 3:45 Listening to our Soul & Reflection ● 6:00 Movie: Viewers Choice 19	
● 9:30 Sky-Earth & Me Physical Exercise ● 10:00 Daily Chronicle & Discussion ● 10:30 Heart-Focused Breathing ● 10:45 Sunday Mass ● 1:30 Golden Tales & Memories ● 2:00 Afternoon Delight ● 2:30 Comic Art ● 3:15 Music Time ● 4:00 Documentary : Wild Life ● 6:00 Movie: Residents Choice 20		● 9:00 Morning Mass ● 10:00 Chronicle & Chat ● 10:30 Singing and Moving ● 12:30 Sensory Calming ● 1:30 Capture a Lifetime ● 2:00 Afternoon Refreshments ● 2:30 Voices of the Past ● 3:00 Stitch & Smile club ● 3:45 Flower Arrangements ● 4:30 Letter Game ● 6:00 Musical Monday 21		● 9:00 Morning Mass ● 10:00 Chronicle & Chat ● 11:00 Movement and Music ● 11:00 Spiritual Haiku ● 1:00 Beginners Sign Language ● 2:00 Afternoon Delight ● 2:00 Laughter Yoga w/ Martin ● 2:00 Hymn Sing ● 2:30 Sensory Walk ● 3:00 Super Bingo! ● 3:45 Catch Phrases ● 6:00 Travel the World 22		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Upper Body Exercises ● 11:00 Stories from the Heart ● 1:00 Craft Time! ● 2:00 Afternoon Delight ● 2:00 Wonders of the World ● 3:00 Legends that we LOVE ● 3:45 Spiritual Sing A-Long ● 6:00 Netflix Movie: Residents Choice 23		● 9:00 Morning Mass ● 10:00 Chronicle and Chat ● 10:45 Disco Chair Exercises ● 11:00 Beginners Spanish Class ● 1:00 Thankful Card Creation ● 2:00 Afternoon Delight ● 2:00 Chaplain visit with Carlos ● 2:30 Nature Walk ● 3:00 Super Bingo ● 3:45 Karaoke Party! ● 6:00 Movie: Musical 24		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Low Impacting Exercises ● 11:00 Spiritual Circle ● 1:00 Parks from Around the World ● 2:00 Social Happy Hour ● 2:00 Chaplain visit with Carlos ● 2:30 Fall Art Creation ● 3:15 SPA DAY ● 4:30 Prayer from your heart ● 6:00 Netflix Movie: Residents Choice 25		● 9:00 Morning Mass ● 9:20 Communion in Common ● 10:00 Chair-based Exercises ● 11:00 Trivia on Oakland ● 1:00 The colors of art ● 2:00 Afternoon Refreshment ● 2:30 Name that Song ● 3:00 Bingo !!!! ● 3:45 Listening to our Soul & Reflection ● 6:00 Movie: Viewers Choice 26	
● 9:30 Sky-Earth & Me Physical Exercise ● 10:00 Current Events and Chat ● 10:30 Heart-Focused Breathing ● 10:45 Sunday Mass ● 1:30 Fresh Air & Sunshine poems ● 2:00 Afternoon Delight ● 2:30 Fabric Art ● 3:15 Songs of Memories ● 4:00 National Geographic ● 6:00 Movie: Residents Choice 27		● 9:00 Morning Mass ● 10:00 Music Therapy w/ Hannah ● 11:00 Expressive Movement ● 12:30 Peaceful Pause ● 1:30 Chef Corner ● 2:00 Afternoon Refreshments ● 2:30 "Shall We Dance" ● 3:00 Everyday Numbers-Math program ● 3:45 Flower Arrangements ● 4:30 Word Game ● 6:00 Musical Monday 28		● 9:00 Morning Mass ● 10:00 Chronicle & Chat ● 11:00 Movement and Music ● 11:00 Spiritual Haiku ● 1:00 Beginners Sign Lanuage ● 2:00 Afternoon Delight ● 2:00 Laughter Yoga w/ Martin ● 2:00 Chaplain visit with Carlos ● 2:30 Sensory Walk ● 3:00 Super Bingo! ● 3:45 Catch Phrases ● 6:00 Travel the World 29		● 9:00 Morning Mass ● 10:00 Current Events & Discussion ● 10:45 Upper Body Exercises ● 11:00 Stories from the Heart ● 1:00 Craft Time! ● 2:00 Afternoon Delight ● 2:00 Pictures & Scriptures w/ Rev. Rebecca ● 3:00 Legends that we LOVE ● 3:45 Spiritual Sing A-Long ● 6:00 Netflix Movie: Residents Choice 30		September 2026 Oasis Memory Care Neighborhood Life Enrichment Activities Calendar 					

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercise 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-in W/ Rev. Rebecca 1:30 American Folk Art 2:00 Ice Cream in the Courtyard 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll	9:00 Coffee Social 9:30 Deep Breathing Exercises 10:30 Outing: Dollar Tree 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Live music with VJ 3:00 TED Talk and Discussion 3:30 Book Making 4:00 Sensory Walk 6:00 CASINO NIGHT!	9:00 Current Events and Coffee 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Prayer Circle 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Bird Watching 4:00 Learning about the Ecosystems	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Groovy Chair Exercise 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Devotional Art 3:00 Ice Tea Social and Karaoke 4:00 Flags of the World 6:00 BINGO!!!
	9:00 Coffee Social 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museum Throughout The World and Chat 2:00 Table Game: Bridge 3:00 Gratitude Journal 4:00 Spiritual Nature Walk	9:00 Current Events and Coffee 10:00 Soft music and Slow Stretching 10:30 Musical Trivia 11:00 Daily Mass- Virtual 1:00 Drum Circle 2:00 Card Game 2:30 Virtual Church Alternative 3:00 Labor Day Party 4:00 Beginners Tech Lab	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercises 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:30 Best Life Over Dessert Series w/ Veronica 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll	9:00 Coffee Social 9:30 Deep Breathing Exercise 10:00 Daily Mass- Virtual 11:00 Resident Council 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Drum Circle 3:00 Understanding of Stars and Constellations 4:00 Sensory Walk 6:00 POKER NIGHT!!!!	9:00 Current Events and Coffee 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Prayer Circle 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Bird Watching 4:00 Learning about the Ecosystems 5:00 Dinner & Live Music w/Angel the Harpist
	9:00 Coffee Social 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museum Throughout The World and Chat 2:00 Table Game: Bridge 3:00 Gratitude Journal 4:00 Spiritual Nature Walk	9:00 Current Events and Coffee 10:00 Soft music and Slow Stretching 10:30 Daily Mass- Virtual 11:00 Music with Hannah 1:00 Drum Circle 2:00 Card Game 2:30 Virtual Church Alternative 3:00 Art Project 4:00 Beginners Tech Lab	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercises 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:00 Tables Games: Residents Choice 1:30 Comic Art 2:00 Ice Cream in the Courtyard 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll	9:00 Coffee Socail 9:30 Deep Breathing Exercise 10:00 Daily Mass-Virtual 11:00 Chronicle and Discussion 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Drum Circle 3:00 Understanding of Stars and Constellations 3:30 Chef Corner 4:00 Sensory Walk 6:00 BLACK JACK PARTY!!!	9:00 Current Events and Coffee 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Prayer Circle 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Bird Watching 4:00 Learning about the Ecosystems
	9:00 Coffee Social 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museum Throughout The World and Chat 2:00 Table Game: Bridge 3:00 Gratitude Journal 4:00 Spiritual Nature Walk	9:00 Current Events and Coffee 10:00 Soft music and Slow Stretching 10:30 Musical Trivia 11:00 Daily Mass- Virtual 1:00 Drum Circle 2:00 Card Game 2:30 Virtual Church Alternative 3:00 Art Project 4:00 Beginners Tech Lab	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercises 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spirtual Check-In, Rev. Rebecca 1:00 Create and Connect 2:00 Ice Cream in the Courtyard 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll	9:00 Coffee Socail 9:30 Deep Breathing Exercise 10:00 Daily Mass-Virtual 11:00 Chronicle and Discussion 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Drum Circle 3:00 Understanding of Stars and Constellations 4:00 Sensory Walk 6:00 KARAOKE PARTY!!!	9:00 Current Events and Coffee 10:00 Upper Body Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Prayer Circle 2:00 Taste of Fall with David 3:00 SPA DAY 3:15 Bird Watching 4:00 Learning about the Ecosystems
	9:00 Coffee Social 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museum Throughout The World and Chat 2:00 Table Game: Bridge 3:00 Gratitude Journal 4:00 Spiritual Nature Walk	9:00 Current Events and Coffee 10:00 Soft Music and Slow Stretching 10:30 Daily Mass-Virtual 11:00 Music with Hannah 1:00 Drum Circle 2:00 Card Game 2:30 Virtual Church Alternative 3:00 Art Project 4:00 Beginners Tech Lab	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercises 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:00 Tables Games: Residents Choice 1:30 Create and Connect 2:00 Ice Cream in the Courtyard 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll		
	9:00 Coffee Social 10:00 Daily Chronicle 10:30 Beginners Tai Chi 10:45 Sunday Mass 1:00 Museum Throughout The World and Chat 2:00 Table Game: Bridge 3:00 Gratitude Journal 4:00 Spiritual Nature Walk	9:00 Current Events and Coffee 10:00 Soft Music and Slow Stretching 10:30 Daily Mass-Virtual 11:00 Music with Hannah 1:00 Drum Circle 2:00 Card Game 2:30 Virtual Church Alternative 3:00 Art Project 4:00 Beginners Tech Lab	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Chair Exercises 10:30 Historical Figures and Discussion 11:00 Daily Mass- Virtual 11:30 Spirtual Check-In, Rev. Rebecca 1:00 Tables Games: Residents Choice 1:30 Create and Connect 2:00 Ice Cream in the Courtyard 3:00 Super Bingo 4:00 SPA DAY	9:00 Current Events and Coffee 10:00 Low Impact Chair Exercise 10:30 Daily Chronicle 10:45 Finish that Phrase 11:15 Daily Mass-Virtual 1:00 Beginners Sign Lanuage 2:00 Spirtual Creative Writing 3:00 Rootbeer Float and Music 4:00 Fresh Air Stroll		

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