

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Mercy Retirement & CARE CENTER Assisted Living Neighborhood Life Enrichment Activities Calendar				9:00 9:30 10:15 11:00 1:00 1:30 1:30 2:30 5:30 Coloring, 3rd Fl Daily Mass in Chapel Mind & Body United LE Calendar Planning. All Come! Suncrest Speaker: Personal Wellness Coffee Bean Mosaics Media Help w. Perjol Resident Led Canasta Movie Theme: Opera 1	9:00 9:30 9:30 10:15 11:00 1:30 3:15 5:30 Devotion & Coffee Open Art Studio: Pumpkin Edition Daily Mass in Chapel Upper Body Exercise Book Club Yahtzee Game Happy Hour Movie: TED Talk 2	9:00 10:15 10:45 1:00 2:00 2:15 3:15 5:30 6:15 Coffee & Gratitude Circle Morning Exercise Trivia Create a Poem Good News Discussion Grp w Carlos UNO Card Game Movie: Resident Request Reading Sunday's Scriptures with Sisters 3
9:00 10:00 10:45 11:00 1:00 2:00 3:00 6:00 Fresh Air Stroll Quaker Meeting Sunday Mass Everyday Ethics Easy Sign Lang. w. Galen Playful Positive Thinking Joyful Mov't for Brain & Body Movie: Sing-along Musicals 4	9:00 9:30 10:15 10:15 11:30 1:00 1:00 2:00 3:00 3:00 5:30 Live Music w Galen, 3rd Fl Daily Mass in Chapel Fitness for Brain & Body Musical Mirrors Community Table, Dining Rm Res-Led Parkinson's Group Drum Circle Mercy Choir Concert, California Sing-along Meditating In/On Nature w Rev Reb Dominoes Media Help Movie Theme: Great Directors 5	9:00 9:30 10:00 10:15 10:15 1:30 2:00 3:00 4:30 5:30 6:15 Fresh Air Stroll Daily Mass in Chapel Resident Council Work Sess. Creative Art Projects Fitness Class with Greg October Gratitude Circle Afternoon Movie: Musicals Clay Creations Candlelight Dinner with Harp Movie Theme: Jimmy Stewart Res-led Music Jam 6	9:00 9:30 10:15 11:00 1:00 2:00 2:30 3:00 4:00 5:30 6:00 Live Music w Galen, 3rd Fl Daily Mass in Chapel Earth & Me Phys. Exercise Ambassador Meeting Writer Wksp Rev Rebecca (Foothill Lounge) Luminous Glass Studio BINGO Resident-led Rosary Word Games Before Dinner Movie Theme: Military Resident-led Poker 7	09:00 09:30 10:15 10:15 1:30 1:30 2:30 3:00 5:30 Coloring, 3rd Floor Daily Mass in Chapel Mind & Body United Outing: Cheeseboard Pizza & ACCI Gallery Book Binding Media Help w. Perjol Resident-led Canasta Create and Connect Movie Theme: Stan Getz Jazz Quartet in Concert 8	9:00 9:30 9:30 10:15 10:30 11:00 11:30 1:30 2:00 3:15 5:30 Devotion & Coffee Open Art Studio Pumpkin Edition Daily Mass in Chapel Upper Body Exercise Garden Club Book Club Garden Club Yahtzee Game Speaker: Immigration Happy Hour Movie: TED Talk 9	9:00 10:15 10:45 1:00 2:00 2:15 3:15 5:30 6:15 Coffee & Gratitude Circle Morning Exercise Trivia Create a Poem Good News Discussion Grp w Carlos UNO Card Game Movie: Resident Request Reading Sunday's Scriptures with Sisters 10
9:00 10:00 10:45 11:00 11:30 1:00 3:00 4:00 6:00 Fresh Air Stroll Quaker Meeting Sunday Mass Everyday Ethics Garden Club Classical Music w. Galen Joyful Mov't for Brain & Body Aging Intelligently Movie: Sing-along Musicals 11	9:00 9:30 10:15 10:15 11:30 1:00 2:00 3:00 3:00 5:30 Live Music w Galen, 3rd Fl Daily Mass in Chapel Fitness for Brain & Body Musical Mirrors Community Table, Dining Rm Drum Circle Mercy Choir Dominoes Indigenous People's Day Discussion w Rev Rebecca Movie Theme: Great Directors 12	9:00 9:30 10:15 10:15 1:30 2:00 3:00 3:00 5:30 6:15 Fresh Air Stroll Daily Mass in Chapel Asian Brush Stroke Joyful Mvt for Brain & Body Best Life Dessert w. Veronica Canvas Creation Afternoon Movie: Grt Director Paper Makers Laughter Yoga w. Dr Martin Movie Theme: Jimmy Stewart Res-led Music Jam 13	9:00 9:30 10:15 11:00 1:00 1:30 2:00 2:30 3:00 4:00 5:30 6:00 Live Music w Galen, 3rd Fl Daily Mass in Chapel Earth & Me Phys. Exercise Resident Variety Show Writer's Wkshp, Rev. Rebecca (Foothill Lounge) Food Forum 3D Wonders BINGO Resident-led Rosary Word Games Before Dinner Movie Theme: Military Resident-led Poker 14	9:00 9:30 10:15 11:30 1:30 2:30 5:30 Coloring, 3rd Floor Daily Mass in Chapel Mind & Body United Resident Birthday Lunch Printing Workshop Presentation: Tech 101 w Perjol Resident-led Canasta Movie Theme: Count Basie In Concert 15	9:00 9:30 9:30 10:15 11:00 11:30 1:30 3:15 5:30 Devotion & Coffee Open Art Studio: Pumpkin Edition Daily Mass in Chapel Upper Body Exercise Book Club Yahtzee Game Happy Hour Movie: TED Talk 16	9:00 10:15 10:45 1:00 2:00 2:15 3:15 5:30 6:15 Coffee & Gratitude Circle Morning Exercise Trivia Create a Poem Good News Discussion Grp w Carlos UNO Card Game Movie: Resident Request Reading Sunday's Scriptures with Sisters 17
9:00 10:00 10:45 11:00 1:00 2:00 3:00 6:00 Fresh Air Stroll Quaker Meeting Sunday Mass Everyday Ethics Easy Sign Lang w. Galen Community Service Joyful Mov't for Brain & Body Movie: Sing-along Musicals 18	9:00 9:30 10:15 10:15 11:30 1:00 2:00 3:00 3:00 5:30 Live Music w Galen, 3rd Fl Daily Mass in Chapel Chair Exercises Musical Mirrors w/Galen Community Table, Dining Rm Res-Led Parkinson's Group Drum Circle w/ Galen Res-Led Mercy Choir "Saints" Discuss, Rev. Rebecca Res-Led Dominoes Media Help Movie Theme: Great Directors 19	9:00 9:30 10:10 10:15 10:15 2:00 3:00 3:00 5:30 6:15 Fresh Air Stroll Daily Mass in Chapel Resident Council Creative Art Projects Fitness Class with Greg Maintenance/Housekeeping Afternoon Movie: J Stewart Clay Creation Laughter Yoga w. Dr Martin Movie Theme: Jimmy Stewart Res-led Music Jam 20	9:00 9:30 10:15 11:15 1:00 2:00 2:30 3:00 4:00 5:30 6:00 Live Music w Galen, 3rd Fl Daily Mass in Chapel Earth & Me Phys. Exercise Journaling for Your Family Writer's Wkshp, Rev. Rebecca (Foothill Lounge) "Journey Back in France" BINGO Resident-led Rosary Word Games Before Dinner Movie Theme: Military Resident-led Poker 21	9:00 9:30 10:15 1:30 2:30 3:00 5:30 Coloring, 3rd Floor Daily Mass in Chapel Scenic Drive Berkeley Hills Mind & Body United Media Help, Perjol Book Binding Resident-led Canasta Create and Connect Movie Theme: Doo Wop 22	9:00 9:30 9:30 10:15 10:30 11:00 11:30 1:30 3:15 5:30 Devotion & Coffee Open Art Studio: Pumpkin Edition Daily Mass in Chapel Upper Body Exercise Garden Club Book Club Garden Club Yahtzee Game Happy Hour Movie: TED Talk 23	9:00 10:15 10:45 1:00 2:00 2:15 3:15 5:30 6:15 Coffee & Gratitude Circle Morning Exercise Trivia Create a Poem Good News Discussion Grp w Carlos UNO Card Game Movie: Resident Request Reading Sunday's Scriptures with Sisters 24
9:00 10:00 10:45 11:00 1:00 2:00 3:00 6:00 Fresh Air Stroll Quaker Meeting Sunday Mass Everyday Ethics Classical Music w. Galen Neurodiversity Grp XYZ Ladies' High Tea Movie: Sing-along Musicals 25	9:00 9:30 10:15 10:15 11:30 1:00 2:00 3:00 3:00 5:30 Live Music w Galen, 3rd Fl Daily Mass in Chapel Chair Exercises Musical Mirrors w/ Galen Community Table, Dining Rm Drum Circle w/ Galen Res-Led Mercy Choir Meditation, Rev. Rebecca (Theater) Res-Led Dominoes Media Help Movie Theme: Great Directors 26	9:00 9:30 10:15 10:15 1:30 2:00 3:00 5:30 6:15 Fresh Air Stroll Daily Mass in Chapel Asian Brush Stroke Joyful Mvt for Brain & Body Canvas Creation Afternoon Movie: Grt Perform The Paper Makers Laughter Yoga w Dr Martin Movie Theme: Grt Perform. Res-led Music Jam 27	9:00 9:30 10:15 11:15 1:00 2:00 2:30 3:00 3:00 5:30 6:00 Live Music w Galen, 3rd Fl Daily Mass in Chapel Earth & Me Phys. Exercise Journaling for Your Family Writer's Wkshp, Rev. Rebecca (Foothill Lounge) 3D Wonders - Chocolate Sculpting BINGO Resident-led Rosary New Resident Welcome Movie Theme: Military Resident-led Poker 28	09:00 9:30 10:15 10:15 1:30 1:30 2:30 5:30 Coloring, 3rd Floor Daily Mass in Chapel Mind & Body United Outing: Shopping CaptionCall Presentation w/ Estelle Alberts Media Help, Perjol Stitch & Smile Club Resident-led Canasta Movie Theme: Herbert Van Karajan Conducting 29	9:00 9:30 9:30 10:15 11:00 1:30 3:15 5:30 Devotion & Coffee Open Art Studio: Pumpkin Edition Daily Mass in Chapel Upper Body Exercise Book Club Yahtzee Game Halloween Happy Hour & Costume Contest w Live Music Movie: TED Talk 30	9:00 10:15 10:45 1:00 2:00 2:15 3:15 5:30 6:15 Coffee & Gratitude Circle Morning Exercise Trivia Create a Poem Good News Discussion Grp w Carlos UNO Card Game Movie: Resident Request Reading Sunday's Scriptures with Sisters Halloween 31

● Intellectual ● Purposeful ● Emotional ● Environmental ● Social ● Physical ● Spiritual ● Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Communion Vists & Walking 10:45 Seated Cardio Party 11:00 Star's & Planets 1:00 Fall Card Creation 2:00 Afternoon Delight 2:30 Nature Walk 3:00 Super Bingo 3:45 Dance Party! 6:00 Movie: Musical 1	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Gentle Fitness Exercises 11:00 Devotional Group 1:00 World Famous Galleries 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Fall Art Creation 3:15 SPA DAY 4:30 Prayer from your heart 6:00 Netflix Movie: Residents Choice 2	9:00 Morning Mass 9:20 Communion in Common 10:00 Low Intensity Cardio 11:00 Trivia on Richmond, CA 1:00 The Colors of Art 2:00 Afternoon Refreshment 2:30 Name that Song 3:00 Bingo!!! 3:45 Listen to your intuition & Reflection 6:00 Movie: Viewers Choice 3
9:30 Sky-Earth & Me Physical Exercise 10:00 Chronicle & Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Golden Tales & Memories 2:00 Afternoon Delight 2:30 World Animal Art 3:15 Music Time 4:00 Documentary : Wild Life 6:00 Movie: Residents Choice 4	9:00 Morning Mass 10:00 Current Events & Discussion 10:30 Singing and Moving 12:30 Sensory Calming 1:30 Capture a Lifetime 2:00 Afternoon Delight 2:30 Growth Overcome Empower Art Project 3:00 Voices of the Past 4:30 Letter Game 6:00 Musical Monday 5	9:00 Morning Mass 10:15 Tai Chi with Sky 10:45 Communion Vists & Walking 11:00 Zen Haikus 1:00 Beginners Spanish Class 2:00 Afternoon Delight 2:00 Laughter Yoga w/ Martin 2:30 Mediation Walk 3:00 Super Bingo! 3:45 Trivial Pursuit 4:30 Candlelight Dining 6:00 Travel of the World 6	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Torso & Arm Slow Workout 11:00 Heartfelt Tales 1:00 Craft: Halloween Mask 2:00 Afternoon Delight 2:00 Seven Wonders of the World 3:00 Stars that we LOVE 3:45 Spiritual Sing A-Long 6:00 Netflix Movie: Residents Choice 7	9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Communion Vists & Walking 10:45 Seated Cardio Party 11:00 Star's & Planets 1:00 Fall Card Creation 2:00 Afternoon Delight 2:30 Nature Walk 3:00 Super Bingo 3:45 Dance Party! 6:00 Movie: Musical 8	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Gentle Fitness Exercises 11:00 Devotional Group 1:00 World Famous Galleries 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Fall Art Creation 3:15 SPA DAY 4:30 Prayer from your heart 6:00 Netflix Movie: Residents Choice 9	9:00 Morning Mass 9:20 Communion in Common 10:00 Low Intensity Cardio 11:00 Trivia on San Francisco, CA 1:00 The Colors of Art 2:00 Afternoon Refreshment 2:30 Name that Song 3:00 Bingo!!! 3:45 Listen to your intuition & Reflection 6:00 Movie: Viewers Choice 10
9:30 Sky-Earth & Me Physical Exercise 10:00 Current Events and Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Poetry Reading 2:00 Afternoon Delight 2:30 Rainbow Art 3:15 Songs of Memories 4:00 Documentary: Wild Life 6:00 Movie: Residents Choice 11	9:00 Morning Mass 9:30 Chronicle & Chat 10:00 Music Therapy w/ Hannah 11:00 Upsy Daisy - Be grateful! 12:30 Peaceful Pause 1:30 Bright Moments in Life 2:00 Afternoon Refreshments 2:30 Doodle & Create 3:00 Everyday Numbers-Math program 4:30 Word Game 6:00 Musical Monday 12	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Communion Vists & Walking 11:00 Movement and Music 11:00 Zen Haikus 1:00 Beginners Spanish Class 2:00 Afternoon Delight 2:00 Laughter Yoga w/ Martin 2:30 Mediation Walk 3:00 Super Bingo! 4:30 Dinner Live Music w/ Angel Harpist 6:00 Travel of the World 13	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Torso & Arm Slow Workout 11:00 Heartfelt Tales 1:00 Craft: Halloween Mask 2:00 Afternoon Delight 2:00 Pictures & Scriptures w/ Rev. Rebecca 3:00 Stars that we LOVE 3:45 Spiritual Sing A-Long 6:00 Netflix Movie: Residents Choice 14	9:00 Morning Mass 10:00 Current Events & Discussion 10:30 Outing: Scenic Drive Berkeley Marina 10:45 Communion Vists & Walking 11:00 Star's & Planets 1:00 Fall Card Creation 2:00 Afternoon Delight 2:00 Birthday Party!!! 2:30 Nature Walk 3:00 Super Bingo 3:45 Music Party! 6:00 Movie: Musical 15	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Gentle Fitness Exercises 11:00 Devotional Group 1:00 World Famous Galleries 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Fall Art Creation 3:15 SPA DAY 4:30 Prayer from your heart 6:00 Netflix Movie: Residents Choice 16	9:00 Morning Mass 9:20 Communion in Common 10:00 Low Intensity Cardio 11:00 Trivia on Vallejo, CA 1:00 The Colors of Art 2:00 Afternoon Refreshment 2:30 Name that Song 3:00 Bingo!!! 3:45 Listen to your intuition & Reflection 6:00 Movie: Viewers Choice 17
9:30 Sky-Earth & Me Physical Exercise 10:00 Daily Chronicle & Discussion 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Golden Tales & Memories 2:00 Afternoon Delight 2:30 Climate Modeling 3:15 Music Time 4:00 Documentary : Wild Life 6:00 Movie: Residents Choice 18	9:00 Morning Mass 10:00 Chronicle & Chat 10:30 Singing and Moving 12:30 Sensory Calming 1:30 Capture a Lifetime 2:00 Afternoon Refreshments 2:30 Print with Apples 3:00 Voices of the Past 4:30 Letter Game 6:00 Musical Monday 19	9:00 Morning Mass 10:00 Chronicle & Chat 10:45 Communion Vists & Walking 11:00 Movement and Music 11:00 Zen Haikus 1:00 Beginners Spanish Class 2:00 Afternoon Delight 2:00 Laughter Yoga w/ Martin 2:30 Meditation Walk 3:00 Super Bingo! 3:45 Catch Phrases 6:00 Travel of the World 20	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Torso & Arm Slow Workout 11:00 Heartfelt Tales 1:00 Craft: Halloween Mask 2:00 Afternoon Delight 2:00 Seven Wonders of the World 3:00 Stars that we LOVE 3:45 Spiritual Sing A-Long 6:00 Netflix Movie: Residents Choice 21	9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Communion Vists & Walking 10:45 Seated Cardio Party 11:00 Star's & Planets 1:00 Fall Card Creation 1:00 Outing: Lake Merritt 2:00 Afternoon Delight 2:30 Nature Walk 3:00 Super Bingo 3:45 Dance Party! 6:00 Movie: Musical 22	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Gentle Fitness Exercises 11:00 Devotional Group 1:00 World Famous Galleries 2:00 Social Happy Hour 2:00 Chaplain visit with Carlos 2:30 Fall Art Creation 3:15 SPA DAY 4:30 Prayer from your heart 6:00 Netflix Movie: Residents Choice 23	9:00 Morning Mass 9:20 Communion in Common 10:00 Low Intensity Cardio 11:00 Trivia on Half Moon Bay. CA 1:00 The Colors of Art 2:00 Afternoon Refreshment 2:30 Name that Song 3:00 Bingo!!! 3:45 Listen to your intuition & Reflection 6:00 Movie: Viewers Choice 24
9:30 Sky-Earth & Me Physical Exercise 10:00 Current Events and Chat 10:30 Heart-Focused Breathing 10:45 Sunday Mass 1:30 Poetry Reading 2:00 Afternoon Delight 2:30 Comic Art 3:15 Songs of Memories 4:00 National Geographic 6:00 Movie: Residents Choice 25	9:00 Morning Mass 10:00 Music Therapy w/ Hannah 11:00 Expressive Movement 12:30 Peaceful Pause 1:30 Bright Moments in Life 2:00 Afternoon Refreshments 2:30 Chef Corner- Pumpkin Pie 3:00 Everyday Numbers-Math program 4:30 Word Game 6:00 Musical Monday 26	9:00 Morning Mass 10:00 Chronicle & Chat 10:45 Communion Vists & Walking 11:00 Movement and Music 11:00 Zen Haiku 1:00 Beginners Spanish Class 2:00 Afternoon Delight 2:00 Laughter Yoga w/ Martin 2:30 Meditation Walk 3:00 Super Bingo! 3:45 Catch Phrases 6:00 Travel the World 27	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Torso & Arm Slow Workout 11:00 Heartfelt Tales 1:00 Craft: Halloween Mask 2:00 Afternoon Delight 2:00 Pictures & Scriptures w/ Rev. Rebecca 3:00 Stars that we LOVE 3:45 Spiritual Sing A-Long 6:00 Netflix Movie: Residents Choice 28	9:00 Morning Mass 10:00 Current Events & Discussion 10:45 Communion Vists & Walking 10:45 Seated Cardio Party 11:00 Star's & Planets 1:00 Fall Card Creation 2:00 Afternoon Delight 2:30 Nature Walk 3:00 Super Bingo 3:45 Dance Party! 6:00 Movie: Musical 29	9:00 Morning Mass 10:00 Chronicle and Chat 10:45 Gentle Fitness Exercises 11:00 Devotional Group 1:00 World Famous Galleries 2:00 Halloween Party and Costume Contest! 2:00 Chaplain visit with Carlos 2:30 Fall Art Creation 3:15 SPA DAY 4:30 Prayer from your heart 6:00 Netflix Movie: Residents Choice 30	9:00 Morning Mass 9:20 Communion in Common 10:00 Low Intensity Cardio 11:00 Trivia on Halloween 1:00 The Colors of Art Halloween Edition 2:00 Afternoon Refreshment 2:30 Name that Song 3:00 Bingo!!! 3:45 Listen to your intuition & Reflection 6:00 Movie: Viewers Choice 31

● Intellectual
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● Social
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 October 2026 Mercy Retirement & CARE CENTER Mercy Care Center Life Enrichment Activities Calendar				9:00 Current Events & Coffee 9:30 Beginners Meditation 10:30 Outing: Berkeley Art Museum 1:00 Table Games: Resident Choice 2:00 Bingo 3:00 TED Talk and Discussion 3:30 World Smiling Art Project 4:00 Sensory Walk 6:00 KARAOKE PARTY!!! 1	9:00 Coffee Social 10:00 Low Impact Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Nature Appreciation 4:00 Learning about the Environment 2	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Easy Chair Exercises 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Spiritual Art 3:00 Karaoke Time! 4:00 Globals Flags 6:00 BINGO!!! 3
9:00 Current Events & Coffee 10:00 Daily Chronicle 10:30 Deep Breathing Exercises 10:45 Sunday Mass 1:00 Mo Town Musicians Documentary 2:00 Table Game: Cards 3:00 Grateful Journaling 4:00 Nature Stroll 4	9:00 Coffee Social 10:00 Slow & Gentle Stretching 10:30 Musical Trivia 11:00 Daily Mass- Virtual 1:00 Drum Circle 2:00 True or False Game 2:30 Virtual Church Alternative 3:00 Crafts: Halloween 4:00 Beginners Tech Lab 5	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Manifestion & Breathing Exercises 10:30 Famous Artist and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-in W/ Rev. Rebecca 1:30 World Animal Art 2:00 Fresh air stroll in the Courtyard 3:00 Super Bingo 4:00 Spiritual Nature Walk 6	9:00 Coffee Social 10:00 Chair Stretching Exercises 10:30 Daily Chronicle 10:45 Finish that Line 11:15 Daily Mass-Virtual 1:00 Beginners Spanish Class 2:00 Soul Writing 3:00 Music in the Courtyard 4:00 Fresh Air Stroll 7	9:00 Current Events & Coffee 9:30 Beginners Meditation 10:00 Daily Mass- Virtual 11:00 Resident Council 1:00 Table Games: Resident Choice 2:00 Bingo 3:00 Understanding of Stars and Constellations 4:00 Sensory Walk 6:00 CASINO NIGHT! 8	9:00 Coffee Social 10:00 Low Impact Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Nature Appreciation 4:00 Learning about the Environment 5:00 Dinner & Live Music w/Angel the Harpist 9	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Easy Chair Exercises 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Spiritual Art 3:00 Karaoke Time! 4:00 Globals Flags 6:00 BINGO!!! 10
9:00 Current Events & Coffee 10:00 Daily Chronicle 10:30 Deep Breathing Exercises 10:45 Sunday Mass 1:00 Mo Town Musicians Documentary 2:00 Table Game: Cards 3:00 Grateful Journaling 4:00 Nature Stroll 11	9:00 Coffee Social 10:00 Slow & Gentle Stretching 10:30 Daily Mass- Virtual 11:00 Music with Hannah 1:00 Drum Circle 2:00 True or False Game 2:30 Virtual Church Alternative 3:00 Crafts: Halloween 4:00 Beginners Tech Lab 12	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Manifestion & Breathing Exercises 10:30 Famous Artist and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:30 Best Life Over Dessert Series w/ Veronica 3:00 Super Bingo 04:00 Spiritual Nature Walk 13	9:00 Coffee Social 10:00 Chair Stretching Exercises 10:30 Daily Chronicle 10:45 Finish that Line 11:15 Daily Mass-Virtual 1:00 Beginner Spanish Class 2:00 Soul Writing 3:00 Music in the Courtyard 4:00 Fresh Air Stroll 14	9:00 Current Events & Coffee 9:30 Beginners Meditation 10:00 Daily Mass-Virtual 11:00 Chronicle and Discussion 1:00 Table Games: Residents Choice 2:00 Birthday Party 3:00 Understanding of Stars and Constellations 3:30 Rainbow Art 4:00 Sensory Walk 6:00 KARAOKE PARTY!!! 15	9:00 Coffee Social 10:00 Low Impact Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Nature Appreciation 4:00 Learning about the Environment 16	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Easy Chair Exercises 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Spiritual Art 3:00 Karaoke Time! 4:00 Globals Flags 6:00 BINGO!!! 17
9:00 Current Events & Coffee 10:00 Daily Chronicle 10:30 Deep Breathing Exercises 10:45 Sunday Mass 1:00 Mo Town Musicians Documentary 2:00 Table Game: Cards 3:00 Grateful Journaling 4:00 Nature Stroll 18	9:00 Coffee Social 10:00 Slow & Gentle Stretching 10:30 Musical Trivia 11:00 Daily Mass- Virtual 1:00 Drum Circle 2:00 True or False Game 2:30 Virtual Church Alternative 3:00 Crafts: Halloween 4:00 Beginner Tech Lab 19	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Manifestion & Breathing Exercises 10:30 Famous Artist and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:00 Tables Games: Residents Choice 1:30 Climate Modeling 2:00 Fresh air stroll in the Courtyard 3:00 Super Bingo 4:00 Spiritual Nature Walk 20	9:00 Coffee Social 10:00 Chair Stretching Exercises 10:30 Daily Chronicle 10:45 Finish that Line 11:15 Daily Mass-Virtual 1:00 Beginners Spanish Class 2:00 Soul Writing 3:00 Music in the Courtyard 4:00 Fresh Air Stroll 21	9:00 Current Events & Coffee 9:30 Beginners Meditation 10:00 Daily Mass-Virtual 11:00 Chronicle and Discussion 1:00 Table Games: Resident Choice 2:00 Bingo 3:00 Understanding of Stars and Constellations 4:00 Sensory Walk 6:00 BLACK JACK PARTY!!! 22	9:00 Coffee Social 10:00 Low Impact Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Social Hour & Music 3:00 SPA DAY 3:15 Nature Appreciation 4:00 Learning about the Environment 23	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Easy Chair Exercises 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Spiritual Art 3:00 Karaoke Time! 4:00 Globals Flags 6:00 BINGO!!! 24
9:00 Current Events & Coffee 10:00 Daily Chronicle 10:30 Deep Breathing Exercises 10:45 Sunday Mass 1:00 Mo Town Musicians Documentary 2:00 Table Game: Cards 3:00 Grateful Journaling 4:00 Nature Stroll 25	9:00 Coffee Social 10:00 Slow & Gentle Stretching 10:30 Daily Mass-Virtual 11:00 Music with Hannah 1:00 Drum Circle 2:00 True or False Game 2:30 Virtual Church Alternative 3:00 Crafts: Halloween 4:00 Beginners Tech Lab 26	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Manifestion & Breathing Exercises 10:30 Famous Artist and Discussion 11:00 Daily Mass- Virtual 11:30 Spiritual Check-In, Rev. Rebecca 1:00 Create and Connect 2:00 Fresh air stroll in the Courtyard 3:00 Super Bingo 4:00 Spiritual Nature Walk 27	9:00 Coffee Social 10:00 Chair Stretching Exercises 10:30 Daily Chronicle 10:45 Finish that Line 11:15 Daily Mass-Virtual 1:00 Beginners Spanish Class 2:00 Soul Writing 3:00 Music in the Courtyard 4:00 Fresh Air Stroll 28	9:00 Current Events & Coffee 9:30 Beginners Meditation 10:00 Daily Mass-Virtual 11:00 Chronicle and Discussion 1:00 Table Games: Card Games 2:00 Music Appreciation 3:00 Understanding of Stars and Constellations 3:30 Chef Corner - Pumpkin Pie 4:00 Sensory Walk 6:00 KARAOKE PARTY!!! 29	9:00 Coffee Social 10:00 Low Impact Chair Exercises 10:30 Daily Chronicle 11:30 Daily Mass-Virtual 1:00 Exploring Spirituality w/ Rev. Rebecca 2:00 Halloween Party and Costume Contest! 3:00 SPA DAY 3:15 Nature Appreciation 4:00 Learning about the Environment 30	9:00 Current Events & Coffee 9:30 Daily Chronicle 10:00 Easy Chair Exercises 11:00 Daily Mass- Virtual 1:00 Courtyard Social 2:00 Spiritual Art 3:00 Karaoke Time! 4:00 Globals Flags 6:00 BINGO!!! 31

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