

Important Information



Tradition Staff

Jasmine Banks, LALD
Executive Director
763-203-8173
banksjasmine@traditionliving.org

Crystal Lerol
Business Office Manager
763-203-8179
lerolcrystal@traditionliving.org

Vanessa Peterson
Community Relations Director
763-203-8169
vanessa.peterson@traditionliving.org

Brita Bloom, RN
Director of Nursing
763-425-2013
brita.bloom@traditionliving.org

Billy Stubblefield
Maintenance Supervisor
612-499-3306
bstubblefield@traditionliving.org

Allison Tang
Life Enrichment Director
763-203-8191
atang@traditionliving.org

Guitar Music Entertainment with Mike Mráz

Tuesday, October 13th
2:00 p.m.
Dining Room



Vote for your favorite pumpkin
displayed in the lobby starting on
10/26! Winner will be announced
at the Halloween Party on 10/30



Key Numbers

Front Desk: 763-416-7740
Kitchen: 763-203-8182
After Hours Nursing: 612-385-0693
After Hours Maintenance: 612-499-3306



Monthly Resident Meeting

Thursday, October 1st
2:00 p.m.
Dining Room



With the new school year starting, please understand the dining department is hiring new staff to work. Please show them grace, kindness, and patience as we work to train them. For most of these servers, this is their very first job and we ask for your compassion towards the team as we work to support them. There may be hiccups or longer wait times, but we appreciate your understanding and willingness to help them make this job a great experience for them.

The Shoppe on the Corner

Monday	12:30-4:00
Tuesday	10:30-4:00
Wednesday	12:30-4:00
Thursday	10:30-4:00
Friday	12:30-4:00
Saturday	12:30-4:00

Hair Stylists

Patty: 651-829-5289
Sharon: 763-227-7220
Please call to schedule an appointment



Massages with Jeanne
October 2nd, 16th, 30th

Tradition Times

8500 Tessman Farm Road, Brooklyn Park, MN 55445



OCTOBER 2026



Fun with Food



Mon, Oct 19th
2:00 p.m.
Activity Parlor

Tech Help w/ Laura



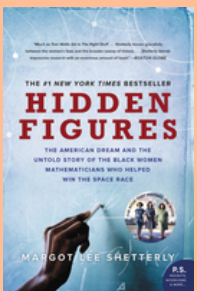
Tues, Oct 13th & 27th
11:30 a.m.
Community Room

PUMPKIN COOKIE DECORATING



Thurs, Oct 29th
1:00 p.m.
Activity Parlor

Book Club



Fri, Oct 9th
1:30 p.m.
Library

Cooking Demo



Thurs, Oct 8th
2:00 p.m.
Activity Parlor

Tea Party



Wed, Oct 14th
11:00 a.m.
Community Room

Catered Lunch



Thurs, Oct 15th
12:00 p.m.
Activity Parlor

Armchair Travel

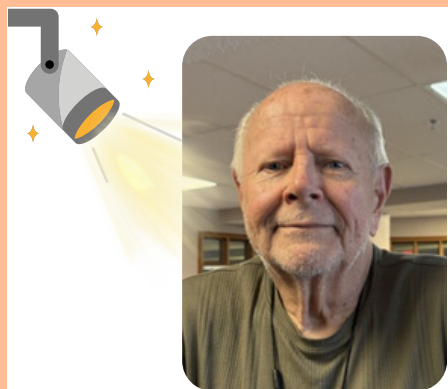


Thurs, Oct 22nd
1:30 p.m.
Community Room

Lunch Outing



Fri, Oct 23rd
The bus will
leave at 11:00 a.m.



Resident Spotlight

Doug Mickelson

Meet Doug! This month, we're shining the spotlight on Doug, whose life has been filled with family, hard work, and plenty of time enjoying the great outdoors.

Doug was born in Minneapolis and grew up in Brooklyn Park. He attended school in Robbinsdale, then went on to complete five years of schooling to become a pipefitter – a career he would go on to enjoy for many years. Doug left home when he was 20 and began building a life of his own.

Doug met his wife at a friend's house party, and together they built a wonderful family. He is a proud father of three children, and grandfather of nine grandchildren and one great-grandchild – a family that clearly means a great deal to him.

Doug grew up golfing, hunting, and fishing. He says these were some of his favorite hobbies growing up. He also says that the men he worked with throughout his career had a big influence on him, and he is especially proud of his son-in-law and daughter.

Doug decided to move to Tradition after his wife passed away and he needed a little extra help. He also has a special companion by his side – his dog, Elliot!

We're so happy to have Doug and Elliot as part of the Tradition family and are grateful for the opportunity to get to know them both.

Make sure to say hi when you see them in the hallway!

HALLOWEEN PARTY

Friday, October 30th
2:30 p.m.
Dining Room

Get ready for a spooktacular afternoon! Enjoy live music featuring Halloween favorites and oldies, test your skills with a "Name That Tune" game, and show off your Halloween spirit in our costume contest.

We'll also announce the winner of our pumpkin decorating contest and enjoy plenty of festive snacks and treats.

Come dressed in your Halloween best, bring your music knowledge, and get ready for an afternoon filled with fun, laughter, and a few spooky surprises!

Chanhassen Dinner Theatre:

Annie Wed, Oct 28th
10:30-4:30 p.m.

Brooklyn Park

BINGO Monday, October 19th
3:00 p.m.

Each BINGO square features a fun fact, bit of history, or interesting information about Brooklyn Park. We will have a Brooklyn Park City Council Member there to answer any questions you have. There will be prizes for the bingo winners, and is free to play!

BUS OUTINGS

- 10/7 Walmart
10/14 Cub Foods
10/17 Goodwill
10/19 Festival Foods
10/20 Arboretum
10/23 Clive's Roadhouse
10/26 Target
10/28 Chanhassen Theatre

Oktoberfest

Wednesday, October 21st
1:30-3:30 p.m.

Join us for our Oktoberfest celebration featuring a live polka band, llamas, a beer (& root beer!) garden, bratwursts and pretzels!



OCTOBER DRESS-UP DAYS

Mon, Oct 26th – Autumn Colors

Tues, Oct 27th – Flannel/Plaid

Wed, Oct 28th – Fall Sweater

Thurs, Oct 29th – Orange/Pumpkin

Fri, Oct 30th – Halloween Costume



Please return all Tradition coffee mugs to the Coffee Nook. These mugs are intended to be used in the Coffee Nook area for all residents and visitors to enjoy. If you would like to take coffee back to your apartment, please bring your own coffee mug. More than 300 coffee mugs have gone missing, and we would greatly appreciate having them returned as soon as possible. We are frequently running out of mugs for residents and visitors to use. Thank you for helping us recover our mugs & keep the Coffee Nook stocked for everyone!



Welcome

Brad N.
Jenny R.
Jim & Pat T.
Beverly P.
David L.

Goodbye

Nadine P.
Dan A.

In Loving Memory

Judy Z.
Shirley J.



October BIRTHDAYS

Table with 2 columns: Name and Birthdate. Rows include Jack B. (10/2), Mary Ellen R-P. (10/6), Judy B. (10/7), Julie B. (10/7), Chris K. (10/11), Gerald M. (10/12), Arlene L. (10/15), Ed D. (10/16), Darlene G. (10/17), John S. (10/18), Marilyn J. (10/19), Gladys S. (10/20), Hank H. (10/22), Shara H. (10/25), Kersey J. (10/26), Sherry L. (10/26), Floyd O. (10/30), Ralph H. (10/31).

Join us on Fri, Oct 23rd to celebrate our October Birthdays!



Flu & Covid-19 Vaccine Clinic

Friday, October 16th
1:00-4:00 p.m.
Community Room



Residents can come anytime between 1-4pm to receive vaccines. No appointment or sign-up required. Consent forms are available at the Front Desk or outside the Nursing Office. Please bring your completed consent form & insurance card with you on the day of the clinic.

October Crafts



Mon, Oct 5th – Orange Pomanders

Mon, Oct 12th – Fall Bouquets



Mon, Oct 19th – Jack-o-lantern Candles



Mon, Oct 26th – Pumpkin Painting

