

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise to the Music w. Kristine ● 11:00 Meditation Rev. Michelle ● 12:00 AlmaVia Farmers Market ● 2:00 What's Your Story Gathering ● 3:00 Music by Request Social ● 6:15 Evening Movie 1	● 10:00 Strength and Stability w. Lacey ● 10:45 AlmaVia Bracelet Workshop! ● 1:00 Wii Bowling Club ● 2:00 Creative Writing ● 3:00 Live Music w. Jim Rice ● 4:00 Rummikub ● 6:15 Evening Movie 2	● 10:00 Virtual Strength and Stability ● 10:30 Outing: Camarillo Farmers Market ● 1:00 Wii Bowling ● 2:00 Art For Wellness Workshop ● 3:00 Saturday Cinema ● 6:15 Evening Movie 3
● 9:30 Daily Word w. Rev. Michelle ● 10:00 Simply Strech w. Kristine ● 10:30 Bible Study w. Rev. Michelle ● 11:00 Create a Story Together ● 1:00 Guess the Animal Trivia ● 2:00 Inspirational Series w. Rev. Michele ● 3:00 Penny Pincher Game ● 6:15 Evening Movie 4	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:00 TheraBands w. Robin ● 10:45 Scrabble Teams ● 1:00 Minute to WIN it Game ● 2:00 Exploring Spirituality ● 2:30 Paws for a Cause Treat Baking ● 3:30 Puzzles and Current Events ● 6:15 Evening Movie 5	● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise w. Marg ● 10:45 Catholic Communion ● 11:00 Ideas Over Breakfast ● 1:00 Wii Bowling Club ● 2:00 Book Study w. Rev. Michelle ● 3:00 Writers Circle ● 4:00 Drumming for Fitness ● 6:15 Evening Movie 6	● 9:30 Daily Word w. Rev. Michelle ● 10:00 Morning Mobility Exercise Class ● 11:00 Coffee Tasting ● 11:00 Garden Crew ● 1:00 AlmaVia Bracelet Workshop! ● 2:00 Souls in Prayer w. Rev. Michelle ● 3:00 Cider and Chat ● 4:00 Movie Committee Meeting ● 6:15 Evening Movie 7	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise to the Music w. Kristine ● 11:00 Meditation Rev. Michelle ● 11:00 Library Lady ● 2:00 Memory Game ● 3:00 Autumn Afternoon Tea ● 6:15 Evening Movie 8	● 10:00 Strength and Stability w. Lacey ● 10:45 AlmaVia Bracelet Workshop! ● 1:00 Wii Bowling Club ● 2:00 Creative Writing ● 3:00 Happy Hour w. Bob Ryemon ● 4:00 Rummikub ● 6:15 Evening Movie 9	● 10:15 Strength and Balance w. Lacey ● 11:00 Autumn Floral Bar and Mimosas ● 1:00 Wii Bowling Club ● 2:00 Art For Wellness Workshop ● 3:00 Saturday Cinema ● 6:15 Evening Movie 10
● 9:30 Daily Word w. Rev. Michelle ● 9:00 Veterans Day Continental Breakfast ● 10:00 Simply Strech w. Kristine ● 10:30 Bible Study w. Rev. Michelle ● 11:00 Create a Story Together ● 1:00 Sunday Art Studio ● 2:00 Inspirational Series w. Rev. Michele ● 3:00 Penny Pincher Game ● 5:00 Residents Choice! "Sunday Night Football" ● 6:15 Evening Movie 11	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:00 TheraBands w. Robin ● 11:00 Paws for a Cause Treat Baking ● 1:00 Love on a Leash ● 2:00 Exploring Spirituality ● 3:30 Puzzles and Current Events ● 6:15 Evening Movie 12	● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise w. Marg ● 10:45 Catholic Communion ● 11:00 Library Lady ● 11:00 Culinary ● 1:00 Wii Bowling Club ● 2:00 Book Study w. Rev. Michelle ● 3:00 Writers Circle ● 4:00 Drumming for Fitness ● 6:15 Evening Movie 13	● 9:30 Daily Word w. Rev. Michelle ● 10:00 Morning Mobility Exercise Class ● 10:45 Resident Voices Meeting ● 11:00 Garden Crew ● 1:00 AlmaVia Bracelet Workshop! ● 2:00 Souls in Prayer w. Rev. Michelle ● 3:00 Pumpkin Spice Tasting ● 4:00 Movie Committee Meeting ● 6:15 Evening Movie 14	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise to the Music w. Kristine ● 11:00 Meditation Rev. Michelle ● 11:00 Acoustic Hearing ● 2:00 What's Your Story Gathering ● 3:30 Life Changes w. Dr. Paul ● 5:00 Pumpkin and Plaid Night ● 6:15 Evening Movie 15	● 10:00 Strength and Stability w. Lacey ● 10:45 AlmaVia Bracelet Workshop! ● 1:00 Wii Bowling Club ● 2:00 Creative Writing ● 3:00 Live Entertainment w. Mary White ● 4:00 Rummikub ● 6:15 Evening Movie 16	● 10:15 Strength and Balance w. Lacey ● 11:00 Fall Crafting ● 1:00 Wii Bowling Club ● 2:00 Art For Wellness Workshop ● 3:00 Saturday Cinema ● 6:15 Evening Movie 17
● 9:30 Daily Word w. Rev. Michelle ● 10:00 Simply Strech w. Kristine ● 10:30 Bible Study w. Rev. Michelle ● 11:00 Create a Story Together ● 1:00 Sunday Art Studio ● 2:00 Inspirational Series w. Rev. Michele ● 3:00 BINGO ● 5:00 Residents Choice! "Sunday Night Football" ● 6:15 Evening Movie 18	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:00 TheraBands w. Robin ● 10:45 Scrabble Teams ● 1:30 Minute to WIN it Game ● 2:00 Exploring Spirituality ● 2:30 Paws for a Cause Treat Baking ● 3:30 Puzzles and Current Events ● 6:15 Evening Movie 19	● 9:30 Daily Word w. Rev. Michelle ● 10:00 Donut and Coffee Bar ● 10:15 Exercise w. Marg ● 10:45 Catholic Communion ● 11:00 Culinary ● 1:00 Wii Bowling Club ● 2:00 Book Study w. Rev. Michelle ● 3:00 Writers Circle ● 4:00 Drumming for Fitness ● 6:15 Evening Movie 20	● 9:00 Men's Breakfast ● 9:30 Daily Word w. Rev. Michelle ● 10:00 Morning Mobility Exercise Class ● 10:30 Resident Voices Meeting ● 11:00 Garden Crew ● 1:00 AlmaVia Bracelet Workshop! ● 2:00 Souls in Prayer w. Rev. Michelle ● 3:00 Fall Cider and Cheese Pairing ● 4:00 Movie Committee Meeting ● 6:15 Evening Movie 21	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:30 Lunch Outing: On the Alley ● 11:00 Meditation Rev. Michelle ● 11:00 Library Lady ● 1:00 Bean Bag Challenge ● 2:00 Community Town Hall ● 3:30 Paws for a Cause Shelter Visit Day ● 4:00 Apple Cider and Games ● 6:15 Evening Movie 22	● 10:00 Strength and Stability w. Lacey ● 10:45 AlmaVia Bracelet Workshop! ● 1:00 Wii Bowling Club ● 2:00 Creative Writing ● 3:00 Live Entertainment Scott ● 4:00 Rummikub ● 6:15 Evening Movie 23	● 10:00 Virtual Strength and Stability ● 10:30 Outing: Camarillo Farmers Market ● 1:00 Wii Bowling Club ● 2:00 Art For Wellness Workshop ● 3:00 Saturday Cinema ● 6:15 Evening Movie 24
● 9:30 Daily Word w. Rev. Michelle ● 10:00 Simply Strech w. Kristine ● 10:30 Bible Study w. Rev. Michelle ● 11:00 Create a Story Together ● 1:00 Sunday Art Studio ● 2:00 Inspirational Series w. Rev. Michele ● 3:00 Penny Pincher Game ● 5:00 Residents Choice! "Sunday Night Football" ● 6:15 Evening Movie 25	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:00 TheraBands w. Robin ● 10:45 Scrabble Teams ● 1:00 Minute to WIN it Game ● 2:00 Pumpkin Spice Cafe ● 4:00 Puzzles and Current Events ● 6:15 Evening Movie 26	● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise w. Marg ● 10:45 Catholic Communion ● 11:00 Culinary ● 1:00 Wii Bowling Club ● 2:00 Book Study w. Rev. Michelle ● 2:30 Food Committee Meeting w. Sal ● 3:30 Writers Circle ● 4:00 Drumming for Fitness ● 6:15 Evening Movie 27	● 9:30 Daily Word w. Rev. Michelle ● 10:00 Morning Mobility Exercise Class ● 11:00 Garden Tending Crew w. Kristine ● 1:00 AlmaVia Bracelet Workshop! ● 2:00 Souls in Prayer w. Rev. Michelle ● 3:00 September Birthday Celebration ● 4:00 Movie Committee Meeting ● 6:15 Evening Movie "Musical" 28	● 8:30 Bone Builders ● 9:30 Daily Word w. Rev. Michelle ● 10:15 Exercise to the Music w. Kristine ● 11:00 Meditation Rev. Michelle ● 1:00 Becky's Open Craft Table ● 2:00 Community Town Hall ● 2:00 What's Your Story Gathering ● 6:15 Evening Movie 29	● 10:00 Virtual Strength and Stability ● 11:00 AlmaVia Hoedown ● 1:00 Wii Bowling Club ● 2:00 Creative Writing ● 3:00 Live Entertainment Scott ● 4:00 Rummikub ● 6:15 Evening Movie 30	● 10:00 Strength and Balance w. Lacey ● 2:00 Art For Wellness Workshop ● 1:00 Wii Bowling Club ● 2:00 Trick and Treats Happy Hour! ● 3:00 Not So Spooky Cinema ● 6:15 Evening Movie 31

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				 9:15 Meet & Greet  9:45 Let's Get Moving w. Andrea  10:30 Today's Happenings  11:30 Outing: Picnic on Underwood Farm  1:00 Sing- Along "Oldies"  2:00 The History Of Coffee  2:30 Afternoon Tea In the Garden  3:00 Series the Chosen w. Michelle  4:30 Hula Hoop Balloon Toss!  6:00 Evening Movie 1	 9:15 Meet & Greet  9:45 Upper Body Strength  10:30 Morning Refreshments  11:00 Seasonal Craft  11:30 Name That Tune!  1030 Story Telling: What Makes you Smile  2:00 Birthday Helpers  2:30 Happy Birthday Social!  3:00 Live Entertainment  4:00 Helping Hands Crew  6:00 Evening Movie 2	 9:15 Meet & Greet  9:45 Chair Exercise  10:30 Morning Refreshments  11:00 Card Making: Halloween Invitations  11:30 Music Committee Meeting  1:00 Finish the Lyric  2:00 Cozy October Cinema  2:30 Cinema Snacks and Sips  3:30 Would you Rather?  4:30 Gratitude Circle  6:00 Evening Movie 3
 9:15 Meet & Greet  9:45 Exercise w. Andrea  10:30 Morning Refreshments  11:30 Faith and Reflection w. Michelle  1:00 Seated Chair Dance  2:00 Daily Word w. Michelle  2:30 Sunday Football Social  3:30 Scenic Drive  4:00 Armchair Adventures "Disneyland"  4:30 Noodle Ball  6:00 Evening Movie 4	 9:15 Meet & Greet  9:45 Stretch & Strengthen  10:00 Flower Arranging  10:30 Donuts and Coffee Gathering  11:00 Spiritual Trivia w. Rev Michelle  1:00 Serenity Spa "Acts of Kindness"  3:00 Daily Word w. Rev Michelle  4:00 Party Planning Committee  4:30 Balloon Volleyball  6:00 Evening Movie 5	 9:15 Meet & Greet  9:45 Chair Boxing w. Andrea  10:30 Morning Refreshments  11:00 Gentle Movement w. Rev Michelle  11:30 Catholic Communion  1:00 Salsa Chair Dancing  2:00 Taco Loco Tuesday Social  3:00 Daily Word w. Michelle  4:00 Name That Tune  4:30 Parachute Circle  6:00 Evening Movie 6	 9:15 Meet & Greet  9:45 Morning Movement w. Andrea  10:30 Morning Refreshments  11:00 Spiritual Reminiscing w. Michelle  1:00 Serenity Relaxation  2:00 Trivia  2:30 Refreshments in the Garden  3:00 Daily Word w. Michelle  3:30 Scenic Drive "Old Town"  4:00 Armchair Adventures "Connie Island"  4:30 Wine Down Wednesday  6:00 Evening Movie 7	 9:15 Meet & Greet  9:45 Let's Get Moving w. Andrea  10:30 Culinary Class  11:30 Gardening Club  1:00 Sing- A- long "Crooners"  2:00 Pumpkin Picasso: Pumpkin Painting  2:30 Afternoon Tea In the Garden  3:00 Series the Chosen w. Michelle  4:30 Hula Hoop Balloon Toss!  6:00 Evening Movie 8	 9:15 Meet & Greet  9:45 Upper Body Strength  10:30 Morning Refreshments  11:00 Crafting Workshop  11:30 Reminiscing : Vacation  1:30 Finish the Phrase  2:00 Apple Harvest Gathering w. Buena Vista  2:30 Hands on Pre Happy Hour!  3:00 Happy Hour  4:00 Helping Hands Crew  6:00 Evening Movie 9	 9:15 Meet & Greet  9:45 Chair Exercise  10:30 Morning Refreshments  11:00 Creative Corner  11:30 Music Committee Meeting  1:00 Finish the Lyric  2:00 Afternoon Matinee "Willy Wonka"  2:30 Cinema Snacks and Sips  4:00 Noodle Ball  4:30 Gratitude Circle  6:00 Evening Movie 10
 9:15 Meet & Greet  9:30 Stars and Stripes Morning Social  10:30 Morning Sweet Treats!  11:30 Faith and Reflection w. Michelle  11:30 Daily Chronicle  1:00 Word Association  2:00 Daily Word w. Michelle  2:30 Sunday Football Social  3:30 Scenic Drive  4:00 Armchair Adventures "Tokyo"  4:30 Noodle Ball  6:00 Evening Movie 11	 9:15 Meet & Greet  9:45 Stretch & Strengthen  10:00 Farmers Market in the Gardens  10:30 Morning Refreshments  11:00 Spiritual Trivia w. Rev Michelle  1:30 Paws and Treats w. Love on a Leash  2:00 Farmers Day Appreciation  2:30 Refreshments in the Garden  3:00 Daily Word w. Rev Michelle  4:00 A-Z Word Categories  4:30 Balloon Volleyball  6:00 Evening Movie 12	 9:15 Meet & Greet  9:45 Chair Boxing w. Andrea  10:30 Morning Refreshments  11:00 Gentle Movement w. Michelle  11:30 Catholic Communion  10:30 Garden Ambassador Meeting  2:00 Sea of Memories Social  3:00 Daily Word w. Michelle  4:00 Patriotic Documentary  4:30 Name That Animal  6:00 Evening Movie 13	 9:15 Meet & Greet  9:45 Morning Movement w. Andrea  10:00 Pumpkin Treats & Mingle  11:00 Spiritual Reminiscing w. Michelle  1:00 Serenity Relaxation  2:00 What That Spice?  2:30 Happy Birthday Social!  3:00 Daily Word w. Michelle  3:30 Scenic Drive "Somis"  4:00 Armchair Adventures "PCH"  4:30 Wine Down Wednesday  6:00 Evening Movie 14	 9:15 Meet & Greet  9:45 Lets Get Moving w. Andrea  10:30 Culinary Class  11:30 Daily Chronicle  2:00 The Price Is Right  2:30 Afternoon Tea In the Garden  3:00 Series the Chosen w. Michelle  4:30 Hula Hoop Balloon Toss!  6:00 Evening Movie 15	 9:15 Meet & Greet  9:45 Upper Body Strength  10:00 Daily Chronicle  10:30 Morning Refreshments  11:00 Seasonal Craft  11:30 Name That Tune!  1:00 Finish the Phrase  2:00 Noodle Ball  2:30 Hands on Pre Happy Hour  3:00 Songs of Faith w. Jim Rice  4:00 Helping Hands Crew  6:00 Evening Movie 16	 9:00 Meet & Greet  9:45 Chair Exercise  10:00 Daily Chronicle  10:30 Morning Refreshments  11:00 Women in the Service History  11:30 Music Committee Meeting  1:00 Finish the Lyric  2:00 Cozy October Cinema  2:30 Cinema Snacks and Sips  3:00 Gratitude Circle  4:30 Finish That Song Lyric  6:00 Evening Movie 17
 9:15 Meet & Greet  9:45 Exercise w. Andrea  10:30 Chocolate Cupcake Decorating  11:30 Faith and Reflection w. Michelle  1:00 Word Association  2:00 Daily Word w. Michelle  2:30 Sunday Football Social  3:30 Scenic Drive  4:00 Armchair Adventures "Yellowstone"  4:30 Noodle Ball  6:00 Evening Movie 18	 8:00 Fall Flavors Waffle Bar  9:15 Meet & Greet  10:00 Flower Arranging  10:30 Morning Refreshments  11:00 Spiritual Trivia w. Rev Michelle  1:00 Serenity Spa "Acts of Kindness"  2:30 Happy Birthday Social!  3:00 Daily Word w. Rev Michelle  4:00 The Longest Word  6:00 Evening Movie 19	 9:15 Meet & Greet  9:45 Chair Boxing w. Andrea  10:30 Morning Refreshments  11:00 Gentle Movement w. Michelle  11:30 Catholic Communion  12:00 Garden Lunch Gathering  1:00 Brain Booster  2:00 Music and Memories "new vs Younger"  2:30 Refreshments in the Garden  3:00 Daily Word w. Michelle  4:00 Garden Meditation  4:30 Beach Ball Challenge  6:00 Evening Movie 20	 9:15 Meet & Greet  9:45 Morning Movement w. Andrea  10:00 Daily Chronicle  10:00 AppleTreats & Mingle  11:00 Spiritual Reminiscing w. Michelle  1:00 A-Z Game  2:00 Everything Apple Facts  2:30 Fall Apple Creations  3:00 Daily Word w. Michelle  3:30 Scenic Drive  4:00 Armchair Adventures "Mexico"  4:30 Wine Down Wednesday  6:00 Evening Movie 21	 9:15 Meet and Greet  9:45 Let's Get Moving w. Andrea  10:30 Culinary Class  11:00 Daily Chronicle  11:30 Reminiscing Fall Memories  1:00 Sing- A- long "1950's"  2:00 Minute to Win It Cup Game  2:30 Afternoon Tea In the Garden  3:00 Series the Chosen w. Michelle  4:30 Hula Hoop Balloon Toss!  6:00 Evening Movie 22	 9:15 Meet & Greet  9:45 Upper Body Strength  10:00 Daily Chronicle  10:30 Morning Refreshments  11:00 Autumn Watercolor Creations  11:30 Sing Along  1:00 Finish the Phrase  2:00 Noodle Ball  2:30 Hands on Pre Happy Hour  3:00 Happy Hour  4:00 Helping Hands Crew  6:00 Evening Movie 23	 9:15 Meet & Greet  9:45 Chair Exercise  10:30 Morning Refreshments  11:00 Friendship Bracelets  11:30 Music Committee Meeting  1:00 Finish the Lyric  2:00 Afternoon Matinee "Apollo 13"  2:30 Cinema Snacks and Sips  3:00 Gratitude Circle  4:30 Noodle Ball  6:00 Evening Movie 24
 9:15 Meet & Greet  9:45 Exercise w. Andrea  10:30 Morning Refreshments  11:30 Faith and Reflection w. Michelle  11:30 Finish the Lyrics  10:30 Word Association  2:00 Daily Word w. Michelle  2:30 Sunday Football Social  3:30 Scenic Drive  4:00 Armchair Adventures "Paris"  4:30 Noodle Ball  6:00 Evening Movie 25	 9:15 Meet & Greet  9:45 Stretch & Strengthen  10:00 Flower Arranging  10:30 Morning Refreshments  11:00 Spiritual Trivia w. Rev Michelle  1:00 Serenity Spa "Acts of Kindness"  2:00 Pumpkin Carving Demo  2:30 Refreshments in the Garden  3:00 Daily Word w. Rev Michelle  4:00 The Longest Word  4:30 Balloon Volleyball  6:00 Evening Movie 26	 9:15 Meet & Greet  9:45 Chair Boxing w. Andrea  10:30 Morning Refreshments  11:00				

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