



Emotional Awareness Month

October 2026



Breast Cancer Awareness Month

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



CC - Computer Center 2nd Flr
CGR - Card & Game Room
LB - Library in Front Lobby
LFT - Loft on 2nd Flr
FL - Florida Room beside GR
GR - Great Room
PDR - Private Dining Room

1 Black Dog Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
1:00 pm Shopping Outing
2:15 pm Hot Rum Cards - GR
6:30 pm Mahjong & Dominoes
6:30 pm Poker - GR

2 World Smile Day
7:30 am - 10:30 am
Continental Breakfast - GR
2:00 pm Movie - GR
3:30 pm Bridge Group - CGR

3 World Card Making Day
6:30 pm Rummikub - GR

4 Cinnamon Bun Day



5 Do Something Nice Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
6:30 pm Mahjong - GR
6:30 pm Poker - GR

6 National Taco Day
7:30 am - 10:30 am
Continental Breakfast - GR
9:30 am Ask A Nurse - GR
10:30 am Allied Care Exercise
1:00 pm Shopping Outing
2:00 pm Derby Racing - GR
3:00 pm Hand & Foot - GR
6:30 pm Rummikub - GR

7 National Forgiveness Day
7:30 am - 10:30 am
Continental Breakfast - GR
11:30 am Mahjong - GR
1:00 am Mahjong - GR
6:30 pm Poker - GR

8 Int'l Podiatry Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
1:00 pm Shopping Outing
2:15 pm Hot Rum Cards - GR
6:30 pm Mahjong & Dominoes
6:30 pm Poker - GR

9 Leif Erickson Day
7:30 am - 10:30 am
Continental Breakfast - GR
2:00 pm Movie - GR
3:30 pm Bridge Group - CGR

10 National Chess Day
6:30 pm Rummikub - GR

11 General Pulaski Day



12 Indigenous Peoples Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
6:30 pm Mahjong - GR
6:30 pm Poker - GR

13 Silly Sayings Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Meditation Session with Debbie in the GR
1:00 pm Shopping Outing
2:00 pm BINGO! - GR
3:00 pm Hand & Foot - GR
6:30 pm Rummikub - GR

14 Be Bald & Be Free Day
7:30 am - 10:30 am
Continental Breakfast - GR
11:30 am Mahjong - GR
1:00 am Mahjong - GR
6:30 pm Poker - GR

15 I Love Lucy Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
1:00 pm Shopping Outing
2:15 pm Hot Rum Cards - GR
6:30 pm Mahjong & Dominoes
6:30 pm Poker - GR

16 Dictionary Day
7:30 am - 10:30 am
Continental Breakfast - GR
1:00 pm Resident Lunch - GR
3:30 pm Bridge Group - CGR

17 Sweetest Day
6:30 pm Rummikub - GR

18 Nat'l Chocolate Cupcake Day



19 LGBTQ Awareness Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
6:30 pm Mahjong - GR
6:30 pm Poker - GR

20 Chicken & Waffles Day
7:30 am - 10:30 am
Continental Breakfast - GR
9:30 am Ask A Nurse - GR
10:30 am Allied Care Exercise
1:00 pm Shopping Outing
2:00 pm Birthday Party - GR
3:00 pm Hand & Foot - GR
6:30 pm Rummikub - GR

21 Reptile Awareness Day
7:30 am - 10:30 am
Continental Breakfast - GR
11:30 am Mahjong - GR
1:00 am Mahjong - GR
4:00 pm 30-Min Dance Party-GR
6:30 pm Poker - GR

22 Make a Dogs Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
1:00 pm Shopping Outing
2:15 pm Hot Rum Cards - GR
6:30 pm Mahjong & Dominoes
6:30 pm Poker - GR

23 Champagne Day
7:30 am - 10:30 am
Continental Breakfast - GR
2:00 pm Movie - GR
3:30 pm Bridge Group - CGR

24 Make a Difference Day
6:30 pm Rummikub - GR

25 International Artist's Day



26 Pumpkin Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
6:30 pm Mahjong - GR
6:30 pm Poker - GR

27 American Beer Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Meditation Session with Debbie in the GR
1:00 pm Shopping Outing
2:00 pm BINGO! - GR
3:00 pm Hand & Foot - GR
6:30 pm Rummikub - GR

28 First Responder's Day
7:30 am - 10:30 am
Continental Breakfast - GR
11:30 am Mahjong - GR
1:00 am Mahjong - GR
6:30 pm Poker - GR

29 National Cat Day
7:30 am - 10:30 am
Continental Breakfast - GR
10:30 am Freedom Home Care Exercise Class - GR
1:00 pm Shopping Outing
2:15 pm Hot Rum Cards - GR
6:30 pm Mahjong & Dominoes
6:30 pm Poker - GR

30 Frankenstein Friday
7:30 am - 10:30 am
Continental Breakfast - GR
No Movie - Book Club
1:00 pm Book Club Mtg-GR
3:30 pm Bridge Group - LFT
5-8 pm Resident Craft Fair in the GR

31 Halloween!
6:30 pm Rummikub - GR