

OCTOBER 2026

Dining at the Parkwood



SUN	MON	TUE	WED	THU	FRI	SAT
Dinner Reminders Please remember to bring your own To Go Containers for leftovers or \$2 charge				01 Flank Steak Mashed Sweet Potato Seasonal Vegetables Broccoli Cheddar Soup	02 Lasagna Garlic Breadstick Italian Green Beans Olive Garden Salad	03 To Go and Delivery Container Reminder Please return all reusable/green To Go containers after use.
04 10-15-20 Meal Plans Meal Plan Sign-Up sheets are available at the front desk. \$13.50 per meal	05 Creamy Garlic Roasted Chicken Thighs Rice Pilaf with Orzo Sauteed Asparagus Vegetable Soup	06 Pork Tenderloin Loaded Baked Potato Brussel Sprouts w/Bacon Mixed Green Salad	07 Philly Cheesesteak w/Peppers & Onions Sweet Potato Fries Parmesan Peppercorn Pasta Salad Minestrone Soup	08 Swedish Meatballs Egg Noodles Roasted Beets Sourdough & Butter House Salad	09 Parmesan Crusted Tilapia Roasted Potato Medley Seasonal Vegetables Italian Wedding Soup	10 Complimentary Beverages Water, Iced Tea, Lemonade, Coffee
11 Dinner Sign-Up One Day Prior Family & Guests \$15 per person	12 Chicken Fried Steak Mashed Potatoes & Country Gravy White & Yellow Corn Chicken Wild Rice Soup	13 Roasted Turkey Homestyle Stuffing Sweet Potato Soufflé Green Beans 7-Layer Salad	14 Chicken Quesadilla Spanish Rice Refried Beans Mexican Street Corn Soup	15 Pan-Seared Mahi Mahi Pineapple Salsa Rice Pilaf Broccolini Fresh Fruit Bowl	16 Beef Brisket Mac & Cheese Baked Cowboy Beans Iceberg Wedge Salad w/Bleu Cheese	17 Beer and Wine \$4 – House Red or White \$5 – Cabernet or Pinot Noir \$7 – Premium Red or White \$4 – Domestic Beers
18 Meal Delivery Fee \$3	19 Tator Tot Casserole Mixed Vegetables Dinner Roll & Butter Loaded Potato Soup	20 Niçoise Salad w/Yellowfin Tuna Focaccia Bread Cream of Asparagus Soup	21 Glazed Ham Balls White Rice Peas & Carrots Spinach, Bacon, & Tomato Salad	22 Chicken Broccoli Alfredo Linguine Noodles Garlic Knots Classic Caesar Salad	23 Classic Greek Gyro Pita & Tzatziki Sea Salt Fries Tomato, Cucumber, Red Onion & Feta Salad	24 Meal Service Time 5:00 PM Mon – Fri
25	26 Sweet & Sour Pork Mixed Vegetables Jasmine Rice Crab Rangoon Fresh Fruit Bowl	27 Roasted Salmon Lentils Seasonal Vegetables Mixed Green Salad	28 Classic Meatloaf Garlic Mashed Potatoes Buttered Peas Chicken Noodle Soup	29 Garlic & Herb Butterfly Shrimp Roasted New Potatoes Broccoli Shrimp & Corn Bisque	30 Beef Tenderloin Twice-Baked Potato Grilled Asparagus Butternut Squash Soup	31