

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 BINGO 1pm Camino Rm. Rent is Due	2 Volunteer Mtg. 11:00am Movie Rm. Chair Yoga 12:30 in Camino Rm. Movie “The Phantom ofthe Opera” 3 pm	3 Walking Group 9am Karaoke 4:30pm in Movie Rm
4	5 Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Medicare 101 11:30am in Movie Rm. Water Aerobics 1:30 pm	6 Seated Strength with Bands 1:30pm Camino Room Movie “9 to 5” 3pm Rent is Late	7 Tai Chi Class 10 am in Movie Rm Gentle Stretching 1:30pm Camino Room Literary Vine Book Club 2:00 pm in Library	8 Fitness Class 9am Camino Rm. Onsite Flu & Covid Vaccines 10am – 1pm in the Movie Room BINGO 1pm Camino Rm.	9 Chair Yoga 12:30 in Camino Rm. Movie “Steel Magnolias” 3 pm	10 Karaoke 4:30 pm in Movie Rm
11	12 Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Medicare Kiosk 11am in the Lobby Water Aerobics 1:30pm	13 Seated Strength with Bands 1:30pm Camino Room Movie “Clue” 3pm	14 Tai Chi Class 10am in Movie Rm Gentle Stretching 1:30pm Camino Rm	15 Fitness Class 9am Camino Rm. Djembe Jam 11am Camino Rm. BINGO & Pizza 1pm Camino Rm.	16 Chair Yoga 12:30pm in the Camino Rm. Movie “Beetlejuice” 3 pm	17 Karaoke 4:30pm in Movie Rm
18	19 Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Medicare Kiosk 11am in the Lobby Water Aerobics 1:30pm	20 TechEase with Andi 11:30am in Movie Rm. Seated Strength with Bands 1:30 pm Camino Rm. Movie “Little Shop of Horrors” 3 pm	21 Tai Chi Class 10 am in Movie Rm Gentle Stretching 1:30 pm Camino Rm	22 Fitness Class 9 am Camino Rm. Onsite Flu & Covid Vaccines 10am – 1pm in the Movie Room BINGO 1pm Camino Rm.	23 Chair Yoga 12:30 in Camino Rm. Movie “Hocus Pocus” 3 pm	24 Walking Group 9am Karaoke 4:30 pm in Movie Rm
25	26 Fitness Class 9 am Camino Rm. Tai Chi Class 10am (virtual) Medicare Kiosk 11am in the Lobby Water Aerobics 1:30pm	27 Seated Strength with Bands 1:30 pm Camino Room Movie “Beetlejuice 2” 3 pm	28 Tai Chi Class 10 am in Movie Rm Gentle Stretching 1:30 pm Camino Rm Intergenerational Games 3pm in the Camino Rm	29 Fitness Class 9 am Camino Rm. BINGO 1pm Camino Rm.	30 Chair Yoga 12:30 in Camino Rm. Halloween & Birthday Costume Party 3 pm in the Coffee Lounge	31 Walking Group 11am in the Camino Rm Arts & Crafts 1pm Lobby Dance of Peace Special Movie “Rocky Horror Picture Show” 2 pm Karaoke 4:30 pm in Movie Rm